

Pacific Swimming Athlete Committee

Meeting Minutes

Sunday, May 31, 2026 @ 6:30 PM

<https://zoom.us/j/92193801623?pwd=ZTg5bm94dmZrY0pqK1hBTGx6ckh6dz09>

Athlete Committee Mission: *To share knowledge, develop leaders, and promote inclusivity to connect the athlete community.*

PC Vision Statement: *To provide opportunities for members to pursue their goals.*

- I. Call to Order/Reading of Mission Statement: 6:31 PM
- II. Attendance: Aly Cutforth, Aanya Chandak, Alexis Thompson, Amalia Baugh, Annabelle Catic, Araceli, Asher Takazawa, Abby Ikeda, Bea McClennan, Cole Carnazzo, Charlotte Waddoups, Ellie Weiser, Emelia Wang, Hailin Gugelmann, Hannah Oh, Keegan McArdle, Leo Cao, Lily Yung, Mako Kashimura, Marcus McMichael, Miru Han, Monica Warren, Nivea Hung, Orion Phan, Pulin Muangsiri, Rick Shan, Sidney Ross, Steven Weinstein, Zuria Garcia, Verónica Hernández, Mike Nichols, Cindy Rowland, Diana Fetterman, Beau Caldwell
- III. Please put your first and last name as your username on Zoom.
 - A. Communication: Please be sure to email vhernandez@pacswim.org directly if you are not able to attend Athlete Committee meetings. Copy someone else on the email.
- IV. Resources:
 - A. 📖 2023 Athlete Handbook
 - B. [Form](#) for Comments/Questions
 - C. Ice Breaker:
 - a) Enhanced Games: breakout rooms
 - b) [Leadership Summit Ideas](#)
- V. Reports:
 - A. Senior Rep (srathleterep@pacswim.org)
 1. Thank you to everyone who attended HOD
 2. Changes passed at HOD
 - a) \$10 increase per premium athlete membership starting Sept 2026
 - b) \$1 increase age group entry fees starting Sept 2026
 - c) \$5 increased seasonal membership fee starting Sept 2026
 3. HOD BINGO winners - Aria, Monica, and Sidney
 - B. Junior Rep (jrathleterep@pacswim.org)
 1. Amerie Nordberg Scholarship Winners: Jordan Estimo and Clark Apuada
 2. New Junior Rep for 2026-2027: Monica Warren
 - C. Zone Reps:
 1. Zone 1N (OP - z1nathleterep@pacswim.org)
 - a) Approved Z1N 26-27 meet schedule.
 - b) Email me if you want to attend Z1N meetings
 - (1) Next meeting July 13
 2. Zone 1S (AP - z1sathleterep@pacswim.org)
 - a) Updated regulations of policies and procedures
 - b) Want more Z1S teams to attend meetings
 3. Zone 2 (AT/MW - z2athleterep@pacswim.org)

- a) Discussed HOD
 - b) Went through bidding for next cycle of meets
 - c) Went over Zone 2 balance sheet
 - d) Meet schedule for the next year
- 4. Zone 3 (BB - z3athletere@pacswim.org)
 - a) Reps interested in becoming z3 rep reach out
- 5. Zone 4 (PM - z4athletere@pacswim.org)
 - a) Amended Z4 National Meet Support for conciseness
 - b) Approved Z4 26-27 meet schedule
 - c) Approved changing Bylaws to Regulations
- D. Committee Reps:
 - 1. Senior (AC)
 - a) Maximum senior meet time - 5 hour recommendation
 - b) 30-day motion to include 12 year old athletes in senior meets with appropriate time standards
 - c) Discussion on updating/adding more time standards for senior meets
 - d) PLS cannot host the Feb senior champs meet on Presidents Day
 - 1. Discussed new potential meet formats
 - e) Declined motion to provide travel support for Western Zone Open Water
 - f) Discussed adding 100 IM to short course senior meets - not much interest at the moment
 - 2. Age Group (AP)
 - a) Finalized summer 2026 age group champs
 - b) Formed subcommittee to update time standards
 - c) Working on event order and bonus events for Winter AGC
 - 3. Camps (KN)
 - a) No report
 - 4. DDEI (MW)
 - a) DDEI Grant Application is open, due June 15
 - b) Presented on swimmers with disabilities in PacSwim at HOD-unknown number of disabled athletes in PacSwim
 - c) Time standards for swimmers with disabilities for three divisions
 - d) SOMA Aquatics representative spoke about collaboration between learn to swim program and PacSwim teams
 - 5. Safe Sport
 - a) Putting together a motion to require clubs to be Safe Sport Recognized in order to receive PC Grants
 - 6. Governance (AC)
 - a) Updating rules and regs and policy and procedures
 - b) Putting in writing the criteria for volunteer of the year
 - 7. Finance/Investment (PM)
 - a) Discussed methods to support/present motions to HOD
 - (1) DDEI Grant Program to be funded by Investment Funds
 - (2) Premium Athlete Membership Fee increase (\$20->\$30)
 - (3) Age Group Meet Entry Fee increase (ind. \$4.50->\$5.50, relay \$9->\$10)
 - 8. Officials (PM)
 - a) Z4 Officials can start ordering Rulebooks/DQ Slips directly

- b) New Rules for Competition
 - (1) Junior Officials
 - (a) Can officiate at any meet session they are not swimming in
 - (b) Can be Admin Officials
 - (2) Sponsorship
 - (a) Teams or individuals may display sponsorship
 - (b) Logos allowed on suits
 - (c) Size/location limitation
 - (3) Free & Fly allowed resubmerges at finish
 - (4) Bell ringing at the last 50 of 400M Fr races
 - (5) On breaststroke turns, athletes may push off “toward the back” and must be “toward the breast” before propulsion (a kick or a pull)
 - (6) Kanesio tape allowed during competition w/o a doctor's note if it does not provide a “competitive advantage”
 - c) Discussion on non-conforming time conversions
 - (1) Difficulty with seeding
 - (2) No standardized conversions
- 9. Social Media (AD):
 - a) No report
- 10. Rep Recruitment (MW):
 - a) Email z2athleterep@pacswim.org and make sure you replace your senior reps
 - b) Emailing teams who have unresponsive reps (haven't made three meetings)
 - c) If you're going to miss a meeting email us so you're not marked as inactive!
 - d) [College Commitments](#) form <- we want to celebrate you!
 - e) Weekly post showcasing our athlete reps
 - f) Post about what athlete reps are
- 11. Tech Suit Up-Cycle Program (LY):
 - a) Collection at the Cal meet cancelled
- 12. Mentorship Program (AT):
 - a) Start meeting every three months
 - b) Focus more on how to incorporate younger teammates and what Seniors can do to establish more connections
 - c) Email Asher if interested in joining
- 13. Team Reps:
 - a) Aquabears- team bonding activity in dublin arcade instead of attending Cal meet
 - b) Sunn- Annual awards banquet on May 30th, honors achievements (new cuts, records) and Seniors
 - c) MAC- Block party, gives tickets for good behavior and heat winners for younger swimmers to buy stuff
 - d) NNA - Pizza party to celebrate end of season
 - e) ElitSwim- Showing little kids what safesport meant

- f) PSL- annual potluck with guest speaker and award for swimmers
- g) Seaserpents- Having a lot of little meets to get little swimmer used to meets
- h) RAC- annual banquet honoring everyone's achievements and giving out scholarships to seniors (team chosen)

VI. Vice Chairs/Staff (VH)(BC):

- A. Budget passed!

VII. New Business:

- A.

VIII. Ongoing Business

- A. Safe Sport Certification: Go to usaswimming.org, log in and go to Education tab.
This must be done every two years.
 - 1. Look up SafeSport for Youth Athlete 5-12, or SafeSport for Youth Athletes 13-17.
 - 2. Make sure yours doesn't expire!
- B. Ath Rep Camp/Event Planning
 - 1. June 27/28 Senior Open Meet - Orinda, or June 6/7 Senior Open San Jose

IX. June Action Item:

- A. SENIORS find a replacement rep before you graduate
- B. Safe Sport Certification
- C. Share Time Standards for athletes with disabilities and let coaches know that PC wants to assist

X. Next Meeting:

- A. June 28, 2026 @ 6:30 PM
- B. Meeting Adjourned: 7:33PM