
RECORDS Z3 Meet Record
Yards-Girls

6 & U	25	Free	19.89	18-Jan-20	VJO- PC	Kareesha Singh at Zone 3 Peggy Ramirez Memorial Winter Champs
	50	Free	45.04	18-Jan-20	VJO- PC	Kareesha Singh at Zone 3 Peggy Ramirez Memorial Winter Champs
	100	Free	1:36.93	19-Jan-19	NVST- PC	Natalia Lowgren at 2019 Winter Zone 3 Championships
	25	Back	21.64	19-Jan-19	NVST- PC	Natalia Lowgren at 2019 Winter Zone 3 Championships
	50	Back	49.59	18-Jan-20	VJO- PC	Kareesha Singh at Zone 3 Peggy Ramirez Memorial Winter Champs
	25	Breast	25.02	18-Jan-20	VJO- PC	Kareesha Singh at Zone 3 Peggy Ramirez Memorial Winter Champs
	50	Breast	53.42	18-Jan-20	VJO- PC	Kareesha Singh at Zone 3 Peggy Ramirez Memorial Winter Champs
	25	Fly	27.67	20-Jan-24	SRN- PC	Maya A Losada-Tweedell at Peggy Ramirez Memorial Zone 3 Winter Champ.
	50	Fly	9:59.99	1-Jan-55		[Blank]
	100	IM	1:47.09	18-Jan-20	VJO- PC	Kareesha Singh
7-8	25	Free	15.65	21-Jan-23	TCA- PC	Adriana Newman
	50	Free	31.90	19-Jan-02	SRN- PC	Madeline DiRado
	100	Free	1:13.67	20-Jan-24	SRN- PC	Elliana Aiken
	200	Free	9:59.99	1-Jan-55		[Blank]
	25	Back	17.48	19-Jan-02	SRN- PC	Madeline DiRado
	50	Back	38.00	19-Jan-02	SRN- PC	Madeline DiRado
	100	Back	9:59.99	1-Jan-55		[Blank]
	25	Breast	20.71	15-Jan-00		Stephanie Christofferson
	50	Breast	43.62	18-Jan-14	TOC	Ava Sto. Domingo
	100	Breast	9:59.99	1-Jan-55		[Blank]
	25	Fly	15.64	19-Jan-02	SRN- PC	Madeline DiRado
	50	Fly	36.06	20-Jan-01	MP	Sabrina Cochrane
	100	Fly	9:59.99	1-Jan-55		[Blank]
	100	IM	1:18.27	19-Jan-02	SRN- PC	Madeline DiRado
	200	IM	9:59.99	1-Jan-55		[Blank]
8 & U	25	Free	14.16	18-Jan-20	SFS- PC	Riley O'Rourke
	50	Free	31.90	19-Jan-02	SRN- PC	Madeline DiRado
	100	Free	1:13.67	20-Jan-24	SRN- PC	Elliana Aiken
	25	Back	17.48	19-Jan-02	SRN- PC	Madeline DiRado
	50	Back	38.00	19-Jan-02	SRN- PC	Madeline DiRado
	25	Breast	20.71	15-Jan-00		Stephanie Christofferson
	50	Breast	43.62	18-Jan-14	TOC- PC	Ava Sto. Domingo
	25	Fly	15.64	19-Jan-02	SRN- PC	Madeline DiRado
	50	Fly	36.06	20-Jan-01	MP- PC	Sabrina Cochrane
	100	IM	1:18.27	19-Jan-02	SRN- PC	Madeline DiRado
	200	IM	9:59.99	1-Jan-55		[Blank]
	100	Free Relay	1:05.40	20-Jan-01	MP- PC	Marin Pirates M. Casey, S. Cochrane, L. Slater, K. Murphy
	100	Medley Relay	1:15.83	20-Jan-01	MP- PC	Marin Pirates D. Demont, S. Cochrane, M. Caey, L. Slater
9-10	50	Free	26.89	15-Jan-00	SRN- PC	Amanda Sims
	100	Free	59.03	15-Jan-00	SRN- PC	Amanda Sims
	200	Free	2:17.87	17-Jan-15	KYSC- PC	Chesna Pelka
	500	Free	8:42.09	9-Aug-13	UD- PC	Emma Dolan
	50	Back	31.07	17-Jan-09	NAPA- PC	Megan Minor
	100	Back	1:07.22	20-Jan-01	KYSC- PC	Erika Roddy
	50	Breast	34.88	18-Jan-03	FOG- PC	Danae Petrakis
	100	Breast	1:14.69	18-Jan-03	FOG- PC	Danae Petrakis
	50	Fly	28.86	15-Jan-00	SRN- PC	Amanda Sims

RECORDS Z3 Meet Record

9-10	100 Fly	1:07.40	17-Jan-04	SRN- PC	Madeline DiRado	
	100 IM	1:08.46	17-Jan-09	NAPA- PC	Megan Minor	
	200 IM	2:30.71	14-Jan-17	WANV- PC	Lila Heffernan	
	200 Free Relay	1:57.99	18-Jan-03	SRN- PC	Santa Rosa Neptunes	R. Shannon, S. Sims, M. Hannis, M. DiRado
	200 Medley Relay	2:12.92	17-Jan-09	MP- PC	Marin Pirates	C. Rauker, K. McCabe, B. Inman, M. Cunnann
11-12	50 Free	25.12	19-Jan-02	SRN- PC	Amanda Sims	
	100 Free	53.97	14-Jan-06	SRN- PC	Madeline DiRado	
	200 Free	1:59.10	19-Jan-02	SRN- PC	Amanda Sims	
	500 Free	5:35.09	14-Jan-22	NBA- PC	Cameron Forbes	
	50 Back	28.23	19-Jan-02	SRN- PC	Amanda Sims	
	100 Back	1:00.97	14-Jan-06	SRN- PC	Madeline DiRado	
	200 Back	9:59.99	1-Jan-55		[Blank]	
	50 Breast	30.17	17-Jan-09	SRN- PC	Heidi Poppe	
	100 Breast	1:05.93	17-Jan-09	SRN- PC	Heidi Poppe	
	200 Breast	9:59.99	1-Jan-55		[Blank]	
	50 Fly	26.26	19-Jan-02	SRN- PC	Amanda Sims	
	100 Fly	56.69	19-Jan-02	SRN- PC	Amanda Sims	
	200 Fly	9:59.99	1-Jan-55		[Blank]	
	100 IM	1:00.94	14-Jan-06	SRN- PC	Madeline DiRado	
	200 IM	2:15.39	13-Jan-18	TOC- PC	Patty Torres	
	400 IM	5:15.33	18-Jan-14	NVST- PC	Emily Dusky	at Zone 3 SC Championships
	200 Free Relay	1:46.62	15-Jan-05	MP- PC	Marin Pirates	K. Murphy, K. MacDonald, K. Lo, S. Cochrane
	400 Free Relay	4:16.96	18-Jan-14	MP- PC	Marin Pirates	A. Devincenzi, L. Gebbie, K. Paoli, C. Cruse
	200 Medley Relay	1:57.68	19-Jan-19	TOC- PC	The Olympic Club	
	400 Medley Relay	9:59.99	1-Jan-55	PC	[Blank]	
13-14	50 Free	24.31	20-Jan-24	AC- PC	Cameron Forbes	
	100 Free	51.74	12-Jan-08	SRN- PC	Madeline DiRado	
	200 Free	1:54.75	17-Jan-04	SRN- PC	Amanda Sims	
	500 Free	5:19.20	9-Aug-13	SRN- PC	Danica Adams	
	50 Back	26.90	20-Jan-24	AC- PC	Cameron Forbes	
	100 Back	58.54	13-Jan-07	SRN- PC	Madeline DiRado	
	200 Back	2:09.90	18-Jan-14	SRN- PC	Danica Adams	
	50 Breast	31.35	17-Jan-15	NVST- PC	Emily Dusky	
	100 Breast	1:06.02	13-Jan-07	SRN- PC	Molly Hannis	
	200 Breast	2:31.11	9-Aug-13	VJO- PC	Elina Rosario	
	50 Fly	26.58	20-Jan-24	AC- PC	Cameron Forbes	
	100 Fly	56.49	18-Jan-03	SRN- PC	Amanda Sims	
	200 Fly	2:17.19	9-Aug-13	SRN- PC	Danica Adams	
	100 IM	1:00.67	20-Jan-24	AC- PC	Cameron Forbes	
	200 IM	2:10.28	15-Jan-05	SRN- PC	Penelope Yamauchi	
	400 IM	4:48.27	9-Aug-13	SRN- PC	Danica Adams	at Zone 3 Championship Meet
	200 Free Relay	1:41.09	17-Jan-09	SRN- PC	Santa Rosa Neptunes	R. Baxley, T. Young, A. Davis, J. Bauer
	400 Free Relay	3:56.10	18-Jan-14	MP- PC	Marin Pirates	M. Davison, J. Eaton, C. Berkenfield, J. Thomas
	200 Medley Relay	1:53.18	13-Jan-07	SRN- PC	Santa Rosa Neptunes	M. DiRado, M. Hannis, J. Ampuero, S. Sims
	400 Medley Relay	4:36.65	18-Jan-14	MP- PC	Marin Pirates	L. Ferguson, J. Thomas, J. Eaton, C. Berkenfield
15-16	50 Free	23.92	31-Jan-26	NBA- PC	Charlotte Terrell at 2026 Peggy Ramirez Memorial Z3 Winter Champs	
	100 Free	52.78	1-Feb-25	AC- PC	Cameron S Forbes at 2025 Peggy Ramirez Memorial Z3 Winter Champs	
	200 Free	1:56.73	20-Jan-24	TOC- PC	Amanda Vu	
	500 Free	5:18.66	31-Jan-26	TOC- PC	Cameron S Forbes at 2026 Peggy Ramirez Memorial Z3 Winter Champs	

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15-16	50	Back	27.03	20-Jan-24	TOC- PC	Amanda Vu	
	100	Back	58.61	1-Feb-25	AC- PC	Cameron S Forbes at 2025 Peggy Ramirez Memorial Z3 Winter Champs	
	200	Back	2:16.95	18-Jan-14	SRN	Lani Auva'A	at Zone 3 SC Championships
	50	Breast	30.73	1-Feb-25	AC- PC	Esme Quay at 2025 Peggy Ramirez Memorial Z3 Winter Champs	
	100	Breast	1:06.72	18-Jan-14	SRN	Piper Brockley	at Zone 3 SC Championships
	200	Breast	2:34.19	18-Jan-14	SRN	Lily Maxfield	at Zone 3 SC Championships
	50	Fly	25.95	13-Jan-18	TOC- PC	Crystal Murphy at 2018 Zone 3 Peggy Ramirez Memorial	
	100	Fly	57.58	13-Jan-18	TOC- PC	Crystal Murphy at 2018 Zone 3 Peggy Ramirez Memorial	
	200	Fly	2:24.83	18-Jan-14	SRN	Lily Maxfield	at Zone 3 SC Championships
	100	IM	59.46	1-Feb-25	AC- PC	Cameron S Forbes at 2025 Peggy Ramirez Memorial Z3 Winter Champs	
	200	IM	2:14.54	21-Jan-23	TOC- PC	Amanda Vu	
	400	IM	4:51.98	18-Jan-14	SRN	Berklee Welsh	at Zone 3 SC Championships
15-18	50	Free	24.10	20-Jan-24	AC	Esme Quay	at Peggy Ramirez Memorial Zone 3 Winter Champs
	100	Free	53.15	18-Jan-14	SRN	Jenna Bauer	at Zone 3 SC Championships
	200	Free	1:56.73	20-Jan-24	TOC	Amanda VU	at Peggy Ramirez Memorial Zone 3 Winter Champs
	500	Free	5:21.51	9-Aug-13	VJO	Mary Welton	at Zone 3 Championship Meet
	50	Back	27.03	20-Jan-24	TOC- PC	Amanda Vu	
	100	Back	58.67	21-Jan-23	SRN	Natalie Farquhar	at Z3-Championships-2023
	200	Back	2:03.49	18-Jan-14	SRN	Jenna Bauer	at Zone 3 SC Championships
	50	Breast	30.79	16-Jan-16	VJO	Elina Rosario	at 2016 Winter Zone 3 Championships
	100	Breast	1:06.72	18-Jan-14	SRN	Piper Brockley	at Zone 3 SC Championships
	200	Breast	2:30.66	18-Jan-14	NVST	Alex Swanson	at Zone 3 SC Championships
	50	Fly	26.20	31-Jan-26	TOC- PC	Amanda VU at 2026 Peggy Ramirez Memorial Z3 Winter Champs	
	100	Fly	58.62	31-Jan-26	AC- PC	Annika Hakes at 2026 Peggy Ramirez Memorial Z3 Winter Champs	
	200	Fly	2:15.51	9-Aug-13	YPAC	Kaitlin Leung	at Zone 3 Championship Meet
	100	IM	59.86	20-Jan-24	TOC- PC	Amanda Vu	
	200	IM	2:14.54	21-Jan-23	TOC- PC	Amanda Vu	
	400	IM	4:34.11	18-Jan-14	SRN	Jenna Bauer	at Zone 3 SC Championships
15 & O	50	Free	23.59	17-Jan-09	NBA- PC	Deborah Roth	
	100	Free	51.21	17-Jan-09	SRN- PC	Madeline DiRado	
	200	Free	1:47.13	17-Jan-09	SRN- PC	Maya DiRado	
	500	Free	5:21.51	9-Aug-13	VJO- PC	Mary Welton	
	1000	Free	10:56.96	9-Aug-13	VJO- PC	Mary Welton	
	50	Back	27.03	20-Jan-24	TOC- PC	Amanda Vu	
	100	Back	57.32	17-Jan-09	SRN- PC	Maya DiRado	
	200	Back	2:03.49	18-Jan-14	SRN- PC	Jenna Bauer	
	50	Breast	29.99	29-Jul-17	NVST- PC	Emily Dusky	
	100	Breast	1:03.60	17-Jan-09	SRN- PC	Molly Hannis	
	200	Breast	2:30.66	18-Jan-14	NVST- PC	Alex Swanson	
	50	Fly	25.95	17-Jan-18	TOC- PC	Crystal Murphy	
	100	Fly	54.04	15-Jan-05	SRN- PC	Amanda Sims	
	200	Fly	2:15.51	9-Aug-13	YPAC- PC	Kaitlin Leung	
	100	IM	59.86	20-Jan-24	TOC- PC	Amanda Vu	
	200	IM	2:14.54	21-Jan-23	TOC- PC	Amanda Vu	
	400	IM	4:34.11	18-Jan-14	SRN- PC	Jenna Bauer	
	200	Free Relay	1:37.56	17-Jan-09	NBA- PC	North Bay Aquatics	S. Christofferson, D. DeMont, E. Rosen, D. Roth
	400	Free Relay	3:48.17	18-Jan-14	NVST- PC	Napa Valley Swim Team	H. Murphy, K. Schaffe, G. Murphy, A. Swanson
	200	Medley Relay	1:48.01	12-Jan-08	NBA- PC	North Bay Aquatics	D. Roth, E. Kamai, S. Christofferson, L. Slater
	400	Medley Relay	4:31.34	18-Jan-14	VJO- PC	Vallejo Aquatic Club	M. Augst, S. Lanoue, A. Powell, M. Welton
17-18	50	Free	24.74	17-Jan-15	NVST	Mia Facey	at PACIFIC SWIMMING Short Course

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17-18	200 Free	1:58.94	21-Jan-23	TOC	Alexandra Wythes	at Z3-Championships-2023
	500 Free	5:21.51	9-Aug-13	VJO	Mary Welton	at Zone 3 Championship Meet
	50 Back	27.79	20-Jan-24	SRN	Natalie Farquhar	at Peggy Ramirez Memorial Zone 3 Winter Champs
	100 Back	59.83	20-Jan-24	SRN	Kennedy A Lee	at Peggy Ramirez Memorial Zone 3 Winter Champs
	200 Back	2:03.49	18-Jan-14	SRN	Jenna Bauer	at Zone 3 SC Championships
	50 Breast	32.39	17-Jan-15	NVST	Mia Facey	at PACIFIC SWIMMING Short Course
	100 Breast	1:07.62	21-Jan-23	SRN	Madeleine West	at Z3-Championships-2023
	200 Breast	2:30.66	18-Jan-14	NVST	Alex Swanson	at Zone 3 SC Championships
	50 Fly	26.89	17-Jan-15	NVST	Mia Facey	at PACIFIC SWIMMING Short Course
	100 Fly	58.66	17-Jan-15	NVST	Mia Facey	at PACIFIC SWIMMING Short Course
	200 Fly	2:15.51	9-Aug-13	YPAC	Kaitlin Leung	at Zone 3 Championship Meet
	100 IM	1:01.31	20-Jan-24	SRN	Kennedy A Lee	at Peggy Ramirez Memorial Zone 3 Winter Champs
	200 IM	2:14.63	21-Jan-23	TOC	Alexandra Wythes	at Z3-Championships-2023
	400 IM	4:34.11	18-Jan-14	SRN	Jenna Bauer	at Zone 3 SC Championships

RECORDS Z3 Meet Record
Yards-Boys

6 & U	25	Free	17.61	18-Jan-20	NBA	Elijah Kim	
	50	Free	41.04	13-Jan-18	MCSD- PC	Xander T Caranicolos at 2018 Zone 3 Peggy Ramirez Memorial	
	100	Free	9:59.99	1-Jan-55		[Blank]	
	25	Back	20.84	18-Jan-20	NBA	Brooks Canori	
	50	Back	50.02	18-Jan-14	SRN	John Ganser	
	25	Breast	25.08	18-Jan-20	NBA	Elijah Kim	
	50	Breast	1:02.79	9-Aug-13	VJO	A.J. Caberto	
	25	Fly	21.57	18-Jan-20	NBA	Elijah Kim	
	50	Fly	9:59.99	1-Jan-55		[Blank]	
	100	IM	1:55.29	9-Aug-13	SHSC- PC	Gabriel Bastos-Amaro	
7-8	25	Free	14.90	17-Jan-04	SFRP	Jared Vu	
	50	Free	31.22	17-Jan-04	SFRP	Jared Vu	
	100	Free	1:20.86	19-Jan-19	MCSD	Xander Caranicolos	
	25	Back	17.17	15-Jan-05	VJO	Justin Lynch	
	50	Back	36.94	17-Jan-04	SFRP	Jared Vu	
	25	Breast	20.48	20-Jan-24	NBA	Kota Whitman	
	50	Breast	44.02	13-Jan-07	SRN- PC	Hank Poppe	
	25	Fly	15.92	15-Jan-05	MP	Ryan Campbell	
	50	Fly	35.54	18-Jan-20	MCSD	Xander Caranicolos	
	100	IM	1:19.06	17-Jan-04	SFRP	Jared Vu	
8 & U	200	IM	9:59.99	1-Jan-55		[Blank]	
	25	Free	14.90	17-Jan-04	SFRP- PC	Jared Vu	
	50	Free	31.22	17-Jan-04	SFRP- PC	Jared Vu	
	100	Free	1:20.86	19-Jan-19	MCSD- PC	Xander Caranicolos	
	25	Back	17.17	15-Jan-05	VJO- PC	Justin Lynch	
	50	Back	36.94	17-Jan-04	SFRP- PC	Jared Vu	
	25	Breast	20.48	20-Jan-24	NBA- PC	Kota Whitman	
	50	Breast	44.02	13-Jan-07	SRN- PC	Hank Poppe	
	25	Fly	15.92	15-Jan-05	MP- PC	Ryan Campbell	
	50	Fly	35.54	18-Jan-20	MCSD- PC	Xander Caranicolos	
9-10	100	IM	1:19.06	17-Jan-04	SFRP- PC	Jared Vu	
	200	IM	9:59.99	1-Jan-55		[Blank]	
	100	Free Relay	1:04.01	15-Jan-05	MP- PC	Marin Pirates	L. Campbell, M. Anderson, J. Gibbs, R. Campbell
	100	Medley Relay	1:16.36	15-Jan-05	SRN- PC	Santa Rosa Neptunes	Z. McDonald, L. Galbraith, S. Fong, V. Tsang
	50	Free	27.10	14-Jan-06	SFRP- PC	James O'Brien	
	100	Free	1:00.38	14-Jan-06	SFRP- PC	James O'Brien	
	200	Free	2:19.77	14-Jan-17	FOG- PC	Joaquin Grafilo	
	500	Free	7:10.58	9-Aug-13	UN- PC	Zurhi Chicuata	
	50	Back	31.76	17-Jan-09	RAYS- PC	Jordan Vu	
	100	Back	1:07.70	17-Jan-09	RAYS- PC	Jordan Vu	
	200	Back	9:59.99	1-Jan-55		[Blank]	
	50	Breast	34.98	17-Jan-09	SRN- PC	Hank Poppe	
	100	Breast	1:16.79	17-Jan-09	SRN- PC	Hank Poppe	
	200	Breast	9:59.99	1-Jan-55		[Blank]	
	50	Fly	31.05	9-Aug-13	RAYS- PC	Nathaniel Tran	
	100	Fly	1:11.35	18-Jan-20	NBA- PC	William Canori	
	200	Fly	9:59.99	1-Jan-55		[Blank]	

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9-10	100 IM	1:13.46	18-Jan-20	NBA- PC	William Canori	
	200 IM	2:35.80	14-Jan-17	FOG- PC	Joaquin Grafilo	
	400 IM	5:44.52	1-Feb-25	TOC- PC	Bear Anderson at 2025 Peggy Ramirez Memorial Z3 Winter Champs	
	200 Free Relay	2:00.80	14-Jan-06	SFRP- PC	SFRP Rossi Swim Team	J. Vu, J. Lu, J. Szeto,, J. O'Brien
	200 Medley Relay	2:15.91	14-Jan-06	SFRP- PC	SFRP Rossi Swim Team	J. Vu, B. Yao, J. O'Brien, J. Szeto
11-12	50 Free	24.15	18-Jan-03	QUIK- PC	Daniel Gossage	
	100 Free	53.74	18-Jan-03	QUIK- PC	Daniel Gossage	
	200 Free	1:57.51	18-Jan-03	QUIK- PC	Daniel Gossage	
	500 Free	5:31.55	1-Feb-25	SSS- PC	Parker Warner at 2025 Peggy Ramirez Memorial Z3 Winter Champs	
	50 Back	28.47	20-Jan-24	AC- PC	Keegan McArdle	
	100 Back	1:01.28	15-Jan-05	UN- PC	Ed Focha	
	50 Breast	30.73	20-Jan-01	NBA- PC	James McLaughlin	
	100 Breast	1:07.19	20-Jan-01	NBA- PC	James McLaughlin	
	50 Fly	26.02	18-Jan-03	QUIK- PC	Daniel Gossage	
	100 Fly	58.47	18-Jan-03	QUIK- PC	Daniel Gossage	
	100 IM	59.98	19-Jan-02	VJO- PC	Donny Mata	
	200 IM	2:16.50	18-Jan-14	UD- PC	Charlie Adams	
	400 IM	4:50.50	1-Feb-25	SSS- PC	Parker Warner at 2025 Peggy Ramirez Memorial Z3 Winter Champs	
	200 Free Relay	1:43.50	17-Jan-15	MP- PC	Marin Pirates	Z. McIntyre, E. Wellesley-Winter, D. Lee, C. Grini
	400 Free Relay	3:58.57	18-Jan-14	MP- PC	Marin Pirates	C. Grini, E. Wellesley-Winter, C. Simpson, Z. McIn
	200 Medley Relay	1:54.50	17-Jan-15	MP- PC	Marin Pirates	Z. McIntyre, D. Lee, C. Grini, E. Wellesley-Winter
	400 Medley Relay	9:59.99	1-Jan-55		[Blank]	
13-14	50 Free	22.21	20-Jan-24	AC- PC	Riggins Scheumann	
	100 Free	48.90	20-Jan-24	AC- PC	Riggins Scheumann	
	200 Free	1:46.35	17-Jan-09	NBA- PC	Brad Cline	
	500 Free	4:56.04	14-Jan-17	HSC- PC	Kieran McNulty	
	50 Back	25.72	31-Jan-26	AC- PC	Keegan McArdle at 2026 Peggy Ramirez Memorial Z3 Winter Champs	
	100 Back	54.71	31-Jan-26	AC- PC	Keegan McArdle at 2026 Peggy Ramirez Memorial Z3 Winter Champs	
	200 Back	2:04.47	18-Jan-14	QUIK- PC	Kenneth Shinn	
	50 Breast	29.04	20-Jan-24	SRN- PC	Fisher Brophy	
	100 Breast	1:01.12	13-Jan-18	NVST- PC	Max Gilsenan	
	200 Breast	2:16.67	18-Jan-14	QUIK- PC	Kenneth Shinn	
	50 Fly	24.16	20-Jan-24	AC- PC	Riggins Scheumann	
	100 Fly	53.72	17-Jan-09	MP- PC	Richard Davison	
	200 Fly	2:07.74	18-Jan-14	SRN- PC	Jack Murphy	
	100 IM	57.32	1-Feb-25	SON- PC	Colter R Martin at 2025 Peggy Ramirez Memorial Z3 Winter Champs	
	200 IM	2:00.14	20-Jan-01	QUIK- PC	Ian Lentz	
	400 IM	4:26.91	16-Jan-16	NVST- PC	Alexander Pascual	
	200 Free Relay	1:30.39	17-Jan-09	NBA- PC	North Bay Aquatics	B. Cline, A. Winder, J. Suski, S. Bole
	400 Free Relay	3:43.72	9-Aug-13	RAYS- PC	SFRP Rossi Swim Team	E. Chen, J. Vu, G. Jian, T. Tran
	200 Medley Relay	1:42.69	17-Jan-09	NBA- PC	North Bay Aquatics	B. Cline, B. Hartwig, A. Winder, S. Bole
	400 Medley Relay	4:22.07	9-Aug-13	VJO- PC	Vallejo Aquatic Club	A. Viray, R. Hilton, S. Kanzan, M. Fredette
15 & O	50 Free	21.55	20-Jan-01	FOG- PC	Ben Wildman-Tobriner	
	100 Free	47.22	21-Jan-23	TCA- PC	Bryden Thielenhaus	
	200 Free	1:43.80	19-Jan-19	HSC- PC	Kieran McNulty	
	500 Free	4:45.86	31-Jan-26	TOC- PC	Steven R Weinstein at 2026 Peggy Ramirez Memorial Z3 Winter Champs	
	1000 Free	10:52.11	9-Aug-13	VJO- PC	Jose Martin	
	50 Back	24.60	14-Jan-22	NBA- PC	Marre Gattnar	
	100 Back	53.53	18-Jan-14	RAYS- PC	Jordan Vu	

RECORDS Z3 Meet Record

15 & 0	200	Back	1:56.88	18-Jan-14	SRN- PC	Jon Knox	
	50	Breast	26.49	31-Jan-26	NBA- PC	Nicholas Arindueque at 2026 Peggy Ramirez Memorial Z3 Winter Champs	
	100	Breast	56.52	31-Jan-26	NBA- PC	Nicholas Arindueque at 2026 Peggy Ramirez Memorial Z3 Winter Champs	
	200	Breast	2:15.04	18-Jan-14	QUIK- PC	Andrew Wang	
	50	Fly	23.19	31-Jan-26	NBA- PC	Nicholas Arindueque at 2026 Peggy Ramirez Memorial Z3 Winter Champs	
	100	Fly	50.58	9-Aug-13	RAYS- PC	Jared Vu	
	200	Fly	1:57.27	9-Aug-13	RAYS- PC	Jared Vu	
	100	IM	53.87	1-Feb-25	AC- PC	Riggins Scheumann at 2025 Peggy Ramirez Memorial Z3 Winter Champs	
	200	IM	1:54.86	9-Aug-13	RAYS- PC	Jared Vu	
	400	IM	4:13.14	18-Jan-14	SRN- PC	Stefan Keller	
	200	Free Relay	1:27.24	17-Jan-09	NBA- PC	North Bay Aquatics	J. Denton-Schneider, P. Kranenburg, A. Latimer, C.
	400	Free Relay	3:33.27	18-Jan-14	VJO- PC	Vallejo Aquatic Club	B. Miguel, D. Sanderson, T. Man, X. Quintana
	200	Medley Relay	1:38.16	17-Jan-09	NBA- PC	North Bay Aquatics	Jabri, Denton-Schneider, Kranenburg, Packer
	400	Medley Relay	4:03.09	18-Jan-14	VJO- PC	Vallejo Aquatic Club	B. Miguel, T. Man, D. Sanderson, A. Viray
17-18	100	Free	47.22	21-Jan-23	TCA	Bryden Thielenhaus	at Z3-Championships-2023

RECORDS Z3 Meet Record
Yards-Mixed

10 & U	200	Free Relay	9:59.99	1-Jan-55		[Blank]	
	200	Medley Relay	1:45.49	20-Jan-24	AC- PC	AC Swim Club	C. Forbes, R. Scheumann, W. Canori, K. Carpenter
11-12	200	Free Relay	9:59.99	1-Jan-55		[Blank]	
	200	Medley Relay	2:05.64	20-Jan-24	SRN- PC	Neptune Swimming	C. Zimmerman, M. Do, V. Hamlin, S. Brophy
13-14	200	Free Relay	1:41.06	14-Jan-22	MCSD- PC	Mendocino Coast Sea Dragons	D. Hutchinson, L. Rocha Escobar, A. Thiel, A. Rie
	200	Medley Relay	1:45.49	20-Jan-24	AC- PC	AC Swim Club	C. Forbes, R. Scheumann, W. Canori, K. Carpenter
15 & O	200	Free Relay	9:59.99	1-Jan-55		[Blank]	
	200	Medley Relay	1:46.36	20-Jan-24	RAYS- PC	SFRP Rossi Swim Team	A. Chan, C. Jiang, J. Jing, P. Lai