Athlete Committee Report

Presented by:
Lily Yung (Sr. Rep)
Monica Warren (Jr. Rep)





01 USAS Summit



USAS Summit

- Junior and Senior athlete rep attended the USAS Summit and Annual Business Meeting
- Listened to many guest speakers including Lily King
- Bonded with athlete reps from LSCs all around the country
- Monica announced as Western Zone Junior Rep
- Brainstormed new projects and ways to improve existing programs



02 Leadership Summit

02 Leadership Summit





Interactive Activities

The AEC organized many activities to improve leadership, project solving, and collaboration skills, including:

- Leadership Color Balloon Towers
- Crazy Solutions
- 100 Uses
- Dryland Games
- Lunch Activities





Food Drive

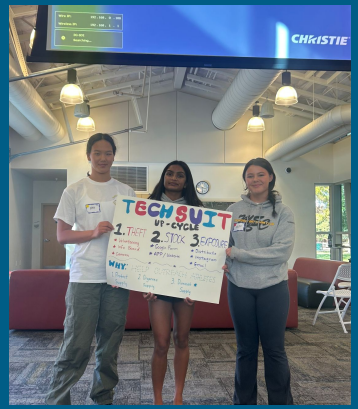
We once again asked our athlete reps to bring canned food to benefit our community. We are pleased to report that we successfully collected even more donations than last year.

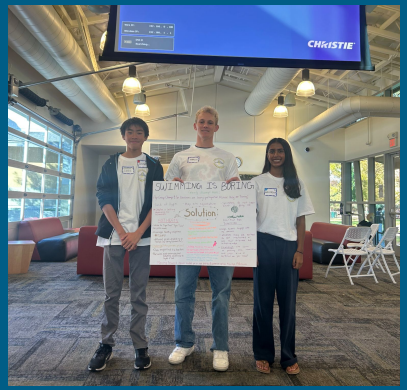


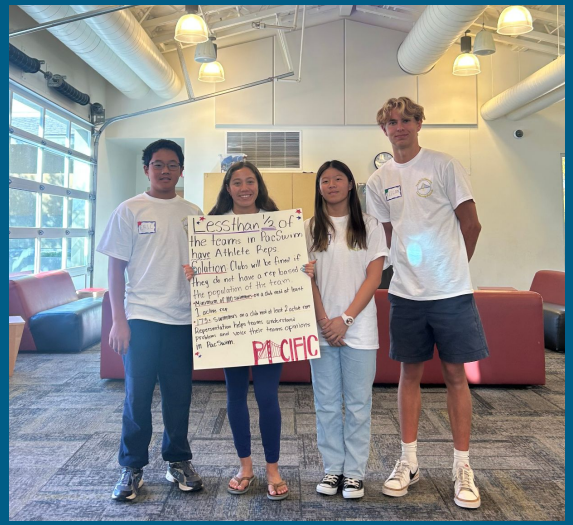
02 Leadership Summit

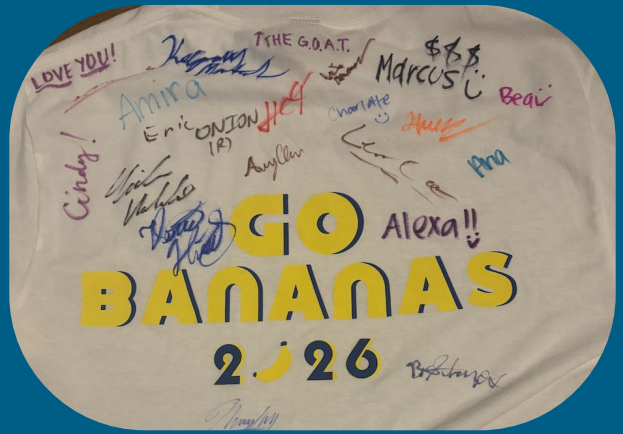
Project Briefs

- Implemented project briefs from 2026 WZ/CZ Summit
- Opportunity for athlete leaders to be a part of solving real issues the LSC faces
- Project topics included: increasing athlete engagement, making meets more fun, improving the tech suit exchange program, and more!
- Solutions included creating specific fines for teams lacking reps, hot heats at championship meets, a Companionship Committee, and more









03 Goals for this Year

PACIFIC SWIMMING Athletes

To share knowledge, develop leaders, and promote inclusivity to connect the athlete community.

Tech Suit Up-Cycling

Use feedback from athletes to improve the program:

- Sign in/ sign out system
- Possible Camera
- Parent Volunteers
- More Marketing
- Equal access across zones

Increase Athlete Engagement

- More athlete get togethers
- Cameras on at meetings
- Teaching athletes to lead by example
- Strengthening our rep recruitment

Implementing Athlete Led Projects

We plan to implement and improve the ideas and feedback from representatives at the Leadership Summit including:

- A Companionship Committee
- Specific fines for teams lacking Athlete Representatives
- And More!

Thank you!

Contact us at:
srathleterep@pacswim.org
jrathleterep@pacswim.org