

2022

Spring Far Western Time Standards (SCY - LCM - SCM)

Revised 10/19/21

Girls

Event	10 & Under			11 - 12			13 - 14			15 - 18		
	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM
50 FR	29.89	34.69	33.09	26.79	30.99	29.79	25.69	29.59	28.79	25.59	29.19	28.69
100 FR	1:06.19	1:15.69	1:14.79	58.19	1:07.69	1:04.69	55.79	1:03.79	1:01.99	55.59	1:03.59	1:01.79
200 FR	2:26.29	2:49.59	2:42.39	2:06.89	2:25.79	2:21.79	2:00.99	2:19.19	2:13.39	2:00.69	2:18.39	2:13.19
400/500 FR	6:25.69	5:44.59	5:35.09	5:38.09	5:01.99	5:02.89	5:23.09	4:51.39	4:39.89	5:22.69	4:48.39	4:39.89
800/1000 FR				11:42.69	10:38.89	10:27.19	11:11.19	10:01.69	9:41.39	10:59.89	9:55.59	9:32.29
1500/1650 FR				20:14.59	20:23.99	19:59.59	18:43.59	19:04.99	18:27.59	18:37.89	19:01.69	18:23.49
50 BK	35.49	40.49	38.99	31.09	36.39	34.79						
100 BK	1:15.39	1:29.19	1:23.69	1:06.49	1:18.29	1:14.59	1:02.49	1:12.39	1:10.29	1:01.29	1:11.29	1:07.69
200 BK				2:24.09	2:49.39	2:41.29	2:16.79	2:35.29	2:31.89	2:12.39	2:28.59	2:26.39
50 BR	39.19	44.79	43.29	34.99	39.49	38.99						
100 BR	1:26.79	1:38.99	1:36.39	1:15.89	1:27.39	1:24.19	1:11.39	1:22.69	1:20.59	1:10.99	1:21.29	1:18.39
200 BR				2:45.89	3:10.29	3:03.89	2:35.39	3:02.49	2:52.79	2:32.69	2:59.49	2:48.69
50 FL	33.09	39.29	36.69	29.49	33.69	32.79						
100 FL	1:18.09	1:28.29	1:26.69	1:05.89	1:17.09	1:13.19	1:01.79	1:11.09	1:09.29	1:01.29	1:09.29	1:06.09
200 FL				2:28.09	2:49.59	2:43.49	2:21.39	2:35.39	2:33.09	2:15.79	2:32.19	2:30.79
100 IM	1:15.59		1:23.89	1:06.99		1:14.29						
200 IM	2:42.69	2:59.79	3:00.59	2:24.09	2:47.79	2:40.99	2:15.89	2:38.69	2:32.39	2:15.69	2:37.49	2:29.99
400 IM				5:10.29	5:56.69	5:44.39	4:50.99	5:34.49	5:23.19	4:48.49	5:27.89	5:20.19

Boys

Event	10 & Under			11 - 12			13 - 14			15 - 18		
	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM
50 FR	29.59	33.59	32.69	26.69	30.69	29.89	23.89	27.69	27.19	23.59	26.29	26.69
100 FR	1:05.69	1:15.19	1:12.59	57.29	1:06.79	1:03.69	51.99	1:00.09	58.29	50.89	58.09	56.49
200 FR	2:21.89	2:41.09	2:36.69	2:08.09	2:23.79	2:21.89	1:54.19	2:11.59	2:06.49	1:51.99	2:08.59	2:04.09
400/500 FR	6:23.19	5:37.19	5:30.09	5:41.69	5:01.79	4:59.99	5:07.89	4:40.89	4:31.89	4:58.29	4:28.69	4:21.09
800/1000 FR				11:39.09	10:27.69	10:06.39	10:39.49	9:40.49	9:14.69	10:17.39	9:27.39	8:55.49
1500/1650 FR				19:30.69	20:10.89	19:15.59	17:47.29	18:24.39	17:33.59	17:27.39	17:41.69	17:13.89
50 BK	35.09	40.29	38.79	30.99	35.59	34.19						
100 BK	1:14.89	1:25.69	1:22.69	1:05.89	1:16.59	1:12.79	59.09	1:08.39	1:05.39	56.09	1:05.39	1:01.89
200 BK				2:20.79	2:46.09	2:36.29	2:07.29	2:27.09	2:20.69	2:01.79	2:19.59	2:14.59
50 BR	39.09	44.99	43.19	34.99	39.09	37.79						
100 BR	1:24.39	1:37.89	1:33.29	1:15.69	1:27.09	1:21.79	1:06.29	1:16.29	1:12.09	1:05.59	1:13.99	1:10.39
200 BR				2:39.89	3:06.79	2:56.89	2:25.09	2:51.79	2:40.29	2:22.29	2:48.09	2:37.89
50 FL	33.69	37.89	37.39	29.49	33.79	33.39						
100 FL	1:18.99	1:27.89	1:27.69	1:05.39	1:15.69	1:12.29	58.49	1:06.09	1:04.19	56.69	1:04.09	1:03.09
200 FL				2:27.19	2:46.49	2:43.49	2:08.89	2:26.79	2:22.39	2:04.59	2:19.79	2:18.79
100 IM	1:16.89		1:23.29	1:06.49		1:13.89						
200 IM	2:45.29	3:04.09	3:03.49	2:24.09	2:44.69	2:40.09	2:08.89	2:28.09	2:24.59	2:05.29	2:25.39	2:19.19
400 IM				5:06.29	5:45.79	5:40.29	4:35.79	5:23.39	5:11.29	4:31.09	5:15.29	5:01.09

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Spring Far Western Time Standards (SCY - LCM - SCM)

				<b>Girls</b>								
				<b>10/Under</b>			<b>11 - 12</b>			<b>13 - 14</b>		
Event	SCY	LCM		SCY	LCM		SCY	LCM		SCY	LCM	
200 Free Relay	2:02.19	2:22.19		1:50.19	2:07.39		1:45.79	2:00.99				
400 Free Relay	-	-		3:59.79	4:38.69		3:48.49	4:21.49				
800 Free Relay	-	-		-	-		8:15.89	9:30.69				
200 Medley Relay	2:21.59	2:43.19		2:06.39	2:24.39		2:01.59	2:12.89				
400 Medley Relay	-	-		4:34.99	5:19.49		4:20.29	4:47.79				

  

				<b>Boys</b>								
				<b>10/Under</b>			<b>11 - 12</b>			<b>13 - 14</b>		
Event	SCY	LCM		SCY	LCM		SCY	LCM		SCY	LCM	
200 Free Relay	2:01.39	2:17.79		1:49.49	2:05.79		1:39.49	1:53.39				
400 Free Relay		-		3:54.79	4:33.89		3:34.89	4:06.29				
800 Free Relay	-	-		-	-		7:47.99	8:59.29				
200 Medley Relay	2:20.89	2:40.59		2:05.49	2:22.39		1:54.79	2:07.99				
400 Medley Relay	-	-		4:30.79	5:13.79		4:04.49	4:37.49				