

**PACIFIC SWIMMING Senior IV Trials & Finals Meet**

**Hosted by Terrapins Swim Team**

Friday-Saturday-Sunday November 8-10, 2013

<http://ome.swimconnection.com/pc/TERA20131108>



**SANCTION:** Held under USA/Pacific Swimming Sanction Number: **13-161 (SR-IV)/13-162 (Time Trials)**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VIDEO:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**

Head Referee:	Leo Lin
Head Admin:	Brian Malick
Head Starter:	Debbie Tucker
Head Marshal:	Andre Szafranski
Meet Directors:	Mehdi Saghafi <a href="mailto:msandcdg@sbcglobal.net">msandcdg@sbcglobal.net</a> 510.295.8470
	Cindy Mitchell <a href="mailto:swimbronc@gmail.com">swimbronc@gmail.com</a>

**LOCATION:** CONCORD COMMUNITY POOL: 3501 Cowell Rd, Concord. Hwy 680 north, take Treat Blvd. exit right onto Treat Blvd. Hwy 680 South, take Treat/Geary exit, left at end of ramp, left onto Treat Blvd. Turn left onto Cowell.

**COURSE:** Outdoor heated pool: Up to 10 25 yard competition lanes with electronic touch pad timing system. Separate warm up lanes are available throughout the duration of the meet. 10 lanes will be used for finals. **Water Depth:** The minimum water depth for the course is 5' 0" at the start and turn ends, measured in accordance with Article 103.2.3. **Pool Certification:** In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Meet begins at 4:00 p.m. on Friday. Friday warm-ups are from 3:00–3:50 p.m. The Saturday and Sunday sessions begin at 9:00 a.m. each day with warm ups from 7:30 a.m. to 8:45 a.m. Finals for Saturday and Sunday's events will begin no less than 1 hour after the conclusion of the trials session.

**RULES:**

- Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-Course.
- The 1000 Free, 1650 Free and 400 IM will be swum as timed finals.
- The 400 IM and 1000 Free events will be swum fastest to slowest, alternating heats of women and men. The fastest heat of the 1650 Free will be swum in Finals in the event order of the day offered. The remaining heats of the 1650 Free will swim fastest to slowest at the conclusion of trials. **Swimmers must provide timers for the 400 IM and timers and counters for the 1000 & 1650 Free.**
- A Bonus Final, Consolation Final, and Championship Final will be swum in that order.**
- Trials will be seeded fastest to slowest.**
- Swimmers may compete in a total of three (3) events per day (including any Bonus events).**
- The first 3 heats will be circle seeded.
- The seeding order for the trials will be SCY, LCM and Bonus.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

**Time Trials:** Time Trial sessions may be offered, and entries will only be taken on-site at the Clerk of Course. Time Trials shall be held under a separate sanction of the LSC.

- a) Time Trials will be conducted each day provided there is sufficient time between the end of the preliminary session and the start of warm-ups for the final session.
- b) A swimmer is limited to a maximum of two Time Trial events during the course of the meet.
- c) Except as noted below, short course Time Trials shall be swum in the order listed under the meet program as follows:
  - a. First Day: that day's events, followed by the remaining events in the meet.
  - b. Remaining Days: that day's events, followed by the remaining events in the meet.
  - c. The 1000 and 1650 Freestyle are **NOT** offered for time trial.
- d) Entry fees for Time Trials are \$10.00 per trial.

**UNACCOMPANIED SWIMMERS:** USAS athlete-member competing in the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing starter or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ELIGIBILITY:** •Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card.

•The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

•Meet is open to all qualified swimmers, **who have met the listed time standards.** Swimmers must have met the Pacific Senior Sr IV time standards.

•Swimmers may enter a **maximum total of two (2) bonus events** for the meet. There is no qualifying standard for bonus events. **The 1000 & 1650 Free are excluded from bonus events. To enter a bonus event please enter your SHORT COURSE time that is SLOWER than the Senior Standard for that event. Be sure to check the Bonus box.**

•Entry times submitted for this meet will be checked against the SWIMS database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. **Entry times must have been achieved after May 1, 2012 and prior to the closing date of entries for the meet, Oct 30, 2013.** If the time can not be proven prior to the meet, the swimmer will not be allowed to check-in for the event until the entry time has been proven. When possible, the coaches will be notified of the swimmers who have not proven their entry time. No refunds will be given if a time cannot be proven.

•No Time (NT) entries will NOT be accepted.

•Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming Policy.

**RESTRICTIONS:** •Sale and use of alcoholic beverages and smoking and the use of other tobacco products is prohibited in all areas of the venue during the warm-up period and the meet.

• Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

•Only coach's tents are allowed on the perimeter of the pool deck.

•**Coaches, team, or parent canopies may not be set up before 2:45 pm on Friday.**

•All shelters must be properly secured.

•No glass containers are allowed on the pool deck or in the locker room area.

•No pets or any type of heater is allowed in the pool area.

**ENTRY FEES:** \$6.50 per event entered and \$8.00 participation fee per swimmer. \$20.00 per relay. Please make checks payable to: **Terrapins Swim Team** and mail entry form to:

Mehdi Saghafi  
Senior Meet Entries  
521 Talbot Ave, Albany, CA 94531

**ENTRIES:** **No refunds will be made, except for mandatory scratches** (*less any Swim Connection fees paid*).

**Option 1: Online Meet Entries:**

1. Using your browser go to: <http://ome.swimconnection.com/pc/TERA20131108>
  2. Follow entry instructions:
    - a. Enter all swimmers (or coaches may enter their complete team) at the same time.
    - b. **BONUS EVENTS – Enter a SHORT COURSE TIME and mark as BONUS EVENT**
    - c. Make online credit card payment for meet entries at our secure site.
    - d. **You will receive confirmation of acceptance into the meet at time of payment. This will be your only proof of entry and should be brought to the meet.**
    - e. **Online entries will close Wednesday, October 30, 2013 at Midnight PST.**
- Note: Swim Connection charges an internet processing fee of \$1.00 per swimmer + 5% of the total entry fee. Online entry fee are paid to Swim Connection, LLC. Entry via the online system is not required.*

**Option 2: Mailed Meet Entries:**

1. Fill out provided Consolidated Entry Form completely for each of your swimmers.
2. Mail entry forms and correct payment to address below.

**Mail deadline – Monday, October 28, 2013, Postmarked by Midnight PST.** Or hand delivered by Midnight on Wednesday, October 30, 2013. All entries shall be noted by (SCY) or (LCM) to the right of the entry time. No late entries will be accepted. **No refunds will be made, except for mandatory scratches.**

**Bonus events: Mark as BONUS and enter your SHORT COURSE time that is SLOWER than the Senior IV Standard for that event.**

**RELAYS:** Each team is limited to two (2) relay entries in each relay event. All relays will be swam fastest to slowest. Relays entries will be taken on deck or can be mailed using entry form. Relay entries will be due by 12:00 noon each day. Relay on ly swimmers must provide proof of USA Swimming registration. Relays will be swum in Finals session.

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk of Course each day. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the meet. Swimmers who do not check-in will not be allowed to compete in that event.

**SCRATCHES: \*\*\*\*\*POSITIVE CHECK-IN FOR FINALS\*\*\*\*\***

- **Prelims:** Pacific Swimming rule Section 3.B.5.b.3 will be enforced. Swimmers entered in an individual event in a Trials and Finals meet that is seeded on the deck who have checked in for the event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to swim an event will result in being barred from the rest of his/her events that day including relays. If the swimmer qualified for a final before missing an event they may swim that final.
- **Finals:** Any swimmer who qualifies for the championship, consolation or bonus final, **must check-in or declare his or her intention to swim** the championship, consolation or bonus final with the administrative referee at the positive check in desk within 30 minutes of the announcement of the finalists. A swimmer who fails to compete in the event they checked in for will be subject to disqualification from the remainder of the meet. If the missed final is their last event of the day, the penalty will be a \$25.00 fine. **There will be no blanket team check-ins** (consideration may be given to out-of-LSC/travel teams).
- **Exceptions:** No penalty shall apply for failure to withdraw or compete in an individual event if: (i) the referee is notified in the event of illness or injury and accepts the proof thereof. (ii) It is determined by the referee that the No-Show is caused by circumstances beyond the control of the swimmer. (iii) The swimmer qualified for any level of finals due to scratches of one or more original finalists. (iv) The swimmer is an alternate for any level of finals.

**CERTIFICATION MEET:** This is a National Officials Qualifying Meet. Officials wishing to be evaluated must apply to the Meet referee before the meet by email or when they first arrive at the meet and attend pre-session meetings. Briefing will occur one hour before the start of Trials and Finals. Shorts are not permitted for Finals. For an N3 evaluation to be valid it must be done over 4 sessions in the position. N2 evaluation must be done over 3 sessions in the position. Recertification evaluations must each be done over two sessions, however, the official must work at least 4 sessions at the meet for the recertification evaluation(s) to be valid. The application form can be obtained from the USA swimming website.

**AWARDS:** None.

**ADMISSION:** Free. A three (3) day program will be available for a reasonable cost.

**HOSPITALITY & SNACK BAR:** Coaches and working officials will be offered dinner on Friday, lunch and dinner on Saturday and Sunday as well as beverages and snacks throughout the meet. Timers will be offered snacks and beverages throughout the meet. There will be a nutritious snack bar available.

**Friday, November 8, 2013**

Women's Event #	LCM Senior IV	SCY Senior IV	Event	SCY Senior IV	LCM Senior IV	Men's Event #
1*	5:28.79	4:51.59	4001M	4:33.79	5:09.19	2*
3*	9:56.79	10:59.99	1000 FREE	10:25.99	9:26.39	4*

See "Special Rules" regarding the 400 IM, 1000 Free and 1650 FR

**1000 & 1650 FR may not be swum as bonus event**

**Saturday, November 9, 2013**

Women's Event #	LCM Senior IV	SCY Senior IV	Event	SCY Senior IV	LCM Senior IV	Men's Event #
5***	NT	NT	200 FR-R	NT	NT	6***
7*	19:29.99	18:59.99	1650 Free**	--	--	--
9	2:33.29	2:15.69	200 Back	2:07.79	2:24.59	10
11	29.59	25.89	50 Free	23.29	26.89	12
13	2:34.29	2:16.59	200 IM	2:04.29	2:20.79	14
15	1:10.99	1:01.99	100 Fly	55.99	1:03.59	16
17	2:16.99	2:00.49	200 Free	1:50.69	2:07.39	18
19	2:55.49	2:35.89	200 Breast	2:22.99	2:40.59	20
21***	NT	NT	400 Med-R	NT	NT	22***

**Saturday FINALS will be swum in event order starting with Event 5**

\* Event 7 will be swum at the conclusion of Trials session – The fastest heat will be swum in Finals.

\*\*\* All Relays will be swum in event order during Finals only.

**Sunday, November 10, 2013**

Women's Event #	LCM Senior IV	SCY Senior IV	Event	SCY Senior IV	LCM Senior IV	Men's Event #
23***	NT	NT	200 MR	NT	NT	24***
--	--	--	1650 Free**	17:59.99	18:29.99	26*
27	2:35.79	2:17.99	200 Fly	2:07.99	2:24.79	28
29	1:03.79	55.99	100 Free	50.79	58.79	30
31	1:20.69	1:11.49	100 Breast	1:04.09	1:12.59	32
33	4:46.19	5:19.29	500 Free	4:58.19	4:29.39	34
35	1:12.09	1:03.69	100 Back	58.79	1:06.69	36
37***	NT	NT	400 FR-R	NT	NT	38***

\* Event 26 will be swum at the conclusion of Trials session – The fastest heat will be swum in Finals

**1000 & 1650 Free may not be swum as bonus events**

\*\*\* All Relays will be swum in event order during Finals only.

**Sunday FINALS will be swum in event order starting with Event 23**

**Hotel information will be available at the Terrapin Team Website. [www.terrapinswim.com](http://www.terrapinswim.com)**



**PLEASE DO NOT CUT OUT ENTRY FORM**

Pacific Swimming – Hosted by Terrapins Swim Team Senior T & F Meet November 8-10, 2013 Consolidated Entry Form											
Name: Last,			First			Middle					
Club Abbr.		UNATT TEAM ABBR			Club Name						
Age		Date of Birth			Sex M F		LSC – (PC, SN)				
USA-#											
Event #	Distance / Stroke				Entry Time			Circle one			
					: .			SCY / LCM			
					: .			SCY / LCM			
					: .			SCY / LCM			
					: .			SCY / LCM			
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					: .			SCY / LCM			
<b>CIRCLE BONUS</b>		# of entries _____		x <b>\$6.50</b> =		\$ _____					
<b>EVENT</b>		Participation Fee				\$ 8.00					
		Total				\$ _____					
Coach											
Swimmer's Address											
Home Phone						Cell Phone					
Email											

**BONUS EVENTS:**  
 Enter with your **SHORT COURSE time slower than the Senior Time Standard** for that event and **circle** the bonus event

DO NOT submit entry without a time that meets the minimum entry standard (Except for bonus events).

Checks payable to: **Terrapins Swim Team.**

Mail Entries To:  
 Mehdi Saghafi  
 Senior Meet Entries  
 521 Talbot Ave,  
 Albany, CA 94531

**Entry deadlines:**

Postmarked midnight, Monday, Oct 28, 2013  
 Hand delivered by Wednesday, Oct 30, 2013  
 Online midnight, Wednesday, Oct 30, 2013

Entry questions: [msandcdg@sbcglobal.net](mailto:msandcdg@sbcglobal.net)

Events Entered	TOTAL DUE
1	\$14.50
2	21.00
3	27.50
4	34.00
5	40.50
6	47.00
7	53.50
8	60.00
9	66.50
10	73.00

Totals Include \$8.00 Participation fee.



