

Neptune Swimming

"Swim Like the Dickens" Short Course PC-C/B/A+

December 13-15, 2013

Online Entries: <http://ome.swimconnection.com/pc/SRN20131213>



SANCTION: Held under USA/Pacific Swimming Sanction No: **13-186**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VIDEO: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Head Referee: Bill Sargis mechanix30@sbcglobal.net	Head Starter: Albert Yu
Administrative Official: Peggy Ramirez	Head Marshal: Cassandra Lund
Meet Director: Dan Greaves (greaves_d@msn.com) & Ashley Britton	

LOCATION: **Quinn Swim Center, Santa Rosa Junior College**, 1501 Mendocino Avenue, Santa Rosa, CA.

From the north: Travel south on Hwy 101. Exit at College Avenue turnoff. At stoplight, make a left turn onto College Avenue. Proceed eastbound on College Avenue to Mendocino Ave. Turn left on Mendocino Ave. At Pacific Avenue, turn left into the SRJC parking lot.

From the south: Travel north on Hwy 101. Exit at College Avenue turnoff. At stoplight, make a right turn onto College Ave. Proceed eastbound on College Avenue to Mendocino Ave. Turn left on Mendocino Ave. At Pacific Avenue, turn left into the SRJC parking lot. Pass the football stadium to your right. Swim center and parking is to the right past the football stadium. **SRJC charges \$4 per day for all-day parking pass, including weekends and holidays.** The gymnasium will be available for athletes and families. **Setting up around the pool deck is prohibited.**

COURSE: Indoor heated 25 yd. pool with up to 8 lanes for competition, with grandstand viewing. Up to six (6) additional adjacent outdoor 25 yd warm-up/down lanes will be available at all times during the meet. The minimum water depth, measured in accordance with Article 103.2.3 is 5' at the start end and 3' 6" at the turn end. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. All 25 yard events will start off the blocks.

TIME: Friday night session will begin at 5:00 PM with warm ups between 4:00 PM and 4:45 PM. Meet will begin at 9:00 a.m. on Saturday and Sunday. Warm-ups are from 7:30 a.m. to 8:45 a.m.

RULES:

- Current USA-Swimming (USA-S) and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect.
- All swimmers ages 12 and UNDER should complete competition within FOUR (4) HOURS.
- The meet will be closed when either 2900 splashes have been reached or when the estimated timeline indicates that any age group of swimmers 12 or younger will take more than four hours to compete, whichever occurs first.
- If local conditions warrant it, the Meet Referee with the concurrence of the Meet Director may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratch downs. NO other refunds will be made.
- All events will be swum **fastest to slowest** as timed finals.
- Athletes may compete in a **total of 4 events max per day**.
- Swimmers may enter both the 500y free & 400y IM and participating athletes must supply their own timers and lap counters; and, these events will be swum **fastest to slowest**, alternating heats of boys and girls, or seeded combining boys and girls.

- **No Time ('NT')** entries will be accepted (**excluding the 500 Free and 400 IM, which have minimum entry time standards listed at the 11&12 "A" time.**)
- All coaches and officials must wear their USA Swimming membership cards in a visible manner. Reserved parking for officials.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach.

RACING STARTS: Any swimmer entered in the meet who is unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to insure compliance with this requirement. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited in the meet venue defined as: on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers during the meet and warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- All pets (except assistance dogs) and glass containers of any kind are strictly prohibited in the meet venue.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as shown on their Registration Card. All swimmer registration will be checked against the SWIMS database. If a swimmer is not found to be registered, the Meet Director shall accept the registration at the meet. A \$10 surcharge will be added to the regular registration fee. Duplicate registrations will be refunded by mail.
- Swimmers who have achieved "PC-B" times, but not "PC-A" times, are "B" division swimmers. All swimmers who have not achieved "PC-B" times are in the "C" division.
- **No Time ('NT')** entries will be accepted, except for the 400 IM and 500 Free, and will be placed in the "C" division.
- Swimmers aged 19 years and over may participate in the 13-over events but must have met the 17-18 time standards and may not receive awards.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.
- The swimmers age is determined by the age of the swimmer on the first day of the meet.

CHECK IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat. No event shall be closed more than 30 minutes before the estimated time of the start of the meet. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.

ONLINE ENTRIES: Enter at: <http://ome.swimconnection.com/pc/srn20131213> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% times the Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Online entries will **not** be accepted after **December 4, 2013**. Entering online is a convenience, is completely voluntary, and is in no way required or expected in order to enter this meet. **Please bring a copy of your entry confirmation to the meet.**

MAILED ENTRIES: Entries must be on the attached Consolidated Entry card. Entry cards must be filled out including best short course time for each event. Entered times must be submitted in yards. "No Time" entries will be accepted and will be seeded in the slowest heats, except for the 500 Free & 400 IM. Entry times submitted for this meet will be checked against

a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Incomplete or illegible entries may require that a collect call be made in order to accept entries. **Entries must be postmarked by midnight Monday, December 2, 2013 or hand delivered to Dan Greaves, 455 Ridgway Ave, Santa Rosa, CA no later than 6pm, Wednesday, December 4, 2013.** No late entries will be accepted. No fax entries will be accepted. If you would like to confirm entry, please include a self-addressed, stamped envelope or postcard.

ENTRY FEES: Entries that do not include applicable fees will not be accepted. \$2.75 per individual event entry plus an \$8.00 participation fee per swimmer to help cover meet expenses. **No refunds will be made except for mandatory scratch downs.**

MAIL/HAND DELIVER ENTRIES TO: "Swim Like the Dickens"
 Meet Director- Dan Greaves
 P.O. Box 317
 Santa Rosa, CA 95402

AWARDS: Individual Events: Distinctive awards will be given to 1st-8th Place each for each "A", "B" and "C" division: 6&U, 7-8, 9-10, 11-12. 8-U events will be awarded separately as 6-UN, 7-8. No awards will be given to swimmers aged 13 years and older. **All awards must be collected at the meet, NO AWARDS WILL BE DISTRIBUTED AFTER THE MEET IS COMPLETED.** "A" medals will be awarded to swimmers with an entry time slower than "PC-A" achieving the "PC-A" time standard for the first time. See Pacific Swimming web site for time standards. **NOTE: Athletes must collect awards the weekend of the meet, awards will no longer be distributed after that point.**

ADMISSION: Free. Three day program available for \$5.00

SNACK BAR/HOSPITALITY: Vendors' onsite will provide a varied snack bar menu. Hospitality will be available for coaches and officials.

MINIMUM NUMBER OF OFFICIALS: One half-hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the numbers of swimmers present against the number of Officials present representing each team. No more than 3 days after close of entries, Meet management (ref or director) shall contact the representative from each team participating, and provide a preliminary inventory.

MINIMUM OFFICIALS RULE: Each team shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that team during the meet, in accordance with the following table:

Number of swimmers competing in meet per team:	*Numbers of trained and carded officials required:
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

*Zone 3 Pacific Swimming will include Colorado, Intermediary/ Chief Timing Judge, and Hytek-Computer into the count of Officials for a session: these positions are not carded. Zone 3 Pacific Swimming will accept Trainees into the count of Officials for a session, so long as they are carded.

SCHEDULE OF EVENTS

Friday, December 13, 2013						
Minimum Time Standard (Athletes Entry Time Must Be Faster Than)	Meet Starts At 5:00pm					Minimum Time Standard (Athletes Entry Time Must Be Faster Than)
	Event	Women's Event #	Age Group	Event	Men's Event #	
6:00:29	400 IM	1	11& over	400 IM	2	6:00:79
6:30:49	500 Free	3	11& over	500 Free	4	6:28:29

Saturday, December 14, 2013			
Meet Starts At 9:00am			
Women's Event #	Age Group	Event	Men's Event #
5	13-18	200 Back	6
7	9-10	100 Back	8
9	8&UN	25 Back	10
11	13-18	100 Free	12
13	9-10	50 Fly	14
15	8&UN	25 Fly	16
17	11-12	100 Back	18
19	13-18	100 Breast	20
21	9-10	100 Breast	22
23	8&UN	50 Breast	24
25	11-12	50 Fly	26
27	9-10	50 Free	28
29	8&UN	50 Free	30
31	9-10	200 IM	32
33	11-12	200 IM	34
35	13-18	200 IM	36
37	11-12	100 Breast	38
39	13-18	100 Fly	40
41	11-12	50 Free	42

Sunday, December 15, 2013			
Meet Starts At 9:00am			
Women's Event #	Age Group	Event	Men's Event #
43	13-18	200 Free	44
45	9-10	100 Free	46
47	8&UN	100 IM	48
49	13-18	100 Back	50
51	9-10	50 Breast	52
53	8&UN	25 Breast	54
55	11-12	100 Free	56
57	13-18	200 Breast	58
59	9-10	50 Back	60
61	8&UN	50 Back	62
63	11-12	50 Breast	64
65	9-10	100 Fly	66
67	8&UN	25 Free	68
69	11-12	100 Fly	70
71	9-10	100 IM	72
73	13-18	200 Fly	74
75	11-12	50 Back	76
77	13-18	50 Free	78
79	11-12	100 IM	80

Pacific Swimming – Hosted by Neptune Swimming
 Swim Like the Dickens SC PC-C/B/A+
 December 13-15, 2013
 Consolidated Entry Form

Name: Last, First Middle

Club Abbr.	UNATT TEAM ABBR	Club Name
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Age	Date of Birth	Sex M F	LSC – (PC, SN)
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USA-#															
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Event #	Distance / Stroke	Entry Time	Circle one
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM

of entries _____ x \$2.75 = \$ _____
 Participation Fee \$ 8.00
 Total \$ _____

Coach

Swimmer's
Address

Home Phone	Cell Phone
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Email