

Gilroy Gators Swim Team

PACIFIC SWIMMING "Punxsutawney Phil's" (Y-Format) SHORT COURSE C/B/A+ MEET

Feb 2-3, 2013

Enter Online: <http://ome.swimconnection.com/pc/ggst20130202>

SANCTION: Held under USA Pacific Swimming Sanction No. **13-013**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

Use of Audio and Video: Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, restrooms, or locker rooms.

OFFICIALS:

Meet Referee: Frank Suchomel

Head Starter: Brian Malick

Meet Marshal: Bruce Gordon

Meet Director: Dave Foster – dave@sandhillfinance.com – 408-605-6152

LOCATION: Gilroy High School, 750 W. Tenth Street, Gilroy, CA 95020. From 101, take the Tenth Street exit in Gilroy. Follow Tenth St. and make a left on Princeville Ave. Pool entrance is on the right hand side.

COURSE: Outdoor heated 25 yard course with up to 6 competition lanes available. The minimum water depth at the shallow end of this pool measures 6 feet, with a maximum depth of 12 feet, and is in accordance with article 103.2.3. The competition course has not been certified in accordance with USA Swimming Article 104.2.2C(4). Separate warm-up /warm-down pool will be available.

TIME: Meet begins at 9:00 am each day. Warm-ups from 7:30 - 8:45 each day.

RULES: Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course. All events are timed finals. **Swimmers may compete in four (4) events per day. All swimmers ages 12 and under should complete competition within four (4) hours. Entries will be accepted until the number of splashes exceeds the estimated time line, per the Four Hour Rule, based on swimmer's age and gender. Per Zone 1 South, the meet shall be capped at 300 swimmers per day.** The distance events (500 Free, 1000 Free, and 400 IM) will be seeded fastest to slowest alternating girls' and boys' heats. Swimmers in these events must provide their own timers, as well as lap counters for the two Freestyle distance events. If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down.

All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

DECK CHANGING: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach. A USA swimming member coach must certify the swimmer as being proficient in performing a racing start or the swimmer must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Except for coaches' seating next to the pool, no chairs, canopies, tents, or "camping" is allowed. All chairs, canopies, tents, or other setups must be in designated setup areas only. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. No propane

containers, other than provided for the snack bar, are allowed in any areas of the meet venue. No pets allowed in all areas of the meet venue. No glass containers allowed in all areas of the meet venue.

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. Swimmers in the "A" division must have met at least the listed PC "A" time standard. Swimmers in the "B" division must have met at least the listed PC "B" time standard. All entries slower than the listed PC "B" time standard will be in the "C" division. Entries with "No Time" (NT) will be accepted. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy. Swimmers 19 years of age and over may participate in the 11 & Up category, but may not receive awards or score points.

ENTRY PRIORITY: Zone 1 South (Z1S) entries postmarked by Monday, January 15, 2013 or entered online by 11:59 p.m. Monday January 15, 2013 will be given priority acceptance. All entries from Zone 1 South, all other Pacific LSC zones, and other LSC's either postmarked by Monday, January 21st, 2013, entered online by 11:59 p.m. Wednesday January 23rd, 2013, or hand delivered by 8:00 p.m. Wednesday, January 23rd, 2013 will be considered in the order that they were received or until meet cap is reached.

ENTRY FEES: \$8.00 participation fee per swimmer, and \$2.75 per individual event. Fees must be included with entries. Checks or Money Orders ONLY. Entries will be rejected if payment is not sent at time of request.

Make check payable to: Gilroy Gators Swim Team

Mail with entries to: Dave Foster, GGST Meet Director
"Punxsutawney Phil" Entries
1291 Blue Parrot Ct
Gilroy, CA 95020

MAILED OR HAND DELIVERED ENTRIES: Entries must be completed on the attached SAMMS Consolidated Entry Form. Entry times must be completely filled out including best short course yards times for each event. All entries must be postmarked by midnight **Monday, January 21, 2013**, or hand delivered by 8:00 PM on **Wednesday, January 23, 2013** to 1291 Blue Parrot Ct, Gilroy, CA 95020. All entries will be considered in the order in which they were received. No late entries will be accepted. No faxed entries will be accepted. No refunds will be made. Enclose a self addressed and stamped envelope if you wish to receive confirmation of entry.

ONLINE ENTRIES: You may enter this meet online or by U.S. mail. To enter on-line go to <http://ome.swimconnection.com/pc/ggst20130202> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, **January 23, 2013**.

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES: Swimmers entered in an individual event who have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun. Failure to swim an event will result in being barred from their next individual event on that day or the next meet day, whichever is first. Exception: No penalty shall apply for failure to withdraw or compete in an individual event if the referee is notified in the event of illness or injury and accepts the proof thereof, or it is determined by the referee that the No-Show is caused by circumstances beyond the control of the swimmer.

AWARDS: Ribbons will be awarded in all events first through eighth place for C/B/A+ division swimmers. Age groups 13/14, 15/16 and 17/18 will be swum together but awarded separately. 6 and under swimmers will be awarded separately in 25 yard events. Swimmers achieving new "A" times will be awarded "A" medals regardless of the place achieved in the event. Awards will be distributed to the coaches at the end of the meet. Awards must be picked up as they will not be mailed.

ADMISSION: Free. A two-day program will be available at a reasonable price.

REFRESHMENTS: A snack bar will be available. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

TIMERS: Participating teams will be responsible for providing timers with adequate rotation for the entire meet. Lane assignments will be made based on the number of entries from each team.

PARKING: No overnight parking is allowed. Please note signs and avoid parking in restricted areas.

| Summary of Events for Saturday | | | |
|--------------------------------|------------|------------|------------|
| 8 & Under | 10 & Under | 11/12 | 13/18 |
| 25 Fly | 100 Fly | 200 IM | 200 IM |
| 25 Free | 50 Free | 200 Free | 200 Fly |
| 25 Breast | 50 Back | 200 Fly | 50 Free |
| 25 Back | 500 Free | 200 Breast | 100 Breast |
| | | 1000 Free | 1000 Free |
| | | | |

| Summary of Events for Sunday | | | |
|------------------------------|------------|-----------|----------|
| 8 & Under | 10 & Under | 11/12 | 13/18 |
| | 100 Free | 100 Free | 200 Free |
| | 50 Fly | 50 Fly | 200 Back |
| | 100 Back | 100 Back | 100 Fly |
| | 50 Breast | 100 Fly | 400 IM |
| | 200 IM | 50 Breast | |
| | | 400 IM | |

EVENTS

| Saturday, February 2 | | | Sunday, February 3 | | |
|----------------------|--------------------------------|------|--------------------|--------------------------------|------|
| Girls | Event Description & Aged Group | Boys | Girls | Event Description & Aged Group | Boys |
| 1 | 11-12 200 I.M. | 2 | 37 | 10&U 100 Free | 38 |
| 3 | 13-18 200 I.M. | 4 | 39 | 11-12 100 Free | 40 |
| 5 | 11-12 200 Free | 6 | 41 | 13-18 200 Free | 42 |
| 7 | 8&U 25 Fly | 8 | 43 | 11-12 50 Fly | 44 |
| 9 | 10&U 100 Fly | 10 | 45 | 10&U 50 Fly | 46 |
| 11 | 11-12 200 Fly | 12 | 47 | 10&U 100 Back | 48 |
| 13 | 13-18 200 Fly | 14 | 49 | 11-12 100 Back | 50 |
| 15 | 8&U 25 Free | 16 | 51 | 13-18 200 Back | 52 |
| 17 | 10&U 50 Free | 18 | 53 | 11-12 100 Fly | 54 |
| 19 | 13-18 50 Free | 20 | 55 | 13-18 100 Fly | 56 |
| 21 | 8&U 25 Breast | 22 | 57 | 10&U 50 Breast | 58 |
| 23 | 11-12 200 Breast | 24 | 59 | 11-12 50 Breast | 60 |
| 25 | 13-18 100 Breast | 26 | 61 | 10&U 200 I.M. | 62 |
| 27 | 8&U 25 Back | 28 | 63 | ***11-12 400 I.M. | 64 |
| 29 | 10&U 50 Back | 30 | 65 | ***13-18 400 I.M. | 66 |
| 31 | ***10&U 500 Free | 32 | | | |
| 33 | ***11-12 1000 Free | 34 | | | |
| 35 | ***13-18 1000 Free | 36 | | | |

***** All Distance Freestyle swimmers (500 Free & 1000 Free) must provide their own timers and lap counters. All 400 IM swimmers must provide their own timers. These distance events will all be seeded fastest to slowest alternating girls' & boys' heats.**

Use the following URL to find the time standards: http://www.pacswim.org/page/times_standards.shtml



Gilroy Gators Swim Team
 Zone 1 South **Punxsutawney Phil's** (Y-Format) – C/B/A+ Meet
 February 2-3, 2013
 SAMMS Consolidated Entry Form

| | | | | | | | | | | | |
|---|-------------------|--|-----------------|--|--|---------------|--|----------------|--|--|--|
| Name: Last, First Middle | | | | | | | | | | | |
| Club Abbr. | | | UNATT TEAM ABBR | | | Club Name | | | | | |
| Age | | | Date of Birth | | | Sex M F | | LSC – (PC, SN) | | | |
| USA-# | | | | | | | | | | | |
| Event # | Distance / Stroke | | | | | Entry Time | | Circle one | | | |
| | | | | | | : . | | SCY / LCM | | | |
| | | | | | | : . | | SCY / LCM | | | |
| | | | | | | : . | | SCY / LCM | | | |
| | | | | | | : . | | SCY / LCM | | | |
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| | | | | | | : . | | SCY / LCM | | | |
| | | | | | | : . | | SCY / LCM | | | |
| <p style="text-align: center;"># of entries _____ x \$2.75 = \$ _____</p> <p style="text-align: center;">Plus: Event Participation Fee = \$8.00</p> <p style="text-align: center;">Total \$ _____</p> | | | | | | | | | | | |
| Coach Name: | | | | | | | | | | | |
| Swimmer's Address: | | | | | | | | | | | |
| Email Address: | | | | | | | | | | | |
| Home Phone | | | | | | Cell Phone | | | | | |