

Monterey Bay Swim Club & Pacific Swimming

Long Course Open – Youth Challenge Cup

May 24-26, 2013

Enter online at: <http://ome.swimconnection.com/pc/mbsc20130524>



**PACIFIC
SWIMMING**

SANCTION: Held under USA/Pacific Swimming Sanction Number: **13-108**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: *Meet Referee: Mike Davis* *Head Starter: Peggy Ramirez*
 Meet Marshal: Jim Griffith *Meet Director: Mary Hazdovac (maryhazdovac@comcast.net)*

LOCATION: Hartnell College, 156 Homestead Drive, Salinas, CA. 93901

From US-101 South: Take the MAIN ST exit toward Salinas. Stay straight and proceed onto N MAIN ST/CA-183S. N MAIN ST/CA-183S becomes SALINAS ST. Turn right onto W ALISAL ST. Turn right onto HOMESTEAD AVE.

From US-101 North: Take the JOHN ST exit. Turn left onto JOHN ST. Turn right onto MONTEREY ST. Turn left onto E ALISAL ST. Turn right onto HOMESTEAD AVE.

COURSE: 8 lane, outdoor 50 meter course. Colorado Timing System will be used. The minimum water depth is measured in accordance with Article 103.2.3 is 14' at the start and 4'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Friday: Meet begins at 1:30 PM with warm ups from 12:00-1:15 PM. All events on Friday are timed finals. There will be an additional 15 minute warm up period prior to the 50 FR

Saturday & Sunday: 3 sessions per day – Session 1: 11 & Over trials / Session 2: 12 & under timed finals / Session 3: 11 & over finals

Session 1 will begin at 9:00 AM each day with warm-ups from 7:15-8:45 AM

Session 2 will begin one hour after the conclusion of Session 1, but not before 12:00 PM

Session 3 will begin at least 1 hour after the conclusion of Session 2 (TBD @ the coaches meeting)

RULES: • Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.

• Entries will be accepted until the number of splashes exceeds the estimated timeline, per the Four Hour Rule, based on the swimmer's age and gender.

• **Swimmers in the 11-12 age group have the choice of either swimming in Session 1 or 2.**

• SESSION 1 (11/O T&F): Swimmers may compete in 3 events per day plus 1 relay.

• 12 & Under swimmers competing in Session 1 must have met the PC SR-I time standard in 1 event and will be subject to proof of time per PC Rules & Regulations B.1.d. Swimmers 13 & Over competing in a SR-I competition are considered eligible to compete without proof of time and should enter their best time for an event.

• 11—14 year old swimmers will compete together in Session 1 but will be separated into 11-12 and 13-14 age groups for Session 3. 15 & Over swimmers will compete together in Session 1 but will be separated into 15-16 and 17-18 age groups for Session 3.

• SESSION 2 (12&U): Swimmers may compete in 4 individual events per day plus 1 relay.

• Entries will be accepted until the number of splashes exceeds the estimated timeline, per the Four Hour Rule, based on a swimmer's age and gender.

• All swimmers 12 & Under should complete competition within 4 hours.

• There will be a Championship ("A") and Consolation ("B") final for all events in the 11-12, 13-14 and 15-16 age groups.

Only a Championships final will occur for the 17-18 age group.

• The 800 and 1500 Freestyles will be seeded fastest to slowest and alternate heats of women and men.

- If necessary to meet the Four Hour Rule, the 400, 800 and 1500 Freestyles may swim two per lane.
- If local conditions warrant, the meet referee with the concurrence of the meet director may require a mandatory scratch down. Immediate cash refunds will be made.

DECK CHANGING: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: All swimmers must either be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: •Glass containers, sale and use of alcoholic beverages and all kinds of tobacco products are prohibited in all areas of the meet venue.

- No tents or ground covers will be allowed on the pool deck or in any of the fenced area surrounding the pool and spectator facilities.
- No EZ-Ups will be allowed on the pool deck except for use by coaches and official meet personnel.

ELIGIBILITY: • Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Duplicate registrations will be refunded by mail.
- Swimmers 19 years of age and older may participate in 11 & Over and 15 & Over events but may not receive awards or score points.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.

ENTRY FEES: \$5.50 per individual event plus a \$10.00 per swimmer participation fee. Payment of individual events is due at the time of entry. Entries will be rejected if payment is not sent at time of request. **\$16.00** per relay team. Relay entries will be due on the day of the meet, at a time to be announced at the beginning of the meet, and will be deck seeded.

Make checks payable to: MONTEREY BAY SWIM CLUB

Mail with entries to: MONTEREY BAY SWIM CLUB
C/O MARY HAZDOVAC
1117 PIEDMONT AVENUE
PACIFIC GROVE, CA 93950

*Overnight mail: Use above address, waive signature requirement please.

**To confirm entries have been received, please include a self-addressed, stamped envelope or postcard with your entries. No telephone confirmations will be made.

THREE OPTIONS FOR MEET ENTRY:

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/MBSC20130524> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming. **Online entries will be accepted through Wednesday, May 15 2013.**

DOWNLOAD Hy-Tek FILE & EMAIL ENTRIES: Hy-Tek file available for download at www.montereyswim.org. Email entry (entry.zip file) will be accepted only when received with an attached Word or .pdf file including electronic signature of coached and will be dated as official at that time. Full payment (single team check) for an email entry must be postmarked within 48 hours of the email entry. Added events (entered swimmers) may be submitted by hard copy (this includes email) ONLY. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will not be processed. Deletions will not be refunded. If you do not have Hy-Tek entry software Hy-Tek lite can be downloaded for free of charge at <http://www.hy-tek.com/downloads.html>. Submission deadline is Wednesday, May 15, 2013.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, May 13, 2013 or hand delivered by 6:30 p.m. Wednesday, May 15, 2013. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk of Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES: The Pacific Swimming scratch rules will be in effect. A copy of these rules will be posted at the Clerk-Of-Course. Any swimmer who has checked in for an individual event trial and fails to swim that event will be barred from competing in the next individual event in which the swimmer is entered in this meet. The penalty will not apply if the swimmer scratches before the event is seeded, or if the Referee accepts proof that the failure was caused by illness, injury or other circumstances that were beyond the control of the swimmer. A swimmer shall be barred from competing for the remainder of the meet if he or she fails to compete in the final that he or she originally qualified for, unless properly scratched.

This rule includes a fine of \$25.00 for any swimmer originally qualifying for a final but failing to compete in that final is the swimmer's last competition of the meet. For more information on Pacific scratch/penalty rules for trials and finals, please see sections 3B5b3, 3B5b4 and 3B5b5 in the 2013 Pacific Swim Guide.

AWARDS: A distinctive award will be provided to each swimmer in each event earning first through third places. Ribbons will be awarded for 4th through 8th places. High point trophies will be awarded to first place girl and boy in each age group.

The Youth Team Challenge Cup will be awarded to the first place team in both the small and large team divisions. The Youth Team Cup concept is a challenge to swimming clubs to bring their best 11-12, 13-14, and 15-16 age group teams. The Youth Cup is awarded to the highest scoring team performing in these three age categories. (11-12 swimmers participating in the afternoon session do not score team points). A separate 10 & Under high point team award will be given.

Individual:

Place	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th	13 th	14 th	15 th	16 th
Points	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

Relay:

Place	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th	13 th	14 th	15 th	16 th
Points	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

REFRESHMENTS: Snack bar available. Refreshments and lunch will be provided free to coaches and working officials.

ADMISSION: Free. Programs will be for sale at the meet.

EVENTS:

GIRLS EVENT #	AGE GROUP	DESCRIPTION	BOYS EVENT #
FRIDAY, MAY 24, 2013 (TIMED FINALS)			
1	11/O	800 FREE	--
--	11/O	1500 FREE	2
3	11-14	50 FREE	4
5	15/O	50 FREE	6
7	11-14	400 IM	8
9	15/O	400 IM	10
11	13-14	4 x 50 FREE RELAY	12
13	15/O	4 x 50 FREE RELAY	14

GIRLS EVENT #	AGE GROUP	DESCRIPTION	BOYS EVENT #	GIRLS EVENT #	AGE GROUP	DESCRIPTION	BOYS EVENT #
SATURDAY, MAY 25, 2013 (SESSION 1-9:00 AM HEATS)				SATURDAY, MAY 25, 2013 (SESSION 2-TIMED FINALS)			
15	11-14	200 FREE	16	41	10 & UN	100 FREE	42
17	15/O	200 FREE	18	43	11-12	200 FREE	44
19	11-14	200 BREAST	20	45	10 & UN	100 BREAST	46
21	15/O	200 BREAST	22	47	11-12	50 BREAST	48
23	11-14	200 BACK	24	49	10 & UN	50 BACK	50
25	15/O	200 BACK	26	51	11-12	100 BACK	52
27	11-14	200 IM	28	53	10 & UN	50 FLY	54
29	15/O	200 IM	30	55	11-12	50 FLY	56
31	13-14	100 FLY	32	57	10 & UN	4 X 50 MEDLEY RELAY	58
33	15/O	100 FLY	34				
35	11-12	4 X 100 FREE RELAY	36				
37	13-14	4 X 100 FREE RELAY	38				
39	15/O	4 X 100 FREE RELAY	40				

GIRLS EVENT #	AGE GROUP	DESCRIPTION	BOYS EVENT #	GIRLS EVENT #	AGE GROUP	DESCRIPTION	BOYS EVENT #
SUNDAY, MAY 26, 2013 (SESSION 1-9:00 AM HEATS)				SUNDAY, MAY 26, 2013 (SESSION 2-TIMED FINALS)			
59	11-14	100 FREE	60	85	10 & UN	100 BACK	86
61	15/O	100 FREE	62	87	11-12	50 BACK	88
63	11-14	200 FLY	64	89	10 & UN	200 IM	90
65	15/O	200 FLY	66	91	11-12	200 IM	92
67	11-14	100 BREAST	68	93	10 & UN	50 FREE	94
69	15/O	100 BREAST	70	95	11-12	100 FREE	96
71	11-14	200 BACK	72	97	10 & UN	50 BREAST	98
73	15/O	200 BACK	74	99	11-12	100 BREAST	100
75	11-14	400 FREE	76	101	10 & UN	4 X 50 FREE RELAY	102
77	15/O	400 FREE	78				
79	11-12	4 X 100 MED RELAY	80				
81	13-14	4 X 100 MED RELAY	82				
83	15/O	4 X 100 MED RELAY	84				

Pacific Swimming – Hosted by **Monterey Bay Swim Club**
Long Course Open – Youth Challenge Cup
May 24-27, 2013
 Consolidated Entry Form

Name: Last, First Middle

Club Abbr.		Club Name
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Age	Date of Birth	Sex M F	LSC – (PC, SN)
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USA-#															
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Event #	Distance / Stroke	Entry Time	Circle one
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
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		: .	SCY / LCM

# of entries _____	x \$5.50 = \$ _____
Participation Fee	\$ 10.00
Total	\$ _____

Coach

Swimmer's
Address

Home Phone	Cell Phone
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