

BISHOP INVITATIONAL
PACIFIC SWIMMING SHORT COURSE AGE GROUP OPEN
FRIDAY, SATURDAY & SUNDAY JUNE 21, 22, and 23, 2013

Hosted by: THE BISHOP STINGRAYS

Enter online at: <http://ome.swimconnection.com/pc/bst20130621>

SANCTION: Held under USA/Pacific Swimming Sanction No.: **13-126**
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VIDEO: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: Meet Referee: Mary Flatman Head Starter: Petra Biehl Meet Marshal: Sommer Foster
Meet Director: Bryan Winzenread (phone: 760-872-8020 or email: winz@suddenlink.net)

LOCATION: Bishop City Park Pool, 688 North Main St., Bishop, CA. Altitude 4200ft. **DIRECTIONS TO POOL:** From south of Bishop: US Highway 395 north to Bishop, at third traffic light turn right into Bishop City Park. From north of Bishop: US Highway 395 south to Bishop, at fourth traffic light turn left into Bishop City Park.

COURSE: Outdoor heated 25 yard pool, eight Keifer competition lanes with electronic timing system. Up to seven lanes will be used for competition, and the eighth lane will be used for warm-up and warm-down only, with Marshal on duty. The minimum water depth in the competition course, as measured in accordance with Article 103.2.3, is 11'-0" at the start end and 3'-6" at the turn end. All events with out-of-water starts will start at a depth of 11'-0". The competition course has not been certified in accordance with Article 104.2.2C(4).

TIME: **FRIDAY SESSION:** Meet begins Friday at 5:00 pm with warm-up from 3:30 to 4:45 pm.
SATURDAY & SUNDAY: Meet begins each day on Saturday and Sunday at 8:30 am for 10-Under swimmers with warm-up from 7:00 – 8:15 am. The afternoon 11-Over sessions will **not start before 12:00 pm** with warm-up **not before 11:30 am**.

RULES:

- Current USA and Pacific Swimming rules will govern the meet.
- Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course.
- All events are timed finals.
- All swimmers ages 12 and under should complete competition within four (4) hours.**
- Swimmers may compete in 2 events on Friday, no more than 5 events each day on Saturday and Sunday, and 10 events maximum for the meet.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the 4 hour rule, based on swimmer's age and gender.**
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down to 4 events or less per swimmer per session. Immediate refunds will be made for any mandatory scratches.
- OPEN EVENTS:** Per Pacific Swimming Rules & Regulations 1B1a(5), in order to enter open events at an age-group meet, a swimmer must have met the listed qualifying time or have coach verification for the following events: 200 Back, 200 Breast, 200 Fly, 400 IM, 400/500 Free, 800/1000 Free, 1500/1650 Free. **There will be no qualifying standards for open events offered at this meet; all swimmers are eligible.**
- DISTANCE:** The 500 yard freestyle and the 1000 yard freestyle will be swum **alternating women and men, fastest to slowest**. All swimmers in the 500 yard freestyle and 1000 yard freestyle must provide their own timers and lap counters. Check in for the 1000 yard freestyle must occur before the start of the meet. Check in for the 500 yard freestyle must occur before 4:45 p.m.

•All coaches and deck officials must wear their USA membership cards in a visible manner at all times while on deck. All coaches are required to sign in at the meet before the beginning of warm-ups and present their 2013 registration card. Coaches listed on the expired list or who have no card and do not show up on the “registered” list shall remove themselves from coaching swimmers on the deck. The Meet Director or Meet Referee will assign all swimmers unaccompanied by a USA Swimming certified coach to another certified coach.

UNACCOMPANIED SWIMMERS: Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer’s legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete’s USA Swimming Club Member-Coach. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of tobacco products is strictly prohibited in all areas of the meet venue and include on the pool deck, in the locker room, in any of the spectator areas, and in all areas used by swimmers during the meet and warm-up periods.
- Glass containers, sale and use of alcoholic beverages are prohibited in all areas of the meet venue.
- Use of cell phones in the locker rooms is strictly prohibited.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly
- NO ANIMALS ARE ALLOWED ON THE PREMISES.**
- There will be closed areas of the deck – cooperation of swimmers, families and coaches will be appreciated.

ELIGIBILITY:

- All swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee).
- Swimmers who enter as “pending” or “applied for” must be prepared to present their current card or register before being allowed to check in unless the Meet Director determines that they are validly pending.
- Duplicate registrations will be refunded by mail.
- The meet is open to all qualified swimmers.
- Swimmers 19 years of age and older participate in 13-Over events but will not receive awards or score points.
- Disabled swimmers, attached or unattached, are welcome to attend this meet and should contact the Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Time Verification Procedures.*

ENTRY FEES: \$2.75 per individual event, \$9.00 per relay entry, plus an \$9.00 swimmer Participation Fee per swimmer to help cover meet expenses.

ENTRIES: **TWO OPTIONS FOR MEET ENTRY**

Option 1: Online Meet Entries

Enter at <http://ome.swimconnection.com/pc/bst20130621> to receive immediate confirmation of acceptance via email. The “billing information” email should be brought to the meet as proof of entry. Online entry requires payment by credit card using their secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fee. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection, LLC. Fees collected by the use of this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming. Online entries will be accepted until midnight, Friday, June 14, 2013.

Option 2: Traditional Postal System Mailed Entries:

1. Fill out the provided Consolidated Entry Form completely for each swimmer in your family

2. Cut out your entry card(s) and mail to address below.

Entries must be submitted on the enclosed Consolidated Entry Form. Entry forms must be completely filled out including best **SHORT COURSE** time for each event. ***Entered times must be submitted in YARDS.*** Pacific Swimming's Rules and Regulations specify that when you have achieved a specific class level (for example, "B" or "A") in an event in one course, you are considered to be qualified at that same level in all courses. Accordingly, you must always enter a time that maintains the class for which you are qualified in an event. "No time" entries **will be accepted.**

ANY AND ALL PAPER ENTRIES MUST BE POSTMARKED BY WEDNESDAY, JUNE 12, 2013, OR HAND DELIVERED BY FRIDAY JUNE 14, 2013. Make checks payable to BISHOP SWIM TEAM, P.O. Box 1, Bishop, CA 93515.

If you would like confirmation of entry, please include a self-addressed stamped envelope or postcard.

Late entries will be accepted via e-mail at rjellison.us@gmail.com or hand-delivery until Wednesday, June 19, with a late fee of \$10. Late entries may not appear in the meet program. NO REFUNDS will be given except in the case of a mandatory scratch-down.

Deck entries will be accepted after June 19th with a \$10 late fee, but entries will NOT be eligible for awards and will NOT count toward high point.

CHECK IN: The meet will be deck seeded. Swimmers must check in at the Clerk-of-Course. The first four events of each session will close **30 minutes BEFORE** the start of the session. The remaining events shall be closed for seeding **30 minutes prior** to the estimated start of the first heat of the event. Please see distance rules for special rules regarding the distance events. Swimmers who do not check in will not be allowed to compete in the event.

SCRATCHES: Swimmers who have checked in for an individual event must swim in the event unless they notify the clerk of the course that they wish to scratch before the seeding for that event has begun. Failure to swim an event will result in being barred from the next individual event in which a swimmer is entered on that day or the next meet day, whichever is first. The penalty will not apply if the swimmer scratches the event before it is seeded, or if the Referee accepts proof that the failure was caused by illness, injury, or other circumstances beyond the control of the swimmer.

AWARDS: High Point Awards: Individual high point, runner up high point, and third place high point will be awarded to boys and girls in each age group.
Individual Events: Ribbons 1st – 8th place will be awarded to 6-Under, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18. Swimmers 19 years of age and older will not receive awards.

ALL AWARDS MUST BE PICKED UP AT THE MEET. Each team is asked to designate a team representative to claim awards. NO AWARDS WILL BE MAILED.

ADMISSION: Free. A three-day meet program will be available for a fee.

SNACK BAR: A snack bar will be available during the meet.

HOSPITALITY: Lunch and limited hospitality will be served to all working officials and coaches.

TIMERS: Clubs will be assigned lanes based on the number of swimmers from each club (host club will not be expected to time). All swimmers in the 500 yard freestyle and the 1000 yard freestyle must provide their own timers and lap counters.

MINIMUM OFFICIALS: All available USA Swimming certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for

education and/or mentoring. Participating clubs are **requested** to provide at least the following number of certified and carded officials for each session:

| Club swimmers entered in session | Trained and carded officials requested |
|----------------------------------|--|
| 1-10 | 0 |
| 11-25 | 1 |
| 26-50 | 2 |
| 51-75 | 3 |
| 76-100 | 4 |
| 101 or more | 5 |

| Summary of Events | | | | | |
|-------------------|---|---|---|---|---------------------------------|
| | 8&under | 9-10 | 11-12 | 13&over | 18 & Under |
| Friday | ----- | ----- | ----- | ----- | 400 IM 500 Free 1000 Free |
| Saturday | 100 IM 50 Free 50 Back 25 Fly 25 Breast 100 Free Relay | 100 IM 100 Free 100 Back 50 Fly 50 Breast 200 Free Relay | 100 IM 100 Free 100 Back 50 Fly 50 Breast 200 Medley Relay | 200 IM 100 Free 200 Back 200 Fly 100 Breast 200 Medley Relay | |
| Sunday | 50 Fly 25 Back 25 Free 50 Breast 100 Free | 100 Fly 50 Back 200 Free 100 Breast 50 Free | 100 Fly 50 Back 200 Free 100 Breast 50 Free | 100 Fly 100 Back 200 Free 200 Breast 50 Free | |

| Friday, June 21, 2013 – PM Session | | | |
|------------------------------------|------------|----------------|--------------|
| Girls Event # | Age Group | Event | Boys Event # |
| 1 | 18 – Under | 400 IM | 2 |
| 3 | 18 – Under | 500 Freestyle | 4 |
| 5 | 18 – Under | 1000 Freestyle | 6 |

| Saturday, June 22, 2013 – AM Session | | | |
|--------------------------------------|-----------|------------------|--------------|
| Girls Event # | Age Group | Event | Boys Event # |
| 7 | 9 – 10 | 100 IM | 8 |
| 9 | 8 & Under | 100 IM | 10 |
| 11 | 9 - 10 | 100 Freestyle | 12 |
| 13 | 8 & Under | 50 Freestyle | 14 |
| 15 | 9 – 10 | 100 Backstroke | 16 |
| 17 | 8 & Under | 50 Backstroke | 18 |
| 19 | 9 - 10 | 50 Butterfly | 20 |
| 21 | 8 & Under | 25 Butterfly | 22 |
| 23 | 9 – 10 | 50 Breaststroke | 24 |
| 25 | 8 & Under | 25 Breaststroke | 26 |
| 27 | 9 - 10 | 200 Free Relay | 28 |
| 29 | 8 & Under | 100 Free Relay | 30 |
| Saturday, June 22, 2013 – PM Session | | | |
| 31 | 13 - Over | 200 IM | 32 |
| 33 | 11 - 12 | 100 IM | 34 |
| 35 | 13 - Over | 100 Freestyle | 36 |
| 37 | 11 - 12 | 100 Freestyle | 38 |
| 39 | 13 - Over | 200 Backstroke | 40 |
| 41 | 11 - 12 | 100 Backstroke | 42 |
| 43 | 13 - Over | 200 Butterfly | 44 |
| 45 | 11 - 12 | 50 Butterfly | 46 |
| 47 | 13 - Over | 100 Breaststroke | 48 |
| 49 | 11 - 12 | 50 Breaststroke | 50 |
| 51 | 13 - Over | 200 Medley Relay | 52 |
| 53 | 11 - 12 | 200 Medley Relay | 54 |

| Sunday, June 23, 2013 – AM Session | | | |
|------------------------------------|-----------|------------------|--------------|
| Girls Event # | Age Group | Event | Boys Event # |
| 55 | 9 – 10 | 100 Butterfly | 56 |
| 57 | 8 & Under | 50 Butterfly | 58 |
| 59 | 9 - 10 | 50 Backstroke | 60 |
| 61 | 8 & Under | 25 Backstroke | 62 |
| 63 | 9 – 10 | 200 Freestyle | 64 |
| 65 | 8 & Under | 25 Freestyle | 66 |
| 67 | 9 - 10 | 100 Breaststroke | 68 |
| 69 | 8 & Under | 50 Breaststroke | 70 |
| 71 | 9 – 10 | 50 Freestyle | 72 |
| 73 | 8 & Under | 100 Freestyle | 74 |

| Sunday, June 23, 2013 – PM Session | | | |
|------------------------------------|-----------|------------------|----|
| 75 | 13 - Over | 100 Butterfly | 76 |
| 77 | 11 -12 | 100 Butterfly | 78 |
| 79 | 13 - Over | 100 Backstroke | 80 |
| 81 | 11 -12 | 50 Backstroke | 82 |
| 83 | 13 - Over | 200 Freestyle | 84 |
| 85 | 11 -12 | 200 Freestyle | 86 |
| 87 | 13 - Over | 200 Breaststroke | 88 |
| 89 | 11 -12 | 100 Breaststroke | 90 |
| 91 | 13 - Over | 50 Freestyle | 92 |
| 93 | 11 -12 | 50 Freestyle | 94 |

