

**PACIFIC SWIMMING Ellis Aquatics Age Group Open Long Course**

Hosted by Ellis Aquatics

co-sponsored by Pacific Swimming

June 28-29, 2014

Enter Online: <http://ome.swimconnection.com/pc/EA20140628>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **14-098**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from anywhere behind the starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets is not permitted in changing areas, rest rooms or locker rooms. Violations of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:** **Meet Referee:** Charlie Gonzales

**Head Starter:** Randy May

**Meet Marshal:** Clayton Basepayne

**Meet Director:** Michele Loomis - micheleloomis@comcast.net

**Admin Official:** Amy Gonzales

**LOCATION:** Pinkie Phillips Aquatic Center, Merrill F. West High School, 1775 W Lowell Ave, Tracy, CA 95376.

**DIRECTIONS: From Bay Area,** take the 205 toward Tracy; take exit 6 Grant Line Exit. Turn Right onto Grant Line Road. Turn Right onto Corral Hollow, left onto W. Lowell Ave, school entrance is second left. Enter the parking lot adjacent to the football stadium. The pool is at the end of the parking lot. **From I-5,** take the 205 exit and then take the Tracy BLVD Exit #8, turn left. Go about 1 mile to W. Lowell, turn right. Turn right into the school parking lot at the School Sign. Parking lot adjacent to the football stadium, the pool is at the end of the parking lot

**COURSE: OUTDOOR 50 METER** pool with up to **7** lanes available for competition. An additional **1** lane will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is **16'0"** at the start end and **4'0"** at the turn end.

**TIME:** Meet will begin at **9:00** AM Saturday and Sunday with warm-ups from **7:30** to **8:45** AM each day. A special warm-up time for 8 and under swimmers only will be held from **8:45-8:55** AM.

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
  - Swimmers may compete in **four (4)** events per day.
  - If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
  - **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
  - **Swimmers in the 400 FR and 400 IM must provide their own timers.**
  - All swims are timed finals.
  - All events will swim fast to slow.

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- No tarps on the grass
- No pets on school grounds
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**ELIGIBILITY:**

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entries with "**NO TIME**" will be **REJECTED**.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards.
- The swimmer's age will be the age of the swimmer on the first day of the meet.
- Swimmers in the 400 FR and 400 IM must meet the minimum time standards listed on the Events page of this meet sheet.

**ENTRY FEES:** \$2.75 per individual event, \$10.00 participation fee per swimmer.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/EA20140628> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, **June 11, 2014**.

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, **June 9, 2014** or hand delivered by 6:30 p.m. Wednesday, **June 11, 2014**. No late entries will be accepted. **No refunds will be made**, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to:** Ellis Aquatics

**Mail entries to:** Vicki O'Neill  
Swim Meet Entries  
2959 Perry LN  
Tracy, CA 95376

**Hand deliver entries to:** Vicki O'Neill  
2959 Perry LN  
Tracy, CA

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk of Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

**AWARDS:** There will be awards for 8 & U, 9-10, 11-12, 13-14, 15-18, but 19 & O will not be awarded. Awards must be picked up by the end of the meet; they will not be mailed.

**ADMISSION:** Free. A 2-day meet program will be available for a fee.

**SNACK BAR:** A snack bar will be available during the meet.

**HOSPITALITY:** Lunch and limited hospitality will be available to all working officials and coaches.

**MISCELLANEOUS:** No overnight parking is allowed. *No pets allowed on school grounds. No set up on pool deck except for designated areas for coaches. There will be limited parking for coaches and officials near the pool.*

**EVENT SUMMARY:**

Saturday			Sunday		
10 & U	11-12	13 & O	10 & U	11-12	13 & O
200 IM	200 IM	200 IM	200 Free	200 Free	200 Free
100 Free	100 Free	100 Free	50 Back	50 Back	100 Back
100 Back	100 Back	200 Back	100 Breast	100 Breast	200 Breast
50 Breast	50 Breast	100 Breast	50 Free	50 Free	50 Free
50 Fly	50 Fly	100 Fly	100 Fly	100 Fly	200 Fly

**OPEN 400 Free Time standard: Girls 7:13.59, Boys 7:19.79**

**Open 400 IM Time standard: Girls 7:13.59, Boys 7:20.69**

**Saturday June 28**

Girls	Event	Boys
1	13 & O 200 IM	2
3	10 & U 200 IM	4
5	11-12 200 IM	6
7	13 & O 100 Free	8
9	10 & U 100 Free	10
11	11-12 100 Free	12
13	13 & O 200 Back	14
15	10 & U 100 Back	16
17	11-12 100 Back	18
19	13 & O 100 Breast	20
21	10 & U 50 Breast	22
23	11-12 50 Breast	24
25	13 & O 100 Fly	26
27	10 & U 50 Fly	28
29	11-12 50 Fly	30
31	Open 400 Free	32

**Sunday June 29**

33	13 & O 200 Free	34
35	10 & U 200 Free	36
37	11-12 200 Free	38
39	13 & O 100 Back	40
41	10 & U 50 Back	42
43	11-12 50 Back	44
45	13 & O 50 Free	46
47	10 & U 50 Free	48
49	11-12 50 Free	50
51	13 & O 200 Breast	52
53	10 & U 100 Breast	54
55	11-12 100 Breast	56
57	13 & O 200 Fly	58
59	10 & U 100 Fly	60
61	11-13 100 Fly	62
63	Open 400 IM	64

**All 400 swimmers, both Free and IM must provide their own timers and counters.**

**OPEN 400 Free Time Standard: Girls 7:13.59, Boys: 7:19.79**

**OPEN 400 IM Time Standard: Girls 7:13.59, Boys 7:20.69**

Pacific Swimming – Hosted by <b>Ellis Aquatics</b> <b>Long Course</b> <b>June 28-29, 2014</b> Consolidated Entry Form													
Name: Last,                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$2.75 = \$ _____ Participation Fee       \$ \$ 10.00 Total                       \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						
Email													