"SVSL"
Silicon Valley Swim League
"Gold and Silver Flights"
Zone 1 South Closed Short Course Swim Championships XIV
July 27-28, 2013



Sanction: Held under USA/Pacific Swimming, Sanction # 13-142

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Notice: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic print or other media, information and /or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet.

Use of Audio & Video: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the pool facility by the Meet Referee or his/her designee.

Officials: Meet Referee: Mike Piccardo Meet Director: Morgan Wang (morjoy@pacbell.net)

Meet Marshal: Kam Chan Head Starter: Lida Xhindi Phone: (408) 725-80

Location: Lynbrook High School Pool, 1280 Johnson Avenue. San Jose, CA 95129.

<u>From Highway 280</u>: take Lawrence Expressway south exit; turn right on Bollinger Avenue, left turn onto Johnson Avenue, left turn at second arterial stop sign, left turn into parking lot. <u>From North on Highway 85</u>: exit Saratoga Avenue and turn left, left turn on Lawrence Expressway, left turn onto Prospect Avenue, right turn on Johnson Avenue, right turn into Lynbrook High School parking lot. <u>From South on Highway 85</u>: exit Saratoga Avenue and turn right, left turn on Lawrence Expressway, left turn onto Prospect Avenue, right turn onto Johnson Avenue, right turn into Lynbrook High School parking lot.

Course: Outdoor 50 meter heated pool, up to ten 25 yard lanes with warm-up/cool-down lanes. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3 is 13' at the start end and 13' at the turn end. The competition course has not been certified in accordance with 104.2.2C (4).

Time: Meet begins Saturday and Sunday at 9:00 A.M. with warm-ups from 7:30 A.M. to 8:45 A.M. 8 & Under "Only" warm-ups from 8:30-8:45 A.M. in lanes 5-10 or as designated. The remainder of the other lanes may continue to be used for general warm up by 9/Over swimmers.

Rules: •Current USA and Pacific Swimming rules will govern the meet.

- Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-Course.
- •All events are timed-finals.
- <u>Saturday</u>: swimmers may compete in three (3) events plus two (2) relays. <u>Sunday</u>: swimmers may compete in four (4) events; listed age groups will swim a combined event, but be awarded as separate age groups.
- •Any swimmer entering more than three (3) individual events on Saturday or four (4) events on Sunday will be scratched from any subsequent events after the third event and fourth event entered with no refunds.
- •If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director may require a mandatory scratch down. Immediate refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA swimming membership cards in a visible manner.

Unaccompanied Swimmers: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for such supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Restrictions: • No food will be allowed on the pool deck. This is the policy for Lynbrook High School.

- •Glass containers of all kinds, sale and use of alcoholic beverages and tobacco products are prohibited in all areas of the meet venue which includes the pool deck, locker rooms, and spectator seating, standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- •No propane heater is permitted except for the snack bar/meet operations.
- •Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or otherwise designated areas is not appropriate and is strongly discouraged.

Eligibility: •Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- •All swimmers must be members of SVSL teams BAY, CSC, LA, OAQ, GATO, SLST, and TEMPO.
- A swimmer must have participated in at least one SVSL dual meet to be eligible to participate in the League Championships.
- •Swimmers may enter any event regardless of the times they've achieved. No Time (NT) entries will be accepted.
- •Swimmers 19 years of age and over may participate in events for the 15-18 age groups, but may not receive awards or score points.
- <u>Unattached</u> <u>swimmers may not score individual or team points</u>.
- •Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific swimming policy.

HyTek Entries: This is a team entered meet. All team entries must be submitted in HyTek Commlink format. Teams' <u>individual and relay</u> electronic data entry files are to be emailed by 7:00 P.M. Monday, July 22, 2013 to: oaqmm1@gmail.com The electronic data entry files will have precedence in a discrepancy. Payments must be made with a single team check written to the "SVSL" accompanied by a signed hard copy of the HyTek Individual Meet Entries Report by Name, a floppy disk backup/flash drive of electronic data entries, and be delivered to the clerk of the course no later than the start of the competition on Saturday, July 27, 2013. No late or deck entries will be accepted. No refunds will be made.

Relays: HyTek will print pink and blue relay cards for each team. Coaches may correct the order of swimmers, if needed, before the relay event begins. <u>Note</u>: Swimmers must swim in at least (1) individual event to be eligible to participate in any relay.

Entry Fees: Entry fees are \$2.75 for each individual event and \$9.00 per relay team. There will be an \$8.00 per swimmer surcharge to help cover meet expenses. Make your "one team check" payable to: "SVSL" and give to Jim Malley at the swim meet.

Check-In: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

Scratches: Swimmers entered in an individual event that have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun. Swimmers who miss an event they have checked in for will no longer be penalized by the loss of the next event they have entered.

Scoring: SATURDAY: Individual Event Points: Gold Flight: 20, 18, 16, 14, 12, 10, 8, 6, 4, 2 / Silver Flight: 11, 9, 8, 7, 6, 5, 4, 3, 2, 1

Relay Event Points: 40, 36, 32, 28, 24, 20, 16 *Only relay team "A" per age group & gender will be scored

SUNDAY: There is no individual or team scoring of points. Use the following URL to find the Time Standards (for award purposes on Sunday only): http://www/.pacswim.org/userfiles/cms/documents/263/timestandardscba.pdf

Awards: SATURDAY: Distinctive awards for 1st-3rd and ribbons 4th-10th place for both "Gold" and "Silver" Divisions. There will be team trophies for the top 3 teams with a special award for the team with the highest points per swimmer. Individual high point medal awards for 1st-3rd for boys and girls in the "Gold" and "Silver" Divisions in the following age groups: 6 & UN (only one division), 7-8, 9-10, 11-12, 13-14, and 15-18. Each swimmer will be eligible to win a high point award in one flight only, that flight will be the one in which the swimmer places highest. The "Gold Flight" will consist of swimmers with entry times equal to or faster than the 50% of all swimmers' entered. The "Silver Flight" will consist of all swimmers whose entry time is slower than 50% of all swimmers entered. Swimmers achieving new "PC-A" times will be awarded "A" medals by their own swim club. "All-Star" certificates and patches will be awarded to swimmers placing 1st-6th in the "Gold Flight."

SUNDAY: 9 & Up events will be awarded ribbons for the 1st-8th place finishers in the 9-10, 11-12, 13-14, & 15-18 age

11 & Up events will be awarded ribbons for the 1st-8th place finishers in the 11-12, 13-14, & 15-18 age groups.

12 & UN. events will be awarded ribbons for the 1st-8th place finishers in the 6 & Un., 7-8, 9-10, & 11-12 age groups.

18 & UN. events will be awarded ribbons for the 1st-8th place finishers in the 6 & Un.,7-8, 9-10, 11-12, 13-14, & 15-18 age groups.

Admission: Free. Two day program available for \$3.00

Other: Coaches and Officials will receive complimentary drinks and snacks.

Event Summary:

| Saturday, July 27, 2013 | | | | | |
|-------------------------|-----------|-----------|-----------|------------|------------|
| 6/Under | 8/Under | 9-10 | 11-12 | 13-14 | 15-18 |
| 100 Med-R | 100 Med-R | 200 Med-R | 200 Med-R | 200 Med-R | 200 Med-R |
| 25 Fly | 25 Fly | 50 Fly | 50 Fly | 100 Fly | 100 Fly |
| 25 Back | 25 Back | 50 Back | 50 Back | 100 Back | 100 Back |
| 100 IM | 100 IM | 100 IM | 100 IM | 200 IM | 200 IM |
| 25 Breast | 25 Breast | 50 Breast | 50 Breast | 100 Breast | 100 Breast |
| 25 Free | 25 Free | 50 Free | 50 Free | 100 Free | 100 Free |
| 100 Fr-R | 100 Fr-R | 200 FR-R | 200 FR-R | 200 FR-R | 200 FR-R |

| Sunday, July 28, 2013 | | | | |
|-----------------------|------------|------------|------------|------------|
| 8/Under | 9-10 | 11-12 | 13-14 | 15-18 |
| 200 Free | 200 Free | 400 IM | 400 IM | 400 IM |
| 50 Breast | 50 Breast | 200 Free | 200 Free | 200 Free |
| 100 IM | 100 IM | 50 Breast | 200 Breast | 200 Breast |
| 100 Back | 100 Back | 100 IM | 100 Back | 100 Back |
| 100 Fly | 100 Fly | 200 Breast | 100 Fly | 100 Fly |
| 100 Free | 100 Free | 100 Back | 100 Free | 100 Free |
| 50 Back | 50 Back | 100 Fly | 200 IM | 200 IM |
| 100 Breast | 200 IM | 100 Free | 200 Back | 200 Back |
| 50 Fly | 100 Breast | 50 Back | 100 Breast | 100 Breast |
| 50 Free | 50 Fly | 200 IM | 200 Fly | 200 Fly |
| | 50 Free | 200 Back | 50 Free | 50 Free |
| | 500 Free | 100 Breast | 500 Free | 500 Free |
| | | 50 Fly | | |
| | | 200 Fly | | |
| | | 50 Free | | |
| | | 500 Free | | |

| Saturday, July 28, 2013 "Team Scored" Championship | | | | |
|--|-----------|------------------|----|--|
| Girls Event # | Age-Group | Age-Group Event | | |
| 1 | 15-18 | 200 Medley Relay | 2 | |
| 3 | 13-14 | 200 Medley Relay | 4 | |
| 5 | 11-12 | 200 Medley Relay | 6 | |
| 7 | 9-10 | 200 Medley Relay | 8 | |
| 9 | 8/Under | 100 Medley Relay | 10 | |
| 11 | 15-18 | 100 Fly | 12 | |
| 13 | 13-14 | 100 Fly | 14 | |
| 15 | 11-12 | 50 Fly | 16 | |
| 17 | 9-10 | 50 Fly | 18 | |
| 19 | 8/Under | 25 Fly | 20 | |
| 21 | 6/Under | 25 Fly | 22 | |
| 23 | 15-18 | 100 Back | 24 | |
| 25 | 13-14 | 100 Back | 26 | |
| 27 | 11-12 | 50 Back | 28 | |
| 29 | 9-10 | 50 Back | 30 | |
| 31 | 8/Under | 25 Back | 32 | |
| 33 | 6/Under | 25 Back | 34 | |
| 35 | 15-18 | 200 IM | 36 | |
| 37 | 13-14 | 200 IM | 38 | |
| 39 | 11-12 | 100 IM | 40 | |
| 41 | 9-10 | 100 IM | 42 | |
| 43 | 8/Under | 100 IM | 44 | |
| 45 | 6/Under | 100 IM | 46 | |
| 47 | 15-18 | 100 Breast | 48 | |
| 49 | 13-14 | 100 Breast | 50 | |
| 51 | 11-12 | 50 Breast | 52 | |
| 53 | 9-10 | 50 Breast | 54 | |
| 55 | 8/Under | 25 Breast | 56 | |
| 57 | 6/Under | 25 Breast | 58 | |
| 59 | 15-18 | 100 Free | 60 | |
| 61 | 13-14 | 100 Free | 62 | |
| 63 | 11-12 | 50 Free | 64 | |
| 65 | 9-10 | 50 Free | 66 | |
| 67 | 8/Under | 25 Free | 68 | |
| 69 | 6/Under | 25 Free | 70 | |
| 71 | 15-18 | 200 Free Relay | 72 | |
| 73 | 13-14 | 200 Free Relay | 74 | |
| 75 | 11-12 | 200 Free Relay | 76 | |
| 77 | 9-10 | 200 Free Relay | 78 | |
| 79 | 8/Under | 100 Free Relay | 80 | |

| Sunday July 29, 2013 "Non-Team Scored" | | | | |
|---|-----------|------------|-----------------|--|
| Girls Event # | Age-Group | Event | Boys Event # | |
| 81 | 11/Over | 400 IM | 82 | |
| 83 | 18/Under | 200 Free | 84 | |
| 85 | 12/Under | 50 Breast | 86 | |
| 87 | 12/Under | 100 IM | 88 | |
| 89 | 11/Over | 200 Breast | 90 | |
| 91 | 18/Under | 100 Back | 92 | |
| 93 | 18/Under | 100 Fly | 94 | |
| 95 | 18/Under | 100 Free | 96 | |
| 97 | 12/Under | 50 Back | 98 | |
| 99 | 9/Over | 200 IM | 100 | |
| 101 | 11/Over | 200 Back | 102 | |
| 103 | 18/Under | 100 Breast | 104 | |
| 105 | 12/Under | 50 Fly | 106 | |
| 107 | 11/Over | 200 Fly | 108 | |
| 109 | 18/Under | 50 Free | 110 | |
| 111 | 9/Over | 500 Free* | 112 | |

Medium time (50%) will be determined from this year's swimmer entries per event

^{*}The 500 Free will be seeded fastest to slowest, alternating girls and boys heats. Swimmers must provide their own lap counters, counting devices, and timers.