

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **20-022**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet shall be posted in real time on the Internet at <http://results.teamunify.com/pcacsc/index/html>

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**  
**Meet Referee:** Mike Piccardo, [mpiccardo@pacswim.org](mailto:mpiccardo@pacswim.org)    **Head Starter:** Brett Shaug  
**Meet Marshal:** Jillian Fajardo    **Admin Official:** Mary Ruddell  
**Meet Director:** Brandon Shilling, [shilling.brandon@yahoo.com](mailto:shilling.brandon@yahoo.com) or [sweetlemmons@sbcglobal.net](mailto:sweetlemmons@sbcglobal.net)

**CERTIFICATION MEET:** Officials wishing to be evaluated must apply to Leo Lin ([leo.1.lin@gmail.com](mailto:leo.1.lin@gmail.com)) before the meet by email or when they first arrive at the meet and attend pre-session meetings. Please send in your application prior to the meet by email. We may not be able to accommodate applications submitted at the meet due to resource limitations. Briefing will occur one hour before the start of both Preliminaries and Finals. Officials' dress for Finals is white polo shirts/blouse, blue long pants or skirts, and closed-toed white athletic shoes. For an N3 evaluation to be valid, it must be done over 4 sessions in the position. N2 evaluations must be done over 3 sessions in the position. Recertification evaluations must each be done over two sessions. However, the official must work at least 4 sessions at the meet for advancement or recertification evaluation(s) to be valid. The application form can be found on the Pacific Swimming website.

**LOCATION:** University of California at Santa Cruz, East Field House Complex, 1156 High Street, Santa Cruz, CA 95064.

**DIRECTIONS:** From the Bay Area take US 280 or CA 101 to US 880 to CA Hwy 17 south. Take Hwy 17 south to Santa Cruz. Take the Highway 1 North exit (which turns into Mission St.) to Bay Street. Turn right on Bay which will take you to the base of campus (Bay & High streets). Enter the University at the main entrance at Bay and High streets. Turn left at Hagar Road. Follow signs to "Event Parking" at the southwest parking lot near the pool complex.

**COURSE:** Short course 25-yard outdoor pool with up to 10 lanes available for competition. An additional 4 to 6 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 8' at the start end and 8' at the turn end. In accordance with Article 104.2.2C (4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Competition begins on Saturday and Sunday at 9:00 a.m., with warm-ups from 7:30-8:45 a.m.

**RULES:**

- Current USA and Pacific Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
- All events shall swim fast to slow, with the fastest three heats circle seeded.
- Athletes may compete in a maximum of three (3) events per day.
- The 1650 Free and 1000 Free will be swum as timed finals, fastest to slowest, alternating women and men's heats. All other events will be swum as trials and finals.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds shall be made for any mandatory scratches.
- All coaches and deck officials shall wear their USA Swimming membership cards in a visible manner.
- There will be a Championship Final, Consolation Final and Bonus Final, swum in that order with 8 Athletes qualifying for each final heat.

**ATTENTION HIGH SCHOOL ATHLETES:** High school athletes in season need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. Athletes can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED ATHLETES:** Any USA-Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-Swimming Club Member-Coach.

**RACING STARTS:** Athletes shall be certified by a USA-Swimming member-coach as being proficient in performing a racing start, or shall start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- In accordance with Pacific Swimming Safety standards, absolutely no propane heaters will be allowed on the pool deck or in the fenced pool area regardless of the air temperature. Please do not ask for permission to set up a propane heater on the pool deck. Propane heaters set up outside the fenced pool area are permitted as long as their use and operation are safe. Safety is to be determined in the sole discretion of the meet director (or university personnel).

**ELIGIBILITY:**

- Athletes must be current members of USA-Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes under the age of 12 years are not eligible to compete.
- Athletes 13 & Over are eligible to enter this meet. There is no proof of time. Entry times should be the athlete's actual time and not the minimum standard.
- Athletes 12 years of age shall meet the Senior Open time standard as outlined by Pacific Swimming time verification procedures. No refunds shall be given if a time cannot be proven.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations.
- Entries with "NO TIME" will be rejected.

**SEEDING:** Event seeding will be in the following order: conforming short course yards, non-conforming long course meters, and non-conforming short course meters. USA Swimming rules 207.11.7B. See Rules for distance events seeding.

**SCRATCH RULE PRELIMINARIES** – Closing for the Saturday preliminary session will be **Friday, February 14<sup>th</sup> at 5:30 pm**. Coaches must e-mail their scratches to the Meet Referee - [mpiccardo@pacswim.org](mailto:mpiccardo@pacswim.org) and the Admin Referee - [mary.ruddell@att.net](mailto:mary.ruddell@att.net). Closing for the Sunday preliminary session will be on **Saturday, February 15<sup>th</sup>, 30 minutes after the start of Saturday's FINALS**. The scratch box will be located at the Scratch Desk at the start of the meet on Saturday until the scratch deadline. The penalty for failure to compete in an individual preliminary heat in which such athlete is entered and has not been scratched will be:

- Barred from the rest of his/her events that day.
- If the Athlete qualifies for a final before missing an event, they may swim that final.

- The Athlete shall not be seeded in any further individual events on succeeding days unless that Athlete declares an intent to swim prior to the close of the scratch box for that day's events.

**NOTE:** Heat sheets for the next day will be posted on the Pac Swim Website and the [Aptos Cabrillo Website](#).

**SCRATCH RULE FINALS** - Any Athlete qualifying for any level of finals in an individual event who does not wish to compete shall scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the Referee that they may not intend to compete in Bonus, Consolation or Championship Finals. In this case they shall declare their final intention within 30 minutes after the announcement of qualifiers following their last individual Preliminary Event. In a non-positive check-in Preliminaries & Finals meet any Athlete qualifying for a Bonus Final, Consolation Final or Championship Final race in an individual event who fails to show up in said Bonus Final, Consolation Final or Championship Final race prior to calling the alternate shall be barred from further competition for the remainder of the Meet. If the No-Show occurs on the last day that the Athlete is entered in an individual final event in the meet, and no other individual event penalty is applicable, the Athlete shall then be fined \$100.00. The fine shall be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment.

**ENTRY FEES:** \$7.50 per individual event plus an \$8.00 per athlete participation fee. Entries will be rejected if payment is not sent at time of request. No late entries will be accepted. No refunds will be made, except mandatory scratch downs.

**ONLINE ENTRIES:** To enter online go to [www.fastswims.com](http://www.fastswims.com) to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through **Wednesday, February 5** or the meet reaches a cap of 450 athletes per day.

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be entered using the current Pacific Swimming procedure: and postmarked by midnight, **Monday, February 3th, 2020** or hand delivered by **6:30 p.m. Wednesday, February 5th, 2020**. Requests for confirmation of receipt of entries should include a self-addressed, stamped envelope.

**Make checks payable to:** Aptos Cabrillo Swim Club

**Mail entries to:** Sean Lemmon, 202 Sidesaddle Circle, Scotts Valley, CA 95066

**Hand deliver entries to:** Sean Lemmon, 202 Sidesaddle Circle, Scotts Valley, CA 95066

**AWARDS:** None.

**ADMISSION:** Free.

**HOSPITALITY:** Hospitality available for coaches, officials, timers, and volunteers. Lunches will be provided for coaches and working deck officials. There will be a snack bar.

**MISCELLANEOUS:** Neither the University of California, Santa Cruz nor the Aptos Cabrillo Swim Team will be responsible for any items (EZ-ups, tents, chairs, coolers, towels, clothing, etc.) left at the pool facility or on campus overnight.

## ORDER OF EVENTS

Saturday, 2/15			Sunday, 2/16		
GIRLS EVENT #	EVENT	BOYS EVENT #	GIRLS EVENT #	EVENT	BOYS EVENT #
1	500 FREE	2	15	400 I.M.	16
3	200 I.M.	4	17	200 FREE	18
5	100 BACK	6	19	100 FLY	20
7	200 FLY	8	21	200 BREAST	22
9	100 BREAST	10	23	50 FREE	24
11	100 FREE	12	25	200 BACK	26
13	1650 FREE	14	27	1000 FREE	28

Events 13-14 and 27-28 are timed finals and shall be swum fastest to slowest alternating women and men at the end of prelims

There shall be a 10-minute break before the start of these events

Time standards may be found at: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by ACSC  
 SENIOR OPEN PRELIMINARIES & FINALS  
 February 15 – 16, 2020  
 Consolidated Entry Form

Name: Last,                      First                      Middle

Club Abbr.	UNATT TEAM ABBR	Club Name
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Age	Date of Birth	Sex M    F	LSC – (PC, SN)
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USA-#														
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Event #	Distance / Stroke	Entry Time	Circle One
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM

# of entries \_\_\_\_\_ x \$7.50 = \$ \_\_\_\_\_  
 Participation Fee                      \$8.00  
 Total    \$ \_\_\_\_\_

Coach

Athlete's  
Address

Home Phone	Cell Phone
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Email