ALTO SWIM CLUB
CANDY CANE CLASSIC
PACIFIC SWIMMING SHORT COURSE INVITATIONAL
DECEMBER 21-22, 2024
Enter Online: http://ome.fastswims.com

INVITED CLUBS: ALTO, AAA, TIDE, LGSC, QSS, BAY

SANCTION: Held under USA/Pacific Swimming Sanction No. **24-158**
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, webcasting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL: **Meet Referee: Mike Abegg** **Head Starter: Sam Tang**
Meet Marshal: Alireza Safaee **Admin Official: Daryl Woo**
Meet Director : Amanda Sharp/Joy Taylor - altomeetdirector@gmail.com

LOCATION: Gunn High School, 780 Arastradero Rd, Palo Alto, CA 94306

COURSE: Outdoor, heated 25 yard pool with up to 8 lanes available for competition. A warm-up and cool-down area will be available during the meet. The minimum water depth, measured in accordance with Article 103.2.3 is 7' at the start end and 7' at the turn end. The Meet Host shall ensure the required course dimensions.

TIME: Saturday / Sunday: 12:00 pm warm up, 1:30 pm start time.

RULES:
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA

Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

- Athletes may compete in up to three (3) individual events per day + 2 relays.
- **The meet is open to Athletes ages 12 & Older.**
- All events will be timed finals.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Refunds will be issued to the participating clubs for any mandatory scratches.
- Entries will be accepted until the timeline reaches 4 hours per session.
- All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.
- First-aid kits and AED will be available on the pool deck. Further Medical support available via 911

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
- Meet is open only to qualified athletes, age 12 & Over, from ALTO, AAA, TIDE, LGSC, QSS, BAY. Qualified Unattached Athletes participating with ALTO, AAA, TIDE, LGSC, QSS, BAY are eligible to compete.
- Entries with **"NO TIME" will be accepted.**
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

ENTRY FEES: $50 flat fee per athlete per day.

ENTRIES: Online entry only. To enter go to **http://ome.fastswims.com** to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee, 6.5% of the total Entry Fees plus $0.75 per transaction,

regardless of number of Athletes. Please note that the processing fee is a separate fee from the Entry Fees. Entries will be accepted via until Monday December 16.

CHECK-IN: The meet shall be pre-seeded. Coaches should contact the Administrative Official with scratches by 12:30pm each day to allow those athletes to be remove from the seeding.

SCRATCHES: There is no penalty for missed events.

AWARDS: None.

ADMISSION: Free.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

ORDER OF EVENTS

Saturday December 21, 2024

Event 1	Open	Girls	200 free relay
Event 2	Open	Boys	200 free relay
Event 3	Open	Girls	200 IM
Event 4	Open	Boys	200 IM
Event 5	Open	Girls	100 fly
Event 6	Open	Boys	100 fly
Event 7	Open	Girls	200 back
Event 8	Open	Boys	200 back
Event 9	Open	Girls	100 breast
Event 10	Open	Boys	100 breast
Event 11	Open	Girls	200 free
Event 12	Open	Boys	200 free
Event 13	Open	Girls	200 fly
Event 14	Open	Boys	200 fly
Event 15	Open	Girls	100 back
Event 16	Open	Boys	100 back
Event 17	Open	Girls	200 breast
Event 18	Open	Boys	200 breast
Event 19	Open	Girls	100 free
Event 20	Open	Boys	100 free
Event 21	Open	Girls	400 IM
Event 22	Open	Boys	400 IM
Event 23	Open	Girls	50 free
Event 24	Open	Boys	50 free
Event 25	Open	Girls	500 free
Event 26	Open	Boys	500 free
Event 27	Open	Girls	400 free relay
Event 28	Open	Boys	400 free relay
Event 29	Open	Mixed	400 free relay

Sunday December 22, 2024

Event 31	Open	Girls	200 medley relay
Event 32	Open	Boys	200 medley relay
Event 33	Open	Girls	500 Free
Event 34	Open	Boys	500 Free
Event 35	Open	Girls	50 Free
Event 36	Open	Boys	50 Free
Event 37	Open	Girls	400 IM
Event 38	Open	Boys	400 IM
Event 39	Open	Girls	100 free
Event 40	Open	Boys	100 free
Event 41	Open	Girls	200 breast
Event 42	Open	Boys	200 breast
Event 43	Open	Girls	100 back
Event 44	Open	Boys	100 back
Event 45	Open	Girls	200 fly
Event 46	Open	Boys	200 fly
Event 47	Open	Girls	200 free
Event 48	Open	Boys	200 free
Event 49	Open	Girls	100 breast
Event 50	Open	Boys	100 breast
Event 51	Open	Girls	200 back
Event 52	Open	Boys	200 back
Event 53	Open	Girls	100 fly
Event 54	Open	Boys	100 fly
Event 55	Open	Girls	200 IM
Event 56	Open	Boys	200 IM
Event 57	Open	Girls	1000 free
Event 58	Open	Boys	1000 free
Event 59	Open	Girls	1650 free
Event 60	Open	Boys	1650 free
Event 61	Open	Girls	400 medley relay
Event 62	Open	Boys	400 medley relay
Event 63	Open	Mixed	400 medley relay