

ASCA PACIFIC SWIM COACHES CLINIC

JANUARY 6-9, 2022

NAPA, CALIFORNIA



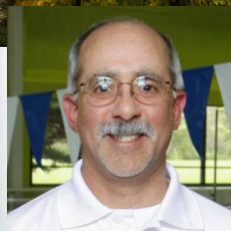
EDDIE REESE



DAVE DURDEN



JENNIFER LAMONT



MIKE PARRATTO



MARK SCHUBERT

Paid Schools

- Newly Revised and Improved ASCA Level 2 Certification Course

Friday, Jan. 7

9:00 am - 5 pm

\$70 before Dec. 10

\$77 after Dec. 10

\$85 on-site.

- Swimming Strength and Conditioning Specialist (SSCS) Workshop (6 hours)

Thursday, Jan. 6

6 - 8 pm

Friday, Jan. 7

9 am - 11 am &

12:30 pm - 2:30 pm

\$99 before Dec. 10

\$109 after Dec. 10

\$120 on-site.

- LeadHERship hosted by Jennifer LaMont

Friday, Jan. 7

3 - 5 pm

\$40 before Dec. 10

\$44 after Dec. 10

\$48 on-site.

Hotel information

Napa Valley Marriott
3425 Solano Ave
Napa, CA
707-253-8600

\$159/night includes FREE breakfast

Link

<https://bit.ly/2ZusWsy>

Registration costs

This cost includes Welcome Reception Friday 5 - 6 pm, and all events Saturday 7:30 am - 6:30 pm and Sunday 7:30 am - 1:15 pm.

Cost for the clinic:

\$150 before Dec. 10

\$165 after Dec. 10

\$180 on-site.

Link

<https://form.jotform.com/212786771415058>



ASCA PACIFIC SWIM COACHES CLINIC

JANUARY 6-9, 2022 • NAPA VALLEY MARRIOTT



TENTATIVE SCHEDULE

DAY	TIME	SPEAKER	TOPIC
Thursday, January 6	6:00 - 8:00 p.m.	Charlie Hoolihan	Swimming Strength and Conditioning Specialist (SSCS) Workshop 6-hour paid school
Friday, January 7	9:00 - 11:00 a.m.		
	12:30 - 2:30 p.m.		Swimming Strength and Conditioning Specialist (SSCS) Workshop
	9:00 a.m. - 5:00 p.m.	Mike Murray	NEW ASCA Certification Level 2 The Stroke School
	3:00 - 5:00 p.m.	Jennifer LaMont	LeadHERship Academy
	3:00 - 6:00 p.m.		Exhibit Hall Open
	5:00 - 6:00 p.m.		Welcome Reception in Exhibit Hall
Saturday, January 8	7:30 - 8:30 a.m.		Networking Breakfast for Coaches Staying at Marriott
	7:30 a.m. - 3:30 p.m.		EXHIBIT Hall open
	8:30 - 9:30 a.m.	Eddie Reese	Texas Training
	9:45 - 10:45 a.m.	Mark Schubert	Psychology of Winning!
	11:00 a.m. - 12:00 p.m.	Abbie Fish	Pool Session: I, Y, Scoop, Shoot: How to Teach Proper Breaststroke Timing for Age Groupers.
	12:00 - 1:00 p.m.		BREAK FOR LUNCH Optional <i>SwimAmerica</i> Roundtable at Marriott Restaurant
	1:00 - 2:00 p.m.	Mike Parratto	Q&A with Audience Participation - Bring Your Best Questions for Coach Parratto
	2:15 - 3:15 p.m.	Charlie Hoolihan	Peaking for Strength and Power for Championship Meets
	3:30 - 4:15 p.m.	Abbie Fish	Is Butterfly Undulation Required for Age Groupers
	4:15 - 5:00 p.m.	Tyler Clary	Financial Planning for Clubs/Swim School Owners
5:30 - 6:30 p.m.		WINE TASTING EVENT AT LOCAL WINERY	
Sunday, January 9	7:30 - 8:30 a.m.		Networking Breakfast for Coaches Staying at Marriott
	7:30 - 11:30 a.m.		EXHIBIT HALL OPEN
	8:30 - 9:15 a.m.	Mark Schubert	Developing a Great Team Culture
	9:30 - 10:15 a.m.	Dave Durden	Coaching Backstrokers - Ryan Murphy and Bryce Mefford
	10:30 - 11:15 a.m.	Eddie Reese	Texas Technique
	11:30 a.m. - 12:15 p.m.	Mike Parratto	Age Group Topic - TBA
	12:15 - 1:15 p.m.	Dave Durden	Planning a 12-month Season: Water to Dryland-Q&A with Audience Participation