Step onto the block
Dive in &
Become an Athlete Representative!

Pacific Swimming is looking for athletes that are enthusiastic about swimming and would be willing to help better the sport by working with other athletes, officials, coaches, volunteers and others involved with the sport. This would be an opportunity to work on the "dry side" of swimming.

Each Athlete Representative will earn community service hours as they serve their club, Zone and the Pacific Swimming LSC by serving on committees including Age Group, Camps, Club Development, Disability, Diversity, Equity & Inclusion, Governance, Investment, Officials, Open Water, Safe Sport, and Senior.

What an Athlete Representative Has:

1. A great love for the sport of swimming
2. A desire to get involved so that they can directly help better the sport
3. The confidence and ability to speak in front of others
4. The desire to make a positive contribution to swimming
5. Problem solving and communication skills

What an Athlete Representative Does:

1. Represents the best in swimming as a responsible, mature, and honest person
2. Attends meetings to the best of their ability
3. Completes tasks assigned to them and seeks out help if needed
4. Interacts with athletes at their club and at swim events to discover what they would like improved/changed, and what their issues and thoughts are on current issues in the sport

Who an Athlete Representative Is:

1. An athlete in good-standing who is at least 13 years old
2. A voice for the athletes on their club and in our LSC
3. A liaison between the athletes who are members of Pacific Swimming and the Board of Directors and House of Delegates

We are looking for an Athlete Representative from each club. Please speak with your coach to see if your club still needs an Athlete Rep. We are asking for our representatives to get involved in sharing information with their teammates, creating projects for their team, working on projects with the Athlete Committee or joining the committees on the Zone or Pacific Board.

Once you have some experience with the program, there are also opportunities for you to become a Zone Rep, Junior LSC Athlete Rep and/or Senior LSC Athlete Rep, all of whom are part of the Pacific Swimming LSC Board of Directors.

If interested, please fill out the attached application form and email it to AthleteRep@pacswim.org

Come be a part of Pacific Swimming!

PACIFIC SWIMMING

ATHLETE REPRESENTATIVE APPLICATION: ☐ **Club**

Check your Zone/Region: ☐ Z1N ☐ Z1S ☐ Z2 ☐ Z3 ☐ Z4

PACIFIC SWIMMING Athletes

Our mission is to share knowledge, develop leaders, and promote inclusivity to unify the athlete community

REQUIREMENTS

- Respond to email, phone calls, texts, Facebook and other media as needed
- Attend/call in to meetings (Athlete, Zone, and Pacific's House of Delegates meetings)
- Pass down information from meetings to each club representative within your Zone
- Attend/call into PC Committee meetings of which you are a member to

NAME: _____ **CLUB:** _____

BIRTHDATE: _____ **HS GRADUATION YEAR:** _____

CELL PHONE: _____ **OTHER PHONE:** _____

ATHLETE'S EMAIL: _____ **PARENT'S EMAIL:** _____

MAILING ADDRESS: _____

UNISEX T-SHIRT SIZE: _____ **UNISEX SWEATSHIRT SIZE:** _____

COACH'S SIGNATURE: _____ **PARENT'S SIGNATURE:** _____

Current Pacific Swimming Committees as appointed by the General Chair *(see descriptions on next page)*

Age Group	Diversity, Equity & Inclusion	Meet Awarding	Safe Sport
Camps	Finance	Officials	Scheduling
Disability	Investment	Open Water	Senior

Committee Preference (Rank Preference – 1, 2, 3, 4)

1.	2.
3.	4.

RETURN APPLICATION FORM TO:

AthleteRep@pacswim.org

THANK YOU FOR YOUR INTEREST IN PACIFIC SWIMMING

Descriptions of Pacific Swimming Committees

Age Group - Age Group Committee plans meets and events for swimmers under the age of 15. They make sure these meets coincide with all rules and regulations put forth by USA Swimming.

Camps - the Camps Committee plans camps for swimmers, coordinating all aspects of the camp, including a budget, time, location, marketing, etc. The camps usually help swimmers gain skills like leadership through fun activities, water collaboration, and talks from leaders within Pacific Swimming.

Disability - the Disability Committee makes sure that swimmers with disabilities are included in Pacific Swimming. This includes creating access for those with disabilities and representing them in our LSC.

Diversity, Equity, and Inclusion - the DEI Committee supports all swimmers who are represented within swimming and discusses and confronts DEI issues within the LSC. They ensure that all types of people are included and treated fairly within our LSC. They also host an annual DEI camp to further educate athletes on what DEI is and why it is so important.

Finance - the Finance Committee reviews and approves the expenditures within Pacific Swimming. They must review and approve the yearly budget, including the supporting income and expenditure schedules for items like membership and meet income, senior travel, administrative expenses and other programs supported by the organization.

Investment - the Investment Committee ensures that the organization's investments meet the mission established for the committee and reviews and approves anything related to the organization's investments. This includes recommendations investment funds expenditures and review of the fund's performance.

Meet Award - the Meet Award Committee reviews applications for clubs who would like to host LSC meets. The committee then chooses the clubs, based upon criteria, that will best meet the needs of the LSC as a meet host for the coming year's meet schedule.

Officials - the Officials Committee plans how meets will run with Officials. This includes how many should be at a certain meet to keep it safe and generally how a meet would run and who will be assigned senior roles at LSC meets.

Open Water - the Open Water Committee is in charge of all swimming that pertains to bodies of water that are not pools, like lakes and the San Francisco Bay. They make sure to keep it safe and fun.

Safe Sport - this committee works to ensure that all members within the LSC can feel safe around the pool, fostering a fun and healthy environment for all members. It promotes programs and classes that educate swimmers, coaches, parents, and volunteers on the prevention of instances of misconduct and abuse within the sport of swimming.

Scheduling - the Scheduling Committee plans a schedule of all LSC meets throughout the year which is the framework for the LSC wide meet schedule. They are committed to ensuring all meets are held strategically in accordance to other meets.

Senior - the Senior Committee plans all senior swimmer events, or all 15 and up events. This includes the development of senior meets such as Sectionals and Senior Open meets.