



Step onto the block Dive in & Become an Athlete Representative!

Pacific Swimming is looking for athletes that are enthusiastic about swimming and would be willing to help better the sport by working with other athletes, officials, coaches, volunteers and others involved with the sport. This would be an opportunity to work on the “dry side” of swimming.

Each Athlete Representative will earn community service hours as they serve both their Zone and serve on a committee within Pacific Swimming. Committees include Age Group, Camps, Club Development, Disability, Diversity, Investment, Open Water, Safe Sport, and Senior.

What an Athlete Representative Has:

1. A great love for the sport of swimming
2. A desire to get involved so that they can directly help better the sport
3. The confidence and ability to speak in front of others
4. The desire to make a positive contribution to swimming
5. Problem solving and communication skills

What an Athlete Representative Does:

1. To represent the best in swimming as a responsible, mature, civilized person
2. To attend meetings to the best of their ability
3. To complete tasks assigned to them and to seek out help if needed
4. Interact with athletes at swim events to discover what they would like improved/changed, and what their issues and thoughts are on current issues in the sport

Who an Athlete Representative Is:

1. They are generally a sophomore or junior in high school
2. Be the voice for the athletes in our LSC
3. Serve as the liaison between the athletes who are members of Pacific Swimming and the Board of Directors and House of Delegates

In addition there is one Senior Athlete Representative and one Junior Athlete Representative that represent Pacific Swimming. Duties for Senior and Junior Athlete Representative include:

1. Attend and participate in all meetings of the House of Delegates and the Board of Directors
2. Serve on the Awards Banquet Committee and other committees as needed
3. Nominate athlete members to attend USAS Convention
4. Chair and have general charge of the business, affairs and property of the Athletes Committee, and shall undertake such other activities (1) delegated to it by the Board of Directors or the General Chair or (2) undertaken by the Committee as being in the best interests of the Athlete Members, the LSC, USA Swimming and the sport of swimming.

We are looking for at least two Athlete Representatives from each zone and a Junior Representative who will be part of the LSC Board. We are asking for our representatives to get involved with one or more of the committees on the board. If interested, please fill out the attached application form and email it to AthleteRep@pacswim.org

Come be a part of Pacific Swimming!

PACIFIC SWIMMING**ATHLETE REPRESENTATIVE APPLICATION** Circle your preference(s): **Zone** **Club**

Circle your Zone/Region: Z1N Z1S Z2 Z3 Z4

**REQUIREMENTS**

- Respond to email, phone calls, texts, Facebook and other media as needed
- Attend/call in to meetings (Zone & Pacific's House of Delegates meetings)
- Pass down information from meetings to each club representative within your Zone
- Attend/call into PC Committee meetings of which you are a member to

NAME: _____ **CLUB:** _____**CELL PHONE:** _____ **OTHER PHONE:** _____**EMAIL:** _____**Current Pacific Swimming Committees as appointed by the General Chair**

Age Group	Diversity	Investment	Safe Sport
Camps	Disability	Open Water	Senior
Club Development			

Committee Preference (Rank Preference – 1, 2, 3, 4)

1.	2.
3.	4.

Previous Pacific Swimming Committee Experience

Volunteer & Job Skills/Experience

Organization/Job	Dates w/ Organization		Describe your duties within the organization
	Start	End	

References

Name	Phone	Email

RETURN APPLICATION FORM TO:

AthleteRep@pacswim.org

THANK YOU FOR YOUR INTEREST IN PACIFIC SWIMMING