

**BRENTWOOD SEAWOLVES  
PACIFIC SWIMMING ZONE 2 SHORT COURSE C/B/BB+ MEET  
FEBRUARY 20-21, 2016**

Enter Online: <http://ome.swimconnection.com/pc/bsw20160220>



**Zone 2 Assigned teams: BSW, AAA, AIA, ALGA, BEAR, PLS, CROW, DA, ECG, ONDA, OTST, EBSD, TRIV, LAC, LBD, FF**

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **16-026**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://results.teamunify.com/pcbs/bsw>.**

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**

<b>Meet Referee:</b> Carol Cottam	<b>Head Starter:</b> Peter McNamara
<b>Meet Marshal:</b> Anthony Busuttill	<b>Admin Official:</b> Cindy Rowland
<b>Meet Director:</b> Jay Rowland <a href="mailto:meet.director@brentwoodseawolves.com">meet.director@brentwoodseawolves.com</a>	925-679-5294

**LOCATION: HERITAGE HIGH SCHOOL POOL, 101 American Ave, Brentwood CA 94513.**

**DIRECTIONS: From Highway 4 Eastbound:** Take CA-4 East past Pittsburg and Antioch into Brentwood, turn right on Balfour Rd then left onto American Avenue. **From Stockton / I-5:** Take CA-4 West from Stockton into Brentwood, turn left on Balfour Rd and then left onto American Avenue. **From Tracy / I-205:** Take Byron Highway (J4) north from Tracy through Byron, turn left on CA-4, then turn left on Balfour Rd in Brentwood and then left onto American Avenue. **From Livermore or Pleasanton / I-580:** Take Vasco Rd northbound towards Brentwood, (becomes CA-4 at Marsh Creek Rd) then turn left on Balfour Rd in Brentwood and then left onto American Avenue. **Once on Balfour Rd in Brentwood:** follow Balfour Rd ~3½ miles (from CA-4 intersection) westbound to American Avenue and turn left. **The student parking lot and access to the swimming pool are the first right once you are on American Ave.**

**COURSE:** Outdoor 25 yard pool with up to 8 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the course, measured in accordance with Article 103.2.3, is 7'9" at the start end and 7'9" at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4).

**TIME:** The meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under swimmers only will be held from 8:45 to 8:55 AM.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Swimmers may compete in **a maximum of four (4)** events per day.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- **Swimmers in the 500 Free must provide their own timers and lap counters.**
- **Swimmers in the 400 IM must provide their own timers.**
- Swimmers entering the Open 500 Freestyle must meet the USA-S Motivational 9-10 "B" Time Standard for their gender.

- Swimmers entering the Open 400 IM must meet the USA-S Motivational 11-12 "B" Time Standard for their gender.

**ATTENTION HIGH SCHOOL SWIMMERS:** If you are a high school swimmer in season, you need to be Unattached from this meet. It is the swimmers responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to swimmers swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited in all areas of the meet venue.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heaters are permitted except for snack bar / meet operations.
- Deck setup is limited to officials and coaches. Space for coach setup with good visibility may be limited and teams are encouraged to share table / tent space where possible.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

**ELIGIBILITY:**

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the "BB" Division must have met at least the listed USA-S Motivational "BB" time standard. Swimmers in the "B" Division must have met at least the listed "B" time standard. All entry times slower than the listed "B" time standard will be in the "C" Division. For 8 & Under, swimmers in the "A" Division must have met the listed (PC) "A" time standard.
- Entries with **"NO TIME" will be REJECTED.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the open and 13-18 events for time only, no awards. Such swimmers must meet any applicable time standards.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

**ENTRY PRIORITY:** Meet entries will not be accepted any earlier than January 16, 2016. Entries from members of assigned "year round" Zone 2 teams postmarked or entered online by 11:59 p.m. on January 22, 2016 will be given 1<sup>st</sup> priority acceptance. Entries from members of all Zone 2 teams (year round and seasonal) postmarked or entered online between 12:00 a.m. January 23, 2016, and 11:59 p.m. January 29, 2016, will be given 2<sup>nd</sup> priority acceptance. All entries received after 12:00 a.m. January 30, 2016, from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

**\*\* NOTE: Swimmers who falsify their entry form by listing a team to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and the swimmer may be referred to the Pacific Swimming Review Committee for disciplinary action.**

**ENTRY FEES:** \$4.00 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/bsw20160220> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, February 10, 2016 (unless meet reaches capacity prior to that date).

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, February 8, 2016, or hand delivered by 6:30 p.m. Wednesday, February 10, 2016. Requests for confirmation of receipt of entries should be via e-mail. Hand deliveries must be made to a BSW team representative present on deck immediately before or within the first 15 minutes of a regularly scheduled practice.

**Make check payable to: Brentwood SeaWolves**

**Mail entries to:** BSW Meet Entries  
PO Box 1212  
Brentwood, CA 94513

**Hand deliver entries to:** BSW Representative on HHS Pool Deck  
101 American Av  
Brentwood, CA 94513

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any swimmers not reporting for or competing in an individual timed final event shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**AWARDS:** The first eight (8) places will be awarded for 9-10, 11-12, 13-14, 15-16 and 17-18 age groups in each division (C/B/BB). Swimmers 8 & Under will be awarded in divisions PC-C, PC-B and PC-A. All swimmers achieving a new A time will be awarded a standard "A" medal, regardless of place achieved in the event. No awards will be given for swimmers 19 years of age and older.  
**Note:** Individual awards must be picked up at the meet.

**ADMISSION:** Free. A meet program will be available for a reasonable price.

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**MINIMUM OFFICIALS:** The Meet Referee shall conduct an inventory of Officials and shall compare the number of swimmers entered against the number of Officials that worked representing each team per day of the meet. Those teams who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

Number of swimmers entered in meet per team per day	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Swimmers over 100	+1

**EVENT SUMMARY**

SATURDAY				SUNDAY			
8 & Under	9-10	11-12	13 & Over	8 & Under	9-10	11-12	13 & Over
25 BK	200 IM	200 IM	200 IM	25 BR	200 FR	200 FR	200 FR
50 FR		50 FR	50 FR	50 BK		50 BK	200 BK
25 FL	100 BK	100 BK	100 BK	100 IM		100 IM	200 FL
50 BR		200 BR	200 BR	100 FR		100 FR	100 FR
50 FL		100 FL	100 FL	25 FR	100 BR	50 FL	100 BR
Open 500 FR*				Open 400 IM**			

**EVENTS**

Saturday, February 20, 2016		
EVENT #	EVENT	EVENT #
1	13 & Over 200 I.M.	2
3	11-12 200 I.M.	4
5	9-10 200 I.M.	6
7	8 & Under 25 Back	8
9	13 & Over 50 Free	10
11	11-12 50 Free	12
13	10 & Under 50 Free	14
15	13 & Over 100 Back	16
17	11-12 100 Back	18
19	9-10 100 Back	20
21	8 & Under 25 Fly	22
23	13 & Over 200 Breast	24
25	11-12 200 Breast	26
27	10 & Under 50 Breast	28
29	13 & Over 100 Fly	30
31	11-12 100 Fly	32
33	10 & Under 50 Fly	34
35	Open 500 Free*	36

Sunday, February 21, 2016		
EVENT #	EVENT	EVENT #
37	13 & Over 200 Free	38
39	11-12 200 Free	40
41	9-10 200 Free	42
43	8 & Under 25 Breast	44
45	13 & Over 200 Back	46
47	11-12 50 Back	48
49	10 & Under 50 Back	50
51	13 & Over 200 Fly	52
53	11-12 100 IM	54
55	10 & Under 100 IM	56
57	13 & Over 100 Free	58
59	11-12 100 Free	60
61	10 & Under 100 Free	62
63	13 & Over 100 Breast	64
65	11-12 50 Fly	66
67	9-10 100 Breast	68
69	8 & Under 25 Free	70
71	Open 400 IM**	72

\* Swimmers entering the 500 Free must have achieved the 9-10 B time for this event and provide their own timers and lap counters.

\*\* Swimmers entering the 400 IM must have achieved the 11-12 B time for this event and provide their own timers.

Time standards are located on the Pacific Swimming web site at:

<http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Brentwood SeaWolves Short Course C/B/A+ February 20-21, 2016 Consolidated Entry Form													
Name: Last,                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee        \$ 8.00 Total                        \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						
Email													