

**2024 BLIZZARD BLAST SWIM MEET**  
**HOSTED BY THE CARSON TIGERSHARKS**  
**PACIFIC SWIMMING SHORT COURSE MEET**  
**JANUARY 12, 13, & 14, 2024**  
Enter Online: <http://ome.fastswims.com>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **24-013**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

*An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.*

*USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.*

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.**

**NOTICE:** By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, of information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The unofficial results of this meet may be posted in real time on the Meet Mobile App.**

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind or beside the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee. Flash photography during the start of a race is prohibited in any location.

**MEET PERSONNEL:**

<b>Meet Referee:</b> Jeremy Murray	<b>Head Starter:</b> Nikki Pierce
<b>Admin Official:</b> Veronica Harmon	<b>Meet Marshal:</b> Julie Bennett
<b>Meet Director:</b> Becki Boehnke; <a href="mailto:becki@tigersharks.org">becki@tigersharks.org</a> ; 775-721-6142	

**LOCATION:** Carson Aquatic Facility, 841 N. Roop St., Carson City, NV 89701

**DIRECTIONS:** From Business HWY. 395 go two traffic lights East on Hwy. 50 (E. William St.). Turn right on Roop St, and go one block south. Turn left behind the Carson City Community Center. From Reno on Hwy. 580, take exit 39. Turn right and travel West approximately 1 mile. Turn left into Mills Park and the Carson City Community Center.

**COURSE:** Indoor 25 yard by 50 meter pool with up to 8 lanes available for competition. An additional 8 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the competition course, measured in accordance with Article 103.2.3, is 5 feet at the start end and 5 feet at the turn end. The meet host shall ensure the required course dimensions.

**TIME:**

- **FRIDAY SESSION:** Meet will begin at **5:00 PM** with warm-up from **4:00 PM to 4:45 PM**.
- **SATURDAY AND SUNDAY 12 & UNDER:** **9:00 AM** each day with warm-ups from **8:15-8:45 AM** each day.
- **SATURDAY AND SUNDAY 13 & OVER:** warm ups no earlier than 11:30 AM, meet begins not before **12:30 PM**.

## **RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All events are timed-final events and will be seeded fast to slow.
- Athletes are subject to the following entry limits:
  - 8 & under: Up to 4 events per day, 8 total for the meet.
  - 9 & over: Up to 2 events on Friday, and 4 events on Saturday and Sunday, 10 total for the meet.
- **Entries for a session will close before the entry deadline** if and when the estimated session timeline for 12-under athletes reaches 4 hours, or when the combined session timelines for that day reach 8.5 hours, whichever occurs first.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All Coaches and Officials must wear their valid USA Swimming membership information in a visible manner.**
- Carson City personnel, including certified lifeguards trained in First Aid/CPR, will be on site and an AED will be available to participants.

## **DISTANCE:**

- **Per Zone-4 policy, to be eligible to enter the 1000yd freestyle, an athlete must have previously established an official time in an event of 400yd/400m or longer.**
- Age groups and genders in the 13 & over 500yd freestyle and the 11 & over 1000yd freestyle will be seeded together, but will be scored and awarded, if applicable, separately. The 9-12 500yd freestyle will be swum all girls heats first, fastest to slowest, then all boys heats, fastest to slowest.
- All athletes entered in the 500yd freestyle must provide their own lap counters. All athletes in the 1000yd freestyle must provide their own timers and lap counters.

**UNACCOMPANIED ATHLETES:** Each USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** The following prohibitions apply to all areas of the meet venue including the pool deck, locker rooms, spectator seating, standing areas, and all areas used by the athletes during the meet and during warm-up periods.

- No smoking or use of tobacco products.
- No sale or use of alcoholic beverages.
- No glass containers.
- No propane heaters except for snack bar/meet operations.
- All shelters must be properly secured.
- No animals, except for licensed service animals. Please show certification when asked by meet officials or marshals.
- Deck changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- **IMPORTANT:** All floor and wall vents must be kept clear at all times to ensure proper air circulation in the facility.

**ELIGIBILITY:**

- Athletes must be current members of USA Swimming and enter their name and registration number exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
- Entries with **"NO TIME" will be ACCEPTED (Exception: see distance rules).**
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

**ENTRY TIMES:** Entries must be submitted using the athlete's best short-course yards time for each event. All entry times must be submitted in yards.

**ENTRY FEES:** \$4.50 per individual event plus an \$11.00 participation fee per Athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

**ENTRY DEADLINES:** Entries for each session will close by the applicable deadline listed below, **or when a session becomes full and is closed early per the rules section above, whichever is first.** NO LATE ENTRIES WILL BE ACCEPTED. NO DECK ENTRIES OR ENTRY CHANGES WILL BE ALLOWED. Check <http://ome.fastswims.com> for session open or closed status.

**ONLINE ENTRIES:** To enter online go to <http://ome.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a service fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the service fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through **Wednesday, January 3, 2024 at 11:59pm, or until the meet has filled, whichever comes first.**

**HY-TEK ENTRIES:** Clubs wishing to submit their team's entries via HY-TEK entry file should contact [becki@tigersharks.org](mailto:becki@tigersharks.org) as soon as possible to coordinate, and should submit their entries at least 7 days before the deadline for online entries to help ensure enough space remains in the meet. Only a single entry file submission will be accepted from any one club and must be accompanied by payment in full. After acceptance, additional entries will need to use one of the other entry methods, and scratches will need to follow the scratch procedures for the meet.

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete's best time. Entries must be postmarked no later than 11:59 pm Saturday, **December 30, 2023** or hand delivered by 6:30 p.m. Wednesday, **January 3, 2024, and may be rejected if a session is already full.** Requests for confirmation of receipt of mailed entries should include a self-addressed envelope.

**Make check payable to: Carson Tigersharks**

**Mail entries to: Becki Boehnke**

**PO Box 1876**

**Carson City, NV 89702**

**Hand deliver entries to:**

**Becki Boehnke**

**841 N. Roop St.**

**Carson City, NV 89701**

**CHECK-IN:**

- **Friday PM Session: Positive check-in.** Friday's session will be deck-seeded. Athletes must check in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all events on Friday shall be no earlier than 60 minutes before the estimated time of the start of the first heat of that event. Athletes who do not check in for Friday's events will be considered scratched from those events.
- **Saturday and Sunday AM and PM Sessions: Pre-seeded.** Except for the 500 Free, Saturday and Sunday's sessions shall be pre-seeded, and athletes will **NOT** be required to check in. Any athlete who plans on scratching events is requested to scratch with the Clerk of Course as soon as possible.
- **Saturday PM 500 Free:** Positive check-in is required by the beginning of the session, otherwise athletes will be considered scratched from this event.

**SCRATCHES & NO-SHOWS:**

- **Scratch Deadlines:** Any athlete who plans on scratching events is requested to scratch with the Clerk-of-Course (or via email to [becki@tigersharks.org](mailto:becki@tigersharks.org)) as soon as possible. The scratch deadline for each Saturday and Sunday session will be 1-hour before the start of that session. Sessions will be pre-seeded 1-hour before the start of the session's races. Email scratches from athletes will be confirmed with their coach.
- **No-shows:** Any athlete not reporting for or competing in a single individual event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**AWARDS:**

- Individual Events: Ribbons 1<sup>st</sup> – 8<sup>th</sup> place for age groups 8 & U, 9-10, and 11-12. 13 & over athletes will not receive awards.
- All awards must be picked up at the meet. No awards will be mailed. Each team is asked to designate a representative to collect awards.

**ADMISSION:** Free.

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working Officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MINIMUM OFFICIALS:** All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. **Participating clubs are *requested* (required starting September 1, 2024) to provide at least the following number of certified and carded officials for each session:**

Club Athletes entered in Meet	Fully certified officials requested (required starting September 1, 2024)
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

**TIMERS:** Clubs will be assigned lanes based on the number of athletes from each club. Athletes will need to provide their own timers for the 1000yd freestyle event. A third timer will need to be provided for each lane for the 25 yard events.

**MISCELLANEOUS:** More information about the meet can be found at <http://tigersharks.org>.

**EVENT SUMMARY:**

FRIDAY			SATURDAY				SUNDAY			
9-10	11-12	13 & O	8 & U	9-10	11-12	13 & O	8 & U	9-10	11-12	13 & O
500 FR	500 FR	400 IM	100 IM	100 IM	100 IM	200 BK	100 FR	200 FR	200 FR	200 FR
200 IM	200 IM	1000 FR	25 BR	50 BR	50 BR	100 FLY	25 BK	25 FR*	25 FR*	100 BR
	1000 FR		50 BK	100 BK	100 BK	500 FR	25 FR	100 BR	100 BR	200 FLY
			25 FLY	50 FLY	50 FLY	200 BR	50 BR	100 FLY	100 FLY	50 FR
			50 FR	100 FR	100 FR	100 FR	50 FLY	50 BK	50 BK	200 IM
								50 FR	50 FR	25 FR*
										100 BK

- Events designated 9-12, 11 & Over, and 13 & Over will be swum combined, but scored in separate age groups.
- The 13 & Over 500yd freestyle and 11 & Over 1000yd freestyle events will be swum combined age groups and genders, but scored and awarded, if applicable, separately.
- Athletes must provide their own lap counters for the 500yd freestyle. Athletes must provide their own timers and lap counters for the 1000yd freestyle.
- \*The Blizzard Blast 25 Free is not a USA Swimming recognized event for athletes aged 9 and over. It will be swum for participation only.

## ORDER OF EVENTS

Friday PM: Distance		
Girls Event #	EVENT	Boys Event #
1	9-12 500 Free	2
3	13 & O 400 IM	4
5	9-12 200 IM	6
7	11 & O 1000 Free	8

Saturday AM: 12 & Unders			Sunday AM: 12 & Unders		
Girls Event #	EVENT	Boys Event #	Girls Event #	EVENT	Boys Event #
9	9-10 100 IM	10	49	9-10 200 Free	50
11	8 & U 100 IM	12	51	8 & U 100 Free	52
13	11-12 100 IM	14	53	11-12 200 Free	54
15	9-10 50 Breast	16	55	8 & U 25 Back	56
17	8 & U 25 Breast	18	57	9-10 Blizzard Blast 25 Free	58
19	11-12 50 Breast	20	59	11-12 Blizzard Blast 25 Free	60
21	9-10 100 Back	22	61	8 & U 25 Free	62
23	8 & U 50 Back	24	63	9-10 100 Breast	64
25	11-12 100 Back	26	65	11-12 100 Breast	66
27	9-10 50 Fly	28	67	8 & U 50 Breast	68
29	8 & U 25 Fly	30	69	9-10 100 Fly	70
31	11-12 50 Fly	32	71	11-12 100 Fly	72
33	9-10 100 Free	34	73	8 & U 50 Fly	74
35	8 & U 50 Free	36	75	9-10 50 Back	76
37	11-12 100 Free	38	77	11-12 50 Back	78
			79	9-10 50 Free	80
			81	11-12 50 Free	82

Saturday PM: 13 & Overs			Sunday PM: 13 & Overs		
Girls Event #	EVENT	Boys Event #	Girls Event #	EVENT	Boys Event #
39	200 Backstroke	40	83	200 Freestyle	84
41	100 Butterfly	42	85	100 Breaststroke	86
43	500 Freestyle	44	87	200 Butterfly	88
45	200 Breaststroke	46	89	50 Freestyle	90
47	100 Freestyle	48	91	200 IM	92
			93	Blizzard Blast 25 Freestyle	94
			95	100 Backstroke	96

Pacific Swimming – Hosted by CARSON TIGERSHARKS 2024 Blizzard Blast Swim Meet January 12, 13 & 14, 2024 Consolidated Entry Form															
Name: Last		First				Middle									
Club Abbr.		UNATT TEAM ABBR				Club Name									
Age		Date of Birth				Sex M   F			LSC – (PC, SN, CA, SR, etc.)						
USA-#															
Event #	Distance / Stroke					Entry Time					Circle one				
						: .					SCY				
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						: .					SCY				
# of entries _____ x \$4.50 = \$ _____ Participation Fee      \$ 11.00 Total                      \$ _____															
Coach															
Athlete's Address															
Home Phone								Cell Phone							
Email															