

**2022 BLIZZARD BLAST  
HOSTED BY THE CARSON TIGERSHARKS  
PACIFIC SWIMMING SHORT COURSE MEET  
JANUARY 14, 15, & 16, 2022**



Enter Online: <http://ome.swimconnection.com/pc/CARS20220114>

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **22-003**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

*An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.*

*USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.*

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.**

We will be following the current CDC Guidance regarding face coverings. At the time of sanction, the facility requires everyone to wear a mask covering nose and mouth at all times while on facility property, which includes the indoor pool deck, outdoor pool deck, and the Community Center. Outdoors in the park, anyone who is fully vaccinated may choose not to wear a face covering. All participants should expect to be screened for temperature and other symptoms on arrival each day. The facility may also further require proof of vaccination or negative COVID test within 72 hours of the first day of competition.

The Nevada Governor's, Carson City's, and the facility's COVID Directives and Guidance, if any, in effect on the first day of the meet will control and may change from the date of sanction. The Meet Director in consultation with the Referee and facility management will determine compliance with COVID Directives and Guidance.

**NOTICE:** By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, of information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Meet Mobile App.**

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee. Flash photography during the start of a race is prohibited in any location.

|                        |                                                                                                                      |                                        |
|------------------------|----------------------------------------------------------------------------------------------------------------------|----------------------------------------|
| <b>MEET PERSONNEL:</b> | <b>Meet Referee:</b> Jim Morefield                                                                                   | <b>Head Starter:</b> Nikki Pierce      |
|                        | <b>Chief Judge:</b> Valerie Rudd                                                                                     | <b>Admin Official:</b> Veronica Harmon |
|                        | <b>Meet Marshal:</b> Julie Bennett                                                                                   |                                        |
|                        | <b>Meet Director:</b> Becki Boehnke; <a href="mailto:becki@tigersharks.org">becki@tigersharks.org</a> ; 775-721-6142 |                                        |

**LOCATION:** Carson Aquatic Facility, 841 N. Roop St., Carson City, NV 89701

**DIRECTIONS:** From Business HWY. 395 go two traffic lights East on Hwy. 50 (E. Williams St.). Turn right on Roop St, and go one block south. Turn left behind the Carson City Community Center. From Reno on Hwy. 580, take exit 39. Turn right and travel west

approximately 1 mile. Turn left into Mills Park and the Carson City Community Center. Additional parking is available at the former Bank of America at the northwest corner of Roop St. and Hwy. 50 (Williams St.).

**COURSE:** Indoor 25 yard by 50 meter pool with up to 8 lanes available for competition. An additional 8 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the competition course, measured in accordance with Article 103.2.3, is 5 feet at the start end and 5 feet at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:**

- **FRIDAY SESSION:** Meet will begin at **5:00 PM** with warm-up from **4:00 PM to 4:45 PM**.
- **SATURDAY AND SUNDAY 13 & OVER:** **8:30 AM** each day with warm-ups from **7:00-8:15 AM** each day.
- **SATURDAY AND SUNDAY 12 & UNDER:** warm ups no earlier than 11:30 AM, meet begins not before **12:30 PM**.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- All events are timed-final events and will be seeded fast to slow.
- Athletes are subject to the following entry limits:
  - 8 & under: Up to 4 events per day, 8 total for the meet.
  - 9 & over: Up to 2 events on Friday, and 4 events on Saturday and Sunday, 10 total for the meet.
- **Entries for a session will close before the entry deadline** if and when the estimated session timeline for 12-under athletes reaches 4 hours, or when the combined session timelines for that day reach 8.5 hours, whichever occurs first.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All Coaches and Officials must wear their valid USA Swimming membership information in a visible manner.** Coaches are required to sign in at the meet before the beginning of warm-ups and present their current USA Swimming registration information. Except for coaches accompanying athletes participating under the provisions of rule 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.

**DISTANCE:**

- **Per Zone-4 policy, to be eligible to enter the 1000yd freestyle, an athlete must have previously established an official time in an event of 400yd/400m or longer.**
- Age groups in the 400yd IM, 500yd Freestyle, and 1000yd Freestyle will be seeded together, but will be scored and awarded separately.
- The 500yd freestyle and 1000yd freestyle will be swum alternating women's and men's heats.
- All athletes entered in the 500yd freestyle must provide their own lap counters. All athletes in the 1000yd Freestyle must provide their own timers and lap counters.

**UNACCOMPANIED ATHLETES:** Each USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** the following prohibitions apply to all areas of the meet venue including the pool deck, locker rooms, spectator seating, standing areas, and all areas used by the athletes during the meet and during warm-up periods.

- No smoking or use of tobacco products.
- No sale or use of alcoholic beverages.
- No glass containers.

- No propane heaters except for snack bar/meet operations.
- All shelters must be properly secured.
- No animals, except for licensed service animals.
- Deck changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- **IMPORTANT:** All floor and wall vents must be kept clear at all times to ensure proper air circulation in the facility.

**ELIGIBILITY:** • Athletes must be current members of USA Swimming and enter their name and registration number exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Entries with **“NO TIME”** will be **ACCEPTED (Exception: see distance rules)**.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The Athlete’s age will be the age of the Athlete on the first day of the meet.

**ENTRY TIMES:** Entries must be submitted using the athlete’s best short-course yards time for each event. All entry times must be submitted in yards.

**ENTRY FEES:** \$4.50 per individual event plus a \$9.00 participation fee per Athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

**ENTRY DEADLINES:** entries for each session will close by the applicable deadline listed below, **or when a session becomes full and is closed early per the rules section above, whichever is first.** NO LATE ENTRIES WILL BE ACCEPTED. NO DECK ENTRIES OR ENTRY CHANGES WILL BE ALLOWED. Check <https://ome.swimconnection.com/pc/CARS20220114> for session open or closed status.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/CARS20220114> to receive an immediate entry confirmation. The “billing information” email should be brought to the meet as proof of entry. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per Athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will not be accepted after Wednesday January 5, 2022 at 11:59pm.**

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete’s best time. Entries must be postmarked no later than 11:59 pm Monday, **January 3, 2022** or hand delivered by 6:30 p.m. Wednesday, **January 5, 2022, and may be rejected if a session is already full.** Requests for confirmation of receipt of mailed entries should include a self-addressed envelope.

**Make check payable to: Carson Tigersharks**

**Mail entries to: Becki Boehnke**

**PO Box 1876**

**Carson City, NV 89702**

**Hand deliver entries to:**

**Becki Boehnke**

**841 N. Roop St.**

**Carson City, NV 89701**

**CHECK-IN:** • **Friday PM Session: Positive check-in.** Friday’s session will be deck-seeded. Athletes must check in at the Clerk of Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all events on Friday shall be no earlier than 60 minutes before the estimated start of the first heat of that event. Athletes who do not check in for Friday’s events will be considered scratched from those events.

- **Saturday and Sunday AM and PM Sessions: Pre-seeded.** Saturday and Sunday’s sessions shall be pre-seeded, and athletes will **NOT** be required to check in. Any athlete who plans on scratching events is requested to scratch with the Clerk of Course as soon as possible.

**SCRATCHES & NO-SHOWS:** • **Scratch Deadlines:** Any athlete who plans on scratching events is requested to scratch with the Clerk of Course (or via email to [becki@tigersharks.org](mailto:becki@tigersharks.org)) as soon as possible. Sessions will be pre-seeded the evening before the next day's races. For Saturday's events, the scratch deadline will be **7pm on Friday**. For Sunday's events, the scratch deadline will be **5pm on Saturday**. Email scratches from athletes will be confirmed with their coach.

• **No-shows:** Any athlete not reporting for or competing in a single individual event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**AWARDS:**

- Individual Events: Ribbons 1<sup>st</sup> – 8<sup>th</sup> place for age groups 8 & U, 9-10, and 11-12.
- All awards must be picked up at the meet. No awards will be mailed. Each team is asked to designate a representative to collect awards.

**SCORING:** Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. 13 & over athletes will not score or receive awards.

**ADMISSION:** Free.

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working Officials will be provided lunch. Hospitality will also be provided throughout the day.

**MINIMUM OFFICIALS:** All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. Officials must be certified by their LSC in the position(s) worked. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. **Participating clubs are requested to provide at least the following number of certified and carded officials for each session:**

| Club Athletes entered in session | Trained and carded Officials requested |
|----------------------------------|----------------------------------------|
| 1-10                             | 0                                      |
| 11-25                            | 1                                      |
| 26-50                            | 2                                      |
| 51-75                            | 3                                      |
| 76-100                           | 4                                      |
| 101 or more                      | 5                                      |

**TIMERS:** Clubs will be assigned lanes based on the number of athletes from each club. Athletes will need to provide their own timers for the 1000yd freestyle event.

**MISCELLANEOUS:** More information about the meet can be found at [tigersharks.org](http://tigersharks.org).

#### EVENT SUMMARY

| FRIDAY |         |         | SATURDAY |        |        |         | SUNDAY |         |         |         |
|--------|---------|---------|----------|--------|--------|---------|--------|---------|---------|---------|
| 9-10   | 11-12   | 13 & O  | 8 & U    | 9-10   | 11-12  | 13 & O  | 8 & U  | 9-10    | 11-12   | 13 & O  |
| 500 FR | 500 FR  | 400 IM  | 100 IM   | 100 IM | 100 IM | 200 BK  | 100 FR | 200 FR  | 200 FR  | 200 FR  |
| 200 IM | 200 IM  | 1000 FR | 25 BK    | 50 BK  | 50 BK  | 100 FLY | 50 BK  | 100 BK  | 100 BK  | 100 BR  |
|        | 1000 FR |         | 50 BR    | 100 BR | 100 BR | 500 FR  | 25 BR  | 50 BR   | 50 BR   | 200 FLY |
|        |         |         | 25 FLY   | 50 FLY | 50 FLY | 200 BR  | 50 FLY | 100 FLY | 100 FLY | 50 FR   |
|        |         |         | 50 FR    | 100 FR | 100 FR | 100 FR  | 25 FR  | 50 FR   | 50 FR   | 200 IM  |
|        |         |         |          |        |        |         |        |         |         | 100 BK  |

\* Events designated 9-12, 11 & Over, and 13 & Over will be swum combined, but scored in separate age groups.

\* The 500yd freestyle and 1000yd freestyle events will be swum alternating women's and men's heats.

\* Athletes must provide their own lap counters for the 500yd freestyle. Athletes must provide their own timers and lap counters for the 1000yd freestyle.

## ORDER OF EVENTS

| WOMEN'S<br>EVENT #  | DESCRIPTION |                  | MEN'S<br>EVENT # |
|---------------------|-------------|------------------|------------------|
|                     | AGE GROUP   | EVENT            |                  |
| Friday PM Session   |             |                  |                  |
| 1                   | 9-12        | 500 Freestyle    | 2                |
| 3                   | 13 & Over   | 400 IM           | 4                |
| 5                   | 9-12        | 200 IM           | 6                |
| 7                   | 11 & Over   | 1000 Freestyle   | 8                |
| Saturday AM Session |             |                  |                  |
| 9                   | 13 & Over   | 200 Backstroke   | 10               |
| 11                  | 13 & Over   | 100 Butterfly    | 12               |
| 13                  | 13 & Over   | 500 Freestyle    | 14               |
| 15                  | 13 & Over   | 200 Breaststroke | 16               |
| 17                  | 13 & Over   | 100 Freestyle    | 18               |
| Saturday PM Session |             |                  |                  |
| 19                  | 9-10        | 100 IM           | 20               |
| 21                  | 8 & Under   | 100 IM           | 22               |
| 23                  | 11-12       | 100 IM           | 24               |
| 25                  | 9-10        | 50 Backstroke    | 26               |
| 27                  | 8 & Under   | 25 Backstroke    | 28               |
| 29                  | 11-12       | 50 Backstroke    | 30               |
| 31                  | 9-10        | 100 Breaststroke | 32               |
| 33                  | 8 & Under   | 50 Breaststroke  | 34               |
| 35                  | 11-12       | 100 Breaststroke | 36               |
| 37                  | 9-10        | 50 Butterfly     | 38               |
| 39                  | 8 & Under   | 25 Butterfly     | 40               |
| 41                  | 11-12       | 50 Butterfly     | 42               |
| 43                  | 9-10        | 100 Freestyle    | 44               |
| 45                  | 8 & Under   | 50 Freestyle     | 46               |
| 47                  | 11-12       | 100 Freestyle    | 48               |
| Sunday AM Session   |             |                  |                  |
| 49                  | 13 & Over   | 200 Freestyle    | 50               |
| 51                  | 13 & Over   | 100 Breaststroke | 52               |
| 53                  | 13 & Over   | 200 Butterfly    | 54               |
| 55                  | 13 & Over   | 50 Freestyle     | 56               |
| 57                  | 13 & Over   | 200 IM           | 58               |
| 59                  | 13 & Over   | 100 Backstroke   | 60               |
| Sunday PM Session   |             |                  |                  |
| 61                  | 9-10        | 200 Freestyle    | 62               |
| 63                  | 8 & Under   | 100 Freestyle    | 64               |
| 65                  | 11-12       | 200 Freestyle    | 66               |
| 67                  | 9-10        | 100 Backstroke   | 68               |
| 69                  | 8 & Under   | 50 Backstroke    | 70               |
| 71                  | 11-12       | 100 Backstroke   | 72               |
| 73                  | 9-10        | 50 Breaststroke  | 74               |
| 75                  | 8 & Under   | 25 Breaststroke  | 76               |
| 77                  | 11-12       | 50 Breaststroke  | 78               |
| 79                  | 9-10        | 100 Butterfly    | 80               |
| 81                  | 8 & Under   | 50 Butterfly     | 82               |
| 83                  | 11-12       | 100 Butterfly    | 84               |
| 85                  | 9-10        | 50 Freestyle     | 86               |
| 87                  | 8 & Under   | 25 Freestyle     | 88               |
| 89                  | 11-12       | 50 Freestyle     | 90               |

Pacific Swimming – Hosted by CARSON TIGERSHARKS

### 2022 Blizzard Blast Swim Meet

January 14, 15, & 16, 2022

Consolidated Entry Form

|                                                                                                                 |                   |                 |  |        |  |              |  |            |                              |  |            |  |  |  |  |
|-----------------------------------------------------------------------------------------------------------------|-------------------|-----------------|--|--------|--|--------------|--|------------|------------------------------|--|------------|--|--|--|--|
| Name: Last                                                                                                      |                   | First           |  | Middle |  |              |  |            |                              |  |            |  |  |  |  |
| Club Abbr.                                                                                                      |                   | UNATT TEAM ABBR |  |        |  | Club Name    |  |            |                              |  |            |  |  |  |  |
| Age                                                                                                             |                   | Date of Birth   |  |        |  | Sex<br>M   F |  |            | LSC – (PC, SN, CA, SR, etc.) |  |            |  |  |  |  |
| USA-#                                                                                                           |                   |                 |  |        |  |              |  |            |                              |  |            |  |  |  |  |
| Event #                                                                                                         | Distance / Stroke |                 |  |        |  | Entry Time   |  |            |                              |  | Circle one |  |  |  |  |
|                                                                                                                 |                   |                 |  |        |  | : .          |  |            |                              |  | SCY        |  |  |  |  |
|                                                                                                                 |                   |                 |  |        |  | : .          |  |            |                              |  | SCY        |  |  |  |  |
|                                                                                                                 |                   |                 |  |        |  | : .          |  |            |                              |  | SCY        |  |  |  |  |
|                                                                                                                 |                   |                 |  |        |  | : .          |  |            |                              |  | SCY        |  |  |  |  |
|                                                                                                                 |                   |                 |  |        |  | : .          |  |            |                              |  | SCY        |  |  |  |  |
|                                                                                                                 |                   |                 |  |        |  | : .          |  |            |                              |  | SCY        |  |  |  |  |
|                                                                                                                 |                   |                 |  |        |  | : .          |  |            |                              |  | SCY        |  |  |  |  |
|                                                                                                                 |                   |                 |  |        |  | : .          |  |            |                              |  | SCY        |  |  |  |  |
|                                                                                                                 |                   |                 |  |        |  | : .          |  |            |                              |  | SCY        |  |  |  |  |
|                                                                                                                 |                   |                 |  |        |  | : .          |  |            |                              |  | SCY        |  |  |  |  |
| # of entries _____ x \$4.50 = \$ _____<br>Participation Fee      \$ 9.00<br>Total                      \$ _____ |                   |                 |  |        |  |              |  |            |                              |  |            |  |  |  |  |
| Coach                                                                                                           |                   |                 |  |        |  |              |  |            |                              |  |            |  |  |  |  |
| Athlete's Address                                                                                               |                   |                 |  |        |  |              |  |            |                              |  |            |  |  |  |  |
| Home Phone                                                                                                      |                   |                 |  |        |  |              |  | Cell Phone |                              |  |            |  |  |  |  |
| Email                                                                                                           |                   |                 |  |        |  |              |  |            |                              |  |            |  |  |  |  |