

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **23-055**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

*An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.*

*USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.*

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.**

**NOTICE:** By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet shall be posted on Meet Mobile.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**  
**Meet Referee:** Brett Shaug  
**Meet Marshal:** Tammy Hopkins  
**Meet Director:** Annie Stein [annie@daca.org](mailto:annie@daca.org)  
**Head Starter:** Brian Floyd  
**Admin Official:** Sachi Itow

**LOCATION:** Saratoga High School – 20300 Herriman Ave., Saratoga, CA 95070

**COURSE:** Outdoor 25 Yard pool with up to 10 lanes available for competition. Additional lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'6" at the start end and 7'6" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

**TIME:** Competition begins at 8:30 AM with warm-up from 7:00 AM to 8:15 AM. Check-in will open at 6:30 AM.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All events are timed finals.
- All events shall swim fast to slow

- Athletes may compete in a maximum of three (3) events.
- **All athletes 9<sup>th</sup> grade and older are eligible to participate.**
- **Athletes MUST show school ID card and USA Swimming ID.**
- Athletes in 8<sup>th</sup> grade and lower are not eligible to participate. No refunds will be given.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds shall be made for any mandatory scratches.
- All Coaches and Officials shall wear their USA Swimming membership cards in a visible manner.

**ATTENTION HIGH SCHOOL ATHLETES:** High School Athletes in season may need to be Unattached from this meet. It is the Athlete's responsibility to be Unattached from this meet. Athletes can un-attach at the meet if necessary. This does not apply to Athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED ATHLETES:** Any USA Swimming Athlete-Member competing at the meet shall be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or shall start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- No chairs, other than stadium seats, are allowed in the stadium.
- No pets, other than certified service animals, are allowed.

**ELIGIBILITY:**

- Athletes must be current members of USA Swimming and enter their name and registration number on their entries exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and athlete registration cards. No onsite USA Swimming registrations will be accepted.
- This meet is a post high school champs shave/taper meet; the meet is restricted to athletes who are in 9<sup>th</sup> grade and older. **USA Swimming cards and Student IDs will be checked.**
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations.
- Entries with "NO TIME" will be accepted.

**ENTRY FEES:**

Participation Fee	\$14.00
Entry Fee per Event	\$7.00

\*Entries will be rejected if payment not sent at time of request.

**CHECK-IN:** The meet will be deck seeded. Athletes will check-in at the Clerk-of-Course. No event will be closed more than 30 minutes before the scheduled start of the session. Close of check-in for remaining events will be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be allowed to compete in the event.

**SCRATCH RULE:** Athletes entered in a timed final individual event that is seeded on the deck that have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to swim an event shall result in being barred from their next individual event.

**ENTRY FEES:** \$7.00 per individual event plus an \$14.00 per Athlete participation fee. Entries will be rejected if payment is not sent at time of request. No late entries will be accepted. No refunds will be made, except for mandatory scratch downs.

**ONLINE ENTRIES:** To enter online go to <https://ome.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a deck entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through Saturday, May 6, 2023, or when the meet reaches maximum capacity, whichever comes first.

**AWARDS:** None.

**ADMISSION:** Free. A meet program will be posted at the pool and given to coaches and officials.

**HOSPITALITY:** Light hospitality available for Coaches & Officials. Lunches will be provided for Coaches and working Officials. There will NOT be a snack bar, please plan accordingly.

#### ORDER OF EVENTS

SHORT COURSE YARDS Sunday, May 7, 8:00 am		
EVENT #	EVENT	EVENT #
1	500 Free*	2
3	400 IM	4
5	100 Free	6
7	200 Back	8
9	200 Breast	10
11	200 Free	12
13	200 IM	14
15	200 Fly	16
17	100 Breast	18
19	100 Fly	20
21	100 Back	22
23	50 Free	24
25	1000 Free**	26

\*Athletes in the 500 Free need to provide lap counters

\*\*Athletes in 1000 Free need to provide timers and lap counters

Pacific Swimming – Hosted by Santa Clara Swim Club  
 SCY/LCM Walk-On Meet  
 May 7, 2023  
 Consolidated Entry Form

Name: Last, First Middle

Club Abbr.

UNATT TEAM ABBR

Club Name

Age

Date of Birth

Sex  
M F

LSC – (PC, SN)

USA-#

Event #

Distance / Stroke

Entry Time

Circle One

: .

SCY / LCM / SCM

: .

SCY / LCM / SCM

: .

SCY / LCM / SCM

: .

SCY / LCM / SCM

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SCY / LCM / SCM

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SCY / LCM / SCM

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SCY / LCM / SCM

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SCY / LCM / SCM

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SCY / LCM / SCM

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SCY / LCM / SCM

# of entries \_\_\_\_\_ x \$7.00 = \$ \_\_\_\_\_  
 Participation Fee \$14.00  
 Total \$ \_\_\_\_\_

Coach

Athlete's  
Address

Home Phone

Cell Phone

Email