



2015 Speedo Long Course Far Western Championships

Official Qualifying Standards

July 29-August 2, 2015

San Jose, CA

	10/Under		11-12		13-14		15-16		17-18	
	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM
GIRLS										
50 FR	29.29	33.39	26.99	30.69	25.79	29.49	25.39	29.09	25.19	28.89
100 FR	1:04.99	1:13.89	57.79	1:06.79	56.09	1:03.89	54.99	1:02.69	54.49	1:02.59
200 FR	2:21.79	2:41.69	2:06.69	2:24.39	2:00.99	2:17.69	1:58.49	2:14.99	1:57.19	2:14.29
400 FR	6:14.39	5:35.39	5:37.29	5:01.69	5:23.49	4:48.69	5:15.39	4:43.19	5:13.79	4:42.09
800 FR			11:37.79	10:34.79	11:06.99	9:53.99	10:52.99	9:44.09	10:49.19	9:41.09
1500 FR			19:39.69	20:14.59	18:31.19	18:56.49	18:09.19	18:45.09	18:09.19	18:35.59
50 BK	34.39	39.39	30.49	35.29						
100 BK	1:13.99	1:25.79	1:05.89	1:15.49	1:01.49	1:10.79	59.89	1:09.69	59.19	1:08.99
200 BK			2:20.99	2:43.19	2:12.29	2:31.79	2:09.49	2:28.79	2:07.79	2:28.09
50 BR	38.19	43.69	34.29	38.59						
100 BR	1:23.69	1:36.39	1:14.59	1:25.59	1:10.29	1:20.79	1:09.39	1:19.39	1:07.49	1:18.19
200 BR			2:41.69	3:04.29	2:32.39	2:54.89	2:29.29	2:50.19	2:26.79	2:48.79
50 FL	32.89	37.19	29.29	32.79						
100 FL	1:15.19	1:25.39	1:05.59	1:14.09	1:01.09	1:09.19	59.89	1:07.69	58.89	1:07.29
200 FL			2:23.29	2:44.29	2:15.49	2:31.89	2:10.99	2:28.79	2:09.29	2:28.09
100 IM	1:13.99		1:06.99							
200 IM	2:38.79	3:00.19	2:23.39	2:43.79	2:16.09	2:36.79	2:12.69	2:32.59	2:11.49	2:31.69
400 IM			5:05.29	5:48.69	4:49.59	5:30.39	4:41.69	5:20.49	4:39.59	5:19.89
BOYS										
50 FR	28.99	32.89	25.99	29.79	23.89	27.09	22.79	25.59	22.29	25.69
100 FR	1:04.09	1:13.39	56.69	1:04.59	52.09	59.89	49.69	56.99	48.79	56.19
200 FR	2:18.69	2:37.49	2:03.49	2:20.59	1:53.59	2:10.19	1:48.69	2:05.09	1:46.89	2:03.49
400 FR	6:08.79	5:29.69	5:32.39	4:55.09	5:05.99	4:37.49	4:54.39	4:24.69	4:49.39	4:21.29
800 FR			11:26.69	10:25.79	10:32.69	9:36.89	10:10.49	9:10.59	10:05.89	9:04.69
1500 FR			19:25.79	19:57.59	17:39.39	18:16.09	17:06.69	17:32.09	16:51.89	17:17.59
50 BK	34.19	39.19	30.09	34.59						
100 BK	1:13.09	1:23.59	1:04.19	1:14.69	57.79	1:06.79	54.79	1:03.89	53.19	1:02.89
200 BK			2:17.79	2:39.29	2:04.49	2:23.79	1:59.09	2:16.49	1:55.79	2:15.99
50 BR	38.09	43.89	33.39	38.09						
100 BR	1:22.39	1:35.59	1:12.19	1:23.49	1:04.89	1:14.59	1:02.19	1:12.29	1:00.79	1:10.69
200 BR			2:35.29	3:00.69	2:21.79	2:44.59	2:15.79	2:35.79	2:11.29	2:32.19
50 FL	32.69	36.89	28.69	32.39						
100 FL	1:14.99	1:25.09	1:03.69	1:12.49	56.79	1:04.59	53.99	1:01.49	52.89	59.99
200 FL			2:19.89	2:39.09	2:05.99	2:23.49	2:00.39	2:16.69	1:57.99	2:13.79
100 IM	1:13.69		1:05.09							
200 IM	2:38.69	2:59.79	2:20.19	2:40.29	2:07.19	2:26.99	2:01.29	2:20.09	1:58.29	2:17.69
400 IM			4:58.69	5:40.59	4:31.09	5:11.99	4:20.39	4:57.49	4:14.19	4:52.99