

GILROY GATORS SWIM TEAM (GGST)
PACIFIC SWIMMING SHORT COURSE C/B/A+
MARCH 21-22, 2020
Enter Online: <http://www.fastswims.com>



SANCTION: Held under USA/Pacific Swimming Sanction No. **20-034**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <HTTP://results.teamunify.com/ggst/index/html>.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

<i>Meet Referee:</i> Mette Graversen	<i>Head Starter:</i> ChangChi Wang
<i>Meet Marshal:</i> Jackie Stevenson	<i>Admin Official:</i> Debbie Fuji/Sherri Taylor
<i>Meet Director:</i> Kristen Reeder (kristenreeder6@gmail.com)	

LOCATION: Morgan Hill Aquatics Center, 16200 Condit Rd, Morgan Hill, CA 95037

COURSE: Outdoor pool with up to 16 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 13'0" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:00 to 8:45 AM.

RULES:

- Current USA and Pacific Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP") and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in 3 events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- At meet close, no further updates to times are allowed; no changing of events shall be permitted.

SPECIAL RULES:

- Entries for the 400 IM will be limited to 4 heats for each event
- Entries for the 500 Freestyle will be limited to 7 heats for each event.
- Entries for the 1000 Freestyle will be limited to 2 heats for each event.
- Athletes entering the 400 IM, 500 Freestyle and 1000 Freestyle must have achieved the minimum USA-S Motivational "B" time standard for their age/gender and must provide their own timers and/or lap counters

ATTENTION HIGH SCHOOL ATHLETES: If you are a high school athlete in season, you need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Due to shallow irrigation lines, no tent stakes or spikes are allowed in the lawn area.

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be accepted (Exception: 500 & 1000 Freestyle, 400 IM, see special rules).
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: Priority Registration will be given to Zone 1 South clubs until Sunday, February 23, 2020.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to www.fastswims.com to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Wednesday, March 11, 2020.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, March 9, 2020 or hand

delivered by 6:30 p.m. Wednesday, March 11, 2020. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Gilroy Gators Swim Team

Mail or Hand Delver entries to: Sarah Burke, 8720 Kern Ave, Gilroy, CA 95020

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for remaining events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded in the event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Individual awards will be awarded in the A, B and C Division. Ribbons for the first through eighth place will be given to the following age groups: 8 & Under, 9-10, 11-12. No awards will be given for athletes 13 years of age and older. No awards will be given for Open events. A Medals shall be given to new A times. Awards will not be mailed.

ADMISSION: Free. A two day meet program will be available for a fee at the check in tables.

FOOD TRUCKS & HOSPITALITY: Food trucks will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Please note signs and avoid parking in restricted areas. Access ways, passage ways, doorways must remain clear of chairs, seats, bulky items and bags per compliance with Fire Marshall's orders.

MINIMUM OFFICIALS: Clubs participating at the meet are requested to provide officials in ratio to the number of athletes they bring to the meet per the table below:

Club athlete entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5+

EVENT SUMMARY

SATURDAY				
8 & UN	9-10	11-12	13 & Over	Open
100 IM	100 IM	200 IM	200 IM	400 IM
25 FLY	50 FLY	50 FLY	100 FLY	Girls
50 FREE	100 FREE	50 FREE	100 FREE	1000 FREE
25 BREAST	50 BREAST	100 FLY	200 BREAST	Boys
50 BACK	100 BACK	100 BACK	200 BACK	

SUNDAY				
8 & UN	9-10	11-12	13 & Over	Open
100 FREE	50 FREE	200 FREE	200 FREE	400 IM
50 FLY	100 FLY	200 FLY	200 FLY	Boys
25 BACK	50 BACK	50 BACK	100 BACK	1000
50 BREAST	100 BREAST	50 BREAST	100 BREAST	FREE Girls
25 FREE	500 FREE	100 FREE	50 FREE	

EVENTS

March 21, 2020		
EVENT #	EVENT	EVENT #
1	13 & Over 200 IM	2
3	11-12 200 IM	4
5	9-10 100 IM	6
7	8 & Under 100 IM	8
9	13 & Over 100 FLY	10
11	11-12 50 FLY	12
13	9-10 50 FLY	14
15	8 & Under 25 FLY	16
17	13 & Over 100 FREE	18
19	11-12 50 FREE	20
21	9-10 100 FREE	22
23	8 & Under 50 FREE	24
25	13 & Over 200 BREAST	26
27	11-12 100 FLY	28
29	9-10 50 BREAST	30
31	8 & Under 25 BREAST	32
33	13 & Over 200 BACK	34
35	11-12 100 BACK	36
37	9-10 100 BACK	38
39	8 & Under 50 BACK	40
41	Open 400 IM - Girls *	
	Open 1000 Free - Boys *	44

March 22, 2020		
EVENT #	EVENT	EVENT #
45	13 & Over 200 FREE	46
47	11-12 200 FREE	48
49	9-10 50 FREE	50
51	8 & Under 100 FREE	52
53	13 & Over 200 FLY	54
55	11-12 200 FLY	56
57	9-10 100 FLY	58
59	8 & Under 50 FLY	60
61	13 & Over 100 BACK	62
63	11-12 50 BACK	64
65	9-10 50 BACK	66
67	8 & Under 25 BACK	68
69	13 & Over 100 BREAST	70
71	11-12 50 BREAST	72
73	9-10 100 BREAST	74
75	8 & Under 50 BREAST	76
77	13 & Over 50 FREE	78
79	11-12 100 FREE	80
81	8 & Under 25 FREE	82
83	9-10 500 Free *	84
	Open 400 IM - Boys *	86
87	Open 1000 Free - Girls *	

Athletes competing in the 400 IM, 500 Freestyle and 1000 Freestyle must have achieved the minimum USA-S Motivational "B" time standard for their age/gender and must provide their own timers and/or lap counters.

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by GGST
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET
March 21-22, 2020
Consolidated Entry Form

Name: Last, First Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													