Enter Online: http://www.fastswims.com
"A" Clubs: GGST, SCSC, QSS, MAC
"B" Clubs: TIDE, MHSA, CSC, GSMY, LGSC, MTW, OAQ, PVP, PEAK, SCVS, SLST, MAKO, SVS, BAY, WAVE, VS, WEST, SBA, ACSC, CRUZ, SLUG, MBSC, MCAT, SEA

SANCTION: Held under USA/Pacific Swimming Sanction No. 22-118
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATtENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet at HTTP://results.teamunify.com/ggst/index/htmI

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL: Meet Referee: Mike Piccardo Head Starter: Ray Tanaka
Meet Marshal: Cynthia VanLaar Admin Official: Debbie Fuji, Liz Tanaka
Meet Director: Sarah Burke (GGST) GGSTmeetdirector@gmail.com
Shelbi Oskolkoff-Campbell (LGSC) shelbi@lgsrc.com
LOCATION: Gilroy High School, 750 West $10^{\text {th }}$ Street, Gilroy, CA 95020
COURSE: OUTDOOR 25 YARD pool with up to 11 lanes available for competition. An additional 4 lanes will be available for warmup/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is $6^{\prime}$ at the start end and $12^{\prime}$ at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: Saturday Session 1 (All Ages, B Clubs): Warm-up 8:00-8:45 AM* Meet Start 9:00AM
Sunday Session 2 ( 12 \& Under A Clubs): Warm-up 8:00-8:45 AM Meet Start 9:00AM
Sunday Session 3 (11 \& Over A Clubs): Warm-up Not before 12:00 PM* Meet Start Not Before 1:00 PM Session 3 will start approximately one hour after the completion of Session 1; not before 1:00 PM
*There will be designated lanes available for 8 -under during session 1 and session 3 warm-ups.

## RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in 4 events per day.
- Athletes are eligible to compete in 1 (ONE) session on Sunday.
- Athletes competing in the 500 Freestyle must provide their own timers and/or lap counters.
- The 500 Freestyle in session 1 and 3 shall be swum Mixed Gender.
- All Athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated timeline, per the "Four-Hour Rule," based on the Athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.
- At meet close, no further updates to times are allowed, no changing of events shall be permitted.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a CoachMember of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

## RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters are allowed to be left overnight on deck and must be properly secured at all times.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.


## ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the " $B$ " Division must have met at least the listed " $B$ " minimum time standard. All entry times slower than the listed " $B$ " time standard will be in the "C" Division.
- Entries with "NO TIME" will be ACCEPTED except in the 500 free. Athletes entered in the 500 free should have a minimum entry "B" time per USA Swimming standards for their age group. Coach verified times will be accepted.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such Athletes must have met standards for the 17-18 age group.
- The Athlete's age will be the age of the Athlete on the first day of the meet.
- All athletes 18 and over must pass USA Swimming Athlete Protection (APT) training to swim in this meet. Proof of having taken the APT course must be presented at the meet if it cannot be verified by Pacific Swimming.

ENTRY PRIORITY: Priority Registration will be given to Zone 1 South clubs until September 15, 2022.

ENTRY FEES: $\$ 4.50$ per event plus an $\$ 8.00$ participation fee per Athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to www.fastswims.com to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, $6.5 \%$ of the total Entry Fees plus $\$ 0.75$ per transaction, regardless of number of Athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through Wednesday, September 28, 2022.

MAILED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete's best time. Entries must be postmarked by midnight, Monday, September 26, 2022. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Gilroy Gators Swim Team
Mail or entries to: Sarah Burke, 8720 Kern Ave, Gilroy, CA 95020

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for remaining events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded in the event.

SCRATCHES: Any Athletes not reporting for or competing in an individual timed final event that they have checked in for/entered shall not be penalized.

AWARDS: Individual awards will be awarded in the A, B and C Division. Ribbons for the first through eighth place will be given to the following age groups: $8 \&$ Under, $9-10,11-12$. No awards will be given for athletes 13 years of age and older. No awards will be given for Open events. A Medals shall be given to new A times. Awards will not be mailed.

ADMISSION: Free.

SNACK BAR \& HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working Officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Please note signs and avoid parking in restricted areas. Access ways, passageways, doorways must remain clear of chairs, seats, bulky items and bags per compliance with Fire Marshall's orders.

## EVENTS

| Event | Session 1 - All Ages <br> Saturday, October 8, 2022 <br> "B" Clubs | Event |
| :---: | :---: | :---: |
| 1 | Open - 200 Back | 2 |
| 3 | Open - 50 Back | 4 |
| 5 | Open - 200 Breast | 6 |
| 7 | Open - 50 Breast | 8 |
| 9 | $10 \&$ Under - 25 Breast | 10 |
| 11 | Open - 200 Free | 12 |
| 13 | Open - 50 Free | 14 |
| 15 | Open - 200 Fly | 16 |
| 17 | Open -50 Fly | 18 |
| 19 | Open - 100 Free | 20 |
| 21 | $10 \&$ Under - 25 Free | 22 |
| 23 | Open - 100 IM | 24 |
| 25 | Open - 500 Free Mixed Gender |  |


| Event | Session 2 - 12 \& Under <br> Sunday, October 9, 2022 <br> "A" Clubs | Event |
| :---: | :---: | :---: |
| 27 | 12 \& Under - 100 Back | 28 |
| 29 | 12 \& Under - 50 Breast | 30 |
| 31 | 12 \& Under - 50 Fly | 32 |
| 33 | 10 \& Under - 25 Free | 34 |
| 35 | $12 \&$ Under - 100 Free | 36 |
| 37 | 12 \& Under - 50 Back | 38 |
| 39 | $12 \&$ Under - 100 Breast | 40 |
| 41 | $10 \&$ Under - 25 Breast | 42 |
| 43 | $12 \&$ Under - 100 Fly | 44 |
| 45 | $12 \&$ Under - 50 Free | 46 |
| 47 | $12 \&$ Under - 100 IM | 48 |
| 49 | $12 \&$ Under - 200 Free | 50 |


| Event | Session 3 - 11 \& Over <br> Sunday, October 9, 2022 <br> "A" Clubs | Event |
| :---: | :---: | :---: |
| 51 | $11 \&$ O 200 Back | 52 |
| 53 | 11 \& O 50 Back | 54 |
| 55 | $11 \&$ O 200 Breast | 56 |
| 57 | $11 \&$ O 50 Breast | 58 |
| 59 | $11 \&$ O 200 Free | 60 |
| 61 | $11 \&$ O 50 Free | 62 |
| 63 | $11 \&$ O 200 Fly | 64 |
| 65 | $11 \&$ O 50 Fly | 66 |
| 67 | $11 \&$ O 100 Free | 68 |
| 69 | $11 \&$ O 100 IM | 70 |
| 71 | $11 \&$ O 500 Free Mixed Gender |  |

Athletes competing in the 500 Freestyle must provide their own timers and/or lap counters.

Athletes should have a minimum entry " $B$ " time per Pacific Swimming standards for the 500 Free.
Coach verified times will be accepted.

Use the following URL to find the time standards: http://www.pacswim.org/swim-meet-times/standards


