



## 2019 Pacific Swimming 13-14 Leadership Development Camp Saturday, October 26<sup>th</sup>

*This camp is for athletes interested in becoming the voice of their sport. The focus will be on developing leadership skills, preparing athletes to engage in club and zone level governance and educating athletes about LSC governance. The voice of the athlete, both as a leader and stakeholder, will be the primary emphasis, encouraging engagement, community action and involvement in various levels of governance.*

This camp will include:

Guest Speakers  
Team Building Activities  
USA Swimming giveaways

2-3 Swim Sessions  
Leadership Development  
Commemorative gift

And more...

The camp will be hosted by Ruby Hill Aquatics and will be held at The Club at Ruby Hill, 3400 Ruby Hill Drive, Pleasanton, CA 94566.

Camp participants must be 13-14 years of age at the time of the camp and be in 8<sup>th</sup> or higher grade. Campers will need to arrive promptly at 8:00 am and will be ready to depart at 5:00 pm.

**Swimmers will need to bring:** Suit, goggles, team cap if they would like to trade, a couple of towels, and shoes and clothes for classroom activities.

**Applications are due Wednesday, October 2, 2019. We will be selecting a maximum of 30 athletes to participate in the camp.**

**Cost of Camp: \$40.00 per athlete** (Checks Payable to Pacific Swimming)

Questions? Email Cindy Rowland at [cindy@pacswim.org](mailto:cindy@pacswim.org)





**PACIFIC SWIMMING 13-14 LEADERSHIP DEVELOPMENT CAMP**

**Saturday, October 26, 2019 8:00 am – 5:00 pm  
The Club at Ruby Hill – Pleasanton, CA**

**ATHLETE'S APPLICATION FOR CONSIDERATION**

Applications must be received on or before **Wednesday, October 2, 2019**

**Mail to: PacSwim Leadership Camp, Attn Cindy Rowland  
1320 Willow Pass Rd, #665, Concord, CA 94520**

Athlete's Name \_\_\_\_\_ T-Shirt Size (adult sizes only): S M L XL  
Date of Birth (MM/DD/YY) \_\_\_\_\_ USA Reg # \_\_\_\_\_  
Guardian's Name \_\_\_\_\_ Male ( ) Female ( ) Gender Non-conforming( )  
Address \_\_\_\_\_ Club Name \_\_\_\_\_  
City/State/Zip \_\_\_\_\_ Coach's Name \_\_\_\_\_  
Phone ( ) \_\_\_\_\_ Coach's Email \_\_\_\_\_  
Email \_\_\_\_\_ Will this be your first PacSwim camp: Y N

Signatures below testify to the eligibility of the athlete:

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Coach of Record Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Any allergies or conditions we should be mindful of during camp (allergy to gluten, peanuts, bee stings, asthma, etc.) \_\_\_\_\_

\_\_\_\_\_

**Purpose of this Camp:** To prepare athletes to become leaders in their sport, to provide knowledge and expertise that will assist them in engaging the power of their voice to effect change within their community.

**Must Be Read By Guardian and All Must Be Checked For Application To Be Considered**

- Athlete will be physically ready for training.
- Athlete will be between the ages of 13 and 14 and at least in 8th grade, on the day of the event.
- I understand that additional camp details will be provided upon athlete's acceptance.
- I understand that my coach may deny my ability to attend this camp.
- I am returning this application on or prior to **October 2, 2019**.
- I give permission for my athlete to participate in guided discussion about leadership, governance and athlete representation.



## ATHLETE QUESTIONNAIRE

**Instructions:** We're asking the questions below to get to know you better. We're not checking your spelling or how you write. We do want you to complete the questions without help from an adult. We really want to hear only from the applicant. There aren't any "right or "wrong" answers, the answers don't have to be swim related; just be yourself and let us know who you are.

**1. What does it mean to you to be a leader? -**

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**2. What part of being part of a swim team do you like? What part do you find challenging?**

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**3. Tell us about something, swimming related or not, that you've done, that you are proud of.**

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**4. Tell us about a time you've used the power of your voice.-**

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**5. Is there anything else you would like to share with us?-**

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