## MILPITAS AQUATIC CLUB PACIFIC SWIMMING SHORT COURSE SENIOR OPEN PRELIMINARIES & FINALS MEET FEBURARY 12<sup>TH</sup> & 13<sup>TH</sup>, 2022 Enter Online: http://www.fastswims.com



## SANCTION: Held under USA/Pacific Swimming Sanction No. 22-022

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

**NOTICE:** By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet shall be posted in real time on the Internet at **Meet Mobile**.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

The meet format and allowance of spectators is subject to change pending CDC, CA Health Department and Santa Clara County Health Department regulations regarding Covid-19.

| MEET PERSONNEL: | Meet Referee:  | Paul Reidl   | Head Starter:   | Mike Davis    |  |  |  |
|-----------------|----------------|--|-----------------|---------------|--|--|--|
|                 | Meet Marshal:  | Travis Strangman   | Admin Official: | Mike Piccardo |  |  |  |
|                 | Meet Director: | : Kyler VanSwol ( <u>MilpitasAquaticClub@gmail.com</u> ) |                 |               |  |  |  |

**MEET REFEREE:** Any questions regarding the conduct of the meet should be addressed directly to the Meet Referee, Paul Reidl. His contact information is: <u>reidl@sbcglobal.net</u>, (209) 613-1916 (cell), (650)-560-8530 (office).

**PERSONAL RESPONSIBILITY:** Each Athlete and Coach is responsible for understanding the scratch rules and check-in procedures, and for being familiar with the contents of this Meet Announcement and any announcements made during the meet.

**NATIONAL CERTIFICATION MEET:** Officials wishing to be evaluated must apply to the Meet Referee (reidl@sbcglobal.net) and Michael Davis (mekidadad1@yahoo.com) before the Meet by email or when they first arrive at the Meet and attend pre-session meetings. Please send in your application prior to the Meet by email because we may not be able to accommodate applications submitted at the Meet due to resource limitations. Briefing will occur one hour before the start of both Trials and Finals. Official's dress for Trials is white polo short/blouse, blue pants (shorts are OK), or a blue skirt/skort, and closed white athletic shoes. Finals is white polo shirts/blouse, blue long pants or skirts/skorts, and closed white athletic shoes. Shirts must be tucked-in. If it is raining, stay warm and dry. For an N3 evaluation to be valid it must be done over 4 sessions in the position. N2 evaluations must be done over 3 sessions in the position. Recertification evaluations must each be done over two sessions. However, the official must work at

least 4 sessions at the meet for advancement or recertification evaluation(s) to be valid. The application form can be found on the Pacific Swimming Website. All Officials should be certified at Level 2 for their positions to officiate at this meet. Level 1 Officials having the recommendations (in writing) to work their positions by their Zone Official's Chair may be accepted to officiate.

## LOCATION: Milpitas High School Pool, 1231 Arizona Ave, Milpitas CA, 95035

**DIRECTIONS:** From 880-Exit 8B for CA-237/Calaveras Blvd toward Milpitas/Mountain View. Turn Right onto CA-237 E/W Calaveras Blvd. Turn left onto N Abel St and continue onto Jacklin Rd. Turn left onto Arizona Ave. Destination will be on your right.

**COURSE:** Outdoor 25 yard pool with up to 10 lanes available for competition for prelims. 8 lanes will be used for finals. An additional 6 lanes shall be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'6" at the start end and 7'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has not been certified.

**TIME:** Meet shall begin at 9:00 AM each day with warm-ups from 7:30 AM to 8:45 AM each day. Finals shall begin at 4:00 PM with warm-ups from 2:45 PM to 3:45 PM

**RULES:** • Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.

• The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.

• All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

- All events shall swim fast to slow, with the fastest three heats circle seeded.
- Athletes may compete in a maximum of three (3) events per day.
- All events shall be Preliminaries/Finals except the 1650, which will be a timed final swum between sessions
- There will be a Championship Final, Consolation Final, and Bonus Final, swum in that order, with 8 Athletes qualifying for each final heat.

• If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds shall be made for any mandatory scratches.

• All Coaches and Officials shall wear their USA Swimming membership cards in a visible manner.

**ATTENTION HIGH SCHOOL ATHLETES:** High School Athletes in season need to be Unattached from this meet. It is the Athlete's responsibility to be Unattached from this meet. Athletes can un-attach at the meet if necessary. This does not apply to Athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED ATHLETES:** Any USA Swimming Athlete-Member competing at the meet shall be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes shall be certified by a USA Swimming Member-Coach as being proficient in performing a racing start or shall start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator

- seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No cell phone, computer or tablet use is allowed in any bathroom or changing room as per USA Swimming Safe Sport.
- Only Athletes, Coaches, Officials, and Volunteers shall be allowed on the pool deck.
- Deck changes are prohibited.

• Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If

observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

• Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.

• Find Parking on street. No parking on school grounds. Please read all signs before parking. Be respectful of the neighborhood

- No tents will be permitted on the pool deck.
- No person shall be permitted on school grounds other than the swimming pool and pool parking lot.
- No person shall be permitted to exit or enter the pool area through the gates at the back of the facility.
- No early set up will be permitted

**ELIGIBILITY:** • Athletes shall be current members of USA Swimming, and shall enter their name and registration number on their entries exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host shall check all Athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge shall be added to the regular registration fee). Duplicate registrations shall be refunded by mail.

• Athletes 13 and Over are eligible to enter this meet. There is no proof of time. Entry times should be the Athlete's actual time and not the minimum standard.

• Athletes 11 and 12 years of age shall meet the Senior Open time standard as outlined by Pacific Swimming time verification procedures. No refunds shall be given if a time cannot be proven.

• Athletes under the age of 11 years are not eligible to compete

• Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations.

- No time conversions shall be accepted.
- Entries with "NO TIME" shall be REJECTED.
- The Athlete's age shall be the age of the Athlete on the first day of the meet.

**SEEDING:** Event seeding shall be in the following order: conforming short course yards, non-conforming long course meters, and non-conforming short course meters - USA Swimming rules 207.11.7B. **See Rules for distance events seeding**.

**SCRATCH RULE PRELIMINARIES:** Closing for the Saturday preliminary session will be Friday, **February 11th** at 5:30 pm. Coaches must e-mail their scratches to the Meet Referee, Paul Reidl (reidl@sbcglobal.net) and the Admin Referee, Mike Piccardo (<u>mpiccardo@pacswim.org</u>). Closing for the Sunday preliminary session will be on Saturday, February 12<sup>th</sup> 30 minutes after the start of Saturday's FINALS. The scratch box will be located at the Scratch Desk at the start of the meet on Saturday until the scratch deadline. The penalty for failure to compete in an individual preliminary heat in which such Athlete is entered and has not been scratched will be:

- Barred from the rest of his/her events that day, including relays.
- If the Athlete qualifies for a final before missing an event, they may swim that final.
- The Athlete shall not be seeded in any further individual events on succeeding days unless that Athlete declares an intent to swim prior to the close of the scratch box for that day's events.

**SCRATCH RULE FINALS:** Any of the top 24 Athletes qualifying for any level of finals in an individual event who does not wish to compete shall scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the Referee that they may not intend to compete in Bonus, Consolation or Championship Finals. In this case they shall declare their final intention within 30 minutes after the announcement of qualifiers following their last individual Preliminary Event. In a non-positive check-in Preliminaries & Finals meet any Athlete qualifying for a Bonus Final, Consolation Final or Championship Final race in an individual event who fails to show up in said Bonus Final, Consolation Final or Championship Final race prior to calling the alternate shall be barred from further competition for the remainder of the Meet. If the No-Show occurs on the last day that the Athlete is entered in an individual final event in the meet, and no other individual event penalty is applicable, the Athlete shall then be fined \$100.00. The fine shall be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment.

**ENTRY FEES:** \$8.50 per individual event plus an \$8.00 per Athlete participation fee. \$20.00 per relay event. Relay only Athletes are not subject to the athlete participation fee. Entries shall be rejected if payment is not sent at time of request. No refunds shall be made, except mandatory scratch downs.

**ONLINE ENTRIES:** To enter online go to <u>http://www.fastswims.com</u> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through Monday, February 7<sup>th</sup>. **Relay only Athletes must be emailed to** <u>MilpitasAquaticClub@gmail.com</u> before the entry deadline. Email should include First Name, Last Name, USA Swimming ID#, and gender.

**MAILED OR HAND DELIVERED ENTRIES:** Entries shall be on the attached consolidated entry form. Forms shall be filled out completely and printed clearly with Athlete's best time. Entries shall be entered using the current Pacific Swimming procedure: and postmarked by midnight, Saturday, **February 5<sup>th</sup>** or hand delivered by 6:30 p.m. Monday, **February 7<sup>th</sup>**. No late entries shall be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Milpitas Aquatic Club Mail entries to: Milpitas Aquatic Club 754 The Alameda, Apt 7102 San Jose, CA 95126

Hand deliver entries to: Kyler VanSwol 1231 Arizona Ave Milpitas, CA 95035

AWARDS: None.

ADMISSION: Free.

**HOSPITALITY:** Hospitality available for Coaches, Officials, Timers, and Volunteers. Lunches will be provided for Coaches and working Officials. There **will not be** a snack bar.

| Saturday, Feb 12th |                    |         |  |  |  |  |  |
|--------------------|--------------------|---------|--|--|--|--|--|
| EVENT<br>#         | EVENT              | EVENT # |  |  |  |  |  |
| 1                  | 500 FREE           | 2       |  |  |  |  |  |
| 3                  | 200 BACK           | 4       |  |  |  |  |  |
| 5                  | 100 BREAST         | 6       |  |  |  |  |  |
| 7                  | 200 FLY            | 8       |  |  |  |  |  |
| 9                  | 100 FREE           | 10      |  |  |  |  |  |
| 11                 | 200 I.M.           | 12      |  |  |  |  |  |
| 13                 | 4x100 Medley Relay | 14      |  |  |  |  |  |
|                    | Session 2          |         |  |  |  |  |  |
| 15                 | 1650 FREE          | 16      |  |  |  |  |  |

## **ORDER OF EVENTS**

| Sunday, Feb 13th |                  |         |  |  |  |  |  |
|------------------|------------------|---------|--|--|--|--|--|
| EVENT #          | EVENT            | EVENT # |  |  |  |  |  |
| 15               | 400 I.M.         | 16      |  |  |  |  |  |
| 17               | 200 FREE         | 18      |  |  |  |  |  |
| 19               | 100 FLY          | 20      |  |  |  |  |  |
| 21               | 50 FREE          | 22      |  |  |  |  |  |
| 23               | 200 BREAST       | 24      |  |  |  |  |  |
| 25               | 100 BACK         | 26      |  |  |  |  |  |
| 27               | 4x100 Free Relay | 28      |  |  |  |  |  |
|                  |                  |         |  |  |  |  |  |
|                  |                  |         |  |  |  |  |  |

Athletes entered in the 1650 Freestyle shall provide their own timers and lap counters.

Events 15-16 shall be swum fastest to slowest alternating women and men There shall be a 10 minute break before the start of these events

Time standards may be found at: <u>http://www.pacswim.org/swim-meet-times/standards</u>

|                      |                   | Pacific S  | SENIC<br>F                  | OR 2 PI<br>ebrua | RELIMI<br>ry 12 <sup>th</sup> | d by M<br>INARIE<br>& 13 <sup>th</sup><br>I Entry | S & FI<br>, 2022 | NAL<br>2       |  | ic Club    |   |                                    |                      |     |  |
|----------------------|-------------------|------------|-----------------------------|------------------|-------------------------------|---|------------------|----------------|--|------------|---|------------------------------------|----------------------|-----|--|
| Name: Las            | t <i>,</i>        | First      |                             |                  |                               | Middl   | e                |                |  |            |   |                                    |                      |     |  |
| Club Abbr.           |                   | UNATT      | ΓΕΑΜ                        | ABBR             |                               | Club  | Name             |                |  |            |   |                                    |                      |     |  |
| Age                  | Age Date of Birth |            |                             | Sex<br>M F       |                               |   | Ľ                | LSC – (PC, SN) |  |            |   |                                    |                      |     |  |
| USA-#                |                   |            |                             |                  |                               |   |                  |                |  |            |   |                                    |                      |     |  |
| Event #              | Distanc           | e / Stroke | e Entry T                   |                  | try Tir                       | ne  | <b>I</b> I       |                |  | Circle One |   |                                    |                      |     |  |
|                      |                   |            |                             |                  |                               | : .   |                  |                |  |            | S | SCY / LCM / SCM                    |                      |     |  |
|                      |                   |            |                             |                  |                               |   | : .              |                |  |            |   | SCY / LCM / SCM                    |                      |     |  |
|                      |                   |            |                             |                  |                               |   | :                |                |  |            |   |                                    | .CM / S              |     |  |
|                      |                   |            |                             |                  |                               | : .   |                  |                |  |            |   | SCY / LCM / SCM<br>SCY / LCM / SCM |                      |     |  |
|                      |                   |            |                             |                  |                               |   | :                | •              |  |            |   |                                    | .CIVI / S<br>.CM / S |     |  |
|                      |                   |            |                             |                  |                               |   | :                | •              |  |            |   |                                    | .CM / S              |     |  |
|                      |                   |            |                             |                  |                               |   | :                |                |  |            |   |                                    | .CM / S              |     |  |
|                      |                   |            |                             |                  |                               | : .   |                  |                |  |            |   | SCY / LCM / SCM                    |                      |     |  |
|                      |                   |            |                             |                  |                               |   | :                |                |  |            | 9 | SCY/L                              | .CM / S              | SCM |  |
|                      |                   |            | f entrie<br>rticipat<br>tal |                  |                               | \$8.50  |                  | .00            |  |            |   |                                    |                      |     |  |
| Coach                |                   |            |                             |                  |                               |   |                  |                |  |            |   |                                    |                      |     |  |
| Athlete's<br>Address |                   |            |                             |                  |                               |   |                  |                |  |            |   |                                    |                      |     |  |
| Home Phone           |                   |            |                             | Cell Phone       |                               |   |                  |                |  |            |   |                                    |                      |     |  |
| Email                |                   |            |                             |                  |                               |   |                  |                |  |            |   |                                    |                      |     |  |