

**NORTHERN NEVADA AQUATICS  
NNA AGE GROUP OPEN  
PACIFIC SWIMMING ZONE 4 SHORT COURSE MEET  
MARCH 26 -27 2022**



Enter online at: <https://ome.swimconnection.com/PC/NNA20220326>

**SANCTION:** Held under USA Pacific Swimming Sanction No. **22-040**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries for anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. Covid -19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming Inc., cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID – 19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEE OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORSEEN, IN CONNECTION THEREWITH.**

The Nevada Governor's, Washoe County's, and the City of Reno's policy regarding face coverings will be followed at this meet. Face coverings may be required for everyone when inside the venue regardless of vaccination status. All participants may be screened for symptoms on arrival each day. The Nevada Governor's. Washoe County's and the City of Reno's COVID directive and guidance, if any, in effect on the first day of the meet will determine compliance with COVID directives and guidance.

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, of information and/or imagery related to their participation at this meet, which may include, but is not limited to, photographs, video, web casting, television, psych sheets, and live meet results. The results of this meet may be posted in real time on the internet at [www.nothernnevadaaquatics.com](http://www.nothernnevadaaquatics.com)

**USE OF AUDIO AND VIDEO:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones, tablets, and Google Glass, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee. Flash photography at the start of a race is prohibited.

**MEET PERSONNEL:**

**Meet Referee:** Ron Harmon

**Meet Marshal:** Michelle Hall

**Chief Judge:** Valerie Rudd

**Meet Director:** Jorie Scalise – 775-331-0123 [www.nnaswimmeet@gmail.com](mailto:www.nnaswimmeet@gmail.com)

**Head Starter:** Kevin Tokunaga

**Admin Official:** Veronica Harmon

**LOCATION:** Northwest Pool, 2925 Apollo Way, Reno, NV 89503 (775) 334-2203

**DIRECTIONS:** From I-80 West, take the Keystone Ave (Exit 12), right onto Keystone Ave, left onto Kings Row, left onto Wyoming, right onto Apollo Way. From I-80 East, take Keystone Ave (Exit 12), left onto Keystone Ave, left onto Kings Row, left onto Wyoming, right onto Apollo Way. Parking will be on the street or in the parking lots adjacent to the pool. Please be respectful when driving in the area and when parking on the street as this pool is in a neighborhood.

**COURSE:** Indoor heated 8 lane 25 yard pool. Semi-automatic (buttons + watches) timing will be used. Up to 8 (eight) lanes will be used for competition and there may not be warm-up/warm-down lanes available during part or all of the competition. The minimum

water depth in the competition course, as measured in accordance with Article 103.2.3 is 10'0" at the start end and 3'6" at the turn end. All events will start at a depth of 10'0". The competition course has not been certified in accordance with Article 104.2.2C(4).

**TIMES:**

- **Saturday and Sunday Morning 13 and Over Sessions: Warm-ups 7:15-8:45 AM; session will begin at 9:00 AM.**
- **Saturday and Sunday Afternoon 12 and Under Session: Session will begin no earlier than 12:30 with warm-ups no earlier than 11:00.**

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk of Course.
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition.
- All events are timed finals and will be seeded fastest to slowest.
- Athletes may enter as many events as they wish, but shall compete in no more than four (4) events per day.
- All athletes ages 12 and under should complete competition within four (4) hours in each session.
- **Entries for a session may close before the entry deadlines** if and when the estimated 12 & Under participation cap reaches its 4 hour capacity.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner at all times while on deck.** All coaches are required to sign in and present their valid 2022 membership before coaching athletes at the meet. Except for coaches accompanying athletes participating under the provisions of 202.8 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.

**RELAYS:**

- Relays for each session will be deck entered at the Clerk of Course no later than the start of competition for each session.
- Entry fees are \$ 9.00 per relay. Relays will not be scored or awarded.
- Relays are 10 & under or 11-12 or 13 & over – any combination of gender and ages within those groups will be accepted.
- Clubs may enter as many relays as they wish. Relay athletes must be entered in the meet. (no relay-only athletes).
- Unattached athletes may swim with a club's relay but will be disqualified that relay.

**ATTENTION HIGH SCHOOL ATHLETES:** If you are a California (CIF) high school athlete in season, you need to be unattached from this meet. It is the athlete's responsibility to be unattached from this meet. You can unattach at the meet if necessary. This does not apply to California or Nevada athletes swimming under the rules of the **Nevada Interscholastic Activities Association (NIAA)**

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete member competing at the meet must be accompanied by a USA Swimming member coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member Coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member coach as being proficient in performing a race start or must start the race in the water without the use of a backstroke ledge. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with the requirement.

**RESTRICTIONS:** The following prohibitions apply to all areas of the meet venue including the pool deck, locker rooms, spectator seating, standing areas, and all areas used by athletes during the meet and during warm-up periods.

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No propane heaters are permitted.
- No glass containers are allowed in the meet venue.
- Deck changes are prohibited.
- Only hosting club, vendor and coach's tents are allowed on the pool deck.
- Deck space will be limited; there is additional outside space in the adjacent park. Please plan accordingly
- Coaches, parents, and siblings are not allowed in any of the swimming pools.
- During general warm up athletes must enter the pool feet-first with one hand in contact with the deck or gutter (3-point entry)

- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his /her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to Law Enforcement and ejection from the facility. Law Enforcement Officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**ELIGIBILITY:** • Athletes must be current athlete members of USA Swimming and enter their name and registration number exactly as shown in their USA Swimming registration. If this not done, it may be difficult to match the athlete with the registration and times database. The meet host must check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$ 10.00 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry time and seeding per Pacific Swimming policy.
- The athletes age will be the age of the athlete on the first day of the meet.

**ENTRY TIMES:** Entries must be submitted by using the athlete's best short-course yards time for each event (converted times allowed). All entry times must be in yards. Entries with **"NO TIME" (NT) will be accepted.**

**ENTRY FEES:** \$4.50 per event plus a \$9.00 per athlete participation fee, and a \$9.00 per relay team. NO REFUNDS will be given. Entries will be rejected if not accompanied by the required fees.

**ENTRY DEADLINES:** Entries will be accepted by mail or online until the applicable deadline listed below, or when a session becomes full and is closed early per the rules section above, whichever is first. NO ENTRY CHANGES WILL BE ALLOWED. NO LATE ENTRIES WILL BE ALLOWED. Check <https://ome.swimconnection.com/PC/NNA20220326> for session open or closed status.

**DECK ENTRIES:** Individual event deck entries **WILL NOT** be accepted. Relay deck entries will be accepted daily per the relay section above.

**ONLINE ENTRIES:** Go to <https://ome.swimconnection.com/PC/NNA20220326> to receive an immediate entry confirmation. The "billing information" email should be brought to the meet as proof of entry. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1.00 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will not be accepted after **Wednesday, March 16, 2022, at 11:59 pm.**

**MAILED/HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best yars time. Entries must be postmarked by midnight, **Monday, March 14, 2022 or** hand delivered by **5:00 pm, Wednesday, March 16, 2022**, and may be rejected if a session is already full. Entries submitted after these times will be held for possible conversion to deck entries at the meet if space is available, subject to receipt of the required entry fees and proof of registration. Request for confirmation of receipt of entries should include a self-addressed envelope. Make checks payable to Northern Nevada Aquatics or NNA.

**Make checks payable to:**  
**Mail payments with entry:**

Northern Nevada Aquatics  
Northern Nevada Aquatics  
NNA Age Group Open  
1135 Terminal Way #106  
Reno, NV 89502

**Or hand deliver:** by 5:00 pm Wed. March 16, 2022  
NNA AGO Entries  
4570 Rio Encantado Lane  
Reno, NV 89502

**CHECK-IN:** The meet will be pre-seeded. There will be no positive check-in. Athletes shall not have a check-in.

**SCRATCHES & NO-SHOWS:** Any athletes not reporting for or competing in an individual timed final event shall not be penalized. Scratch Deadlines: Any athlete not intending to swim an event is requested to scratch with the Clerk of Course (or via email to [www.nnaswimmeet@gmail.com](mailto:www.nnaswimmeet@gmail.com)) as soon as possible. Sessions will be pre-seeded each evening before the next day's races. For Saturday's events, the scratch deadline will be 7:00 pm on Friday. For Sunday's events, the scratch deadline will be end of the Saturday afternoon session. Email scratches from athletes will be confirmed with their coach. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**AWARDS:** Distinctive awards will be given to 1<sup>st</sup> through 8<sup>th</sup> place for each age group, 6 & Under, 7-8, 9-10, 11-12, 13-Over for each event. Points will be scored as follows (9-7-6-5-4-3-2-1) and awarded for 1<sup>st</sup> through 8<sup>th</sup> places. Individual High-Point and Runner-up awards will be awarded for 6 & Under, 7-8, 9-10, 11-12, and 13 & Over in both boy and girl age groups. All awards will be given to coaches after each session is complete. There will be on-site award pickups for coaches and NO awards will be mailed.

**ADMISSION:** Free for spectators. There may be limited access to the building depending on current City of Reno facility protocols. No spectators will be allowed into the swim area behind the blocks. All viewing will take place from the sides or the North side of the pool. Any parent who has volunteered to be a timer will not be counted towards a facility spectator limit.

**PROGRAMS:** Available for a fee.

**HOSPITALITY:** Lunch and limited hospitality will be available to all working officials and coaches.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours. Deck space will be limited; there is additional outside space in the adjacent park. Please plan accordingly based on weather.

**TIMERS:** Clubs will be assigned lanes based on the number of participating athletes from each club (host club will not be expected to time). The individual clubs will be responsible for scheduling their own timers for their assigned lanes for each session.

**MINIMUM OFFICIALS:** All available USA Swimming Member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. Participating clubs are requested to provide at least the following number of certified and carded officials for each session:

Club athletes entered in session	Trained and carded officials requested
1-10	
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

## EVENT SUMMARY

SATURDAY MARCH 26					SUNDAY MARCH 27			
8 & UN	9-10	11-12	13 & UP		8 & UN	9-10	11-12	13 & UP
100 FR	100 FR	200 IM	200 FL		50 BR	200 FR	200 FR	200 FR
50 BK	50 BK	100 FR	200 BK		25 BK	50 BR	50 BR	200 BR
25 FR	50 FL	50 BK	100 BR		25 FL	100 BK	100 BK	100 BK
50 FL	100 BR	50 FL	100 FR		50 FR	100 FL	100 FL	100 FL
100 IM	100 IM	100 BR	200 IM		25 BR	50 FR	50 FR	50 FR
		100 IM						

## ORDER OF EVENTS

AM SESSION 13 & OVER						
SATURDAY MARCH 26				SUNDAY MARCH 27		
EVENT #	EVENT	EVENT #		EVENT #	EVENT	EVENT #
1	200 FLY	2		31	200 FREE	32
3	200 BACK	4		33	200 BREAST	34
5	100 BREAST	6		35	100 BACK	36
7	100 FREE	8		37	100 FLY	38
9	200 IM	10		39	50 FREE	40
11	200 FREE RELAY			41	200 MEDLEY RELAY	

PM SESSION 12 & UNDER						
SATURDAY MARCH 26				SUNDAY MARCH 27		
EVENT #	EVENT	EVENT #		EVENT #	EVENT	EVENT #
13	11-12 200 IM	14		43	9-12 200 FREE	44
15	12 & UNDER 100 FREE	16		45	12 & UNDER 50 BREAST	46
17	12 & UNDER 50 BACK	18		47	9-12 100 BACK	48
19	8 & UNDER 25 FREE	20		49	8 & UNDER 25 BACK	50
21	12 & UNDER 50 FLY	22		51	9-12 100 FLY	52
23	9-12 100 BREAST	24		53	8 & UNDER 25 FLY	54
25	8 & UNDER 25 BREAST	26		55	12 & UNDER 50 FREE	56
27	12 & UNDER 100 IM	28				
29	200 FREE RELAY			57	200 MEDLEY RELAY	

Pacific Swimming – Hosted by Northern Nevada Aquatics NNA Age Group Open March 26 -27, 2022 Consolidated Entry Form															
Name: Last                      First                      Middle															
Club Abbr.			UNATT TEAM ABBR				Club Name								
Age			Date of Birth				Sex M    F			LSC – (PC, SN)					
USA-#															
Event #	Distance / Stroke						Entry Time				Circle one				
							:    .				SCY / LCM				
							:    .				SCY / LCM				
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# of entries _____ x \$4.50 = \$ _____ Participation Fee        \$ 9.00 Total                                \$ _____															
Coach															
Athlete's Address															
Home Phone								Cell Phone							
Email															