

SANCTION: Held under USA/Pacific Swimming Sanction No. **21-148**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING, AGCC OSPREY AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

<i>Meet Referee: Mette Graverson</i>	<i>Head Starter: Dale Bender</i>
<i>Meet Marshal: Shannon Mackin</i>	<i>Admin Official: Marissa Bacon</i>
<i>Meet Director: Shannon Mackin</i>	SHANNON@OSPREYAQUATICS.COM

LOCATION: Willow Glen High School - 2001 Cottle Avenue San Jose, CA 95125

DIRECTIONS: From Almaden Expressway North – Exit at Lincoln Blvd exit (exit on left) Follow Lincoln to Curtner Avenue, left on Curtner then take a right on Cottle. Parking behind the school and on the corner of Cottle and Dry Creek. From Almaden Expressway South – Exit at Curtner Avenue

COURSE: Outdoor pool with up to 7 lanes available for competition. An additional 3 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 10' at the start end and 3'6" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4). 104.2.2C(4).

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:15 AM to 8:45 AM each day. Clubs will have warm up lanes for their own cohorts.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in a **maximum of 3** events per day, and **one relay**.
- The 500 Freestyle and 400 I.M. will be 11&Over events capped at 21 athletes for boys and 21 athletes for girls, to keep under 3 heats per event.
- All Athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated timeline, per the "Four-Hour Rule," based on the Athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- The local facilities guidelines, restrictions and interpretations of the local public health guidelines shall be followed at this meet.
- **All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- No spectators will be allowed on deck.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Meet is open only to qualified athletes registered with **Osprey Aquatics (OAQ), Swim South Bay (BAY), or GooseMonkeys (GSMY)**. Athletes who are unattached but participating with **OAQ, BAY, or GSMY** are eligible to compete.
- Entries with "**NO TIME**" will be **Accepted**.
- Disabled Athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such Athletes must have met standards for the 17-18 age group.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

ENTRY FEES: \$4.00 per event plus an \$8 participation fee per Athlete. \$9.00 per relay.

ONLINE ENTRIES: To enter on-line go to <http://www.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the processing fee is a separate fee from the Entry Fees. Online entries will be accepted through **July 14, 2021 11:59 PM**. LATE ENTRIES WILL NOT BE ACCEPTED

RELAYS: Relay entries shall be accepted prior to the start of the meet each day. One Club check for all relay entries (made out to Osprey Aquatics) shall be submitted with Sunday Relay Entries.

CHECK-IN: The meet shall be pre-seeded. Athletes will only be allowed on deck for their event and must leave the deck as soon as they are finished with their swim and have seen their coach if necessary.

SCRATCHES: Any Athletes not reporting for or competing in an individual timed final event that they have entered shall not be penalized.

AWARDS: Ribbons will be awarded to the 1st – 8th place for each event in age groups (8&U, 9-10, 11-12, 13/14, 15&Over)

ADMISSION: There will be no spectators allowed on deck. Parent viewing area will be available for your swimmers heat only.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Families are encouraged to park in the back lot and remain in cars when your swimmer is not in line to swim or in the process of swimming. If tents are set up on the field they must be spaced appropriately. Swimmers may not visit in other tents or cars.

We have taken enhanced health and safety measures for our participants, guests and employees. You must follow all posted instructions while attending the Osprey meet. An inherent risk of exposure to Covid 19 exists in any public place where people are present. Covid 19 is an extremely contagious disease that can lead to severe illness and death. According to the Center for Disease Control and Prevention senior citizens and guests with underlying medical conditions are especially vulnerable. By attending this meet as a spectator or competitor you voluntarily assume all risks related to exposure to Covid 19.

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EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13/OVER	8 & UN	9-10	11-12	13/OVER
25 BACK	200 FREE	200 FREE	200 FREE	25 BREAST	200 IM	200 IM	200 IM
50 BREAST	100 BACK	100 BACK	100 BACK	50 BACK	100 BREAST	100 BREAST	100 BREAST
25 FLY	50 BREAST	200 BREAST	200 BREAST	50 FLY	50 BACK	50 BACK	200 BACK
100 IM	100 FLY	50 BREAST	100 FLY	25 FREE	50 FLY	200 BACK	200 FLY
50 FREE	100 IM	100 FLY	50 FREE	100 FREE	100 FREE	50 FLY	100 FREE
100 M.R.	50 FREE	100 IM	500 Free	100 F.R.	200 F.R.	200 FLY	400 I.M.
	200 M.R.	50 FREE	200 M.R.			100 FREE	200 F.R.
		500 Free				400 I.M.	
		200 M.R.				200 F.R.	

Saturday, July 24

Girls Event #	Event	Boys Event #
1	13 & Over 200 Free	2
3	9-12 200 Free	4
5	8 & Under 25 Back	6
7	13 & Over 100 Back	8
9	9-12 100 Back	10
11	11 & Over 200 Breast	12
13	8 & Under 50 Breast	14
15	9-12 50 Breast	16
17	13 & Over 100 Fly	18
19	9-12 100 Fly	20
21	8 & Under 25 Fly	22
23	9-12 100 IM	24
25	8 & Under 100 IM	26
27	13 & Over 50 Free	28
29	9-12 50 Free	30
31	8 & Under 50 Free	32
33	11 & Over 500 Free	34
35	15 and Over 200 Medley Relay	36
37	13-14 200 Medley Relay	38
39	11-12 200 Medley Relay	40
41	9-10 200 Medley Relay	42
43	8 & Under 100 Medley Relay	44

Sunday, July 25

Girls Event #	Event	Boys Event #
45	13 & Over 200 IM	46
47	9-12 200 IM	48
49	8 & Under 25 Breast	50
51	13 & Over 100 Breast	52
53	9-12 100 Breast	54
55	8 & Under 50 Back	56
57	9-12 50 Back	58
59	11 & Over 200 Back	60
61	8 & Under 50 Fly	62
63	9-12 50 Fly	64
65	11 & Over 200 Fly	66
67	8 & Under 25 Free	68
69	13 & Over 100 Free	70
71	9-12 100 Free	72
73	8 & Under 100 Free	74
75	11 & Over 400 I.M.	76
77	15 and Over 200 Free Relay	78
79	13-14 200 Free Relay	80
81	11-12 200 Free Relay	82
83	9-10 200 Free Relay	84
85	8 & Under 100 Free Relay	86