## PASA – Summer Palooza Championship PACIFIC SWIMMING SHORT COURSE MEET Saturday, July 24, 2021



SANCTION: Held under USA/Pacific Swimming Sanction No. 21-160

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

**NOTICE:** By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL: Meet Referee: Jimmy Hong Head Starter: Evan Bigall

Meet Marshal: Paul Coleman Admin Official: Larry Rice

Meet Director: Bruce Smith (brucesmithswim@gmail.com)

Shirly Earley (pasadksmeetdirector@gmail.com)

LOCATION: Menlo-Atherton High School – 555 Middlefield Ave, Atherton, CA 94027

**DIRECTIONS:** From Highway 101 – exit at Willow Road toward Menlo Park. Travel west to Middlefield Road. Turn right on Middlefield Road to Ringwood Avenue. Turn right on Ringwood and turn left on the third school driveway and park in front of gym in the student lots. The pool is located behind the gym. Parking is prohibited on Ringwood. Additional parking is available in the front of the school. There is NO R.V. parking available in the neighborhood.

**COURSE:** OUTDOOR 25 YARD pool with up to 9 lanes available for competition. An additional 6 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 7'0" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

## TIME:

- Prelims will begin at 9:30 AM with warm-ups from 8:00 to 9:15 AM. Finals will begin no sooner than 1 hour after the
  conclusion of Prelims
- A maximum of four (4) athletes are permitted per warm-up lane.
- Athletes may be assigned a designated warm up period/lane.

- **RULES:** Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
  - The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet
  - All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
  - Prelims will be seeded fastest to slowest, with the top 3 heats circle seeded.
  - Preliminary events shall be swum as combined age groups and genders.
  - Championship Finals (Single Heat) swim as separate age groups and genders, unless entry numbers warrant combining.
  - Athletes may compete in 3 events per day.
  - All Athletes ages 12 and under should complete competition within four (4) hours.
  - If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
  - All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.
  - USA Swimming Tech Suit policies will be enforced for 12 and under athletes.
  - The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.

**UNACCOMPANIED ATHLETES:** Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** • Up to 125 persons are allowed in the facility at one time.

- Sequoia Union High School District requires that all visitors to school campuses must be masked, regardless of vaccination status. A notification will be sent out if this is changed/updated.
- Only coaches, athletes and designated volunteers will be allowed on the pool deck. Viewing is available off the pool deck.
- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.

**ELIGIBILITY:** • Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Meet is open only to qualified athletes registered with **PASA**. Athletes who are unattached but participating with **PASA** are eligible to compete.
- Entries with "NO TIME" will NOT be ACCEPTED.

- Entries must be in SCY times.
- Disabled Athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such Athletes must have met standards for the 17-18 age group.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

ENTRY FEES: \$50.00 per athlete. No refunds will be made.

ENTRIES: Team entries only and must be submitted with a Hytek File (Events file will be emailed to the teams who are attending) to <a href="mailto:brucesmithswim@gmail.com">brucesmithswim@gmail.com</a>. Entries will be accepted through 11:59pm July 18, 2021. NO LATE ENTRIES WILL BE ACCEPTED. NO REFUNDS.

CHECK-IN: The meet shall be pre-seeded. Athletes shall report to ready area at their scheduled time for each event.

**SCRATCHES:** • Athlete not reporting for or competing in a preliminary event that they have entered shall not be penalized.

- Athlete qualifying for finals in an individual event who does not wish to compete shall scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the referee that they may not intend to compete in finals. In this case, they shall declare their final intention within 30 minutes after the announcement of qualifiers following their last individual preliminary event.
- There is NO penalty for missing finals.

AWARDS: There may be awards for finalists.

ADMISSION: Free. A program will not be available. Heat Sheets will be available electronically only.

**SNACK BAR & HOSPITALITY:** A snack bar may be available throughout the competition. Hospitality will serve refreshments to deck officials, marshals, and coaches, which may include lunch.

ADMISSION: Free.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

## PRELIMS SESSION EVENTS

Event #	Age Group	Event	
1	9 & Up	Mixed 500 Freestyle*	
2	Open	100 Freestyle	
3	12 & Under	50 Breaststroke	
4	11 & Up	200 Breaststroke	
5	Open	100 Backstroke	
6	12 & Under	50 Butterfly	
7	11 & Up	200 Butterfly	
8	12 & Under	100 Individual Medley	
9	Open	200 Individual Medley	
10	Open	50 Freestyle	
11	11 & Up	200 Freestyle	
12	Open	100 Breaststroke	
13	12 & Under	50 Backstroke	
14	11 & Up	200 Backstroke	
15	Open	100 Butterfly	
16	11 & Up	Mixed 400 IM*	

<sup>\*</sup> The 500 Freestyle and 400 IM is a Timed Final with a maximum of 2 heats.

Athletes in the 500 Freestyle must provide their own lap counter and timer. Athletes in the 400 IM must provide their own timer.

Girls Event #	Age Group	Event	Boys Event #
2a	10&Under	100 Freestyle	2b
2c	11-12	100 Freestyle	2d
2e	13&Older	100 Freestyle	2f
3a	10&Under	50 Breaststroke	3b
3c	11-12	50 Breaststroke	3d
4a	11-12	200 Breaststroke	4b
4c	13&Older	200 Breaststroke	4d
5a	10&Under	100 Backstroke	5b
5c	11-12	100 Backstroke	5d
5e	13&Older	100 Backstroke	5f
6a	10&Under	50 Butterfly	6b
6c	11-12	50 Butterfly	6d
7a	11-12	200 Butterfly	7b
7c	13&Older	200 Butterfly	7d
8a	10&Under	100 Individual Medley	8b
8c	11-12	100 Individual Medley	8d
9a	10&Under	200 Individual Medley	9b
9c	11-12	200 Individual Medley	9d
9e	13&Older	200 Individual Medley	9f
10a	10&Under	50 Freestyle	10b
10c	11-12	50 Freestyle	10d
10e	13&Older	50 Freestyle	10f
11a	11-12	200 Freestyle	11b
11c	13&Older	200 Freestyle	11d
12a	10&Under	100 Breaststroke	12b
12c	11-12	100 Breaststroke	12d
12e	13&Older	100 Breaststroke	12f
13a	10&Under	50 Backstroke	13b
13c	11-12	50 Backstroke	13d
14a	11-12	200 Backstroke	14b
14c	13&Older	200 Backstroke	14d
15a	10&Under	100 Butterfly	15b
15c	11-12	100 Butterfly	15d
15e	13&Older	100 Butterfly	15f

<sup>\*</sup>Championship Finals - based upon number of entries, different Age Group and Gender event finals may be combined.