

Pacific Coast Marlins
REDWOOD HIGH SCHOOL POOL
SHORT COURSE INVITATIONAL MEET
DECEMBER 14, 2014
INVITED TEAMS: PCM, SSS, VJO, SD



SANCTION: Held under USA/Pacific Swimming Sanction No. **14-199**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

<i>Meet Referee:</i> Peggy Ramirez	<i>Head Starter:</i> Peter Winkler
<i>Meet Marshal:</i> Lehla Irwin	<i>Admin Official:</i> Debbi Tucker
<i>Meet Director:</i> Marc Detraz – 415-233-0689/ detraz@comcast.net	

LOCATION: Redwood High School pool, 395 Doherty Dr., Larkspur, CA 94939.

DIRECTIONS: Take Hwy 101 SB to the Lucky Dr. Exit. Continue onto Fifer Ave, turn left onto lucky Dr. Take the first right onto Doherty Dr., destination will be on the left. The pool is at the south east corner of the parking lot.

COURSE: Outdoor 25 yard pool with up to 10 lanes available for competition. A warm up/warm down area will be available throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 5'0" at the start end and 3'5" at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4).

TIME: Meet will begin at 11:00 AM with warm-ups from 9:45 AM to 10:45 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will be swum "fastest to slowest."
- Swimmers may complete up to 4 events maximum per day.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.
- No pets are allowed on the pool deck other than working assistance animals.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY: • This meet is open to all regular or seasonal USA Swimming-registered athletes attached to or in training with **Pacific Coast Marlins (PCM), San Domenico Swimming (SD), Sebastopol Sea Serpents (SSS), Vallejo Aquatic Club (VJO).**

- Swimmers must be current members of USA-S. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entries with "NO TIME" will be ACCEPTED.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRY FEES: \$10.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

ENTRIES: Entries must be submitted as a Team Manager file and received by the Meet Director (detraz@comcast.net) no later than **Wednesday, December 10th, 2014**. Entry fee checks should be submitted to the host club on the first day of the meet. No late entries will be accepted. No refunds will be made.

Make check payable to: RRC. Coaches are responsible for collecting meet fees for their club. The fees are due from the coach by the first day of the meet.

MAILED OR HAND DELIVERED ENTRIES: No mailed or hand delivered entries will be accepted.

CHECK-IN: The meet will be pre-seeded. No check-in is required.

SCRATCHES: Any swimmers not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: None.

ADMISSION: Free.

SNACK BAR & HOSPITALITY: No Snack Bar.

MISCELLANEOUS: No program will be sold at the meet. No overnight parking is allowed. Facilities will not be provided after meet hours.

MINIMUM OFFICIALS: No more than 3 days after close of entries, meet management (Meet Director and/or Meet Referee) shall contact a representative from each team participating in the meet, and provide a preliminary inventory of the officials that team is required to provide for each session. Each team shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that team during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of swimmers entered in each session by each team with the number of officials present representing each team. If meet management certifies that a team has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a trials and finals meet, the team will be fined \$100 per missing official per session of the meet.

Club swimmers entered in session	Trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

**Zone 3 will include Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 will accept Trainees in the count of officials for a session, as long as they are carded. Teams may use officials "borrowed" from other teams, or unattached officials at the meet who agree, to fulfill their obligation under the rule.*

EVENTS

Sunday December 14, 2014		
EVENT #	EVENT	EVENT #
1	18 & Under 100 Free	2
3	18 & Under 50 Fly	4
5	8 & Under 25 Back	6
7	18 & Under 100 Fly	8
9	18 & Under 50 Back	10
11	8 & Under 25 Breast	12
13	18 & Under 100 Back	14
15	18 & Under 50 Breast	16
17	8 & Under 25 Fly	18
19	18 & Under 100 Breast	20
21	18 & Under 50 Free	22
23	8 & Under 25 Free	24