

**QUICKSILVER SWIMMING
PACIFIC SWIMMING SHORT COURSE INTRASQUAD T&F CHAMPIONSHIP MEET
DECEMBER 11-13, 2020**



SANCTION: Held under USA/Pacific Swimming Sanction No. **20-092**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on meet mobile.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

Meet Referee: Mike Davis	Head Starter: Csaba Andrejka
Meet Marshal: Carrie Mox & Andrew Johnson	Admin Referee: Mary Ruddell
Meet Director: Liv Weaver & Andre Salles-Cunha	Admin Official: Attila Lengyel

liv@swimqss.org

LOCATION: 622 Gaundabert Lane, San Jose, CA 95136

DIRECTIONS: From 85 or 87, exit Santa Teresa Blvd and head west. Turn right onto Thornwood, right onto Chynoweth Ave, right onto Gaundabert lane. The pool is located in the back of the campus. Parking is permitted in the back solar lot.

COURSE: Outdoor 25 yard pool with up to 9 lanes available for competition. For the Finals session, 9 lanes will be used for competition. Up to an additional 19 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 7'0" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Friday

Session #1 – 3:30pm warm-ups, 4:30pm meet start

Saturday

Session #2 – Prelims - 7:30am warm-ups, 8:45am meet start. Finals - 3:00pm warm-ups, 4:00pm meet start.

Session #3 – 12:00pm warm-ups, 12:30pm meet start; session start times may be moved forward or back by 30 minutes depending the estimated end time of Session #2. An email notification will be sent with the start time after entries have closed and an estimated timeline is set.

Sunday

Session #4 – Prelims: 7:30am warm-ups, 8:45am meet start. Finals – 3:00pm warm-ups, 4:00pm meet start.

Session #5 – 12:00pm warm-ups, 12:30pm meet start; session start times may be moved forward or back by 30 minutes depending the estimated end time of Session #4. An email notification will be sent with the start time after entries have closed and an estimated timeline is set.

All times above are an estimate until entries close and an initial timeline is set. Finals warm-ups and meet start times will be determined based on timelines by the Meet Referee and Meet Director each day and announced no later than the end of session #2 on Saturday or #4 on Sunday. Warm-up and Meet start times are tentative and may be adjusted at the discretion of the Meet Referee and Meet Director based on the actual timelines. Athletes are required to stay 6' apart while in the warm-up/warm-down lanes and assigned areas by cohorts. In the event Santa Clara County or the State of California mandates requires adjustments, then QSS will comply. The Meet Director and Meet Referee reserve the right to split sessions or refund entrants to reduce the personnel count in the facility, if needed. Warm-up times may be further assigned by QSS to ensure the integrity of cohorts.

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet along with Covid19 protocols to ensure social distancing. A copy of these procedures will be posted at the Clerk-of-Course.
 - All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
 - Prelims and timed finals will be pre-seeded. Prelims will be circle seeded for the fastest three heats. Timed finals and finals will be seeded fast to slow. All Friday events and Intersession events are timed finals.
 - Athletes may compete in 3 events per day but are restricted to entering only a session for their assigned cohort. Athletes are limited to 7 events for the meet.
 - Athletes are only permitted to be on campus during their assigned session.
 - If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
 - All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.
 - Athletes must provide their own lap counters for the 500 Free and 1650 Free. The counter must be an individual who is already pre-assigned to the session.
 - Timed Finals and Prelim events will be swum as combined age groups. Each prelim event will be swum as two heats of Finals except 11-12 only events (#15, #16, #17, #18#, #33, #34, #43 and #44) will be swum as one heat. Heat 1 will be the Top 9 athletes in 11-14 year-olds and Heat 2 will be Top 9 athletes in 15 & Over.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete’s legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete’s USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete’s legal guardian to ensure compliance with this requirement.

- RESTRICTIONS:**
- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
 - Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
 - No glass containers are allowed in the meet venue.
 - No propane heater is permitted except for snack bar/meet operations.
 - All shelters must be properly secured.
 - Deck Changes are prohibited.
 - Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- All persons attending the event or entering the facility must have a reserved spot. All persons entering the facility will be required to go through Covid19 checkpoint process. Any patrons with a cough, fever, shortness of breath or exposure to anyone with Covid19 will not be permitted into the facility. Staff and meet personnel may be required to complete further protocols including a temperature check as required by Santa Clara County.
- Attendees will have access to the roundhouse bathrooms only. Locker rooms and all other facilities will remain closed.
- Set-up on deck will not be permitted. Each athlete will be pre-assigned a warm-down area and designated bag drop area to use throughout the session. Social distanced markings will be marked for safe set-up, staging and walking while at the facility. The integrity of cohorts must be kept throughout the meet.
- Athletes are required to wear a face mask while out of the water including walking to warm-up and warm-down lanes and to their bag drop area. Use a face masks must comply with Santa Clara County laws.

ELIGIBILITY: • Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Meet is open only to qualified athletes registered with QSS. Athletes who are unattached but participating with QSS are eligible to compete. Athletes are only permitted to enter sessions for their assigned stable cohort. Changing cohorts is not permitted. Eligible cohort members will receive communication from QSS to enter the meet.
- Entries with "NO TIME" will be accepted.
- "OPEN" is for all ages and are all timed finals. Athletes entering the session must be in the assigned cohort.
- Disabled Athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

ENTRY FEES: \$5.50 per event plus an \$8.00 participation fee per athlete. Entry fees will be billed to QSS accounts. No refunds will be made, except mandatory scratch downs.

TEAMUNIFY ENTRIES: Any entries submitted via QuickSilver's TeamUnify website must first be both committed and approved by **Wednesday, December 2, 2020**. Entries that are not committed and approved in TeamUnify are incomplete and shall not be accepted after a session closes.

CHECK-IN: No check-in. The meet shall be pre-seeded for the OPEN Intersession and Trials.

SCRATCH RULES FOR "OPEN" INTERSESSIONS & PRELIM SESSIONS: Any Athletes not reporting for or competing in an individual timed final event that they have entered shall not be penalized.

SCRATCH RULES FOR FINALS:

- Athletes qualifying for finals must either swim the final or scratch according to the Scratch Rules.
- Any Athlete qualifying for Top 9 for Finals in an individual event who does not wish to compete shall scratch within 30 minutes after the posting on Meet Mobile. During this period, qualifiers may also notify the Admin Referee that they may not intend to compete in finals. In this case, they shall declare their final intention within 30 minutes after the posting of qualifiers following their last individual preliminary event.
- Any athlete qualifying for a final race in an individual event who fails to compete in said final race prior to calling the alternate shall be barred from further competition for the remainder of the meet.

HOSPITALITY: Limited hospitality may be provided. No snack bar.

AWARDS: None.

ADMISSION: Free. All individuals in the facility or on campus must be registered as attending the session including athletes, coaches, officials and meet personnel. Patrons may not congregate outside the main gate or exit gates. A clear pathway to the bathrooms must be available at all times.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Persons not assigned to the session are not permitted at the facility.

EVENTS

Friday, December 11		
EVENT #	EVENT	EVENT #
	Session #1 GY, PN, JN, SR, Ntl 3:30pm Warm-up 4:30pm Meet Start	
Timed Finals		Timed Finals
1	11 & Over 400 IM	2
3	11 & Over 1650 Free	4

Saturday, December 12		
EVENT #	EVENT	EVENT #
	Session #2 GY, PN, JN, SR, Ntl 7:30am Warm-up 8:45am Meet	
Prelims & Finals		Prelims & Finals
5	11 & Over 200 Back	6
7	11 & Over 100 Free	8
9	11 & Over 100 Breast	10
11	11 & Over 200 IM	12
13	11 & Over 100 Fly	14
15	11-12 100 IM	16
17	11-12 50 Back	18
	Intersession #3 S, G, T, PS, SD 12:00pm +/- Warm-up 12:30pm +/- Meet Start	
Timed Finals		Timed Finals
19	OPEN Over 100 IM	20
21	OPEN 50 Breast	22
23	OPEN 100 Fly	24
25	OPEN 100 Free	26
27	OPEN 50 Back	28
29	OPEN 200 Free	30

Sunday, December 13		
EVENT #	EVENT	EVENT #
	Session #4 GY, PN, JN, SR, Ntl 7:30am Warm-up 8:45am Meet	
Prelims & Finals		Prelims & Finals
31	11 & Over 200 Free	32
33	11-12 50 Fly	34
35	11 & Over 200 Breast	36
37	11 & Over 100 Back	38
39	11 & Over 50 Free	40
41	11 & Over 100 Back	42
43	11-12 50 Breast	44
45	11 & Over 500 Free	46
	Intersession #5 S, G, T, PS, SD 12:00pm +/- Warm-up 12:30pm +/- Meet Start	
Timed Finals		Timed Finals
47	OPEN 100 Back	48
49	OPEN 50 Fly	50
51	OPEN 50 Free	52
53	OPEN 100 Breast	54
55	OPEN 200 IM	56