

**PIRANHA SWIMMING**  
**PACIFIC SWIMMING SHORT COURSE DUAL MEET**  
**QUIK vs. SSS**  
**October 4, 2015**



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **15-153**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:** *Meet Referee:* **Debbi Tucker**                      *Head Starter:* **Phil Spratt**  
*Meet Marshal:* **Darlene Follansbee**                      *Admin Official:* **Barbara DeVries**  
*Meet Director:* **Vicki Beard** [vrbeard@sbcglobal.net](mailto:vrbeard@sbcglobal.net)

**LOCATION:** Honey Bee Pool, 1170 Golf Course Drive, Rohnert Park.

**DIRECTIONS:** Take Hwy 101 NB to the Wilfred Ave exit. Turn left off hwy on to Commerce. right at next light on to Golf Course Dr. Turn left into pool. There is a small parking lot available as well as street parking. For additional parking: While on Golf Course (before the Pacific Market Shopping Center) turn left at stop light for Country Club. Turn right at Hudis Street stop sign. On right will be parking lot for Marguerite Hahn Elementary School. If you walk past the baseball field, follow the sidewalk into the park and you will see the pool.

**COURSE:** Outdoor 25 yard pool with up to 6 lanes available for competition, and a small warm up/warm down area available throughout the competition. The minimum water depth, measured in accordance with Article 103.2.3, is 5'x 0" at the start end and 3'-5" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

**TIME:** Meet will begin at 2:30 PM with warm-ups from 1:30 to 2:15 PM.

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
  - All events are timed finals.
  - All events will swim fast to slow.
  - Swimmers may compete in 4 events per day.
  - All swimmers ages 12 and under should complete competition within four (4) hours.
  - Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
  - If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
  - **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

**ELIGIBILITY:**

- Entries are limited to swimmers attached to, or in training with, SSS and QUIK. Entries must be submitted in an electronic format using the TM file provided, with swimmers best time.
- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entries with "**NO TIME**" will be **ACCEPTED**.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

**ENTRY FEES:** There is a \$10.00 per swimmer participation fee.

**ENTRIES:** Entries must be submitted in an electronic format using the TM file provided. Entries are due by midnight, **Wednesday, September 23**. No late entries will be accepted. Consolidated entry forms can be delivered the day of the meet.

**Make check payable to: Piranha Swimming**

**Email entries to: Vicki Beard [piranha.coach2@gmail.com](mailto:piranha.coach2@gmail.com)**

**CHECK-IN:** The meet will be pre-seeded. No check-in is required.

**SCRATCHES:** Any swimmers not reporting for or competing in an individual timed final event shall not be penalized.

**AWARDS:** None.

**ADMISSION:** None

**SNACK BAR & HOSPITALITY:** There will be no snack bar available. Coaches and working deck officials will be provided refreshments.

**MINIMUM OFFICIALS:** At least seven days prior to the start of the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each team participating in the meet, and provide a preliminary inventory of the officials that team is required to provide for each session. Each team shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that team during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of swimmers entered in each session by each team with the number of officials present representing each team. If meet management certifies that a team has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a trials and finals meet, the team will be fined \$100 per missing official per session of the meet.

Club swimmers entered in session	Trained and carded officials required*
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

*\*Zone 3 will include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 will accept uncarded Trainees in the count of officials for up to two sessions. Teams may use officials "borrowed" from other teams, or unattached officials at the meet who agree, to fulfill their obligation under the rule.*

#### EVENTS

WOMEN	EVENT	MEN
1	8-Under 25 Free	2
3	9-10 50 Free	4
5	11-12 50 Free	6
7	13 Over 100 Free	8
9	8-Under 25 Breast	10
11	9-10 50 Breast	12
13	11-12 50 Breast	14
15	13 Over 100 Breast	16
17	8-Under 25 Back	18
19	9-10 50 Back	20
21	11-12 50 Back	22
23	13 Over 100 Back	24
25	8-Under 25 Fly	26
27	9-10 50 Fly	28
29	11-12 50 Fly	30
31	13 Over 100 Fly	32

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Piranha Swimming Dual Meet October 4, 2015  Consolidated Entry Form													
Name: Last,                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
Participation Fee    \$10.00													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						
Email													