

SANTA CLARA SWIM CLUB
PACIFIC SWIMMING LONG COURSE SENIOR OPEN
APRIL 16-17, 2022
Enter Online: <http://www.fastswims.com>



SANCTION: Held under USA/Pacific Swimming Sanction No. **22-039**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet shall be posted on Meet Mobile.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: Brett Shaug	Head Starter: Sylvian Flamant
Meet Marshal: Joe Javernick	Admin Official: Sachi Itow
Meet Director: Pamela Espinoza; pamelae@santaclaraswimclub.org	

LOCATION: GEORGE G. HAINES INTERNATIONAL SWIM CENTER, 2625 PATRICIA DR, SANTA CLARA, CA 95051

DIRECTIONS: From Highway 101, exit south on Lawrence Expressway or Bowers Ave; turn left at Homestead Rd; turn left at Las Palmas Dr; proceed to Patricia Dr and turn left. –OR– Exit Highway 101 on San Tomas Expressway; turn right on Homestead Rd; turn right on Las Palmas Dr; Proceed to Patricia Dr and turn left. There is limited free parking in the parking lot and adjoining streets. No parking allowed in the library parking lot (you will be ticketed).

COURSE: OUTDOOR 25 YARD pool with up to two courses (up to 18 lanes) available for preliminary competition; a 10-lane course will be used for finals. An additional 6 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4'6" at the start end and 4'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet shall begin at 9:00 AM each day with warm-ups from 7:30-8:50 AM each day.

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
 - The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
 - All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
 - All events are timed finals.
 - All events shall swim fast to slow
 - The 800 Free will be seeded and swum fast to slow, alternating heats of women and men
 - Athletes in the 800 Free will need to provide their own timers and lap counters
 - Athletes may compete in a maximum of four (4) events per day.
 - If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds shall be made for any mandatory scratches.
 - All Coaches and Officials shall wear their USA Swimming membership cards in a visible manner.

ATTENTION HIGH SCHOOL ATHLETES: High School Athletes in season need to be Unattached from this meet. It is the Athlete’s responsibility to be Unattached from this meet. Athletes can un-attach at the meet if necessary. This does not apply to Athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet shall be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete’s legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete’s USA Swimming Club Member-Coach.

RACING STARTS: Athletes shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or shall start the race in the water. It is the responsibility of the Athlete or the Athlete’s legal guardian to ensure compliance with this requirement.

- RESTRICTIONS:**
- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
 - Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
 - No glass containers are allowed in the meet venue.
 - Only Athletes, Coaches, Officials, and Volunteers shall be allowed on the pool deck.
 - Deck Changes are prohibited.
 - Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
 - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
 - **All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.**

- ELIGIBILITY:**
- Athletes shall be current members of USA Swimming and shall enter their name and registration number on their entries exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host shall check all Athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge shall be added to the regular registration fee). Duplicate registrations shall be refunded by mail.
 - Athletes 13&O are eligible to enter this meet. There is no proof of time. Entry times should be the Athlete’s actual time and not the minimum standard.
 - Athletes 11-12 years of age must meet the Senior Open time standard as outlined by Pacific Swimming time verification procedures. No refunds shall be given if a time cannot be proven.
 - Athletes under the age of 11 years are not eligible to compete.

- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations.
- No time conversions will be accepted.
- Entries with "NO TIME" will be rejected.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

SEEDING: Event seeding shall be in the following order: conforming long course meters, non-conforming short course meters, and non-conforming short course yards - USA Swimming rules 207.11.7B. **See Rules for distance events seeding.**

CHECK-IN: The meet will be deck seeded. Athletes will check-in at the Clerk-of-Course. No event will be closed more than 30 minutes before the scheduled start of the session. Close of check-in for remaining events will be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be allowed to compete in the event.

SCRATCH RULE: Athletes entered in a timed final individual event that is seeded on the deck that have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to swim an event shall result in being barred from their next individual event.

ENTRY FEES: \$7.00 per individual event plus an \$14.00 LCM per Athlete participation fee. Entries will be rejected if payment is not sent at time of request. No late entries will be accepted. No refunds will be made, except for mandatory scratch downs.

ONLINE ENTRIES: To enter online go to www.fastswims.com to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through Wednesday, April 6, 2022.

MAILED OR HAND DELIVERED ENTRIES: Entries shall be on the attached consolidated entry form. Forms shall be filled out completely and printed clearly with Athlete's best time. Entries will be entered using the current Pacific Swimming procedure: and postmarked by midnight, Monday, April 4, 2022, or hand delivered by 6:30 p.m. Wednesday, April 6. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Santa Clara Swim Club

Mail or hand deliver entries to: Pamela Espinoza
2625 Patricia Dr
Santa Clara, CA 95051

AWARDS: None.

ADMISSION: Free. A meet program will be available for \$5.00.

HOSPITALITY: Hospitality available for Coaches, Officials, Timers, and Volunteers. Lunches will be provided for Coaches and working Officials. There will be a snack bar.

MISCELLANEOUS:

- No overnight parking is allowed. Facilities will not be provided after meet hours.
- A snack bar vendor may be available during the meet.
- Hospitality will be available for coaches and officials working the meet.

ORDER OF EVENTS

SATURDAY, APRIL 16		
EVENT #	EVENT	EVENT #
1	400 IM	2
3	50 FREE	4
5	100 BREAST	6
7	200 FREE	8
9	100 FLY	10
11	200 BACK	12
13	800 FREE	14

SUNDAY, APRIL 17		
EVENT #	EVENT	EVENT #
15	400 FREE	16
17	100 BACK	18
19	200 FLY	20
21	100 FREE	22
23	200 BREAST	24
25	200 IM	26

Events 13-14 will be swum fastest to slowest alternating women and men; there will be a 10 minute break before the start of these events; Athletes in these events will need to provide their own timers and lap counters.

Time standards may be found at: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Santa Clara Swim Club LONG COURSE SENIOR OPEN April 16-17, 2022 Consolidated Entry Form													
Name: Last, First Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle One				
						: .			SCY / LCM / SCM				
						: .			SCY / LCM / SCM				
						: .			SCY / LCM / SCM				
						: .			SCY / LCM / SCM				
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						: .			SCY / LCM / SCM				
						: .			SCY / LCM / SCM				
# of entries _____ x \$7.00 = \$ _____ Participation Fee \$14.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													