

SUPERLEAGUE SUMMER LC FINALS T/F
HOSTED BY NEPTUNE SWIMMING
PACIFIC SWIMMING CLOSED INVITATIONAL MEET
July 12-14, 2024



INVITED TEAMS: PC-SCSC, PC-PASA, PC-PLS, PC-NBA, PC-SRN, SN-DART, SN-SMST, CC-CLOV

SANCTION: Held under USA/Pacific Swimming Sanction No. **24-083**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet shall be posted on Meet Mobile.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

Meet Referee: Bill Sargis	Head Starter: Evan Bigall
Meet Marshal: Allie Davis	Admin Official: Kevin Campbell
Meet Director: Ashley Denize	srnashleybritton@gmail.com

LOCATION: Quinn Swim Center. Kathryn Kettler Pool: 1501 Mendocino Avenue, Santa Rosa, CA 95401

DIRECTIONS: From the north: Travel south on Hwy 101. Exit at College Avenue turnoff. At stoplight, make a left turn onto College Avenue. Proceed eastbound on College Avenue to Mendocino Ave. Turn left on Mendocino Ave. At Pacific Avenue, turn left into the SRJC parking lot. From the south: Travel north on Hwy 101. Exit at College Avenue turnoff. At stoplight, make a right turn onto College Ave. Proceed eastbound on College Avenue to Mendocino Ave. Turn left on Mendocino Ave. At Pacific Avenue, turn left turn into the SRJC parking lot. Pass the football stadium to your right. Swim center and parking is to the right past the football stadium.

COURSE: OUTDOOR 50 METER pool with up to 8 lanes available for competition. An additional 8 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 8'0" at the start end and 8'0" at the turn end. The Meet Host shall ensure the required course dimensions.

TIME: Preliminaries will begin at 9:00AM each day with warm-up from 7:30-8:45AM each day.
Finals will begin at 4:30PM each day, with warm-up from 3:30-4:15PM

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
 - The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
 - All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
 - All events except the 1500 Free are preliminaries/finals.
 - The 1500 Free will be timed finals and will be swum fast to slow, alternating heats of women and men. The fastest heat of the 1500 (men and women) will be swum during the finals session. Athletes may elect to swim the 1500 in the morning session. Athletes will need to provide timers and lap counters if swimming in the morning session. Athletes may request to get an official 800 time during the 1500.
 - Positive check-in is required for the 1500 by 9 AM on Sunday. The 1500 will be seeded following the positive check-in.
 - During preliminaries, all events will swim fast to slow.
 - During finals, all events will swim fast to slow (A Final, B Final, C Final, D Final, E Final).
 - Athletes may compete in a maximum of three (3) events per day.
 - Relays:
 - The 200 Medley and 200 Free Relays: each Club is allowed to enter two (2) relay teams per event; these relays will be conducted at the beginning of finals on the days they are to be swum.
 - **All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.**
 - Lifeguards will be present on deck and AED is available onsite. First aid is available to all participants.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

- RESTRICTIONS:**
- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
 - Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
 - No glass containers are allowed in the meet venue.
 - No propane heater is permitted except for snack bar/meet operations.
 - All shelters must be properly secured.
 - Deck Changes are prohibited.
 - Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
 - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.

- ELIGIBILITY:**
- Athletes shall be current members of USA Swimming and member of, or training with, the following teams: PC-SCSC, PC-PASA, PC-PLS, PC-NBA, PC-SRN, SN-DART, SN-SMST, CC-CLOV, PC-ALTO. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
 - No time conversions will be accepted.
 - Entries with **"NO TIME" will REJECTED.**
 - Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
 - The Athlete's age will be the age of the Athlete on the first day of the meet.

ENTRY FEES: \$120 per athlete

TEAM ENTRIES: Entries must be submitted using Hy-Tek (or compatible) entry file. An entry file will be posted on the SRN website. Entries are due no later than Monday, July 1, 2024, 9:00 PM. Payment for entries is due prior to meet start (July 12, 2024).

Email the entry file to srnashleybritton@gmail.com

Make check payable to: Neptune Swimming

CHECK-IN: The meet shall be pre-seeded. Athletes shall report to the bull-pen area at their scheduled time for each event.

SEEDING: Event seeding shall be in the following order: conforming long course meters, non-conforming short course meters, and non-conforming short course yards - USA Swimming rules 207.11.7B.

SCRATCHES: There is no penalty for missing a pre-seeded preliminaries event. Failure to swim a timed final event that required check-in will result in that athlete being barred from their next individual event.

Any athlete qualifying for FINALS (E Final, D Final, C Final, B Final, A Final) in an individual event who does not wish to compete shall scratch within 30 minutes after the announcement of qualifiers by notifying the Administrative referee. During this period, qualifiers may also notify the Administrative referee that they may not intend to compete in finals. In this case, they shall declare their final intention within 30 minutes after the announcement of qualifiers following their last individual preliminary event.

AWARDS: None.

ADMISSION: Free. A meet program will be available for coaches and officials and will be posted at the pool.

SNACK BAR & HOSPITALITY: Hospitality available for coaches and officials

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours

MINIMUM OFFICIALS: At least seven days prior to the start of the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each club participating in the meet, and provide a preliminary inventory of the officials that club is required to provide for each session. Each club shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that club during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of athletes entered in each session by each club with the number of officials present representing each club. If meet management certifies that a club has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a prelims and finals meet, the club shall be fined \$100 per missing official per session of the meet.

Club Athletes entered in session	Trained and carded Officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

NOTE: Zone 3 shall include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 shall accept Carded Apprentices in the count of officials. Clubs may use officials "borrowed" from other clubs, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

ORDER OF EVENTS

SESSION 1—FRIDAY, 7/12—TRIALS		
Event #	EVENT	Event #
Women		Men
3	400 Free	4
5	200 IM	6
7	50 Free	8

SESSION 3—SATURDAY, 7/13—TRIALS		
Event #	EVENT	Event #
Women		Men
11	400 IM	12
13	100 Fly	14
15	200 Free	16
17	100 Breast	18
19	100 Back	20

SESSION 5—SUNDAY, 7/14—TRIALS		
Event #	EVENT	Event #
Women		Men
21	200 Back	22
23	100 Free	24
25	200 Breast	26
27	200 Fly	28
	10 minute break	
29	1500 Free***	30

SESSION 2 —FRIDAY, 7/12—FINALS		
Event #	EVENT	Event #
1	200 M.R.**	2
Women	10 minute break	Men
3	400 Free	4
5	200 IM	6
7	50 Free	8

SESSION 4—SATURDAY, 7/13—FINALS		
Event #	EVENT	Event #
9	200 F.R.**	10
Women	10 minute break	Men
11	400 IM	12
13	100 Fly	14
15	200 Free	16
17	100 Breast	18
19	100 Back	20

SESSION 6—SUNDAY, 7/14—FINALS		
Event #	EVENT	Event #
Women		Men
21	200 Back	22
29	1500 Free (W)	
23	100 Free	24
25	200 Breast	26
	1500 Free (M)	30
27	200 Fly	28

**The 200 Medley Relay and 200 Free Relay will be a timed final event conducted at the end of the finals session. There will be a 10 minute break before the relay events. Each team is allowed two relay teams per event.

***The 1500 Free will be swum fastest to slowest alternating heats of women and men; there will be a 10 minute break before the start of these events; swimmers in these events will need to provide their own timers and lap counters. The fastest heat of women and men will be swum during the finals session; swimmers may elect to swim in the morning session.