RICHARD THORNTON MEMORIAL MEET
HOSTED BY SAN RAMON VALLEY AQUATICS
PACIFIC SWIMMING SHORT COURSE C/B/BB+ MEET
DECEMBER 14-15, 2024
Enter Online: http://ome.fastswims.com

Zone 2 Priority Clubs for SRVA site: SRVA AAA ALGA BSW EBSD ECG ELIT HILL LAC MONT ONDA PST TERA WCAB

No Friday night set-up or storage allowed. Canopies must be taken down and either taken home or stored near bleachers. Gates will open each morning at 7:00 AM.

SANCTION: Held under USA/Pacific Swimming Sanction No. **24-154**
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or their guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on Meet Mobile.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or their designee.

MEET PERSONNEL:
Meet Referee: Christopher Lam — ***Head Starter:*** David Kaplan
Meet Marshal: Raj Nimbalkar — ***Admin Official:*** Amy Gonzales
Meet Director: Shilpa Nakka meetdirector@srvaswimteam.org

LOCATION: Dougherty Valley Aquatic Center (DVAC), 10550 Albion Rd, San Ramon, CA 94582

DIRECTIONS: **From I-580,** take exit 45 (Hopyard Rd/Dougherty Rd). Turn north onto Hopyard Rd/Dougherty Rd and continue straight for 3.2 mi. Continue straight onto Bollinger Canyon Rd for an additional 1.5 mi. Turn right onto Albion Rd and DVAC will be on the left (500 ft). **From I-680,** take exit 34 (Bollinger Canyon Rd). Turn east onto Bollinger Canyon Rd and continue for 3.9 mi. Turn left onto Albion Rd and DVAC will be on the left (500 ft). DO NOT PARK where no parking signs or permit parking only signs are posted. You will be ticketed or towed.

COURSE: Outdoor 25-yard pool with up to 12 lanes available for competition. An additional 3 lanes will be available for warm-up/warm-down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4'6" at the start end and 4'6" at the turn end. The Meet Host shall ensure the required course dimensions.

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and Under Athletes only will be held from 8:45 to 8:55 AM.

RULES:
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be available at the clerk-of-course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in **4** events per day.
- All Athletes ages 12 & under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated timeline, per the "Four-Hour Rule," based on the Athlete's age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate refunds will be made for any mandatory scratches.
- **All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.**
- **Medical supervision**: Lifeguards, EMT, and/or AED will be provided by the City of San Ramon staff who are going to be working onsite during the meet. The nearest emergency rooms are San Ramon Regional Medical Ctr (6001 Norris Canyon Rd, San Ramon, CA) and Stanford Health Care Tri-Valley (5555 W Las Positas Blvd, Pleasanton, CA).
- All athletes entered in the 400 IM shall provide their own timers.
- Athletes entering the 400 IM must have achieved the USA-Swimming 11–12 "B" time standard for the event (6:31.69 girls, 6:17.09 boys). The 400 IM shall be limited to 80 entries each, accepted in the order entries are received.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:
- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- No glass containers are allowed in the meet venue.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or their designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- Entry and set up (pop-ups) are not allowed before 7:00 AM on Saturday and Sunday.
- No pop-ups are allowed inside the pool fence.
- All pathways must be clear, and no pop-ups are allowed on pathways and in front of entry and exit gates as well as yellow tape marked areas. Pathways and entry and exit gates must be clear for emergency personnel and vehicles to pass through. Pop-ups are allowed on the grassy areas around the pool
- No umbrellas are allowed beyond the cordoned off areas at the starting blocks and race start areas on the deck for safety reasons.

• No overnight parking is allowed. Facilities will not be provided for after-meet hours.
• Neither SRVA nor Dougherty Valley High School is responsible for items that are lost or stolen.

ELIGIBILITY: • Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
• Athletes in the "BB+" Division must have met at least USA Swimming Motivational "BB" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division. For 8 & Under, athletes in the "A" division must have met at least the listed "A" time standard.
• Entries with **"NO TIME" will NOT be Accepted.**
• Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
• Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
• Athletes 19 years of age and over may compete in the meet for time only, no awards. Such Athletes must have met standards for the 17–18 age group.
• The Athlete's age will be the age of the Athlete on the first day of the meet.

ENTRY PRIORITY: Meet entries will be accepted no earlier than **Monday, November 11, 2024**. Entries from members of assigned year-round Zone 2 clubs in good standing postmarked or entered online by 11:59 PM Saturday **November 16, 2024** will be given first priority acceptance. Entries from members of all Zone 2 clubs (year-round and seasonal) postmarked or entered online between 12:00 midnight Sunday **November 17, 2024** and 11:59 PM Saturday **November 23, 2024** will be given second priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSCs, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order they are received.

**** NOTE: Athletes who falsify their entry form by listing a club to which they are not legitimately associated will be rejected from the meet. Furthermore, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.**

ENTRY FEES: $4.50 per event plus a $10.00 participation fee per Athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to **http://ome.fastswims.com** to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus $0.75 per transaction, regardless of number of Athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through **Wednesday, December 4, 2024** or until the meet has reached capacity, whichever comes first.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete's best time. Entries must be postmarked by **Tuesday December 3, 2024** or hand delivered by 6:30 PM **Wednesday December 4, 2024**, or until the meet has reached capacity and the four-hour rule. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: SRVA
Mail entries to: SRVA Meet Entries, PO Box 973, San Ramon, CA 94583
Hand-deliver entries to: SRVA Coaches, 9900 Broadmoor Dr, San Ramon, CA 94583, between 5pm-7pm

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Prior to 10:30 AM, close of check-in for each event shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. **Close of check-in for all remaining events for that day shall be at 10:30 AM.** Athletes who do not check in will not be seeded and will not be allowed to compete in that event. Athletes who wish to scratch from an event after the close of check-in are requested to inform the Referee on the starting end of the competition course. **NOTE:** Do not rely on Meet Mobile for event start time.

SCRATCHES: Any Athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: First through eighth places in each division (C, B, BB+) will be awarded for the 9–10, 11–12, 13–14 age groups. First through eighth place in each division (PC-C, PC-B, PC-A) will be awarded for the 8 & Under age group. All athletes achieving an "A" time for the first time will be awarded a standard A-medal, regardless of place achieved in the event. No awards will be given for athletes 15 years of age and older. No awards will be given for Open events. Individual awards must be picked up at the meet. We will not mail or distribute awards after the meet.

ADMISSION: Free. Programs will be available for coaches and officials only.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working Officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Any items left outside the facility overnight will not be secure or guarded. Please do not leave anything overnight. Set up will be available starting at 7:00 AM on the first day of the meet, no earlier. All participating clubs are expected to provide lane timers based upon the number of athletes registered to swim each day. Club timing lanes for Saturday and Sunday will be assigned and coaches will be notified of assignments during the week prior to the meet.

MINIMUM OFFICIALS: The Meet Referee shall conduct an inventory of Officials and shall compare the number of athletes entered against the number of Officials that worked representing each club per day of the meet. Those clubs who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined $100 per missing Official per day.

Number of athletes entered in meet per club per day	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Athletes over 100	+1

EVENT SUMMARY

SATURDAY				SUNDAY			
8&U	**9-10**	**11-12**	**13&O**	**8&U**	**9-10**	**11-12**	**13&O**
100 IM	100 IM	200 IM	200 IM	25 Free	200 Free	200 Free	200 Free
100 Free	100 Free	100 Free	100 Free	50 Back	50 Back	100 Back	100 Back
50 Fly	50 Fly	50 Fly	100 Fly	50 Breast	50 Breast	100 Breast	100 Breast
25 Breast	100 Breast	200 Breast	200 Breast	25 Fly	200 IM	100 IM	200 Fly
25 Back	100 Back	200 Back	200 Back	50 Free	50 Free	50 Free	50 Free
Open 400 IM (Boys)**				Open 400 IM (Girls)**			

EVENTS

SATURDAY DECEMBER 14, 2024		
EVENT #	**EVENT**	**EVENT #**
1	13&O 200 IM	2
3	11-12 200 IM	4
5	10&U 100 IM*	6
7	13&O 100 Free	8
9	11-12 100 Free	10
11	10&U 100 Free*	12
13	13&O 100 Fly	14
15	11-12 50 Fly	16
17	10&U 50 Fly*	18
19	13&O 200 Breast	20
21	11-12 200 Breast	22
23	9-10 100 Breast	24
25	8&U 25 Breast	26
27	13&O 200 Back	28
29	11-12 200 Back	30
31	9-10 100 Back	32
33	8&U 25 Back	34
	Boys Open 400 IM**	36

SUNDAY DECEMBER 15, 2024		
EVENT #	**EVENT**	**EVENT #**
37	13&O 200 Free	38
39	11-12 200 Free	40
41	9-10 200 Free	42
43	8&U 25 Free	44
45	13&O 100 Back	46
47	11-12 100 Back	48
49	10&U 50 Back*	50
51	13&O 100 Breast	52
53	11-12 100 Breast	54
55	10&U 50 Breast*	56
57	13&O 200 Fly	58
59	11-12 100 IM	60
61	9-10 200 IM	62
63	8&U 25 Fly	64
65	13&O 50 Free	66
67	11-12 50 Free	68
69	10&U 50 Free*	70
71	Girls Open 400 IM**	

***These events will compete in the 10&Under category but awarded as 9-10 and 8&Under age groups.**
****All athletes entering the 400 IM must provide their own timers. Athletes entering these events must have met the USA Swimming 11-12 "B" Time Standard (Girls 6:31.69, Boys 6:17.09)**

Use the following URL to find the time standards: http://www.pacswim.org/swim-meet-times/standards

Pacific Swimming – Hosted by SRVA
SHORT COURSE C/B/BB+
DECEMBER 14-15, 2024
Consolidated Entry Form

Name: Last	First	Middle

Club Abbr.	UNATT TEAM ABBR	Club Name	
Age	Date of Birth	Sex M F	LSC – (PC, SN)

USA-#														

Event #	Distance / Stroke	Entry Time	Circle one
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM

# of entries _____ x $4.50 = $_____
Participation Fee $ 10.00
Total $_____

Coach

Athlete's Address

Home Phone	Cell Phone

Email