# SUNNYVALE SWIM CLUB FALL CLASSIC PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET

OCTOBER 27-29, 2023

Enter Online: <a href="http://ome.fastswims.com">http://ome.fastswims.com</a>

Priority Z1N Clubs: ALTO, DACA, LAMV, LO, OSC, SOLO, SUNN, UCPA



SANCTION: Held under USA/Pacific Swimming Sanction No. 23-140

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

**NOTICE:** By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the internet at www.FastLaneTek.com and on the Meet Mobile App.** 

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:** Meet Referee: Brian Floyd Head Starter: Kit Yan

Meet Marshal: Yannick Guillerm Admin Official: Carol Waln

Meet Director: Sachin Kajarekar (meet.director@sunn.org)

LOCATION: Sunnyvale Swim Complex @ Fremont High School, 1283 Sunnyvale-Saratoga Ave., Sunnyvale, CA 94087 [LINK]

**DIRECTIONS:** From Interstate 280, exit N. De Anza Blvd (Sunnyvale-Saratoga Ave), travel north on Sunnyvale-Saratoga Ave until it reaches Fremont Ave. The pool is between the school's main entrance and the football field. There are two parking lots. Parking lot off of Sunnyvale-Saratoga in front of the high school will be held for meet officials and swim coaches. Participants should park in the student lot (with solar panels) on the west side of the school campus off Fremont Ave.

**COURSE:** Outdoor 25 yard by 50-meter pool with up to 10 lanes available for competition. An additional 9 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 12'0" at the start end and 12'0" at the turn end. The meet host shall ensure required course dimensions.

TIME: Friday PM: Warm-ups from 3:30 – 4:20 PM. Meet begins at 4:30 PM

Saturday and Sunday are split into sessions "A" and "B"

Session A: All 13 & Over Athletes, and 11 - 12 Girls. Warm-ups from 7:00-8:15 AM. Meet begins at 8:30 AM

Session B: 11 - 12 Boys and ALL 10 & Unders. Session B will begin one hour after Session A finishes but not before 11:30

AM. Warm-up begins immediately after Session A finishes.

- **RULES:** Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
  - The local facilities guidelines, restrictions and interpretations of the local public health guidelines shall be followed at this meet
  - All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
  - All events are timed finals.
  - All events will swim fast to slow.
  - Athletes may compete in MAXIMUM of one (1) event on Friday and three (3) events per day on Saturday/Sunday.
  - Entries with "NO TIME" for the 200 yards and longer events will not be accepted. A coach verified time will be accepted.
  - On Friday, the 500 Free (Events #1/2) will be limited to 30 entries.
  - Event #3 (the 1650 Free) will be seeded as a mixed gender event and is limited to 60 entries.
  - All Athletes ages 12 and under should complete competition within four (4) hours.
  - Entries will be accepted until the number of splashes reaches four hours.
  - No entries will be accepted after the meet has closed.
  - Prior to release, the estimated timeline will be provided to the Meet Referee and Meet Director for review and approval.
  - If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
  - All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.
  - All Athletes entered in the 500 Free and/or 1650 Free shall provide their own timers and lap counters.
  - First-aid kits and AED will be available on the pool deck. Further Medical support available via 911.

**UNACCOMPANIED ATHLETES:** Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.

- No pets and/or animals are allowed with the exception of certified service animals, and they must check in with the meet director.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- Coach tents ONLY on the pool deck, no personal tents allowed. Space outside of the pool is for personal tents.

**ELIGIBILITY:** • Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before

being allowed to swim in the meet.

- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be ACCEPTED for events SHORTER THAN 200 yards.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such Athletes must have met standards for the 17-18 age group.
- •The Athlete's age will be the age of the Athlete on the first day of the meet.

**ENTRY PRIORITY:** Priority entry will be given to the following Zone 1N clubs: **ALTO, DACA, LAMV, LO, OSC, SOLO, SUNN, UCPA**. Those entering online must do so by **11:59 PM, Wednesday, October 11, 2023** to receive priority acceptance to the meet. Athletes from the Zone 1N priority clubs submitting surface mail entries must be postmarked by **Monday, October 09, 2023** to receive priority acceptance into the meet. No Athletes, other than those from the Zone 1N priority clubs may enter the meet until the priority period passes. After **October 12**, and if the estimated timeline still permits, the meet will be open to Athletes outside of the Zone 1N priority clubs.

**ENTRY FEES:** \$4.50 per event plus a \$10.00 participation fee per Athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

**ONLINE ENTRIES:** To enter online go to <a href="http://ome.fastswims.com">http://ome.fastswims.com</a> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per Athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. **Online entries will be accepted through Wednesday, October 18, 2023** (pending the meet does not fill up sooner per the session four-hour time-limit, see Rules above).

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete's best time. Entries must be postmarked by midnight, Monday, October 16, 2023 or hand delivered by 6:30 p.m. Wednesday, October 18, 2023. No late entries will be accepted. Incorrect entries will not be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Sunnyvale Swim Club

Mail entries to: SUNN Fall Classic Hand deliver entries to: SUNN Fall Classic

c/o Sachin Kajarekar c/o Sachin Kajarekar 861 Helena Drive 861 Helena Drive Sunnyvale, CA 94087 Sunnyvale, CA 94087

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for remaining events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in for an event will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any Athletes not reporting for or competing in an individual timed final event that they have entered shall not be penalized.

**AWARDS:** Individual events will be awarded in the A, B, and C Divisions. Ribbons for 1st–8th place are given within each division to the following age groups: 6/un, 7-8, 9-10 and 11-12. Athletes 13 years of age and older will not receive ribbons. "A" medals will be awarded to Athletes achieving NEW Motivational Time Standard "A" times in each event, regardless of place achieved in the event. All awards must be picked up at the meet by club coach or team representative. Awards will not be mailed.

**ADMISSION:** Free. A three-day program file (PDF) will be emailed to all club coaches prior to the meet.

**SNACK BAR & HOSPITALITY:** A limited snack bar will be available on Saturday/Sunday. Coaches and working Officials will be provided a light breakfast and lunch. Hospitality will serve refreshments to timers and volunteers.

#### **MISCELLANEOUS:**

- No overnight parking is allowed. Facilities will not be provided after meet hours.
- Disobeying parking signs may result in a citation and a fine.
- All participating clubs are expected to provide lane timers based on the number of athletes registered to swim each day and session. Coaches/clubs will be notified of club timing lane assignments the Monday prior to the meet.

**MINIMUM OFFICIALS:** Clubs must follow Z1 North rules for providing officials. Each club must provide officials for each session according to the number of athletes entered in that session, following the table below.

	T : 1 1 1 1000: 1
Club Athletes entered in session	Trained and carded Officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5 and up (1 for every 25 Athletes)

## **EVENT SUMMARY**

	FRIDA	Y, OCTOBER 27	7, 2023						
8&UN	9-10	11-12	13-14	15 & UP					
	500 FR	500 FR	1650 FR	1650 FR					
-		1650 FR							
				•					
	SATURDAY, OCTOBER 28, 2023			SUNDA	AY, OCTOBER 2	9, 2023			
8 & UN	9-10	11-12	13-14	15 & UP	8 & UN	9-10	11-12	13-14	15 & UP
50 FL	200 IM	200 IM	200 FR	200 FR	100 FR	100 FR	100 FR	100 FR	100 FR
50 FR	50 FL	50 FL	200 BR	200 BR	50 BR	50 BR	200 BK	100 BR	100 BR
100 IM	50 FR	50 FR	100 BK	100 BK	25 FL	100 FL	50 BR	200 BK	200 BK
25 BK	100 IM	200 FL	50 FR	50 FR	25 BR	100 BR	100 FL	100 FL	100 FL
25 FR	100 BK	100 IM	200 FL	200 FL	50 BK	200 FR	100 BR	200 IM	200 IM
		100 BK	400 IM	400 IM		50 BK	200 FR	500 FR	500 FR
		200 BR					50 BK		
							400 IM		

### **ORDER OF EVENTS**

FRIDAY, OCTOBER 27, 2023			
GIRLS #	BOYS#		
1	9-12 500 FREE*	2	
3	MIXED 11 & O 1650 FREE	3	

SATURDAY, OCTOBER 28, 2023					
GIRLS #	EVENT	BOYS #			
SESSION A					
5	11-12 200 IM**				
7	13-14 200 FREE**	8			
9	15 & UP 200 FREE**	10			
11	11-12 50 FLY				
13	13-14 200 BREAST**	14			
15	15 & UP 200 BREAST**	16			
17	11-12 50 FREE				
19	13-14 100 BACK	20			
21	15 & UP 100 BACK	22			
23	11-12 100 IM				
25	13-14 50 FREE	26			
27	15 & UP 50 FREE	28			
29	11-12 200 FLY				
31	13-14 200 FLY**	32			
33	15 & UP 200 FLY**	34			
35	11-12 100 BACK				
37	11-12 200 BREAST**				
39	13-14 400 IM*	40			
41	15 & UP 400 IM*	42			
	·				
	SESSION B	•			
43	9-10 200 IM**	44			
	11-12 200 IM	46			
47	8 & UN 50 FLY	48			
49	9-10 50 FLY	50			
	11-12 50 FLY	52			
53	8 & UN 50 FREE	54			
55	9-10 50 FREE	56			
	11-12 50 FREE	58			
59	8 & UN 100 IM	60			
	11-12 100 IM	62			
63	9-10 100 IM	64			
	11-12 200 FLY	66			
67	9-10 100 BACK	68			
	11-12 100 BACK	70			
71	8 & UN 25 BACK	72			
	11-12 200 BREAST**	74			
75	8 & UN 25 FREE	76			

SUNDAY, OCTOBER 29, 2023					
GIRLS #	EVENT	BOYS #			
	SESSION A				
77	11-12 100 FREE				
79	13-14 100 FREE	80			
81	15 & UP 100 FREE	82			
83	11-12 200 BACK**				
85	13-14 100 BREAST	86			
87	15 & UP 100 BREAST	88			
89	11-12 50 BREAST				
91	13-14 200 BACK**	92			
93	15 & UP 200 BACK**	94			
95	11-12 100 FLY				
97	13-14 100 FLY	98			
99	15 & UP 100 FLY	100			
101	11-12 100 BREAST				
103	13-14 200 IM**	104			
105	15 & UP 200 IM**	106			
107	11-12 200 FREE**				
109	11-12 50 BACK				
111	13-14 500 FREE*	112			
113	15 & UP 500 FREE*	114			
115	11-12 400 IM*				
	SESSION B				
	11-12 100 FREE	116			
117	9-10 100 FREE	118			
119	8 & UN 100 FREE	120			
	11-12 200 BACK**	122			
123	8 & UN 50 BREAST	124			
125	9-10 50 BREAST	126			
	11-12 50 BREAST	128			
129	9-10 100 FLY	130			
	11-12 100 FLY	132			
133	8 & UN 25 FLY	134			
135	9-10 100 BREAST	136			
	11-12 100 BREAST	138			
139	9-10 200 FREE**	140			
	11-12 200 FREE**	142			
143	8 & UN 25 BREAST	144			
	11-12 50 BACK	146			
147	9-10 50 BACK	148			
149	8 & UN 50 BACK	150			
	11-12 400 IM*	152			
	-	•			

<sup>\*</sup> All 1650 Free, 500 Free and 400 IM Athletes must enter a seed time (coach verified time is okay) for proper seeding purposes and must provide their own lap counters.

Use the following URL to find the time standards: <a href="http://www.pacswim.org/swim-meet-times/standards">http://www.pacswim.org/swim-meet-times/standards</a>

<sup>\*\*</sup> All 200 Free, 200 IM, 200 Back, 200 Fly, and 200 Breast Athletes must enter a seed time (coach verified time is okay) for proper seeding purposes.

## Pacific Swimming – Hosted by SUNN Fall Classic SHORT COURSE CBA+ October 27-29, 2023 Consolidated Entry Form

	Name: Last Fi	rst Mi	ddle		
Club Abbr.	UNATT TEAM ABBR	Club Name			
Age	Date of Birth	Sex M F	LSC – (P	LSC – (PC, SN)	
USA-#					
Event #	Distance / Stroke	Entry T	ime	Circle one	
		:		SCY / LCM	
		:		SCY / LCM	
		:		SCY / LCM	
		:		SCY / LCM	
		:		SCY / LCM	
		:		SCY / LCM	
		:		SCY / LCM	
		:		SCY / LCM	
		:		SCY / LCM	
		:		SCY / LCM	
•	# of entries x	\$4.50 = \$	•		
		on Fee \$ 10.00			
	Total	\$			
	Со	ach			
	Athlete'	s Address			
	Home Phone		Cell Phone		
	Er	nail			