

WAVES AQUATICS NAPA VALLEY ENDLESS SUMMER CLASSIC  
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET  
SEPTEMBER 21-22, 2019  
Enter Online: <http://www.fastswims.com>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **19-117**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**

<i>Meet Referee:</i> <b>BILL SARGIS</b>	<i>Head Starter:</i> <b>DEBBI TUCKER</b>
<i>Meet Marshal:</i> <b>CAROLE MCCLINTICK</b>	<i>Admin Official:</i> <b>BARBARIE GONZALEZ</b>
<i>Meet Director:</i> <b>JON HOLLISTER</b> – <a href="mailto:hollisterjon@aol.com">hollisterjon@aol.com</a> (707) 225-2264	

**LOCATION:** ST. HELENA AQUATIC CENTER 1401 Grayson Ave St. Helena, CA 94574

**DIRECTIONS:** From Highway 29 North turn right (west) on Grayson Ave. Pool is on the left just past the school office and gym. From Highway 29 South turn left (west) on Grayson Ave. Meet parking is available at the baseball field parking lot west of the pool facility.

**COURSE:** Outdoor 25 yd pool with up to 10 lanes available for competition. An additional 5 lanes shall be available for warm-up/warm down throughout the meet. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 6'6" at the start end and 6'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Meet shall begin at 9:30 AM each day with warm-ups from 8:00-9:15 AM each day. A special warm-up time in designated lanes for 8 and under athletes only shall be held from 9:00-9:15 AM.

**RULES:**

- Current USA and Pacific Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events shall swim fast to slow.
- Athletes may compete in 4 events per day (NOT INCLUDING RELAYS)
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries shall be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athlete's age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds shall be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. Deck pass may be used to prove registration status.**
- 13-18 athletes shall swim events together. Awards shall be given to 13-14, 15-16, & 17-18 age groups.

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Team tents are not allowed on the immediate pool deck area. A covered coaches area is provided with limited number of seats. A limited number of coaches tents shall be allowed in specified/designated area (see Meet Director)

**ELIGIBILITY:**

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host shall check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge shall be added to the regular registration fee). Duplicate registrations shall be refunded by mail.
- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard shall be in the "C" Division.
- Entries with **"NO TIME"** shall be accepted
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age shall be the age of the athlete on the first day of the meet.

**ENTRY FEES:** \$4.00 per event plus an \$8.00 participation fee per athlete. Entries shall be rejected if payment is not sent at time of request. No refunds shall be made, except mandatory scratch downs. \$10.00 fee for each Relay entry – paid to Clerk of Course on deck the day of meet.

**ONLINE ENTRIES:** To enter this meet online go to <http://www.fastswims.com> to receive an immediate confirmation. This method requires payment by credit card. **FastSwims** charges a processing fee for this service, 6.5% of the total entry fees plus \$0.75 per transaction, regardless of the number of athletes. Entering online is a convenience, is completely voluntary, and is no way required or expected of an athlete by Pacific Swimming. Online entries shall be accepted through midnight **Wednesday, September 11, 2019**

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, **September 9, 2019** or hand delivered by 6:30 p.m. Wednesday, **September 11, 2019**. No late entries shall be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: WAVES AQUATICS NAPA VALLEY**

**Mail entries to: Waves Aquatics Napa Valley  
P.O. Box 303  
Napa, CA 94559**

**Hand deliver entries to: Kevin Twohey  
26 Highland Drive  
Napa, CA 94559**

**CHECK-IN:** The meet shall be deck seeded. Athletes must check-in at the Clerk-of-Course. Check-in opens at 7am. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in shall not be seeded and shall not be allowed to compete in that event.

**SCRATCHES:** Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

**AWARDS:** Ribbons shall be awarded to the 1<sup>st</sup> thru 8<sup>th</sup> place finishers in the C/B/A divisions for the following age groups: 6 & Under, 7-8, 9-10, 11-12, 13-14, 15-16, and 17-18. Ribbons shall also be awarded for the 1-3<sup>rd</sup> place finishers in the Relay age groups. 'A' medals shall be awarded to athletes with an entry time slower than 'A' achieving 'A' standard times for the first time.

Note

**Note:** Awards shall be mailed to all teams after the meet. All participating teams and teams with unattached athletes must provide a mailing address at the Clerk of the Course, at the Awards table or with the Administrative Referee at coaches check-in.

**ADMISSION:** Free. A 2-day Endless Summer Meet program shall be available for \$3.00

**SNACK BAR & HOSPITALITY:** A snack bar shall be available throughout the competition. Coaches and working deck officials shall be provided lunch. Hospitality shall serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities shall not be provided after meet hours.

**MINIMUM OFFICIALS:** At least seven days prior to the start of the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each club participating in the meet, and provide a preliminary inventory of the officials that club is required to provide for each session. Each club shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that club during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of athletes entered in each session by each club with the number of officials present representing each club. If meet management certifies that a club has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a prelims and finals meet, the club shall be fined \$100 per missing official per session of the meet.

Club athlete entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

Zone 3 shall include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 shall accept uncarded Trainees in the count of officials for up to two sessions. Clubs may use officials "borrowed" from other clubs, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

#### EVENT SUMMARY

SATURDAY SEPT 21st				SUNDAY SEPT 22nd			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
50 FR	100 BK	100 BK	200 BK	25 FR	100 FR	100 FR	200 FR
50 BR	50 FR	50 FR	100 FR	50 BK	50 BK	50 BK	100 BK
500 FR	50 BR	50 BR	100 BR	25 BR	100 BR	100 BR	500 FR
25 BK	500 FR	500 FR	100 FL	50 FL	50 FL	50 FL	200 IM
25 FL	100 FL	100 FL	50 FR		200 IM	200 IM	200 BR
100 IM	100 IM	100 IM					
100 MED-R	200 MED-R	200 MED-R	200 MED-R	100 FR-R	200 FR-R	200 FR-R	200 FR-R

SATURDAY SEPT 21		
EVENT #	EVENT	EVENT #
1	13-18 200 Back	2
3	11-12 100 Back	4
5	9-10 100 Back	6
7	13-18 100 Free	8
9	11-12 50 free	10
11	9-10 50 Free	12
13	8-UN 50 Free	14
15	13-18 100 Fly	16
17	11-12 100 FL	18
19	9-10 100 Fly	20
21	8-UN 25 Fly	22
23	12 – UN 500 Free	24
25	8 – UN 25 Back	26
27	11-12 100IM	28
29	10-UN 100IM	30
31	13-18 100 Breast	32
33	11-12 50 Breast	34
35	9-10 50 Breast	36
37	8-UN 50 Breast	38
39	8-UN 100 Medley Relay	40
41	9-10 200 Medley Relay	42
43	11-12 200 Medley Relay	44
45	13-18 200 Medley Relay	46

SUNDAY SEPT 22		
EVENT #	EVENT	EVENT #
47	13-18 200 Free	48
49	11-12 100 Free	50
51	9-10 100 Free	52
53	8-UN 25 Free	54
55	13-18 100 Back	56
57	11-12 50 Back	58
59	9-10 50 Back	60
61	8-UN 50 Back	62
63	13-18 50 Free	64
65	9-10 100 Breast	66
67	11-12 100 Breast	68
69	8-UN 25 Breast	70
71	13-18 500 Free	72
73	11-12 50 Fly	74
75	9-10 50 Fly	76
77	8-UN 50 Fly	78
79	13-18 200 IM	80
81	11-12 200 IM	82
83	9-10 200 IM	84
85	13-18 200 Breast	86
87	8-UN 100 Free Relay	88
89	9-10 200 Free Relay	90
91	11-12 200 Free Relay	92
93	13-18 200 Free Relay	94

### **10-UN 100IM's**

10-UN 100 IM shall be swum together and awarded separately by age groups: 8-UN, 9-10.

### **500 Free**

Athletes must provide their own lap counting devices and counter for the 500's.

12-UN 500 Free shall be swum together and awarded separately by age groups: 8-UN, 9-10, 11-12.

13-18 500 Free shall be swum together and awarded separately by age groups: 13-14, 15-16,17-18.

### **Relays**

Mixed gender and mixed ages relay entries shall be accepted.

They shall be designated 'Exhibition' relays and not eligible for awards.

Relays shall be seeded by Meet Referees discretion.

# Consolidated Entry Form

Pacific Swimming – Hosted by WANV C/B/A+ SHORT COURSE SEPTEMBER 21-22, 2019													
Name: Last,                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time				Circle one			
						: .				SCY / LCM			
						: .				SCY / LCM			
						: .				SCY / LCM			
						: .				SCY / LCM			
						: .				SCY / LCM			
						: .				SCY / LCM			
						: .				SCY / LCM			
						: .				SCY / LCM			
# of entries _____ x \$4.00 = \$ _____ Participation Fee        \$ 8.00 Total                                \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													