

ZONE 1 NORTH MINUTES

November 10th, 2025

8:00 P.M.

[September 2025 Meeting Minutes](#) - approved

Reports:

Chair - Bob Hill - [Report](#)

Vice Chair - Laura Mitchell -

Secretary - Patrick Ruden - no report

Treasurer - Jon Ho - Background Check, Lunches for Officials questions about expecting vendor checks

Sanctions - Kayla Gill - no report

Schedule - Joey Sementelli - Emailed out estimated numbers, need them for LC season. Asking if any are interested in hosting for vacant meet weekends.

Athlete Reps - Orion Pham - no report

Safe Sport - Brett Shog, Jonathan Riley, Catherine Ng - Relayed information on how other LSCs are handling being Safe Sport Certified and

Officials - Katherine Ng and Brett Shaug -

Senior Chair - Ben Chung - Summer Sectionals on the verge of being shifted a week later butting up against Juniors and Futures

Age Group Chair - Danie Kelly - Rule Changes: Backstroke starts

Governance Committee - Jenson Wong - No report

Detailed Reports

Bob Hill:

LSC Championship Meet Analysis

Bob reported on the Executive Committee meeting held in Concord on September 23rd, which covered board responsibilities, organizational charts, and a presentation by Beau comparing different LSC championship meets. The meeting also discussed a group project on running meets, with Catherine's report to follow. Bob noted that Pacific Swimming generally sits on the average for meet durations, event costs, and travel expenses compared to other LSCs. went over a powerpoint of "What makes a meet great" (and not great). Started a discussion of what we can do in Pacific Swimming and our Zone to try to see where we can align those values with our meets.

Enhancing Pacific Swimming Meets

The meeting focused on comparing Pacific Swimming's practices with other LSCs, noting that Pacific is in the minority for allowing tenants to return for finals and for having 11-12 swimmers swim a 400 free in prelims/finals. Bob presented a PowerPoint developed by the Pacific Swimming Executive Board outlining what makes meets great (shorter sessions, awards, etc.) and what makes them poor (lengthy sessions, poor communication, etc.). The group discussed various meet formats, with most groups favoring shorter, faster meets while considering facility conditions, award recognition, and clear communication. Bob mentioned that

the House of Delegates meeting notes were not available, but he shared the agenda and a link to the Zoom recording for those who missed it.

Jon Ho:

Budget and Meet Planning Updates

The meeting covered budget updates, with Jon reporting on background checks and lunch expenses. The group discussed a potential vendor support check from 2024-2025, with Bob suggesting they consult Laura about last year's vendor transactions. The group also discussed hosting a meet in February, with Bob and Joey agreeing to put out an email vote for the zone to decide between two bidding teams.

Joey Sementelli:

Updating Estimated Numbers and Hosts for Vacant Weekends

Asked coaches to update spreadsheet with estimated numbers of swimmers to attend meets going forward. Pacifica and PASA DZ Swim are interested in looking at hosting some vacant weekend in February. Bob Hill believes we will need to vote on approving who will host that meet between those who are interested IF we do not need them both for a multi-venue weekend. We will need to get a formal bid from PSL and PASA DZ Swim

Swim Meet Hosting Discussion

The group discussed hosting a swim meet, with Jenson's board meeting scheduled for Thursday to decide whether to submit a bid. Bob agreed to check with Dave Zapp (PASA DZ Swim) about the planned host location and provide information by the next day. Beau raised concerns about conducting a vote, suggesting an email vote as an alternative since monthly meetings are held every other month. Joey expressed being open to either PASA DZ Swim to host, citing their single annual meet and desire to involve more teams, as well as PSL due to their indoor venue during a cold period of the year.

Tom McRea shared frustration about teams being shut out of meets, and a desire to possibly be able to switch to another meet option if they are shut out. Joey mentioned plans for tri-venue meets next year to prevent such situations.

Jonathan Riley

Safe Sport Summit in Colorado Springs

Jonathan reported on a Safe Sport Summit in Colorado Springs, noting that some LSCs require meet hosts to be SafeSport certified, and he would seek input from coaches if Pacific Swimming implemented similar requirements.

Ben Chung:

Summer Sectionals, Juniors and Futures Scheduling

Summer Sectionals meet on the verge of being shifted a week later due to a large event occurring that weekend in Marin County. This would potentially have it butt up against Futures, with Juniors following up

close behind. Still looking for bids for a early-July Senior 2 meet up in Reno. Noted that Reno is quite far from home for most zones in Pacific Swimming. Beau clarified that Sectionals is being moved because of a Nascar race making hotel rooms impossible to book.

Daniel Kelly:

Rule Changes:

Anytime an athlete moves during the “take your marks” results in a DQ. Swimmers must swim in their lane the entire time. Coaches do not need to display coaches credentials for Qualifying meets, just bag tags and sign in.

Spring Age Group Championships

Considering asking athletes when they want to swim their 1,000 or 1650. When they sign in, they would inform meet officials if they want to swim in prelims or finals. Top 8 swimmers who select finals will swim at finals. Will be based on coaches and athletes, so if a faster swimmer only wants to swim in prelims, and does not desire to swim in finals, they will give the slot to the next fastest swimmer. Beau clarified that they also want to get some attention to distance swimmers, and not separate them from the rest of the meet. Discussing with Bob, Beau clarified that it would be fastest 11-14 each for boys & girls.

Jenson Wong:

Candidates for LSC Positions Serving Pacswim

Standing item: Looking at potential candidates for LSC wide positions serving Pacswim. This involves Rules & Regs as well as other policies. Those interested should contact Jenson.

Old Business:

Beau Cladwell

Age Group Championship Changes

- The order of events rearranged, includes 13-14 Non-Free 50s that are prelim/finals
- Each day has a 50, 100 and 200 of Butterfly, Backstroke and Breaststroke mixed in. This ensures that athletes don't need to swim multiple distances of the same stroke.
- 10&Under 500 Free and 11-12 500 Free and 400 IM changed to timed finals to allow an additional bonus swim for everyone (from 2 to 3 bonus swims)

Spring Far Westerns:

- Thursday morning 12&O only, 9:15 warmup, 10:45 start
- 11&O 1650 is Thursday afternoon
- Thurs finals 800 free relay changes to 14&U
- 50s fly/bk/br added for 13&O
- 11&O 1000 is sun Afternoon
- Laura confirmed that relay times would count towards swims, regardless of age group.

New Business:

Bob Hill

Budget:

- Bob and Jon took data from last year and noticed a few areas like what the operator fee costs are. Jon is going back and working on clarifying
- While most is based off of last year's P&L, adjusting for the rise of costs has made some small adjustment to the numbers.
- **Motion to approve the budget for Sept 2025 - August 2026 passes**

Swim Meet Committee Meeting Overview:

- More supply to meet demand for venues
 - 1) Tri-Venue Meets
 - a. 2026 - 2027 will look to add more especially during popular months
 - b. Combining events & genders could save heats and time
 - 2) Better swim meet numbers reporting to give an idea of estimates of number of athletes planning to attend
 - 3) Bob looking into renting venues like Monta Vista High School, Homestead in addition to Fremont High School
 - 4) Smaller teams joining together to run swim meet
 - 5) Team Entries vs Individual Entries
- Respect for Officials: Coaches should not approach stroke & turn officials, they should be going to the meet director
- Joey reiterated host clubs should get priority on entries, and that it is almost unheard of anywhere else that hosts would not get their swimmers into their own meet.

Laura Mitchell

Z1N Championship Meet

- Morgan Hill will be our venue
- Needs to get the meet sheet ready, will send out this week
- Running two courses, trying to start late so teams farther away won't have to get up at unreasonable hours to make it if they do not wish to stay at a hotel
- Looking to add a facility fee, possibly the full \$20 as that seems to be the standard
- Looking to potentially comp hotel rooms for officials who are working the weekend outside of our geographic boundary

Bob Hill

SUNN One Day Meet 02/22/26

- New meet after 10 & Under Championships
 - 1) There has been outreach to Age Group Committee to see if the meet could be moved to the following weekend due to so many schools out President's week
 - 2) SUNN Would support this move but would need to confirm FHS is available

- 3) Make it a relay meet, no individual swims
- 4) Working on format
- 5) We won't be sure until December

Next Meeting will be Monday, January 12th, 2026