ZONE 1 SOUTH INVITATIONAL YEAR END CHAMPIONSHIP (AGC MINUS)
PACIFIC SWIMMING SHORT COURSE INVITATIONAL MEET
DECEMBER 14-15th, 2024
Enter Online: http://ome.fastswims.com

SANCTION: Held under USA/Pacific Swimming Sanction No. **24-155**
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

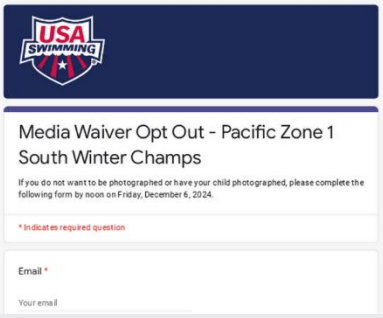
USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet on Meet Mobile.**

This meet will be covered by a professional videographer/photographer taking pictures and videos of Athletes, Coaches, Officials and Spectators attending the meet. Entry into the meet and attendance at the meet is acknowledgement and consent to this fact. All participants agree to be filmed and photographed by the official videographer/photographer of USA Swimming and allow USA Swimming the right to use the pictures and videos for educational and social media purposes.

"We are excited to announce that USA Swimming will have a videographer on site during the meet to capture images for their officials certification courses. All meet attendees (Parents, Athletes, Coaches, Officials and Spectators) should review the attached media waiver. If you agree to be photographed, no further action is required. Should you wish to opt out of being photographed, please click the link below to fill out the form



Media Waiver Opt Out - Pacific Zone 1 South Winter Champs
docs.google.com

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL: ***Meet Referee:*** **Mike Piccardo** ***Head Starter:*** **Mette Graversen**
Meet Marshal: **Joan MCallum - QSS** ***Admin Official:*** **Debbie Fujii**
Meet Director: **Michael Greymont – mgreymont@mhgcg.com 408 891-2948**

LOCATION: Dennis Kennedy Morgan Hill Aquatics Center, 16200 Condit Road, Morgan Hill, CA.

DIRECTIONS: **From Southbound Highway 101:** take Dunne Avenue exit, go left and cross over 101, go right at the first street (traffic light), Condit Road. Pool is on left, about ¼ mile.
From Northbound Highway 101: take Tennant Avenue exit, go right and make immediate left onto Condit Road. Pool is on right.
Parking: Park in the main paved lot of the facility, the EAST side of Conduit Road, and the main large lot on the North side of the facility. Do not park at the House of Thunder Harley Davidson Dealership or Patio World. Those lots are for their patrons only and vehicles will be towed at your expense. Please secure vehicles and contents. Neither the City of Morgan Hill, the Morgan Hill Aquatics Center, Zone One South, nor Pacific Swimming take ANY responsibility to damage or theft to any vehicles or personal belongings.
Entry: Enter facility through the gates at the competition end of the Aquatics Center, the south end. Please do not enter through the main entry on the north end of the facility, as the facility is open to the public during the meet.

COURSE: Outdoor 25-yard pool with up to 10 lanes available for competition. An additional 8 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the shallow end and 13'0" at the deep end. The Meet Host shall ensure the required course dimensions.

TIME: Meet will begin at 09:00 AM each day with warm-ups from 07:30 to 08:45 AM each day. A special warm-up time for 8 and under Athletes only will be held from 08:00 – 08:45 AM both in the instructional pool and 2 reserved lanes in the competition pool.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in 3 events per day.
- Coaches will be required to validate their Athlete's time.
- Any Athlete(s) found to have falsified time entries; shall be disqualified from the meet.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- All participants agree to the Zone 1 South Spector Code of Conduct.
- Medical AED Devices are located in 3 stations at the facility. Basic First Aid is available at the check in station by hospitality.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Member-Coach of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers or any other open flame devices are allowed in the meet venue.
- No propane heaters are permitted except for snack bar/meet operations..
- All shelters must be properly secured. Do not put stakes into grass areas due to irrigation system.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- Areas directly behind the timing area shall be closed and enforced by marshals at the meet. No congregation of Parents or Athletes shall be allowed. Viewing areas shall be on the sides of the pool deck.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
- The Meet is open to qualified Athletes from Zone 1 South Clubs only. Qualified Unattached Athletes participating with a Zone 1 South Club are eligible to compete.
- Entered times must be less than a "Age Group Championship" (AGC) time as per Pacific Swimming Time Standard (no Athlete with a AGC time in an event will be allowed to swim that event) for Athletes 14 and Under.
- Entered times must be less than a "Far Westerns" (FW) time as per Pacific Swimming Time Standard (no Athlete with a FW time in an event will be allowed to swim that event) for 15 and Older.
- Entries with "NO TIME" will be ACCEPTED.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Once the meet is closed, no further updates to times shall be permitted without specific direction from the Meet Referee.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such Athletes must have met standards for the 17-18 age group.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

ENTRY FEES: $4.50 per event plus a $10.00 participation fee per Athlete. Entries will be rejected if payment is not sent at time of request.

ONLINE ENTRIES: To enter online go to **http://ome.fastswims.com** to receive an immediate entry confirmation. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus $0.75 per transaction, regardless of number of athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Friday, December 6th, 2024. **LATE ENTRIES WILL NOT BE ACCEPTED. NO REFUNDS.**

MAILED: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday December 2, 2024. No late entries will be accepted**.** No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: **Zone 1 South**

Mail entries to: **Michael Greymont – Meet Director**
409 Tennant Ave #423
Morgan Hill, CA 95037

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any Athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Eight places will be awarded in each age group for 8 & U, 9-10, 11-12, 13-14, 15-18 age groups. No awards given for swimmers 19 years of age and older. Note: Individual awards must be picked up during/after the meet, no distribution of awards will occur after the meet, either hand delivery or mail. High Point will be awarded by Gender/By age group.

ADMISSION: Free. A 2-day program will be available for download.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers

MISCELLANEOUS:
- No overnight parking is allowed. Facilities will not be provided after meet hours.
- Clubs will be assigned jobs and timing assignments by the meet director

Order of Events

	Saturday December 14th, 2024	
Girls	**Event**	**Boys**
1	13-Over 200 IM	2
3	11-12 100 IM	4
5	10-Under 100 IM	6
7	13-Over 100 Fly	8
9	11-12 100 Fly	10
11	10-Under 100 Fly	12
13	13-Over 200 Back	14
15	11-12 100 Back	16
17	10-Under 50 Back	18
19	13-Over 100 Breast	20
21	11-12 50 Breast	22
23	10-Under 100 Breast	24
25	13-Over 100 Free	26
27	11-12 100 Free	28
29	10-Under 100 Free	30
31	11-Over 400 IM	32

	Sunday December 15th, 2024	
Girls	**Events**	**Boys**
33	13-Over 200 Breast	34
35	11-12 100 Breast	36
37	10-Under 50 Breast	38
39	13-Over 100 Back	40
41	11-12 50 Back	42
43	10-Under 100 Back	44
45	13-Over 200 Fly	46
47	11-12 50 Fly	48
49	10-Under 50 Fly	50
51	13-Over 50 Free	52
53	11-12 50 Free	54
55	10-Under 50 Free	56
57	10-Under 200 IM	58
59	11-Over 500 Free *	60

Use the following URL to find the time standards: ***https://www.pacswim.org/swim-meet-times/standards***
**Athletes must provide their own timers/counters for the event*

Pacific Swimming – Hosted by Zone One South
Zone Winter Championships (Age Group Minus)
December 14-15, 2024
Consolidated Entry Form

Name: Last,	First	Middle

Club Abbr.	UNATT TEAM ABBR	Club Name

Age	Date of Birth	Sex M F	LSC – (PC, SN)

USA-#														

Event #	Distance / Stroke	Entry Time	Circle one
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM

# of entries _____ x $4.50 = $_____
Participation Fee $ 10.00
Total $_____

Coach

Swimmer's
Address

Home Phone	Cell Phone

Email