

**ZONE-4 COACH Application and Code of Conduct**  
**2022 Zone Challenge Meet**

**Completed application must be RECEIVED by Friday January 28, 2022**  
**(see submission instructions below)**

*All information listed here except name, club, and phone # is for reference and will not be given out without your authorization*

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Home phone:** \_\_\_\_\_ **Work phone:** \_\_\_\_\_

**Cell phone:** \_\_\_\_\_ **email:** \_\_\_\_\_

**Club:** \_\_\_\_\_ **USA Swimming ID#:** \_\_\_\_\_

**Emergency Contact:**

**Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_ **Phone#:** \_\_\_\_\_

**Physician Name:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

**Any special conditions or medication:** \_\_\_\_\_

**Sweatshirt Size:**  S  M  L  XL  XXL **Food allergies:** \_\_\_\_\_

**Previous Experience:** (Please list any previous experience as an all-star travel-team coach)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Age Group Preference(s):** (Please check the age group(s) that you would be interested in coaching)

9-10 Girls       9-10 Boys       11-12 Girls & Boys       13-14 Girls & Boys

**INSTRUCTIONS FOR SUBMISSION:**

- 1. Please fill out both pages electronically if you can, and save the completed form as a document on your computer or device. *Signature may be typed, no need to print and scan.***
- 2. Attach the document as a file to an email and send to Jim Morefield at [jdmore14@gmail.com](mailto:jdmore14@gmail.com).**
- 3. Completed form must be received by Friday January 28, 2022.**
- 4. If you are not able to submit the form as above, please email the above address for further instructions.**

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**Coach Code of Conduct**

**The purpose of this code of conduct for coaches is to establish common expectations for all members of the coaching staff of the travel team. It is to be used as a guide to promote a positive team environment and good sportsmanship.**

1. I will at all times adhere to USA Swimming rules and code of conduct.
2. I will always place the well-being, health, and safety of swimmers above all other considerations, including developing performance.
3. I will set a good example of respect and sportsmanship for camp participants and families to follow.
4. I will treat opposing coaches, participants, and spectators with respect.
5. I will instruct participants in sportsmanship and demand that they display good sportsmanship.
6. I will coach in a positive manner and do not use derogatory comments or abusive language.
7. I will win with humility and lose with dignity.
8. I will treat every athlete fairly, justly, impartially, intelligently, and with sensitivity.
9. I will act and dress with professionalism and dignity in a manner suitable to my profession.
10. I will continue to seek and maintain my professional development in all areas in relation to coaching and teaching children.

I will always maintain a professional separation between coach and athlete.

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Signature

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Date

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Print Name