Dear Pacific Swimming <u>**ZONE 4**</u> Coaches and Parents,   12 January 2026

The Pacific Swimming Zone 1N - Zone 1S - Zone 2 - Zone 3 - Zone 4 **Zone All Star Meet** (ZAM) will be held in Morgan Hill, California, on Sunday, April 26, 2026 at 10 am. ZAM All Star Teams will travel to Morgan Hill on Saturday, April 25th for team practice/warm-ups at the Dennis Kennedy Morgan Hill Aquatics Center pool on Saturday afternoon. Teams will spend Saturday night in a hotel in San Jose, California, and return home after the meet on Sunday. Bus transportation, food, and lodging for coaches and manager/chaperones are provided by Pacific Swimming. **In Zone 4, home clubs provide ZAM Coaches' time, and Zone 4 will reimburse a club $250 per coach to help defray that expense.**

Location: Dennis Kennedy Morgan Hill Aquatics Center, 16200 Condit Road, Morgan Hill, California, 95037

Deadlines:
applications must be <u>**received by**</u> **Saturday January 31, 2026 (Coaches) or Sunday February 8 (Manager/Chaperone).**

<u>COACHES</u> **please email PDF (no phone photos please) to jdmore14@gmail.com by Saturday January 31, 2026.**

<u>CHAPERONES/MANAGERS</u> **please postmark by Tuesday February 3, 2026, and mail completed application to:**
Lindsey Braginton, Zone-4 Team Manager, 1320 Humboldt St, Reno, NV 89509
775-304-1175, lindseybraginton@gmail.com
<u>OR</u> **send PDF or scan (no phone photos please) to lindseybraginton@gmail.com by Sunday February 8, 2026,**
<u>OR</u> **hand-deliver to Lindsey Braginton or Jim Morefield at the January or February meets**

Application: Below is the Coach/Manager/Chaperone application for the **Zone 4** All Star Travel Team. Applications must include ALL of the following and be received by the above deadlines to be considered for selection:

✓ **Completed Coach/Manager/Chaperone Application**
✓ **Signed Pacific Swimming Travel Policy and Code of Conduct**

I am applying as a (check one): _____Coach   _____Manager/Chaperone   **Club Team:**_____

Full Legal Name:_____   USA Swimming Reg #:_____
                    First   **Middle**   Last

Address:_____
                    Street   City   State   Zip Code

Home phone:_____   Work phone:_____

Cell phone:_____   email:_____

Sweatshirt Size: __S __M __L __XL __XXL   Dietary/Medical restrictions:_____

Sandwich Preference: _____Ham   _____Turkey   _____Vegetarian

Previous Experience: (Please list any previous experiences as an All-Star coach / manager / chaperone)
        _____
        _____
        _____

COACHES: age group preference(s) - please check the age group(s) that you would be willing to coach

        _____ 9-10 Girls & Boys   _____ 11-12 Girls & Boys   _____ 13-14 Girls   _____ 13-14 Boys

TRAVEL POLICY AND CODE OF CONDUCT: COACH / CHAPERONE / MANAGER

The purpose of this code of conduct for coaches, chaperones, and managers is to establish common expectations for all members of the team staff of a camp or all-star travel event. It is to be used as a guide to promote a positive team environment and good sportsmanship.

- ❏ I shall adhere to USA Swimming's Rules and Regulations, MAAPP, and Code of Conduct Article 304, including but not limited to two-deep leadership and observable and interruptible interactions with athletes.
- ❏ I shall represent Pacific Swimming in a professional and positive manner and exhibit good sportsmanship.
- ❏ I shall not exhibit sexist, racist, homophobic, or otherwise inappropriate behavior.
- ❏ I shall treat coaches, officials, participants, and spectators with respect.
- ❏ I shall prioritize athlete well-being and safety.
- ❏ I shall remain with the team and/or staff unless authorized by the Head Coach or Manager.
- ❏ I shall not consume or possess alcohol or controlled substances for the duration of the event.
- ❏ I shall report any violations of the Code of Conduct or MAAPP. Team staff are not allowed to use discretion in deciding when to report violations.
- ❏ I consent that my personal items, including luggage, may be subject to inspection.
- ❏ I agree that any damages and/or losses incurred shall be at my own expense.

Conduct within Hotels:

- ❏ I agree that any incidental room charges shall be at my own expense. Athletes shall not incur any incidental room charges (room service, movies, internet access) without first obtaining the permission of the assigned chaperone.
- ❏ For overnight travel, chaperones shall stay in nearby rooms as assigned.
- ❏ Curfews shall be established for each day of the trip. There should be one curfew for athletes to be in their assigned rooms and another for lights-out and quiet.
- ❏ Any athlete who is out of his or her room after the room curfew without permission from the chaperone must be reported as in violation of the travel policies.
- ❏ Athletes who entertain guests of opposite gender in a hotel room must have explicit permission from a chaperone.
- ❏ When any group (including athletes not staying in that room) gathers in a room, the door shall remain completely open and the chaperone's permission is required.
- ❏ Athletes should not go into the halls or lobby unless they are dressed appropriately.
- ❏ Any damages, excessive mess, or loss incurred at a hotel will be the expense of the athletes assigned to that room and further disciplinary action will be taken.
- ❏ No loud or boisterous behavior will be tolerated in the hallways or public areas.
- ❏ When visiting public places, athletes must remain in groups of size specified by the chaperone. Athletes 12 and under must be accompanied by a chaperone.

I, the person named in this document, as a member of Pacific Swimming, understand and shall comply with this Code of Conduct as approved by the Pacific Swimming Board of Directors. I understand that failure to comply with the policies set forth in this document shall result in disciplinary actions that may include, but are not limited to: dismissal from the event and immediate return home at my own expense, disqualification from future Pacific Swimming events, additional financial penalties, and proceedings by the USA Swimming National Board of Review, and/or Pacific Swimming Administrative Review Board.

_____   _____
Signature of COACH / CHAPERONE / MANAGER   Date