

Pacific Swimming Zone 4 Board of Directors Meeting

<http://www.pacswim.org/members/zones/zone-4>

>>> ONLINE VIA ZOOM - SEE EMAIL INVITATION <<<

Minutes

Sunday July 6, 2025, 5:32-7:00 pm

Notice: the Board reserves the right to take agenda items out of sequence for the efficient conduct of business.

1. Attendance:

☒ Jim Morefield (UN-Chair)	☒ Jim Stretch (CARS)	☒ Bella Pflieger (RENO Z4-PC Rep)
☒ Sharon Weiss (LAKE-Vice Chair)	☐ Nenad Rodic (LAKE)	☐ Millie Grieve (LAKE Z4 Ath Rep)
☒ Secretary (vacant) Sharon Weiss acting	☒ Kat Matheson (DDST)	☐ Gracie Goss (DDST Z4 Ath Rep)
☐ Malia O'Brien (DDST-Treasurer)	☒ Erik Scalise (NNA)	☒ Pulin Muangsiri (NNA Ath Rep)
☒ Jo Ann Porter (LAKE-Safety)	☒ Jeff Edmonds (TAHO)	☒ Kalia Ream (RENO Ath Rep)
☒ Roger Pflieger (RENO-Officials)	☐ Brendon Bray (UNEV)	☒ Hadley Peck (DDST Ath Rep)
☒ Valerie Rudd (UN-Officials)	☒ Mark Faherty (RENO)	☒ MacKenzie Pierce (CARS Ath Rep)
☒ Teri Galvin (RENO-Sanctions)	☐ Brittany Rossi (BST)	☐ Breonna Weeks (NNA Ath Rep)
☒ Veronica Harmon (NNA-Safe Sport)	☐ Pam Hennarty (BST)	☐ Elizabeth Weiser (RENO Ath Rep)
☐	☐ Emily Estremo (MLST)	☒ Hallie Vickers (BST)
☐ GUESTS:	☒ Kelly Schott (LAKE)	☒ Linda Perez (BST)
☒ Ron Harmon (UN)	☒ Kobi Kothman (DDST)	☒ Jerry Rudd (UN)
☐ Lindsay Robertson (NNA)	☒ Jeremy Murray (RENO)	☐ Kelly Rowlett (DDST)

- a. Any changes to voting team representatives? Please notify the Chair and Secretary.

2. Review & Approval of May minutes (Action Item). Approved as submitted.

3. Next Meeting Sunday Sept 7, 5:30 pm (note that ASCA World Clinic will be in Reno earlier that week.)

- a. Future meetings (Sundays): **Nov 2???**, Jan 11, March 8, **May 3???**, **July 5???**, Sept 13???

4. Public Comment (chair reserves the right to limit to 3 minutes per person; no action may be taken)

5. Announcements & Correspondence:

- a. Congratulations to Z4/LAKE alumnus **Luke Hobson** who took the National Championship in the 200m Freestyle June 4th in Indianapolis to qualify for World Championships in Singapore. His 1:43.73 performance lowered Michael Phelps' US Open record by almost 4/10 of a second, a record that had stood for 17 years. Well done Luke and have a great Singapore meet!
- b. USA Swimming Scholastic All-America applications are due online September 30th. Athletes who have completed 9th, 10th, 11th, or 12th grades qualify with a 3.5 GPS or better, and at least one 2024 Winter Junior time or one 2024-2025 Para Scholastic All American time. Visit <https://www.usaswimming.org/times/popular-resources/scholastic-all-america> for more details and application.
- c. Kids triathlon hosted by the Carson Tigersharks coming up August 23rd, raises funds for underprivileged athletes, more information on club website.
- d. Please stay tuned to pacswim.org for frequent important announcements.
- e. Other announcements? Carson is hosting a kids' Triathlon August 23, fundraising for underserved children.

6. Financial Report: - None

7. Safety Report:

- a. Stubbed toe and abrasion in Minden during practice (Athlete)
- b. Fainting episode at Intermountain Classic (Athlete)
- c. Other recent safety incidents or issues? Tahoe Bluefins Swim Team swimmer (Giada Lancellotti, age 13) was recently struck and killed in Tahoe riding a motorized bike. There is a foundation accepting donations here: https://edcf.fcsuite.com/erp/donate/create/fund?funit_id=4366

8. Safe Sport:

- a. LSC Safe Sport Committee report (rep. Veronica Harmon) – next meeting July 13; Online Parent Training, 7/23, 8/6, and 9/3 8:00 pm EST; Athlete Training 7/24, 8/7, and 9/4 8:00 pm EST; Coaches, TBD
<https://www.usaswimming.org/safe-sport/ssrp-training-resources>
- b. Other issues or questions?

9. Other LSC Reports:

- a. **Board of Directors** (reps. Jim Morefield, Erik Scalise, Bella Pflieger, Gracie Goss) -- House of Delegates 5/21, Bella Pflieger was announced as one of two Amerie Nordberg Scholarship winners for this year. Elections held, no candidate for Program Development Vice Chair, vacancy will be filled by General Chair. 2025-26 budget approved. Last Executive meeting 6/11. Experimental facility surcharge for meets proposed to become permanent, final vote in July (up to \$20, no required amount up to the max). Minutes available on the Pacific Swimming website. Next BOD meeting 7/16.
- b. **Disability, Diversity, Equity, & Inclusion Committee** (rep. Valerie Rudd) -- discussion about improving outreach, Pacific Swimming is already following many of the recommendations. Also discussed grants.
- c. **Athlete Committee** (reps. Bella Pflieger, Gracie Goss, Millie Grieve, Pulin Muangsiri, Hadley Peck, MacKenzie Pierce, Kalia Ream, Breonna Weeks, Elizabeth Weiser) -- working on transitioning to the new school year with new representatives to replace the graduating seniors. Pulin from NNA will be replacing Bella as the new Zone 4 rep. Bella expressed thanks for her time as an athlete rep and hopes to continue similar work in college. Graduating seniors Bella, Gracie, and Millie were thanked for their representation and service to Zone 4 and their fellow athletes.
- d. **Open Water Committee** (rep. Erik Scalise) – Donner Dip August 10, day after Masters meet, 1k, 3k, and 5k, will be an observed meet for Pacific Swimming.
https://docs.google.com/spreadsheets/d/1_bxWLjxCmQZT8FFt-3chPIBog2rhBNgBmuSJveSSyc/edit
- e. **Senior Committee** (rep. Kat Matheson) – Discussion pertaining to travel support for in- vs out-of-LSC Sectionals, and low signups for the summer Senior 2 meet.
- f. **Age Group Committee** (rep. Mark Faherty) – Thank you, Athlete Reps, for doing such a great job. Due to technical difficulties, meeting was moved to this coming week; discussion about time standards and adding 50's (Age Group Champs / Far Westerns).
- g. **Governance Committee** (rep. & chair Jim Morefield) -- Last meetings 5/22, 6/19. Implemented internal questionnaire for BOD Performance Assessment. Approved slate of nominations for May HOD meeting. Discussed and approved amendments to Policies & Procedures and Rules & Regulations. Reviewed results of BOD assessment questionnaire and discussed next steps. Next meeting 7/17.
- h. **Personnel Committee** (rep. Jim Morefield) --last meetings 5/28, 6/11, 6/25. Working on hiring Competition Coordinator and bookkeeper to succeed the current Treasurer. Next meeting 7/23.
- i. **Finance & Investment Committees** (rep. Malia O'Brien) – N/A
- j. **Scheduling Committee** (rep. Jim Stretch) – N/A

10. Coaches & Clubs Reports:

- a. Updates on meets, practices, facilities, etc.?
 - i. RENO – Thank you for your attendance at the Reno Gamble; a few short delays, but otherwise a very successful meet; please note: High School Regionals / State do not appear to be showing in USA Swimming database. See Laurie Benton.
 - ii. DDST – Hoping to have the Block Party 500 Free on September 19; more info to follow. Correction needed for Molly Meet in Agenda (September, not October).
 - iii. BST – Thanks to everyone who came to our meet in June.
 - iv. LAKE – N/A
 - v. CARS – N/A
 - vi. NNA – Looking forward to upcoming meet.
- b. Other discussion?

11. Officials Report:

- a. For upcoming NNA Senior II meet, officials request 5 min break after every even event; no fly-over starts; 103 athletes for Senior II / 220 athletes for Age Group
- b. For High Country Meet in Aug, anyone planning on submitting a team file, early deadline is coming up (Wednesday, July 9)

12. Sanctioning Report:

- a. September and October meets up next.

13. Scheduling Report (2024-2026):

a. Current approved schedule (notify promptly of any proposed changes):

- BST: June 13-14
- CARS: Jan 16½-18, May 22½-24
- DDST: Aug 1-3, Sep 12½-14, Feb 6½-8, July 31-Aug 2 **OR** Aug 7-9
- NNA: July 12-13, Mar 14-15, July 10-12
- RENO: Oct 17½-19, May 10, June 19-21
- ZONE-4: May 8-9 (Obs HS Regionals)

b. Any additions or changes? (possible Action Items)

14. Old Business and Action Items:

a. Proposed revision to Zone 4 distance eligibility policy for final vote (Action Item). 10 in favor / 2 opposed / 1 abstaining. Motion Passed.

- i. Proposal: “**Minimum Eligibility for Distance Freestyle Entries.** In meets scheduled by Zone 4 **and sanctioned after the last effective date of this section,** ~~where No-Time (NT) entries are permitted,~~ to be eligible to enter 800m/1000y Freestyle and 1500m/1650y Freestyle events **for which no other entry time standards apply,** an athlete must have previously established an official time **meeting or exceeding the USA Swimming "B" Motivational time, applicable to their age and category of competition on the first day of the meet, in a Freestyle event of 400m/500y** ~~in an event of 400y/400m~~ or longer. **Para athletes entering under this provision must provide documentation of their classification to the Meet Referee no later than the close of entries for the meet.** (7/10/2012; 11/13/2012; 9/9/2014; **7/6/2025**)” Discussion; proposal amended to specify age group, not single age. Motion to Amend Passed.

- ii. Amended Proposal: **Minimum Eligibility for Distance Freestyle Entries.** In meets scheduled by Zone 4 **and sanctioned after the last effective date of this section,** ~~where No-Time (NT) entries are permitted,~~ to be eligible to enter 800m/1000y Freestyle and 1500m/1650y Freestyle events **for which no other entry time standards apply,** an athlete must have previously established an official time **meeting or exceeding the USA Swimming "B" Motivational time, applicable to their age GROUP and category of competition on the first day of the meet, in a Freestyle event of 400m/500y** ~~in an event of 400y/400m~~ or longer. **Para athletes entering under this provision must provide documentation of their classification to the Meet Referee no later than the close of entries for the meet.** (7/10/2012; 11/13/2012; 9/9/2014; **7/6/2025**) Motion Passed.

- b. 2025 Zone All-star Meet (ZAM) recap. Head Coach Sharon Weiss sent out a great page recapping this year's Zone All-star experience, thank you Sharon. Sharon adds that this was a great reminder of what an amazing developmental opportunity this meet and travel experience is for our athletes. Thank yous to Kelly Schott and everyone who helped make our Zone 4 travel team a success this year. Also thankful that we now have dates for more cooperative weather.

15. New Business:

- a. Nominations from the Floor for 2025-2026 officers. N/A
- b. Election of 2025-2026 officers (Action Item): Slate elected as nominated.

Chair:	<u>Jim Morefield</u>
Vice Chair:	<u>Sharon Weiss</u>
Secretary:	<u>Veronica Harmon</u>
Treasurer:	<u>Malia O'Brien</u>

16. Closed Executive Session (Elected & Appointed Officers & Athlete Representatives Only):

- a. Only if needed to address any confidential matters. (possible Action Item)

17. Adjourn 7:00 pm

Respectfully Submitted,

Sharon Weiss (LAKE, Zone 4 Vice Chair) and Jim Morefield, in for Secretary Julie Hardt