

# Pacific Swimming Zone 4 Board of Directors Meeting

<http://www.pacswim.org/members/zones/zone-4>

>>> ONLINE VIA ZOOM - SEE EMAIL INVITATION <<<

## Minutes

**Sunday January 11, 2026, 5:30-7:00 pm**

Meeting was called to order at 5:31 pm

**Notice: the Board reserves the right to take agenda items out of sequence for the efficient conduct of business.**

### 1. Attendance:

<input checked="" type="checkbox"/> Jim Morefield (UN-Chair)	<input checked="" type="checkbox"/> Jim Stretch (CARS - Scheduling)	<input checked="" type="checkbox"/> Pulin Muangsiri (NNA Z4-PC Ath)
<input checked="" type="checkbox"/> Sharon Weiss (LAKE-Vice Chair)	<input type="checkbox"/> Nenad Rodic (LAKE)	<input checked="" type="checkbox"/> Hadley Peck (DDST Z4 Ath)
<input checked="" type="checkbox"/> Veronica Harmon (UN-Secretary)	<input checked="" type="checkbox"/> Kat Matheson (DDST - Senior Com)	<input checked="" type="checkbox"/> MacKenzie Pierce (CARS Z4 Ath)
<input checked="" type="checkbox"/> Malia O'Brien (DDST-Treasurer)	<input checked="" type="checkbox"/> Erik Scalise (NNA - Open Water)	<input type="checkbox"/> Kalia Ream (RENO Z4 Ath)
<input type="checkbox"/> Jo Ann Porter (UN-Safety)	<input checked="" type="checkbox"/> Jeff Edmonds (TAHO)	<input checked="" type="checkbox"/> Elizabeth Weiser (RENO Ath)
<input checked="" type="checkbox"/> Roger Pflieger (RENO-Officials)	<input type="checkbox"/> Brendon Bray (UNEV)	<input checked="" type="checkbox"/> Breonna Weeks (NNA Ath)
<input checked="" type="checkbox"/> Valerie Rudd (UN-Officials)	<input checked="" type="checkbox"/> Mark Faherty (RENO - AG, Gov.)	<input type="checkbox"/>
<input checked="" type="checkbox"/> Teri Galvin (RENO-Sanctions)	<input type="checkbox"/> Emily Estremo (MLST)	<input checked="" type="checkbox"/> Lindsey Braginton (LAKE)
<input type="checkbox"/> Veronica Harmon (UN-Safe Sport)	<input type="checkbox"/> Brittany Rossi (BST)	<input checked="" type="checkbox"/> Nikki Milici (BST)
<input type="checkbox"/> Ron Harmon (UN)	<input type="checkbox"/> Pam Hennarty (BST)	<input checked="" type="checkbox"/> Hallie Vickers (BST)
<input checked="" type="checkbox"/> Jerry Rudd (UN)	<input type="checkbox"/> Kobi Kothman (DDST)	<input type="checkbox"/> Kelly Rowlett (DDST)
<input type="checkbox"/> Lindsay Robertson (NNA)	<input checked="" type="checkbox"/> Jeremy Murray (RENO)	<input type="checkbox"/> Tanya Brown (DDST)
<input type="checkbox"/> <b>GUESTS:</b>	<input type="checkbox"/> Beau Caldwell (Pacific Staff)	<input type="checkbox"/>

a. Any changes to voting team representatives? Please notify the Chair and Secretary.

2. **Review & Approval of November minutes**—Motion by Sharon Weiss and second by Mark Faherty. The Minutes were approved unanimously.

3. **Next Meeting** Sunday March 8, 5:30 pm

a. Future meetings (Sundays): **May 3, July 5???**, Sept 13???, Nov 8, Jan 10, March 14???, **May 2**

4. **Public Comment**—only Zone 4 Members were present

### 5. Announcements & Correspondence:

- Congratulations to our 2025 Nevada State Short-course Champions! **Women: Evie Maldonado** (CARS, 5-8 seven events), **Piper Hardt** (RENO, 11-12 50 fly), **Alisa Kazakova** (RENO, 13-14 100 fly), **Addison Sala** (LAKE, 15-18 five events), **Lili Quevedo** (LAKE, 15-18 two events), **Hannah Ingram** (CARS, 15-18 100 fly), **Mila Rabinowitz** (LAKE, 15-18 200 fly), **Lakeridge A** (15-18 200 Medley Relay). **Men: Luca Fu** (LAKE, 5-8 three events), **Ashton Brenner** (LAKE, 13-14 200 breast), **Jaxon Hardt** (RENO, 15-18 four events).
- Congratulations to LAKE athletes **Addison Sala**, **Mila Rabinowitz**, **Lili Quevedo**, and **Marni Kraemer**, who each competed in multiple events at the 2025 Short Course Junior National Championships, December 10-13 in Austin, TX. **Addison** swam finals in three of her four events, including 15<sup>th</sup> place in 200y IM after a personal best (PB) 2:00.36 in prelims, and another PB 1:59.14 in 200y Back prelims. **Mila's** five events produced PB times in 1000y Free (10:21.59), 1650y Free (17:01.77), and 400y IM (4:34:31). **Lili** was an alternate for 100y Breast finals after a PB 1:02.97 in prelims, and also swam 200 Breast and 400 IM prelims. **Marni** competed in five prelim events, including a PB 2:02.88 in 200 IM.
- Congratulations to LAKE athletes **Zach Power**, **Lili Quevedo**, **Mila Rabinowitz**, and **Addison Sala** on their selection to the 2024-2025 USA Swimming Scholastic All-America Team! These student-athletes had to carry a minimum 3.5 GPA during the year, plus swim at least one event with a Winter Jr. National cut or faster.
- Congratulations to LAKE alumnus **Luke Hobson**, who took gold in the 200m freestyle in a new Winter Championship record of 1:44.49 at the 2025 Toyota U.S. Open Championships in Austin, Texas, December 3-6. Luke's 4<sup>th</sup> place finish in the 400m freestyle (3:45.85) was a new personal best by 1.6 seconds.
- Reminder to Meet Hosts and Admin Officials:** please double-check that the **correct pool altitude** has been included in the meet database setup before meet results are finalized and submitted. Altitudes for all Zone 4 competition pools are listed at <https://www.pacswim.org/members/zones/zone-4/altitude-adjustments>.
- Reminder: all Zone-4 elected officers and appointed chairs must be 2026 USA Swimming members in good standing.**

- g. **Reminder: 2026 Team dues** (\$100 year-round; \$50 seasonal) became due on January 1<sup>st</sup> (send to **Malia O'Brien, Pacific Swimming Zone 4 Treasurer, 2737 Pamela Place, Minden NV 89423**).
- h. Please stay tuned to [pacswwim.org](http://pacswwim.org) for frequent important announcements.
- i. Other announcements?

## 6. Financial Report:

- a. November-December activity and balances—Malia presented the P&L statements and the balance (\$32,389.48). There are 2 teams that still owe annual dues. There were deposits for KOH Meet and Annual Membership dues from the Z4 teams. Motion by Veronica Harmon to approve the November and December balance sheets and budget. Malia O'Brien seconded. Financial statements were passed unanimously. Malia also reminded all coaches that Pacific Swimming has a grant available for equipment and other expenses. Grants can be up to \$3000.00 if awarded. Applications are due January 20, 2026.
- b. revisit and approve September-October activity statements—Malia indicated that she recategorized the Quick Books monthly fee. Motion was made by Veronica Harmon to approve these statements as presented and Roger Pflieger seconded. These activity statements were passed unanimously.

## 7. Safety Report:

- a. Any safety incidents or issues since November meeting? —No safety incidents reported.

## 8. Safe Sport:

- a. LSC Safe Sport Committee report (rep. Veronica Harmon) —Veronica attended the Safe Sport Training for Safe Sport Reps on November 8<sup>th</sup>. A few statistics were presented: 1 in 4 girls and 1 in 13 boys will be sexually abused by the time they are 18. 90% of the time, the abuser is someone that they already know. Just a reminder that as officials, Meet Directors, coaches, and Meet Marshalls, we have a duty to always be aware of what is going on in the locker rooms, especially during meets and practices. Also, if your team has a Board of Directors, all Board members must be USA Swimming Certified. There is now a specific safe sport training geared for 5–12-year-olds. This also counts towards SSRP. Upcoming trainings for parents: 1/20, 2/17 and 3/17 at 8:00 pm EST; for athletes: 1/22, 2/19 and 3/19 at 8:00 pm EST. You can also host one of these meetings for your whole team, take names and send to Safe Sport.
- b. Other issues or questions? Jim M. asked about MAAPP 2026 changes. There is information on the Pacific Swimming Website with link to Safe Sport.

## 9. Other LSC Reports:

- a. **Board of Directors** (reps. Jim Morefield, Pulin Muangsiri) -- Last meeting 11/19. Pacific Swimming will reimburse LSC All-star or Camp coaches up to \$350 for any extra travel expenses (pre approval is required). Complete minutes available on the Pacific Swimming website. Next Exec meeting 1/21, next BOD meeting 2/18.
- b. **Disability, Diversity, Equity, & Inclusion Committee** (rep. Valerie Rudd) – No report from November, and there was no meeting in December.
- c. **Athlete Committee** (reps. Pulin Muangsiri, Hadley Peck, MacKenzie Pierce, Kalia Ream, Breonna Weeks, Elizabeth Weiser) – Pulin reported that the next Athlete committee meeting is January 28<sup>th</sup>.
- d. **Open Water Committee** (Coordinator and rep. Erik Scalise) – Erik was appointed the Open Water Coordinator for Pacific Swimming. They are working on the 2026 Schedule. This present link will be updated once the schedule is finalized.  
[https://docs.google.com/spreadsheets/d/1\\_bxWLjxCmQZT8FFt-3chPIBog2rhBNgBmuSJveSSyc/edit](https://docs.google.com/spreadsheets/d/1_bxWLjxCmQZT8FFt-3chPIBog2rhBNgBmuSJveSSyc/edit)
- e. **Senior Committee** (rep. Kat Matheson) – No report.
- f. **Age Group Committee** (rep. Mark Faherty) – See Staff Competition notes below.
- g. **Staff Competition Coordinator** (Beau Caldwell-written report) – 1) July 2027-13-14's moved into Senior Champs, intended to get same opportunity as AG champs. July 2027 AG Champs becomes 12 and under. PC Summary Champs are a newly created meet to ensure the slower than AG Champs and Sr. Champs have end of summer meet. 2) 2026 Summer AG Champs format—intended to be a bridge to 2027 to get 12 & U meet and alleviate longer timeline/overcrowded meet. Changes in Format: 10 & U now timed finals, 11-12 200 fly/bk/breast are timed finals in prelims; 11-14 400 free is timed finals end of Sat am, 11-14 400IM is timed final end of Sat pm. 3) 2026 LC FW formatting—looking to have split session of 13 & O in am and 12 & U in afternoon.
- h. **Governance Committee** (rep. Mark Faherty) Mark took over for Kelly Schott who moved out of the area—Thank you Mark! -- last meeting 11/20. Beginning review of Rules & Regs documents. Subcommittee formed to integrate internal financial policies into public document. Next meeting 1/15.
- i. **Personnel Committee** (rep. Jim Morefield) --last meeting 11/24. Conducted annual reviews with paid staff in first week of December.
- j. **Finance & Investment Committees** (rep. Malia O'Brien) -- committee reviews LSC financial statements, reports, and accounting procedures on a monthly basis. At the meeting next week, they will be looking at the P&P to ensure all zones are aligned with Pacific Swimming.
- k. **Scheduling Committee** (rep. Jim Stretch) – no updates

## 10. Coaches & Clubs Reports:

- a. Updates on meets, practices, facilities, etc.? **Jim Stretch (CARS)**-Becky retired, there is a new team Manager, Evan Weyrauch-Montero. The Carson pool has been closed during December, and Carson is grateful to Carson Valley and Reno Parks and Rec for allowing them pool time. Pool will be closed again 2/23-3/20 to replace pool filters. Blizzard Blast Meet reminder that the older kids are in the PM and youngsters in the am. **Malia (DDST)**: Valentines Meet (2/6-2/8)—please sign up! **Mark (RENO)**: Fitter and Faster Clinic Feb 21-22, at Northwest Pool. Butterfly on Sat and Breast Sunday—information is up on the website. **Erik (NNA)**: Meet sheet for the 3/14-3/15 meet has gone to Jeremy, Meer Ref.
- b. Other discussion?

## 11. Officials Report:

- a. Report on Zone 4 officials workshop December 6<sup>th</sup>. The Anatomy of a Meet workshop was well attended!
- b. Other recent or upcoming activities. Masters Meet at Moana 3/1—officials needed. At the meeting on 11/12, it was announced that Jeanette Soe who wears many hats in Pacific Swimming is stepping back, not away. Junior Officials can now be an Admin Official. Junior Officials can now officiate in a session (S&T or Admin) if they are not in the session. After this year, refresher tests for all official positions will be required every 3 years. Take the test for your highest level. There are 58 LSCs now (Lake Erie and Ohio are now combined). There are self-evaluation forms for apprentices that can be sent in. There is discussion about further development of a training progression plan for trainers to use while training apprentices. Lastly, some teams in some zones are abusing the block parties as they are not sending kids to zone meets. This is causing some issues with kids not being disqualified due to minimal officials as well.

## 12. Sanctioning Report:

- a. March and May are next up. Teri is waiting for the Meet Sheet for the NNA Meet being held March 14-15.

## 13. Scheduling Report (2025-2026):

- a. **Current approved schedule (notify promptly of any proposed changes):**
  - BST: June 13-14
  - CARS: Jan 16½-18, May 22½-24
  - DDST: Feb 6½-8, **July 31-Aug 2 or Aug 7-9**
  - NNA: Mar 14-15, July 10-12
  - RENO: May 10, June 19-21
  - ZONE-4: May 8-9 (Obs HS Regionals)
- b. Any additions or changes? (**possible Action Items**)

## 14. Old Business and Action Items:

- a. N/A

## 15. New Business:

- a. Alternatives to simplify National Meet Travel Support: Sharon suggested that we need to simplify the Zone 4 policy. Pacific Swim sets in advance what they will offer, and it would be nice to know in advance with Z4 will offer. Jim discussed that Z4 went to an athlete support model rather than a club support model where the athlete is reimbursed up to \$500.00. There was discussion regarding making things more streamlined. All were encouraged to look at the requirements and come up with a plan to make it easier also making sure that we do not over support as it can affect the amateur athlete.
- b. **2026 Zone All-star Meet (ZAM)** to be held in Morgan Hill **April 25-26**. New Team leader is Lindsey Braginton (LAKE). Thank you! Jim has All Star applications ready to go. There will be an All-Star desk at the January and February meets. Sunday 2/8 is the deadline for chaperones and athletes. Coach deadlines are by 1/31/26 so that they can assist with athlete selections. They will have a meeting at some point during the February meet. Mark Faherty volunteered to be the Head Coach or a coach. Jim Stretch needs to see the High School Meet Schedule first. NNA will be able to provide a coach as will DDST. We will host the 2029 All Star Meet and hope to have Moana Springs and run 10 lanes.

## 16. Closed Executive Session (Elected & Appointed Officers & Athlete Representatives Only):

- a. Only if needed to address any confidential matters. **Not needed**

17. **Adjourn--** Motion by Jim Stretch and second by Sharon Weiss. All were in favor and the meeting was adjourned at 6:52 pm.