



**SAA**  
SCHOLASTIC  
ALL-AMERICA

# Swimmers with Disabilities Performance Groupings

Attached to parallel time standards for achievement of qualifying times through USAS Parallel Time Standards for entry into USAS sanctioned meets. There is NO documentation needed. The coach and swimmer decide what performance grouping the swimmer falls under. The performance grouping may change each registration period, based on the swimmers' abilities. Again, this is decided by the coach and the swimmer.

- ▶ **P1** - non-ambulatory (wheelchair user): limited use of all four extremities.
  - ▶ **P2** - dwarfism, multiple limb deficiencies, ambulatory with assistance, can be wheelchair user with high functioning upper body.
  - ▶ **P3** - single limb deficiencies, visual impairments, and intellectual impairments, ambulatory without significant assistance
- NDEI Disability Subcommittee - December 2024



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# 2025 PARALLEL STANDARDS

*\*Qualifying period September 1, 2024 through August 31, 2025*

## WOMEN

## P1

## MEN

| SCY     | LCM     | EVENT  | LCM     | SCY     |
|---------|---------|--------|---------|---------|
| 1:10.49 | 1:10.19 | 50 FR  | 1:04.09 | 2:15.29 |
| 2:32.49 | 2:31.19 | 100 FR | 2:22.99 | 2:15.29 |
| 5:30.39 | 5:08.59 | 200 FR | 4:41.29 | 3:59.89 |
| 1:16.29 | 1:15.79 | 50 BK  | 1:03.29 | 52.39   |
| 2:37.09 | 2:40.09 | 100 BK | 2:16.69 | 1:52.29 |
| 1:14.09 | 1:24.69 | 50 BR  | 1:08.99 | 59.29   |
| 3:36.39 | 4:08.69 | 100 BR | 2:41.59 | 2:45.49 |
| 1:26.59 | 1:18.69 | 50 FL  | 1:29.99 | 1:26.59 |
| 5:01.19 | 5:16.79 | 150 IM | 4:57.99 | 4:36.89 |
| 6:31.59 | 7:11.59 | 200 IM | 6:37.99 | 5:33.29 |



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# 2025 PARALLEL STANDARDS

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## WOMEN

## P2

## MEN

| SCY      | LCM      | EVENT        | LCM      | SCY      |
|----------|----------|--------------|----------|----------|
| 37.89    | 40.49    | 50 FR        | 35.69    | 32.89    |
| 1:20.59  | 1:28.49  | 100 FR       | 1:15.49  | 1:11.69  |
| 2:45.99  | 3:01.79  | 200 FR       | 2:44.19  | 2:33.49  |
| 6:45.59  | 5:47.59  | 400/500 FR   | 5:34.59  | 6:38.19  |
| 15:07.19 | 13:21.99 | 800/1000 FR  | 12:16.49 | 13:45.79 |
| 27:25.79 | 28:06.39 | 1500/1650 FR | 24:14.09 | 23:33.09 |
| 43.79    | 45.39    | 50 BK        | 39.19    | 36.79    |
| 1:41.29  | 1:58.79  | 100BK        | 1:51.89  | 1:40.59  |
| 3:30.89  | 4:06.69  | 200 BK       | 3:16.29  | 3:00.19  |
| 51.99    | 59.39    | 50 BR        | 49.29    | 42.39    |
| 1:45.89  | 2:01.69  | 100 BR       | 1:45.79  | 1:35.59  |
| 4:28.09  | 5:04.99  | 200 BR       | 4:21.79  | 3:44.49  |
| 43.89    | 47.89    | 50 FL        | 35.69    | 33.69    |
| 1:53.59  | 2:07.79  | 100 FL       | 1:50.69  | 1:44.49  |
| 3:27.89  | 3:44.89  | 200 IM       | 3:19.29  | 3:08.59  |



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# 2025 PARALLEL STANDARDS

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## WOMEN

## P3

## MEN

| SCY      | LCM      | EVENT        | LCM      | SCY      |
|----------|----------|--------------|----------|----------|
| 29.69    | 33.29    | 50 FR        | 29.69    | 26.19    |
| 1:04.09  | 1:13.09  | 100 FR       | 1:03.79  | 55.69    |
| 2:31.29  | 2:52.49  | 200 FR       | 2:26.29  | 2:07.79  |
| 6:10.99  | 5:30.69  | 400/500 FR   | 4:56.79  | 5:30.09  |
| 15:09.89 | 13:24.39 | 800/1000 FR  | 10:54.29 | 12:50.39 |
| 23:53.19 | 24:28.49 | 1500/1650 FR | 21:00.59 | 22:27.59 |
| 35.69    | 41.69    | 50 BK        | 34.89    | 29.49    |
| 1:13.19  | 1:25.89  | 100BK        | 1:13.89  | 1:02.09  |
| 3:12.19  | 3:44.89  | 200 BK       | 2:52.99  | 2:27.19  |
| 39.79    | 45.59    | 50 BR        | 40.69    | 34.99    |
| 1:26.99  | 1:39.89  | 100 BR       | 1:27.49  | 1:15.29  |
| 3:33.69  | 4:02.99  | 200 BR       | 3:44.49  | 3:12.59  |
| 35.19    | 39.89    | 50 FL        | 31.19    | 27.39    |
| 1:15.59  | 1:25.89  | 100 FL       | 1:09.19  | 1:00.69  |
| 3:03.69  | 3:28.19  | 200 FL       | 3:24.39  | 2:59.09  |
| 2:33.59  | 2:57.79  | 200 IM       | 2:38.39  | 2:15.89  |
| 7:08.99  | 8:09.89  | 400IM        | 6:23.19  | 5:30.79  |