

2019 MCAL Swimming and Diving Championships

Congratulations to the graduating Seniors!

04/25/2019 - 04/27/2019

SC Yards

Event # 3 WOMENS SENIOR 200Y FREE

MCAL MEET	Cali Raukar	Marin Catholic	1:48.78	'14	
LEAGUE	Cali Raukar	Marin Catholic	1:47.54	'16	
~ is a standard to mark achievers					
~	NCS Automatic	NCS-A	1:54.89	a	
~	NCS Consideration	NCS-C	2:02.99	b	
			SEED	MEET	PTS
2	Madison Gruender	JR TAMA	1:57.00	b 17	
	26.74 29.17 30.59 30.50				
3	Samantha Sternfels	SO TAMA	1:58.25	b 16	
	27.43 29.63 30.91 30.28				
4	Miya French	FR SMHS	1:58.55	b 15	
	27.92 29.93 30.74 29.96				
9	Kailah Sarganis	JR MCAT	2:04.94	9	
	28.77 31.86 32.61 31.70				
10	Jada Andrews	JR TAMA	2:06.17	7	
	29.42 32.43 32.78 31.54				
11	Reese Dahlgren	FR BRAN	2:06.89	6	
	29.37 31.66 32.76 33.10				

PRELIM RESULTS

1	Madison Gruender	JR TAMA	1:56.75	b
	27.20 30.05 30.16 29.34			
2	Miya French	FR SMHS	1:57.63	b
	27.53 29.72 30.35 30.03			
3	Samantha Sternfels	SO TAMA	1:57.94	b
	27.67 29.94 30.21 30.12			
9	Reese Dahlgren	FR BRAN	2:05.97	
	28.81 30.82 32.65 33.69			
10	Kailah Sarganis	JR MCAT	2:06.45	
	29.20 32.08 33.05 32.12			
11	Jada Andrews	JR TAMA	2:06.74	
	28.98 31.60 32.98 33.18			
17	Emily Fee	FR REDW	2:12.53	
	28.55 33.46 35.48 35.04			
21	Lulu O'Leary	SO NOVA	2:15.24	
	28.48 32.94 36.40 37.42			
22	Samantha Scruton	SO REDW	2:17.53	
	30.95 34.58 35.84 36.16			
26	Emma Wait	JR REDW	2:21.64	
	31.14 34.87 37.14 38.49			

Event # 4 MENS SENIOR 200Y FREE

MCAL MEET	Nick Bigot	Terra Linda	1:40.03	'14	
LEAGUE	Leo Collins	Redwood	1:37.80	'18	
~ is a standard to mark achievers					
~	NCS Automatic	NCS-A	1:42.80	a	
~	NCS Consideration	NCS-C	1:49.99	b	
			SEED	MEET	PTS
1	Jackson Mason	SR SRFD	1:42.12	a 20	
	24.42 26.73 26.62 24.35				
2	Leo Collins	SR REDW	1:43.86	b 17	
	24.78 26.57 26.34 26.17				
3	Robert Hieleman	SO SRFD	1:46.74	b 16	
	24.66 27.19 27.58 27.31				
4	Finn Aune	SO REDW	1:47.48	b 15	
	25.26 27.15 27.59 27.48				
6	Dylan Ramirez	SO SRFD	1:49.70	b 13	
	25.31 27.28 28.45 28.66				
7	Bruno Coelho	JR BRAN	1:50.86	12	
	25.75 27.50 28.21 29.40				

8	Gavin Green	FR REDW	1:52.01	11
	25.18 27.60 28.85 30.38			
9	Duncan Bailey	JR REDW	1:49.28	b 9
	25.15 27.72 28.15 28.26			
10	Alejandro Alvarado	SO TERR	1:51.09	7
	25.54 27.81 28.55 29.19			
11	Bennett Brewer	SR NOVA	1:57.46	6
	25.89 29.33 31.02 31.22			
12	Aayush Shah	JR BRAN	2:00.27	5
	27.66 29.85 30.65 32.11			

PRELIM RESULTS

1	Jackson Mason	SR SRFD	1:43.74	b
	23.72 26.51 27.00 26.51			
2	Robert Hieleman	SO SRFD	1:46.43	b
	24.45 27.24 27.27 27.47			
3	Leo Collins	SR REDW	1:48.24	b
	26.09 27.63 27.17 27.35			
4	Finn Aune	SO REDW	1:49.08	b
	25.36 27.74 28.20 27.78			
5	Bruno Coelho	JR BRAN	1:49.21	b
	26.00 27.81 28.15 27.25			
6	Dylan Ramirez	SO SRFD	1:49.38	b
	25.23 27.20 28.25 28.70			
8	Gavin Green	FR REDW	1:49.70	b
	25.41 27.94 28.69 27.66			
9	Duncan Bailey	JR REDW	1:49.89	b
	25.39 27.69 28.37 28.44			
10	Alejandro Alvarado	SO TERR	1:51.67	
	26.36 28.74 28.01 28.56			
12	Bennett Brewer	SR NOVA	1:56.76	
	26.08 29.26 30.54 30.88			
15	Aayush Shah	JR BRAN	2:00.31	
	27.54 30.27 31.25 31.25			

Event # 5 WOMENS SENIOR 200Y I.M.

MCAL MEET	Halle Morris	Terra Linda	2:06.08	'16	
LEAGUE	Brooke Hanley	San Rafael	2:01.45	'89	
~ is a standard to mark achievers					
~	NCS Automatic	NCS-A	2:09.65	a	
~	NCS Consideration	NCS-C	2:18.69	b	
			SEED	MEET	PTS
2	Olivia Greenberg	SR REDW	2:07.95	a 17	
	27.36 31.86 38.01 30.72				
3	May Ling Roberts	SO BRAN	2:08.64	a 16	
	28.93 32.41 36.18 31.12				
4	Bianca Bayer	SO NOVA	2:10.47	b 15	
	28.13 31.57 39.52 31.25				
5	Kyra Carney	JR TAMA	2:17.17	b 14	
	28.47 33.25 42.79 32.66				
7	Kseniya Krayeva	SO NOVA	2:21.38	12	
	29.71 37.27 40.69 33.71				
8	Nina Lawson	FR TAMA	2:24.18	11	
	30.54 35.88 42.23 36.04				
14	Ella Brait	FR SARA	2:27.39	3	
	30.97 38.29 42.67 35.46				

PRELIM RESULTS

1	Bianca Bayer	SO NOVA	2:10.86	b
	28.04 32.44 39.30 31.08			
3	Olivia Greenberg	SR REDW	2:12.62	b
	28.03 33.42 39.05 32.12			

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4	Kyra Carney	JR	TAMA	2:14.79	b
	28.48 33.82 41.20		31.29		
5	Coco Berkenfield	SR	SARA	2:15.67	bsf
	28.69 34.54 40.61		31.83		
7	May Ling Roberts	SO	BRAN	2:16.90	b
	30.03 35.31 39.04		32.52		
8	Nina Lawson	FR	TAMA	2:19.93	
	30.32 35.43 40.89		33.29		
9	Kseniya Kraveva	SO	NOVA	2:22.56	
	30.54 37.91 40.95		33.16		
16	Ella Brait	FR	SARA	2:29.77	
	32.35 38.53 44.23		34.66		
EX	Emma Allen	FR	BRAN	2:36.46	
	32.46 41.02 47.00		35.98		

Event # 7 WOMENS SENIOR 50Y FREE

MCAL MEET	Kathryn Murphv	Marin Catholic	:23.03	'09
LEAGUE	Kathryn Murphv	Marin Catholic	:22.89	'09
~ is a standard to mark achievers				
~ NCS Automatic		NCS-A	:24.63	a
~ NCS Consideration		NCS-C	:25.69	b
		SEED	MEET	PTS
1	Jay Jay Ayan-Eaton	SR	REDW	23.94 a 20
	23.94			
2	Catherine Watrous	FR	REDW	24.19 a 17
	24.19			
3	Alexandra Gershman	SO	TAMA	24.37 a 16
	24.37			
4	Sydney Brakebill	FR	MCAT	24.38 a 15
	24.38			
5	Maya McCauley	JR	NOVA	24.94 b 14
	24.94			
9	Elizabeth Chatard	SO	SRFD	25.88 9
	25.88			
12	Lauren Solomon	JR	REDW	26.13 5
	26.13			

PRELIM RESULTS

Event # 6 MENS SENIOR 200Y I.M.

MCAL MEET	Emillio DeSomma	Redwood	1:52.11	'16
LEAGUE	Emillio DeSomma	Redwood	1:49.19	'16
~ is a standard to mark achievers				
~ NCS Automatic		NCS-A	1:57.15	a
~ NCS Consideration		NCS-C	2:05.99	b
		SEED	MEET	PTS
1	Gabriel Giacoppo	SR	BRAN	1:54.62 a 20
	24.12 28.54 34.56		27.40	
2	Massimo "max" De Somma	JR	REDW	1:56.98 a 17
	24.58 30.36 33.49		28.55	
3	Nathan Luis	SR	SMHS	1:57.34 b 16
	25.01 30.19 35.04		27.10	
5	Christoph Horky	SR	SRFD	1:58.17 b 14
	25.84 30.72 32.70		28.91	
6	Charles Stewart	SO	TAMA	1:59.68 b 13
	26.54 31.06 33.79		28.29	
7	Victor Pilgaard	JR	MCAT	2:03.77 b 12
	26.18 30.74 36.66		30.19	
9	Henry Harlow	SO	REDW	2:02.67 b 9
	25.66 32.05 35.76		29.20	
10	William Todebush	SR	TAMA	2:06.54 7
	26.58 33.70 36.13		30.13	
13	Cooper Thelen	FR	NOVA	2:16.27 4
	28.75 36.60 36.89		34.03	

PRELIM RESULTS

1	Gabriel Giacoppo	SR	BRAN	1:57.46	b
	24.83 30.10 34.77		27.76		
2	Massimo "max" De Somma	JR	REDW	1:58.18	b
	24.46 30.31 34.46		28.95		
3	Nathan Luis	SR	SMHS	1:59.01	b
	25.39 30.85 35.16		27.61		
4	Christoph Horky	SR	SRFD	1:59.48	b
	25.32 31.51 33.25		29.40		
6	Charles Stewart	SO	TAMA	2:02.19	b
	27.20 32.71 33.94		28.34		
8	Victor Pilgaard	JR	MCAT	2:03.19	b
	25.86 31.66 35.18		30.49		
10	Henry Harlow	SO	REDW	2:06.22	
	25.63 32.85 36.74		31.00		
11	William Todebush	SR	TAMA	2:07.54	
	26.72 34.15 36.23		30.44		
12	Cooper Thelen	FR	NOVA	2:13.41	
	28.40 35.76 35.74		33.51		
18	Wes Schwietert	FR	SARA	2:21.31	
	30.34 35.79 42.19		32.99		

Event # 8 MENS SENIOR 50Y FREE

MCAL MEET	Andrew Latimer	Tamalpais	:20.32	'09
LEAGUE	Andrew Latimer	Tamalpais	:20.32	'09
~ is a standard to mark achievers				
~ NCS Automatic		NCS-A	:21.82	a
~ NCS Consideration		NCS-C	:22.88	b
		SEED	MEET	PTS
1	Zachary McIntyre	JR	NOVA	20.96 a 20
	20.96			
5	Matthew Scruton	SR	REDW	21.90 b 14
	21.90			
6	Nicky Glenn	FR	TAMA	21.94 b 13
	21.94			
9	Sam Rhinehart	FR	NOVA	22.29 b 9
	22.29			
12	Hudson Wunderlich	FR	MCAT	23.18 4.5
	23.18			

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PRELIM RESULTS

1 Zachary McIntyre	JR	NOVA	20.78	a
20.78				
4 Matthew Scruton	SR	REDW	21.86	b
21.86				
6 Nicky Glenn	FR	TAMA	22.16	b
22.16				
10 Sam Rhinehart	FR	NOVA	22.61	b
22.61				
14 Hudson Wunderlich	FR	MCAT	23.02	
23.02				
38 Joseph Mellberg	SR	REDW	24.94	
24.94				
78 Patrick McConnell	SR	NOVA	27.93	
27.93				

~ NCS Automatic	NCS-A		:51.69	a
~ NCS Consideration	NCS-C		:55.55	b
		SEED	MEET	PTS
2 Nathan Luis	SR	SMHS	51.28	a 17
24.91 26.37				
3 Marcus Belingheri	SR	NOVA	53.24	b 16
24.77 28.47				
4 Zev Schuman	SO	SRFD	53.71	b 15
25.17 28.54				
5 Henry Harlow	SO	REDW	54.60	b 14
25.19 29.41				
6 Ryan Hernandez	JR	NOVA	54.83	b 13
25.02 29.81				
9 Seaver Dahlgren	SR	BRAN	56.09	9
25.76 30.33				
10 Dylan Ramirez	SO	SRFD	56.48	7
26.40 30.08				

Event # 11 WOMENS SENIOR 100Y FLY

MCAL MEET	Jav Jav Ayan-Eaton	Redwood	:55.71	'18
LEAGUE	Meghan Campbell	San Marin	:55.25	'13
~ is a standard to mark achievers				
~ NCS Automatic		NCS-A	:58.33	a
~ NCS Consideration		NCS-C	1:01.99	b
		SEED	MEET	PTS
1 Jay Jav Ayan-Eaton	SR	REDW	54.67	*a 20
25.67 29.00				
2 Coco Berkenfield	SR	SARA	58.60	b 17
27.40 31.20				
3 Kate O'Leary	SO	NOVA	59.03	b 16
27.21 31.82				
5 Madison Gruender	JR	TAMA	1:01.75	b 14
28.31 33.44				
7 Kseniya Krayeva	SO	NOVA	1:02.32	12
29.22 33.10				
8 Beatrix Franus	FR	TERR	1:02.86	11
28.27 34.59				
9 Natalia Castillo	JR	BRAN	1:01.48	b 9
28.52 32.96				

PRELIM RESULTS

2 Nathan Luis	SR	SMHS	52.31	b
25.28 27.03				
3 Marcus Belingheri	SR	NOVA	53.43	b
24.31 29.12				
4 Zev Schuman	SO	SRFD	53.69	b
25.14 28.55				
5 Ryan Hernandez	JR	NOVA	54.83	b
24.73 30.10				
8 Henry Harlow	SO	REDW	56.05	
26.07 29.98				
9 Dylan Ramirez	SO	SRFD	56.06	
26.17 29.89				
11 Seaver Dahlgren	SR	BRAN	57.60	
26.73 30.87				

Event # 13 WOMENS SENIOR 100Y FREE

MCAL MEET	Daniell Becks	San Marin	:50.79	'00
LEAGUE	Miki Dahlke	Tamalpais	:49.81	'16
~ is a standard to mark achievers				
~ NCS Automatic		NCS-A	:53.44	a
~ NCS Consideration		NCS-C	:55.99	b
		SEED	MEET	PTS
1 Catherine Watrous	FR	REDW	52.09	a 20
24.98 27.11				
2 Kaley McIntyre	FR	NOVA	53.32	a 17
25.52 27.80				
3 Alexandra Gershman	SO	TAMA	53.71	b 16
25.93 27.78				
4 Sydney Brakebill	FR	MCAT	55.03	b 15
26.04 28.99				
PRELIM RESULTS				
1 Catherine Watrous	FR	REDW	53.74	b
25.94 27.80				
2 Alexandra Gershman	SO	TAMA	54.18	b
26.31 27.87				
3 Kaley McIntyre	FR	NOVA	54.89	b
26.59 28.30				
6 Sydney Brakebill	FR	MCAT	55.09	b
26.24 28.85				
20 Lauren Solomon	JR	REDW	1:00.01	
29.32 30.69				
Elizabeth Wooster	JR	SRFD		NS

Event # 12 MENS SENIOR 100Y FLY

MCAL MEET	Emillio DeSomma	Redwood	:49.70	'16
LEAGUE	Emillio DeSomma	Redwood	:48.44	'16
~ is a standard to mark achievers				

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SC Yards

Event # 14 MENS SENIOR 100Y FREE

MCAL MEET	Christopher Packer	Branson	:45.12	'09
LEAGUE	Nick Bigot	Terra Linda	:44.74	'14
~ is a standard to mark achievers				
~ NCS Automatic		NCS-A	:47.85	a
~ NCS Consideration		NCS-C	:49.99	b
		SEED	MEET	PTS
1 Zachary McIntyre	JR	NOVA	45.65	a 20
21.70 23.95				
4 Matthew Scruton	SR	REDW	47.69	a 15
23.03 24.66				
7 Nicky Glenn	FR	TAMA	49.30	b 12
23.43 25.87				
10 Hudson Wunderlich	FR	MCAT	50.29	7
24.16 26.13				
11 Sam Rhinehart	FR	NOVA	50.31	6
23.84 26.47				

PRELIM RESULTS

1 Zachary McIntyre	JR	NOVA	45.77	a
21.89 23.88				
4 Matthew Scruton	SR	REDW	47.80	a
23.03 24.77				
7 Nicky Glenn	FR	TAMA	48.87	b
23.47 25.40				
9 Sam Rhinehart	FR	NOVA	49.91	b
23.95 25.96				
12 Hudson Wunderlich	FR	MCAT	50.60	
24.73 25.87				
19 Bennett Brewer	SR	NOVA	53.06	
24.86 28.20				
32 Joseph Mellberg	SR	REDW	56.55	
27.56 28.99				
51 Josh Chu	SO	NOVA	1:00.74	
29.24 31.50				
59 Patrick McConnell	SR	NOVA	1:03.45	
30.02 33.43				

Event # 15 WOMENS SENIOR 500Y FREE

MCAL MEET	Kimberlev Baca	Tamalpais	5:02.01	'12
LEAGUE	Emma McCarthy	Redwood	4:56.72	'15
~ is a standard to mark achievers				
~ NCS Automatic		NCS-A	5:20.95	a
~ NCS Consideration		NCS-C	5:34.99	b
		SEED	MEET	PTS
2 Miya French	FR	SMHS	5:15.49	a 17
28.96 30.95 31.99 32.02 32.30 32.20 32.69 32.01				
31.54 30.83				
4 Natalia Castillo	JR	BRAN	5:28.78	b 15
28.95 32.11 32.46 32.98 32.58 33.16 33.52 34.02				
34.83 34.17				
5 Beatrix Franus	FR	TERR	5:34.38	b 14
30.04 33.20 34.17 34.02 34.03 34.32 34.49 34.88				
33.96 31.27				
7 Kailah Sarganis	JR	MCAT	5:35.00	12
30.05 33.33 34.41 34.89 34.06 34.07 34.70 34.09				
33.65 31.75				
10 Reese Dahlgren	FR	BRAN	5:43.00	7
30.67 33.25 34.13 34.89 35.06 35.19 35.24 35.58				
35.03 33.96				
11 Nina Lawson	FR	TAMA	5:46.01	6
30.85 33.07 33.68 34.88 34.71 35.66 35.80 35.62				
35.68 40.46				

13 Jada Andrews	JR	TAMA	5:52.42	4
30.77 34.27 34.63 34.55 35.24 35.84 36.10 37.73				
38.64 34.65				
15 Emily Fee	FR	REDW	5:56.18	2
30.00 33.71 35.77 35.98 36.46 36.59 36.57 37.71				
37.94 35.45				

PRELIM RESULTS

1 Miya French	FR	SMHS	5:15.69	a
28.82 31.07 31.59 32.18 32.79 32.22 32.00 32.56				
31.69 30.77				
3 Natalia Castillo	JR	BRAN	5:28.59	b
29.83 32.62 33.11 33.74 32.79 33.64 32.48 33.64				
33.56 33.18				
6 Beatrix Franus	FR	TERR	5:34.65	b
30.47 32.85 33.19 33.90 33.51 34.22 34.95 34.71				
33.97 32.88				
7 Kailah Sarganis	JR	MCAT	5:35.36	
30.31 32.98 33.83 33.78 33.88 34.06 34.62 34.39				
34.45 33.06				
9 Nina Lawson	FR	TAMA	5:39.63	
30.64 33.17 33.75 34.34 34.03 34.52 35.56 35.09				
34.92 33.61				
10 Reese Dahlgren	FR	BRAN	5:40.55	
30.15 32.84 33.81 34.30 34.98 35.00 34.84 35.27				
35.11 34.25				
13 Emily Fee	FR	REDW	5:52.51	
29.95 34.28 35.31 35.81 35.93 36.80 37.24 37.46				
35.84 33.89				
14 Jada Andrews	JR	TAMA	5:54.10	
30.81 34.23 34.79 35.14 34.64 35.82 37.93 38.33				
37.65 34.76				
19 Ava Lyall	FR	SMHS	6:01.57	
31.73 34.77 35.82 36.57 36.32 36.67 37.51 37.42				
37.96 36.80				
20 Samantha Scruton	SO	REDW	6:04.30	
31.88 35.15 36.67 36.82 36.90 37.70 37.94 37.56				
37.47 36.21				
21 Lulu O'Leary	SO	NOVA	6:05.14	
30.26 34.44 35.77 37.27 37.20 38.23 38.63 38.86				
37.81 36.67				

Event # 16 MENS SENIOR 500Y FREE

MCAL MEET	Ivan Kurakin	Redwood	4:33.94	'18
LEAGUE	Ivan Kurakin	Redwood	4:25.12	'18
~ is a standard to mark achievers				
~ NCS Automatic		NCS-A	4:40.13	a
~ NCS Consideration		NCS-C	5:05.99	b
		SEED	MEET	PTS
1 Leo Collins	SR	REDW	4:48.71	b 20
26.50 29.04 29.28 29.29 29.27 29.58 29.57 29.31				
29.40 27.47				
2 Bruno Coelho	JR	BRAN	4:49.93	b 17
26.57 28.66 29.25 29.42 29.53 29.83 29.73 29.59				
29.41 27.94				
3 Duncan Bailey	JR	REDW	4:56.22	b 16
26.46 29.38 29.79 29.95 30.02 30.11 30.25 30.48				
30.38 29.40				
4 Robert Hieleman	SO	SRFD	4:58.10	b 15
26.50 29.34 30.44 30.61 31.07 30.90 30.39 30.54				
30.09 28.22				
5 Gavin Green	FR	REDW	4:58.76	b 14
26.79 29.59 30.13 30.79 30.71 30.55 30.85 30.58				
30.25 28.52				

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6	Zev Schuman		SO	SRFD			4:59.16	b	13
	26.60	29.64	29.87	30.74	31.29	30.81	30.36	30.49	
	30.35	29.01							
7	Alejandro Alvarado		SO	TERR			5:08.85		12
	27.04	29.92	30.09	30.55	30.92	31.16	31.73	32.48	
	32.83	32.13							
10	Sam Morris		JR	NOVA			5:18.09		7
	28.29	31.13	31.97	32.23	32.16	32.61	32.65	33.11	
	32.26	31.68							

3	Kaley McIntyre		FR	NOVA					1:00.20	b
	29.51	30.69								
4	Olivia Greenberg		SR	REDW					1:00.44	b
	29.56	30.88								
5	Bianca Bayer		SO	NOVA					1:00.92	b
	29.52	31.40								
7	Kate O'Leary		SO	NOVA					1:03.73	
	30.44	33.29								

PRELIM RESULTS

1	Bruno Coelho		JR	BRAN			4:48.83		b	
	26.79	28.49	28.91	29.30	29.29	29.05	29.47	29.38		
	29.90	28.25								
2	Robert Hieleman		SO	SRFD			4:53.84		b	
	26.02	29.23	29.35	30.34	29.76	30.52	29.32	31.28		
	30.08	27.94								
3	Leo Collins		SR	REDW			4:55.38		b	
	27.15	29.38	30.14	30.96	30.19	30.06	30.06	29.53		
	29.15	28.76								
4	Zev Schuman		SO	SRFD			4:56.60		b	
	25.51	28.43	29.74	30.61	30.56	30.72	30.55	30.28		
	30.51	29.69								
5	Duncan Bailey		JR	REDW			4:58.51		b	
	26.70	29.51	30.33	30.63	30.33	30.53	30.39	30.32		
	30.43	29.34								
6	Gavin Green		FR	REDW			4:59.32		b	
	26.95	29.33	30.01	30.59	30.80	30.24	30.48	30.69		
	30.69	29.54								
7	Alejandro Alvarado		SO	TERR			5:07.77			
	27.89	30.47	30.47	30.91	31.01	31.09	31.14	31.56		
	31.94	31.29								
10	Sam Morris		JR	NOVA			5:24.02			
	28.12	31.40	32.32	33.32	33.53	33.65	33.71	33.10		
	32.82	32.05								
17	Wes Schwietert		FR	SARA			5:36.78			
	29.20	32.76	33.27	33.92	34.78	34.51	35.16	34.66		
	34.77	33.75								

Event # 19 WOMENS SENIOR 100Y BACK

MCAL MEET	Cali Raukar	Marin Catholic	:54.98	'13
LEAGUE	Deborah Roth	Redwood	:53.33	'09
~ is a standard to mark achievers				
~	NCS Automatic	NCS-A	:59.81	a
~	NCS Consideration	NCS-C	1:02.99	b

		SEED	MEET	PTS
1	Kaley McIntyre	FR	NOVA	58.55 a 20
	28.57	29.98		
2	Olivia Greenberg	SR	REDW	59.47 a 17
	29.06	30.41		
3	Samantha Sternfels	SO	TAMA	59.59 a 16
	29.11	30.48		
4	Kyra Carney	JR	TAMA	1:00.72 b 15
	29.34	31.38		
5	Bianca Bayer	SO	NOVA	1:00.84 b 14
	29.66	31.18		
7	Kate O'Leary	SO	NOVA	1:03.21 12
	30.38	32.83		

PRELIM RESULTS

1	Samantha Sternfels	SO	TAMA	59.76 a
	29.08	30.68		
2	Kyra Carney	JR	TAMA	59.84 b
	28.91	30.93		

Event # 20 MENS SENIOR 100Y BACK

MCAL MEET	Kenneth Castro-Abra	San Marin	:50.27	'13
LEAGUE	Kenneth Castro-Abra	San Marin	:49.44	'13
~ is a standard to mark achievers				
~	NCS Automatic	NCS-A	:53.30	a
~	NCS Consideration	NCS-C	:57.99	b

		SEED	MEET	PTS
1	Jackson Mason	SR	SRFD	52.66 a 20
	25.65	27.01		
3	Gabriel Giacoppo	SR	BRAN	53.39 b 16
	26.01	27.38		
5	Finn Aune	SO	REDW	56.30 b 14
	27.98	28.32		
6	Ryan Hernandez	JR	NOVA	56.75 b 13
	27.61	29.14		
11	Sam Morris	JR	NOVA	59.64 6
	28.87	30.77		
13	Sean Padillo	FR	SMHS	1:00.99 4
	29.92	31.07		

PRELIM RESULTS

1	Jackson Mason	SR	SRFD	53.25 a
	25.78	27.47		
3	Gabriel Giacoppo	SR	BRAN	55.46 b
	26.98	28.48		
4	Finn Aune	SO	REDW	56.55 b
	27.89	28.66		
5	Ryan Hernandez	JR	NOVA	57.12 b
	27.90	29.22		
11	Sam Morris	JR	NOVA	1:00.15
	29.17	30.98		
13	Sean Padillo	FR	SMHS	1:01.36
	30.11	31.25		

Event # 21 WOMENS SENIOR 100Y BREAST

MCAL MEET	Halle Morris	Terra Linda	1:02.96	'17
LEAGUE	Halle Morris	Terra Linda	1:00.85	'16
~ is a standard to mark achievers				
~	NCS Automatic	NCS-A	1:05.69	a
~	NCS Consideration	NCS-C	1:10.89	b

		SEED	MEET	PTS
2	Elizabeth Chatard	SO	SRFD	1:05.50 a 17
	30.96	34.54		
3	May Ling Roberts	SO	BRAN	1:05.67 a 16
	31.23	34.44		
4	Maya McCauley	JR	NOVA	1:09.63 b 15
	32.03	37.60		
11	Ella Brait	FR	SARA	1:14.58 6
	35.26	39.32		

PRELIM RESULTS

1	Elizabeth Chatard	SO	SRFD	1:06.62 b
	31.53	35.09		
3	Maya McCauley	JR	NOVA	1:09.13 b
	32.18	36.95		

2019 MCAL Swimming and Diving Championships

Congratulations to the graduating Seniors!

04/25/2019 - 04/27/2019

SC Yards

4	May Ling Roberts	SO	BRAN	1:09.32	b
	32.74 36.58				
11	Ella Brait	FR	SARA	1:14.97	
	35.50 39.47				
24	Ava Lyall	FR	SMHS	1:21.95	
	39.10 42.85				
25	Annette Zavala	FR	NOVA	1:23.23	
	39.41 43.82				

Event # 103 WOMENS SENIOR 100Y FLY

0 Bianca Bayer SO NOVA 1:01.99 a

Event # 22 MENS SENIOR 100Y BREAST

MCAL MEET	Aidan Cumming	San Rafael	:57.68	'16
LEAGUE	Sam Schwartz	Tamalpais	:56.19	'85
~ is a standard to mark achievers				
~	NCS Automatic	NCS-A	:59.21	a
~	NCS Consideration	NCS-C	1:03.99	b
		SEED	MEET	PTS
1	Christoph Horky	SR	SRFD	57.59 *a 20
	27.08 30.51			
2	Seaver Dahlgren	SR	BRAN	58.46 a 17
	27.66 30.80			
3	Massimo "max" De Somma	JR	REDW	58.67 a 16
	27.27 31.40			
5	Charles Stewart	SO	TAMA	59.93 b 14
	28.41 31.52			
6	William Todebush	SR	TAMA	1:00.03 b 13
	28.12 31.91			
8	Cooper Thelen	FR	NOVA	1:01.95 b 11
	29.06 32.89			
11	Victor Pilgaard	JR	MCAT	1:03.05 b 6
	29.16 33.89			
13	Marcus Belingheri	SR	NOVA	1:04.25 4
	29.43 34.82			
14	Sean Padillo	FR	SMHS	1:04.76 3
	31.46 33.30			

PRELIM RESULTS

1	Christoph Horky	SR	SRFD	57.92	a
	27.32 30.60				
2	Massimo "max" De Somma	JR	REDW	58.32	a
	27.37 30.95				
4	William Todebush	SR	TAMA	1:00.41	b
	28.18 32.23				
6	Charles Stewart	SO	TAMA	1:01.30	b
	28.99 32.31				
7	Seaver Dahlgren	SR	BRAN	1:01.71	b
	28.75 32.96				
8	Cooper Thelen	FR	NOVA	1:01.85	b
	29.08 32.77				
11	Marcus Belingheri	SR	NOVA	1:02.71	b
	28.97 33.74				
12	Victor Pilgaard	JR	MCAT	1:02.95	b
	28.97 33.98				
16	Sean Padillo	FR	SMHS	1:05.63	
	31.49 34.14				
25	Josh Chu	SO	NOVA	1:12.14	
	33.48 38.66				
27	Aayush Shah	JR	BRAN	1:13.24	
	34.88 38.36				

Event # 102 MENS SENIOR 50Y FREE

0	Massimo "max" De Somma	JR	REDW	22.56	a
0	Alejandro Alvarado	SO	TERR	23.04	a