

RENO AQUATIC CLUB GAMBLE presented by TYR  
PACIFIC SWIMMING SHORT COURSE AGE GROUP OPEN  
JUNE 18-20, 2021

Enter Online: <http://ome.swimconnection.com/pc/RENO20210618>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **21-103**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**MEET IS OPEN TO ALL REGISTERED USA SWIMMING ATHLETES AFTER THE PRIORITY REGISTRATION PERIOD FOR THE FOLLOWING TEAMS HAS ENDED – BST, CARS, DDST, FBST, LAKE, MAC-AZ, MLST, NNA, RENO, SPKS, TAHO, TTST, UNEV, WINN**

*An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.*

*USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.*

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.**

**NOTICE:** By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in the Meet Mobile App.**

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee. Flash photography at the start of a race is prohibited.

**MEET PERSONNEL:**

<b>Meet Referee:</b> Carson Schott	<b>Head Starter:</b> Roger Pflieger
<b>Meet Marshal:</b> Diane Dale and Pat Leverty	<b>Admin Referee:</b> Marie Kissinger
<b>Meet Director:</b> Teri Galvin – <a href="mailto:terigalvin1@gmail.com">terigalvin1@gmail.com</a> (775) 848-9487	

**LOCATION:** Idlewild Pool, 1805 Idlewild Drive, Reno, NV 89509

**DIRECTIONS:** From CA: I-80 to Reno, take Keystone Ave. exit from freeway. Go south on Keystone – stay in far-right lane until you reach Riverside Drive. Do not go on overpass. Turn right on Riverside Drive. Continue about one block and turn left onto the Booth Street Bridge and then turn right onto Idlewild Drive. The pool is two blocks ahead on the right.

**COURSE:** 25 yard by 50 meter outdoor pool with up to 8 short-course lanes available for competition. An additional 8 lanes will be available for warm-up/cool down throughout the competition. Colorado Timing system with touch pads and scoreboard will be used. The minimum water depth in the competition course, measured in accordance with Article 103.2.3, ranges from **5' to 10'** depending on the lane at the start and turn end. The competition course has not been certified in accordance with Article 104.2.2C(4)

**TIME:**

- **Morning (13 and over sessions):** Warm-ups 7:15-8:45 AM. Meet session will begin at 9:00 AM.
- **Afternoon (12 and under sessions):** Warm-Ups will begin approximately 30 minutes after the morning session ends but

no earlier than 1:00 PM. Meet session is estimated to begin at approximately 3:00pm.

- Lane assignments for warm-up/cool down will be made. Times may be adjusted once entries are in to ensure we can meet current COVID guidelines. If a change in session time is made, the information will be sent out to all coaches with estimated timelines a few days before the meet.

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
  - The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
  - All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
  - All events are timed finals.
  - All events will swim fast to slow.
  - Athletes may sign up for and compete in up to 4 events per day and 10 events maximum for the meet.
  - All Athletes ages 12 and under should complete competition within four (4) hours.
  - Sessions are limited to approximately 250 athletes or until timelines are full, whichever comes first.
  - Entries for an event or session may close before the deadlines below if and when the estimated participation cap reaches its max capacity.
  - If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
  - **All Coaches and Officials must wear their USA Swimming membership cards in a visible manner while on deck.** All coaches are required to sign in and present their valid 2021 membership before coaching athletes at the meet. Except for coaches accompanying athletes participating under the provisions of 202.8 or USA Swimming’s “open border” policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.
  - **The Governor’s COVID Directive and Guidance in effect on the first day of the meet will control and may change from the date of sanction.** The Meet Director in consultation with the Meet Referee will determine compliance with the Governor’s Directive and Guidance.
  - **Adult coaches, officials, volunteers, and timers on deck are required to have a negative COVID test (or vaccination if permitted in lieu of negative COVID test), as required by the Governor of Nevada Directive and Guidance for the Return to Adult and Youth Sports issued on February 17, 2021, as amended from time to time. The Governor’s Directive does not currently permit vaccination in lieu of a negative COVID test, however, this is subject to change.** Do not submit proof of testing to meet personnel, but please keep it on your person during the meet to verify to the Meet Director or Meet Referee.

- DISTANCE:**
- **Per Zone-4 policy, to be eligible to enter the 1000 yard or 1650 yard freestyle, an athlete must have previously established an official time in an event of 500y/500m or longer.**
  - All athletes entered in the 1000 Free and 1650 Free must complete a positive check in by 10am on the day of the race.
  - The 500 Free, 1000 Free and 1650 Free will be swum faster to slowest alternating women’s and men’s heats.
  - All athletes in the 500 Free, 1000 Free, and 1650 Free must provide their own lap counters.
  - If local conditions warrant, the Meet Referee may combine women's and men's heats.

**UNACCOMPANIED ATHLETES:** Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete’s legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete’s USA Swimming Club member-coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the athlete or the athlete’s legal guardian to ensure compliance with this requirement.

- RESTRICTIONS:**
- The following prohibitions apply to all areas of the meet venue including the pool deck, locker rooms, spectator seating, standing areas, and in all areas used by athletes during the meet and during warm-up periods.
  - Smoking and the use other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, standing areas and in all areas used by athletes, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted.
- All shelters must be properly secured. Only hosting club tents are allowed on the pool deck.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- **Only athletes, coaches, officials, and volunteers shall be allowed on the pool deck and in the locker rooms and bathroom facilities. There are bathroom facilities available throughout the park for general use.**

**ELIGIBILITY:** • Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their USA Swimming registration. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host must check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Meet is open only to all registered USA Swimming athletes after priority registration has ended for the specific swimming clubs listed above.
- Disabled Athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

**ENTRY TIMES:** Entries must be submitted using the athlete's best short-course yards time for each event. All entry times must be in yards. Entries with **"NO TIME" (NT) will be accepted.**

**ENTRY FEES:** \$4.00 per event plus a \$9.00 participation fee per Athlete. Entries will be rejected if payment is not sent at time of request. **NO REFUNDS** will be made, except mandatory scratch downs.

**ENTRY DEADLINES:** Entries will be accepted by mail or online until the applicable deadline listed below, or when a session becomes full and is closed early per the rules section above, whichever is first. **NO ENTRY CHANGES WILL BE ALLOWED.** Check <http://ome.swimconnection.com/pc/RENO20210618> for session open or closed status.

**DECK ENTRIES:** Deck entries will not be accepted for this meet.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/RENO20210618> to receive an immediate entry confirmation. The "billing information" email should be brought to the meet at proof of entry. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per Athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming.**

**ONLINE ENTRY PERIODS:** Priority entry for teams detailed at the top of this meet sheet ends on **Monday, May 31, 2021 at 11:59pm.** Any registered USA Swimming athlete may enter until the final deadline on **Wednesday, June 9, 2021 at 11:59pm.** Online entries will not be accepted after Wednesday, June 9, 2021 at 11:59pm.

**MAILED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete's best yards time. Mailed entries must be postmarked by midnight, **Monday, June 7, 2021. Mailed entries may be rejected if a session is already full.** No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: RENO AQUATIC CLUB**

**Mail entries to: MEET DIRECTOR  
RENO AQUATIC CLUB  
PO BOX 7064  
RENO, NV 89510**

**CHECK-IN:** The meet shall be pre-seeded. There will be no positive check-in and athletes shall not be required to check-in.

**\*\*\*Exception: Participants in the 1650 Free and the 1000 Free will be required to do a positive check-in by 10am on the day of the event. Anyone who does not check in by 10 am for the 1650 Free and the 1000 Free will be scratched from the event.**

**SCRATCHES:** Any athlete not reporting for or competing in an individual event that they have entered shall not be penalized.

**AWARDS:** None.

**ADMISSION:** Camping is not allowed inside the gated pool facility, but there is ample space in the grass to the north of the pool outside the gate. This event will utilize a closed deck, limiting entrance to the deck to coaches, officials, volunteers, and athletes actively competing or warming up or down in the designated warm-up lanes. Spectators will not be allowed within the gated area in order to limit the number of people that will be on the deck at any given time. A live-stream will be available for spectators to observe the meet. Bathroom facilities will be limited to athletes, coaches, officials, and other meet volunteers.

**HOSPITALITY:** No food will be available within the venue. **Boxed lunches will be available each day for working officials and coaches.** Water will be provided to coaches, officials, and timers during the meet sessions.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**TIMERS:** There will be one timing chair per lane and timing chairs will be filled by the host club to limit the amount of people on deck throughout the meet.

**MINIMUM OFFICIALS:** Depending on COVID related restrictions in place at the time of the meet, all available USA Swimming Member certified officials are welcomed and encouraged to work at this meet. Please contact the Meet Referee to determine availability. As the number of certified officials allows and as permitted under the Governor's Directive and Guidance, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring, but under COVID related restrictions, it is not expected that shadowing/training will be permitted.

## EVENTS

### SESSION 1: FRIDAY, JUNE 18, 2021

Warm up: 7:15-8:45 AM Meet Start: 9:00 AM

Women	Event	Men
1	13 & Over 400 IM	2
3	13 & Over 100 Free	4
5	13 & Over 200 Back	6
7	13 & Over 100 Breast	8
9	13 & Over 1650 Free	10

### SESSION 2: FRIDAY, JUNE 18, 2021

Warm up: 1:00-2:45 PM Meet Start: 3:00 PM

Women	Event	Men
11	12 & Under 100 Free	12
13	8 & Under 25 Fly	14
15	12 & Under 100 Breast	16
17	12 & Under 50 Back	18
19	11 & 12 500 Free	20

### SESSION 3: SATURDAY, JUNE 19, 2021

Warm up: 7:15-8:45 AM Meet Start: 9:00 AM

Women	Event	Men
21	13 & Over 200 Free	22
23	13 & Over 200 Breast	24
25	13 & Over 100 Back	26
27	13 & Over 200 Butterfly	28
29	13 & Over 1000 Free	30

### SESSION 4: SATURDAY, JUNE 19, 2021

Warm up: 1:00-2:45 AM Meet Start: 3:00 PM

Women	Event	Men
31	12 & Under 200 Free	32
33	12 & Under 50 Breast	34
35	8 & Under 25 Free	36
37	12 & Under 100 Back	38
39	12 & Under 50 Butterfly	40

### SESSION 5: SUNDAY, JUNE 20, 2021

Warm up: 7:15-8:45 AM Meet Start: 9:00 AM

Women	Event	Men
41	13 & Over 200 IM	42
43	13 & Over 50 Free	44
45	13 & Over 100 Butterfly	46
47	13 & Over 500 Free	48

### SESSION 6: SUNDAY, JUNE 20, 2021

Warm up: 1:00-2:45 PM Meet Start: 3:00 PM

Women	Event	Men
49	12 & Under 200 IM	50
51	8 & Under 25 Back	52
53	12 & Under 50 Free	54
55	8 & Under 25 Breast	56
57	12 & Under 100 Butterfly	58

## **NOTE ADDITIONAL COVID-19 SPECIFIC RULES AND INFORMATION**

### **COVID-19 "PREPAREDNESS AND SAFETY PLAN"**

- Screenings must be conducted each day of the meet.
- All athletes, coaches, officials, volunteers and any person permitted entrance into the fenced area of the facility are subject to the positive test protocols in the Nevada Governor's Guidance for Adult and Youth Sports, including quarantining, notification of meet personnel of COVID symptoms.
- By attending the meet all athletes, coaches, officials, volunteers and any person permitted entrance into the gated area of the facility agree to cooperate with a Local Health Authorities on contact tracing.
- Signage outlining safety protocols will be posted at venue entrances.
- Cleaning and disinfection of meet facilities will conform to the Nevada Governor's Guidance for Adult and Youth Sports.

### **GENERAL**

- Athletes must wear masks inside the gated pool facility unless actively preparing to compete or competing.
- Athletes must leave towels, parkas, slippers, etc. on their designated chair when preparing to compete.
- The COVID-19 USA Swimming waiver included with registration must be signed.
- No spectators are allowed on deck during the meet.
- Families may sit distanced by 6 feet or more from other families outside of the pool fence or in their vehicles. Athletes will return to the family area between events (monitored by a Meet Marshall).
- Staff, officials, volunteers and athletes must wear a mask when inside the gated facility.
- Hand sanitizer will be available around the facility.
- Starting blocks will be sanitized before and after each session.
- Bathroom facilities are available to athletes, coaches, officials, and volunteers only and are limited to short visits - showering and changing is not allowed. Public bathrooms are available to spectators in the surrounding park areas.
- SHOWERS ARE NOT AVAILABLE AND THERE IS NO DECK CHANGING. COME AND LEAVE WITH YOUR SUIT ON.
- The path competitors must follow will be marked on deck with arrows.
- Location of stations such as timer, coach, officials, and other volunteers will be marked on the pool deck.
- Athletes should not congregate at the end of the lane or in the lane. Athletes should continue to swim and avoid talking when in the pool during warmups.

**HEAT AND LANE ASSIGNMENTS AND RESULTS:** Will not be posted at the meet (to reduce crowding) but will be published on the Reno Aquatic Club's website at <https://www.teamunify.com/team/reno/page/home>, on the MEET MOBILE App, and given to team coaches.

### **MEET SETUP**

- Lanes 1-8 from the west side of the pool will be used for competition during the meet. The remainder of the lanes will be available for warm-down. All lanes, including the competition lanes will be utilized for warm-up prior to each session.
- Swimmers will be required to follow social distancing requirements and to wear masks when not in the water.
- Athletes will enter the gated pool area via the Southwest gate and will have a specific route to walk to the blocks before their heats. After their race, they will be able to go to the warm-down lanes and/or exit the gated pool area via the North gate and return to the family area outside the gate.
- All events will start and finish at the south end of the pool. \*\*\*Exception: All 25y events will start from the north end of the pool and finish at the south end of the pool.

### **MEET STAFF AND VOLUNTEERS ON DECK**

- All meet staff and volunteers will be wearing a mask at all time per COVID guidelines.
- Each lane will have 1 timer. There will be two additional chairs for athletes to place their masks and towels on (one for the swimmer in the water and one for the swimmer in the next heat).
- Timer chairs are set back 8 feet from the starting end of the pool to maintain 6-foot distance from active athletes.
- Timers to remain seated at all times except to time at the end of the race.
- Head timer to sit in the southwest corner.
- Meet Referee and Starter with microphone are positioned at the southwest side of the pool.
- Stroke and turn officials are positioned by the Meet Referee as appropriate.
- Administrative Official and Runner will be located on the Southeast area of the pool.
- Colorado (2) and Computer System Operator (1) seated 6 foot distanced on the southwest side of the pool.
- Up to four Meet Marshalls positioned around the pool to monitor safety. One to be located at the exit gate to make sure no one enters the facility through that entrance.
- Announcer and live-stream (position to be determined)

- Tables for 2 coaches per team, 6 feet distanced will be positioned on the northwest and north sides of the pool.
- There will be meet volunteers outside the entrance gate monitoring the entrance and lining up swimmers prior to their races.

#### **ATHLETE FLOW DURING MEET**

- Athletes and spectators camp in the park outside north gate of the facility (teams will have designated areas).
- Athlete will report to the entrance gate and line up in designated area. They will be sent to their assigned lane 1 heat prior to the start of their heat. \*\*\*During the 13 and over session, if a swimmer would like to warm up prior to their race, they will be allowed to enter through the main gate as long as the numbers within the gated pool area remain under the maximum.
- Athlete arrives at lane, places mask on open chair, steps on blocks when signaled, and completes a flyover start with the previous swimmer in the water. Previous swimmer will exit water and put on their mask and go to warm-down lanes.
- Because coach's tables can become quite congested, we will ask coaches to talk to their swimmers away from the table area.
- Once completed with warm-down and coach discussion, athlete proceeds out the north gate to the team/ family area.

#### **SCREENING**

- Athletes (and all persons entering inside the gate of the meet facility if permitted to enter by the Meet Director) will be screened for COVID-19 by City of Reno staff or Reno Aquatic Club staff based on Nevada and the City of Reno regulations prior to entering the pool deck for warmups. They should notify the screener or a coach if they are experiencing any of the following symptoms:
  - o Cough
  - o Shortness of breath
  - o Known contact with someone with COVID-19
  - o A temperature of over 100 degrees F.

Pacific Swimming – Hosted by RENO AQUATIC CLUB RENO GAMBLE SHORT COURSE AGE GROUP OPEN JUNE 18-20, 2021 Consolidated Entry Form													
Name: Last			First			Middle							
Club Abbr.			UNATT TEAM ABBR			Club Name							
Age			Date of Birth			Sex M F		LSC – (PC, SN)					
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY				
						: .			SCY				
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						: .			SCY				
						: .			SCY				
						: .			SCY				
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# of entries _____ x \$4.00 = \$ _____ Participation Fee                      \$ 9.00  Total Amount Paid                                      \$ _____ (payable to RENO AQUATIC CLUB)													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													