

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Event 1 Girls 200 Yard Freestyle Varsity

1:54.89 NCS

2:02.99 CON

Name				Age	School	Prelim Time	Finals Time	
A - Final								
1	Struempf, Lily				Northgate High School	1:56.28	1:52.89	NCS
	26.46	28.63	29.33	28.47				
2	McAninch, Meghan K			16	Miramonte High School Swimming-HS	1:54.09	1:53.71	NCS
	26.09	28.18	29.14	30.30				
3	Fok, Lexi L			17	Campolindo High School	1:58.48	1:54.88	NCS
	26.87	28.89	29.38	29.74				
4	Hawkins, Maggie E			16	Campolindo High School	1:54.97	1:55.52	CON
	26.85	29.02	29.94	29.71				
5	Snyder, Amelia L			16	Las Lomas Knights-ZZ	1:56.24	1:56.11	CON
	27.12	28.75	29.82	30.42				
6	Hemming, Lindsay R			17	Miramonte High School Swimming-HS	2:01.84	1:58.34	CON
	27.34	29.71	30.78	30.51				
7	Stryker, Tali A			14	Miramonte High School Swimming-HS	2:00.36	1:58.56	CON
	27.05	29.52	31.07	30.92				
8	Heffelfinger, Heidi			17	Acalanes Swim Team-CA	2:02.45	2:02.22	CON
	28.00	31.60	31.15	31.47				
9	Cleveland, Audrey F			17	Miramonte High School Swimming-HS	2:04.23	2:05.25	
	27.98	30.77	32.69	33.81				
10	Bustamante, Emma C			16	Campolindo High School	2:03.54	2:05.35	
	28.69	31.45	32.73	32.48				
B - Final								
11	Lewis, Megan K			16	Las Lomas Knights-ZZ	2:11.31	2:04.29	
	28.74	30.94	31.84	32.77				
12	Cortessis, Ashley K			17	Las Lomas Knights-ZZ	2:06.54	2:05.34	
	28.71	31.40	32.83	32.40				
13	Healy, Lauren G			16	Campolindo High School	2:05.90	2:05.98	
	28.80	31.39	32.75	33.04				
14	Kenney, Payton A			16	Las Lomas Knights-ZZ	2:08.02	2:09.67	
	29.20	32.72	34.46	33.29				
15	Jackman, Laila				Northgate High School	2:10.78	2:10.20	
	30.45	32.40	33.46	33.89				
---	Berkman, Lucy H			15	Miramonte High School Swimming-HS	2:10.03	X2:07.05	
	29.77	32.05	33.32	31.91				
---	Stice, Izzie M			16	Miramonte High School Swimming-HS	2:07.54	X2:07.98	
	30.24	32.48	32.75	32.51				
---	Eukel, Olivia I			17	Miramonte High School Swimming-HS	2:09.66	X2:08.63	
	30.43	32.82	32.88	32.50				
---	Bove, Natalie H			14	Campolindo High School	2:09.21	X2:09.20	
	28.95	31.69	34.44	34.12				

Event 1 Girls 200 Yard Freestyle Varsity

1:54.89 NCS

2:02.99 CON

Name				Age	School	Seed Time	Prelim Time	
Preliminaries								
1	McAninch, Meghan K			16	Miramonte High School Swimming-HS	2:01.22	1:54.09	qNCS
	26.47	28.87	29.63	29.12				
2	Hawkins, Maggie E			16	Campolindo High School	1:56.33	1:54.97	qCON
	26.72	29.16	29.87	29.22				

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Results

Preliminaries ... (Event 1 Girls 200 Yard Freestyle Varsity)

	Name			Age	School	Seed Time	Prelim Time	
3	Snyder, Amelia L			16	Las Lomas Knights-ZZ	1:59.28	1:56.24	qCON
	27.61	29.22	29.63	29.78				
4	Struempf, Lily				Northgate High School	1:53.20	1:56.28	qCON
	26.93	29.86	29.91	29.58				
5	Fok, Lexi L			17	Campolindo High School	2:00.69	1:58.48	qCON
	27.61	29.56	30.55	30.76				
6	Stryker, Tali A			14	Miramonte High School Swimming-HS	2:10.25	2:00.36	qCON
	27.48	29.98	31.56	31.34				
7	Hemming, Lindsay R			17	Miramonte High School Swimming-HS	2:06.75	2:01.84	qCON
	28.20	30.62	31.58	31.44				
8	Heffelfinger, Heidi			17	Acalanes Swim Team-CA	2:07.89	2:02.45	qCON
	27.20	29.74	32.20	33.31				
9	Bustamante, Emma C			16	Campolindo High School	2:08.66	2:03.54	q
	28.42	31.40	32.26	31.46				
10	Cleveland, Audrey F			17	Miramonte High School Swimming-HS	2:07.74	2:04.23	q
	27.54	30.20	32.19	34.30				
11	Healy, Lauren G			16	Campolindo High School	2:09.11	2:05.90	q
	29.12	31.16	32.54	33.08				
12	Cox, Audrey A			15	Acalanes Swim Team-CA	2:15.47	2:06.05	q
	28.62	31.44	33.13	32.86				
13	Cortessis, Ashley K			17	Las Lomas Knights-ZZ	2:09.25	2:06.54	q
	28.97	31.34	33.35	32.88				
14	Stice, Izzie M			16	Miramonte High School Swimming-HS	2:12.17	2:07.54	q
	30.05	31.84	33.03	32.62				
15	Kenney, Payton A			16	Las Lomas Knights-ZZ	2:10.38	2:08.02	q
	29.15	32.27	33.96	32.64				
16	Lurie, Allie J			16	Miramonte High School Swimming-HS	2:11.45	2:08.48	q
	30.00	31.69	32.85	33.94				
*17	Bove, Natalie H			14	Campolindo High School	2:10.22	2:09.21	q
	28.39	33.48	34.52	32.82				
*17	Sasser, Portia E			17	Las Lomas Knights-ZZ	2:09.41	2:09.21	q
	29.32	32.20	33.57	34.12				
19	Eukel, Olivia I			17	Miramonte High School Swimming-HS	2:12.50	2:09.66	q
	29.52	32.75	33.89	33.50				
20	Berkman, Lucy H			15	Miramonte High School Swimming-HS	2:13.50	2:10.03	q
	30.68	32.94	34.08	32.33				
21	Jackman, Laila				Northgate High School	2:11.41	2:10.78	
	30.25	32.84	33.77	33.92				
22	Lewis, Megan K			16	Las Lomas Knights-ZZ	2:09.38	2:11.31	
	29.77	32.52	34.05	34.97				
23	Joyce, Delaney L			14	Campolindo High School	2:13.10	2:13.28	
	30.29	33.71	35.10	34.18				
24	Byrne, Devon K			17	Miramonte High School Swimming-HS	2:19.78	2:14.70	
	30.70	33.63	35.29	35.08				
25	Kessler, Sophie L			17	Miramonte High School Swimming-HS	2:19.74	2:16.24	
	31.70	33.92	35.25	35.37				
---	Clark, Grace E			16	Miramonte High School Swimming-HS	2:15.00	NS	

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Event 2 Boys 200 Yard Freestyle Varsity

1:42.80 NCS

1:49.99 CON

Name				Age	School	Prelim Time	Finals Time
A - Final							
1	Kim, Isaac N			17	Campolindo High School	1:42.55	1:40.93 NCS
	23.86	25.83	25.19	26.05			
2	Zamanian, Brock D			17	Campolindo High School	1:43.11	1:41.96 NCS
	23.68	26.08	25.91	26.29			
3	Follmer, Mac C			17	Campolindo High School	1:45.55	1:42.62 NCS
	24.06	26.07	26.02	26.47			
4	Solorzano, Tulio A			16	Las Lomas Knights-ZZ	1:48.04	1:48.56 CON
	25.22	27.21	27.82	28.31			
5	Etnyre, Parker R			15	Acalanes Swim Team-CA	1:52.17	1:48.96 CON
	25.66	27.50	27.52	28.28			
6	Potter, Ashton T			17	Las Lomas Knights-ZZ	1:50.77	1:50.58
	25.47	27.93	28.68	28.50			
7	Chu, Michael P			14	Campolindo High School	1:54.75	1:53.90
	26.21	28.57	29.33	29.79			
8	Edmister, Ryan T			17	Miramonte High School Swimming-HS	2:00.38	1:58.28
	26.45	29.47	31.45	30.91			
9	Moreland, Kyle				Northgate High School	1:59.73	1:59.00
	26.05	29.84	31.63	31.48			
---	Quinnild, Samuel R			17	Miramonte High School Swimming-HS	1:54.06	NS
B - Final							
11	Chang, Jeromy K			17	Miramonte High School Swimming-HS	2:04.51	2:03.03
	28.72	30.66	31.48	32.17			
12	Dawson, Andrew				Northgate High School	2:05.26	2:04.71
	28.65	31.44	31.87	32.75			

Event 2 Boys 200 Yard Freestyle Varsity

1:42.80 NCS

1:49.99 CON

Name				Age	School	Seed Time	Prelim Time
Preliminaries							
1	Kim, Isaac N			17	Campolindo High School	1:47.61	1:42.55 qNCS
	24.52	25.53	25.95	26.55			
2	Zamanian, Brock D			17	Campolindo High School	1:49.11	1:43.11 qCON
	23.75	25.90	26.46	27.00			
3	Follmer, Mac C			17	Campolindo High School	1:48.64	1:45.55 qCON
	24.69	26.77	27.12	26.97			
4	Solorzano, Tulio A			16	Las Lomas Knights-ZZ	1:50.16	1:48.04 qCON
	25.53	27.43	27.30	27.78			
5	Potter, Ashton T			17	Las Lomas Knights-ZZ	1:52.80	1:50.77 q
	25.62	27.82	28.64	28.69			
6	Etnyre, Parker R			15	Acalanes Swim Team-CA	1:59.23	1:52.17 q
	25.37	27.91	29.56	29.33			
7	Quinnild, Samuel R			17	Miramonte High School Swimming-HS	1:59.92	1:54.06 q
	25.63	28.59	29.90	29.94			
8	Chu, Michael P			14	Campolindo High School	1:55.84	1:54.75 q
	26.26	28.77	29.77	29.95			
9	Moreland, Kyle				Northgate High School	2:00.97	1:59.73 q
	26.66	30.07	31.65	31.35			

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Preliminaries ... (Event 2 Boys 200 Yard Freestyle Varsity)

	Name	Age	School	Seed Time	Prelim Time	
10	Edmister, Ryan T	17	Miramonte High School Swimming-HS	2:02.70	2:00.38	q
	26.13 29.94 31.86 32.45					
11	Chang, Jeromy K	17	Miramonte High School Swimming-HS	2:03.58	2:04.51	q
	28.95 31.39 31.89 32.28					
12	Dawson, Andrew		Northgate High School	2:05.09	2:05.26	q
	27.89 31.31 32.94 33.12					

Event 3 Girls 200 Yard IM Varsity

2:09.65 NCS

2:18.69 CON

	Name	Age	School	Prelim Time	Finals Time	
A - Final						
1	Buckley, Maggie J	18	Campolindo High School	2:09.67	2:05.20	NCS
	28.11 30.70 37.05 29.34					
2	Barck, Emilia I	14	Campolindo High School	2:08.88	2:05.21	NCS
	27.82 29.90 38.10 29.39					
3	Fok, Jasmine V	15	Campolindo High School	2:11.04	2:07.50	NCS
	27.85 30.62 38.84 30.19					
4	Suppiger, Shelby E	17	Acalanes Swim Team-CA	2:14.17	2:10.94	CON
	28.28 34.06 37.64 30.96					
5	Carlson, Gemma P	16	Las Lomas Knights-ZZ	2:13.01	2:12.24	CON
	28.73 33.09 38.56 31.86					
6	Blackwell, Maddie M	14	Campolindo High School	2:17.98	2:14.18	CON
	28.36 33.05 41.21 31.56					
7	Chan, Cady		Northgate High School	2:16.11	2:15.60	CON
	29.97 32.17 41.93 31.53					
8	Jacques, Allison		Northgate High School	2:18.72	2:17.52	CON
	30.06 34.02 40.91 32.53					
9	Kaelle, Reagan C	15	Miramonte High School Swimming-HS	2:18.54	2:19.13	
	28.13 33.11 43.62 34.27					
---	Mooney, Kristina A	17	Las Lomas Knights-ZZ	2:17.57	NS	
B - Final						
11	Meyers, Paige E	16	Miramonte High School Swimming-HS	2:22.55	2:21.23	
	28.85 36.30 43.06 33.02					
12	Grenning, Clara M	14	Miramonte High School Swimming-HS	2:25.36	2:25.38	
	31.48 34.98 45.70 33.22					
13	Petty, Zoe M	15	Miramonte High School Swimming-HS	2:26.25	2:25.70	
	31.13 35.66 45.23 33.68					
14	Walburg, Sydney K	15	Las Lomas Knights-ZZ	2:30.21	2:29.03	
	31.33 36.27 46.02 35.41					
15	Jackman, Laila		Northgate High School	2:32.08	2:33.08	
	32.87 39.83 44.90 35.48					
---	Stambaugh, Regan A	17	Campolindo High School	2:18.78	X2:18.00	CON
	30.68 32.98 42.12 32.22					
---	Park, Madeline	16	Miramonte High School Swimming-HS	2:27.52	X2:28.34	
	31.91 38.21 42.30 35.92					
---	Mitchell, Elizabeth		Northgate High School	2:37.45	X2:35.82	
	32.58 41.39 45.83 36.02					
---	Rasmussen, Reagan		Northgate High School	2:39.46	XDQ	
	33.46 44.31 45.64 38.39					
---	Weise, Sophia		Northgate High School	2:32.10	DQ	
	31.58 38.19 45.43 35.35					

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021**ACA/Campo/LL/Mira/NG****Results****Event 3 Girls 200 Yard IM Varsity****2:09.65 NCS****2:18.69 CON**

Name				Age	School	Seed Time	Prelim Time	
Preliminaries								
1	Barck, Emilia I			14	Campolindo High School	2:07.21	2:08.88	qNCS
	29.41	31.03	38.23	30.21				
2	Buckley, Maggie J			18	Campolindo High School	2:10.97	2:09.67	qCON
	28.45	31.95	37.99	31.28				
3	Fok, Jasmine V			15	Campolindo High School	2:14.04	2:11.04	qCON
	28.83	32.08	39.23	30.90				
4	Carlson, Gemma P			16	Las Lomas Knights-ZZ	2:18.29	2:13.01	qCON
	29.16	1:11.69	32.16					
5	Suppiger, Shelby E			17	Acalanes Swim Team-CA	2:22.86	2:14.17	qCON
	29.59	34.53	38.40	31.65				
6	Chan, Cady				Northgate High School	2:17.52	2:16.11	qCON
	30.19	32.87	41.80	31.25				
7	Mooney, Kristina A			17	Las Lomas Knights-ZZ	2:16.50	2:17.57	qCON
	30.08	36.14	38.61	32.74				
8	Blackwell, Maddie M			14	Campolindo High School	2:16.05	2:17.98	qCON
	29.10	34.65	41.70	32.53				
9	Kaelle, Reagan C			15	Miramonte High School Swimming-HS	2:23.17	2:18.54	qCON
	28.61	33.41	44.16	32.36				
10	Jacques, Allison				Northgate High School	2:19.70	2:18.72	q
	30.16	33.72	42.03	32.81				
11	Stambaugh, Regan A			17	Campolindo High School	2:25.48	2:18.78	q
	30.35	33.10	42.69	32.64				
12	Meyers, Paige E			16	Miramonte High School Swimming-HS	2:27.04	2:22.55	q
	28.98	36.03	44.33	33.21				
13	Grenning, Clara M			14	Miramonte High School Swimming-HS	2:29.03	2:25.36	q
	31.36	34.54	45.45	34.01				
14	Petty, Zoe M			15	Miramonte High School Swimming-HS	2:26.89	2:26.25	q
	31.16	35.68	45.35	34.06				
15	Park, Madeline			16	Miramonte High School Swimming-HS	2:32.78	2:27.52	q
	32.06	39.13	40.64	35.69				
16	Walburg, Sydney K			15	Las Lomas Knights-ZZ	2:39.82	2:30.21	q
	30.96	37.79	45.44	36.02				
17	Jackman, Laila				Northgate High School	2:34.71	2:32.08	q
	32.56	40.29	44.26	34.97				
18	Weise, Sophia				Northgate High School	2:34.62	2:32.10	q
	31.83	39.27	44.63	36.37				
19	Mitchell, Elizabeth				Northgate High School	2:38.74	2:37.45	q
	32.16	42.39	45.46	37.44				
20	Rasmussen, Reagan				Northgate High School	2:41.48	2:39.46	q
	32.52	43.59	43.89	39.46				

Event 4 Boys 200 Yard IM Varsity**1:57.15 NCS****2:05.99 CON**

Name				Age	School	Prelim Time	Finals Time	
A - Final								
1	Barck, Henrik N			16	Campolindo High School	1:58.77	1:55.99	NCS
	25.09	29.07	34.37	27.46				

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

A - Final ... (Event 4 Boys 200 Yard IM Varsity)

	Name	Age	School	Prelim Time	Finals Time	
2	Fong, A.J.		Northgate High School	2:02.43	1:58.03	CON
	24.99 30.18 35.73 27.13					
3	Wendler, Mason		Northgate High School	1:58.52	1:58.23	CON
	25.23 30.29 34.67 28.04					
*4	Kennedy, Andrew F	15	Las Lomas Knights-ZZ	2:05.18	2:04.93	CON
	25.43 31.20 38.66 29.64					
*4	Lalli, Reid G	15	Campolindo High School	2:04.57	2:04.93	CON
	26.17 32.90 35.49 30.37					
6	Petty, Matteo J	15	Miramonte High School Swimming-HS	2:07.12	2:06.01	
	26.88 31.06 38.46 29.61					
7	Martin, Tommy		Northgate High School	2:12.83	2:07.95	
	28.05 32.10 37.29 30.51					
8	Devlin, Christopher M	17	Miramonte High School Swimming-HS	2:11.27	2:08.20	
	27.01 31.50 37.98 31.71					
9	Lewis, Daniel		Northgate High School	2:09.18	2:08.65	
	27.40 32.69 38.59 29.97					
10	Wisk, Ryan A	14	Miramonte High School Swimming-HS	2:09.49	2:08.79	
	27.34 33.81 38.61 29.03					

B - Final

11	Fleming, Caleb L	16	Campolindo High School	2:16.65	2:12.73	
	27.59 33.94 40.76 30.44					
12	Gong, Mateo T	17	Campolindo High School	2:17.89	2:17.18	
	28.19 34.39 43.11 31.49					
---	Lewis, Owen M	17	Miramonte High School Swimming-HS	2:13.22	X2:08.98	
	28.17 33.94 36.50 30.37					
---	Kaella, Ryan S	15	Miramonte High School Swimming-HS	2:11.82	X2:10.76	
	26.24 33.17 41.77 29.58					

Event 4 Boys 200 Yard IM Varsity

1:57.15 NCS

2:05.99 CON

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Wendler, Mason		Northgate High School	1:59.99	1:58.52	qCON
	25.62 29.96 34.62 28.32					
2	Barck, Henrik N	16	Campolindo High School	2:02.99	1:58.77	qCON
	26.10 30.15 35.00 27.52					
3	Fong, A.J.		Northgate High School	1:59.28	2:02.43	qCON
	25.33 31.19 36.92 28.99					
4	Bruen, Chris M	18	Miramonte High School Swimming-HS	2:06.79	2:03.63	qCON
	25.01 32.27 37.50 28.85					
5	Lalli, Reid G	15	Campolindo High School	2:09.15	2:04.57	qCON
	26.37 33.23 35.61 29.36					
6	Kennedy, Andrew F	15	Las Lomas Knights-ZZ	2:07.74	2:05.18	qCON
	25.26 31.18 39.48 29.26					
7	Petty, Matteo J	15	Miramonte High School Swimming-HS	2:08.43	2:07.12	q
	27.08 31.91 38.86 29.27					
8	Lewis, Daniel		Northgate High School	2:08.07	2:09.18	q
	27.47 32.50 38.64 30.57					
9	Wisk, Ryan A	14	Miramonte High School Swimming-HS	2:12.63	2:09.49	q
	27.88 33.61 38.44 29.56					
10	Devlin, Christopher M	17	Miramonte High School Swimming-HS	2:13.18	2:11.27	q
	27.02 32.94 38.83 32.48					

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Preliminaries ... (Event 4 Boys 200 Yard IM Varsity)

Name	Age	School			
11 Kaelle, Ryan S	15	Miramonte High School Swimming-HS	2:15.32	2:11.82	q
26.77 34.96 40.39 29.70					
12 Martin, Tommy		Northgate High School	2:13.71	2:12.83	q
29.02 34.36 38.27 31.18					
13 Lewis, Owen M	17	Miramonte High School Swimming-HS	2:12.46	2:13.22	q
28.61 34.46 37.70 32.45					
14 Fleming, Caleb L	16	Campolindo High School	2:14.80	2:16.65	q
28.59 33.79 42.71 31.56					
15 Gong, Mateo T	17	Campolindo High School	2:18.45	2:17.89	q
28.29 34.05 42.59 32.96					
--- Levy, Nate A	15	Campolindo High School	2:03.80	DQ	
27.52 31.76 35.23 29.75					
--- Davidson, Donovan C	17	Miramonte High School Swimming-HS	2:06.71	NS	

Event 5 Girls 50 Yard Freestyle Varsity

24.63 NCS

25.69 CON

Name	Age	School	Prelim Time	Finals Time	
A - Final					
1 Statler, Nina E	17	Las Lomas Knights-ZZ	23.66	23.55	NCS
2 van Meines, Amber E	17	Campolindo High School	25.25	24.14	NCS
3 Lund, Alyssa		Northgate High School	24.21	24.25	NCS
4 Weatcher, Lila	16	Acalanes Swim Team-CA	24.51	24.64	CON
5 MacKay, Sophi R	15	Acalanes Swim Team-CA	24.73	24.78	CON
6 Murphy, Mackenzie F	18	Miramonte High School Swimming-HS	25.06	24.97	CON
7 Chivers, Paige M	16	Campolindo High School	25.54	25.01	CON
8 Lucas, Lindsey E	16	Miramonte High School Swimming-HS	25.64	25.32	CON
9 McNulty, Ainsley		Northgate High School	25.33	25.33	CON
10 Rowell, Claire J	17	Acalanes Swim Team-CA	25.34	25.34	CON
B - Final					
11 Sterling, Sydney		Northgate High School	25.73	25.67	CON
12 Gronert, Zoe		Northgate High School	25.79	25.80	
13 Cherry, Petra F	15	Miramonte High School Swimming-HS	25.98	26.03	
14 Cosentino, Josie M	17	Las Lomas Knights-ZZ	26.57	26.09	
15 Claus, Kate V	16	Las Lomas Knights-ZZ	26.29	26.26	
16 Harris, Molly I	17	Las Lomas Knights-ZZ	26.78	26.29	
17 Roggensack, Clara L	15	Campolindo High School	26.10	26.30	
18 Smith, Ally C	16	Miramonte High School Swimming-HS	26.53	26.44	
19 Dendinger, Anna R	16	Campolindo High School	26.42	26.45	
20 Schirmer, Caroline J	18	Acalanes Swim Team-CA	26.47	26.58	

Event 5 Girls 50 Yard Freestyle Varsity

24.63 NCS

25.69 CON

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Statler, Nina E	17	Las Lomas Knights-ZZ	24.14	23.66	qNCS
2 Lund, Alyssa		Northgate High School	23.98	24.21	qNCS
3 Weatcher, Lila	16	Acalanes Swim Team-CA	25.00	24.51	qNCS
4 MacKay, Sophi R	15	Acalanes Swim Team-CA	25.57	24.73	qCON
5 Murphy, Mackenzie F	18	Miramonte High School Swimming-HS	25.67	25.06	qCON

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Preliminaries ... (Event 5 Girls 50 Yard Freestyle Varsity)

	Name	Age	School	Seed Time	Prelim Time	
6	van Meines, Amber E	17	Campolindo High School	25.45	25.25	qCON
7	McNulty, Ainsley		Northgate High School	26.18	25.33	qCON
8	Rowell, Claire J	17	Acalanes Swim Team-CA	26.20	25.34	qCON
9	Chivers, Paige M	16	Campolindo High School	26.37	25.54	qCON
10	Lucas, Lindsey E	16	Miramonte High School Swimming-HS	26.20	25.64	qCON
11	Sterling, Sydney		Northgate High School	26.66	25.73	q
12	Gronert, Zoe		Northgate High School	25.86	25.79	q
13	Cherry, Petra F	15	Miramonte High School Swimming-HS	27.00	25.98	q
14	Roggensack, Clara L	15	Campolindo High School	27.13	26.10	q
15	Roux, Kiera D	17	Campolindo High School	27.33	26.22	q
16	Claus, Kate V	16	Las Lomas Knights-ZZ	25.62	26.29	q
17	Dendinger, Anna R	16	Campolindo High School	27.65	26.42	q
18	Schirmer, Caroline J	18	Acalanes Swim Team-CA	26.73	26.47	q
19	Smith, Ally C	16	Miramonte High School Swimming-HS	27.53	26.53	q
20	Lurie, Allie J	16	Miramonte High School Swimming-HS	27.20	26.56	q
*21	Hassett, Rosalie K	14	Miramonte High School Swimming-HS	27.70	26.57	
*21	Cosentino, Josie M	17	Las Lomas Knights-ZZ	26.57	26.57	

Swim-Off Required

23	Hassett, Mary D	15	Miramonte High School Swimming-HS	27.37	26.75	
24	Painter, Anna C	16	Miramonte High School Swimming-HS	27.81	26.76	
25	Harris, Molly I	17	Las Lomas Knights-ZZ	26.93	26.78	
26	Lee, Abbie M	17	Campolindo High School	27.48	26.89	
27	Fox, Abigail		Northgate High School	27.74	27.18	
28	Gravano, Claudia C	17	Miramonte High School Swimming-HS	28.13	27.24	
29	Curran, Sofie		Northgate High School	27.12	27.27	
30	McGrath, Elizabeth A	17	Campolindo High School	28.38	27.46	
*31	Rohr, Emma A	16	Miramonte High School Swimming-HS	28.90	27.58	
*31	Meriam, Emma		Northgate High School	29.05	27.58	
33	Conner, Ellie A	15	Las Lomas Knights-ZZ	26.97	27.93	
34	Mosley, Sterling E	17	Acalanes Swim Team-CA	30.70	27.94	
35	Hansel, Maddy		Northgate High School	28.79	27.95	
36	Gubser, Annika M	17	Miramonte High School Swimming-HS	28.70	27.96	
37	Zinman, Natalie M	16	Campolindo High School	28.66	28.21	
38	Leto, Sophia		Northgate High School	29.50	28.23	
39	Anagnost, Eloise (Pronoun B	16	Miramonte High School Swimming-HS	28.90	28.42	
40	Weise, Ava		Northgate High School	28.00	28.43	
41	Thompson, Tenley	18	Miramonte High School Swimming-HS	30.19	28.46	
42	Smethurst, Margot		Northgate High School	29.08	28.61	
43	Croy, Josie		Northgate High School	29.50	28.71	
44	McCarthy, Sarah R	16	Acalanes Swim Team-CA	29.40	28.86	
45	Cheung, Kallie	16	Las Lomas Knights-ZZ	33.59	34.65	
---	Rusk, Mia N	17	Miramonte High School Swimming-HS	28.46	NS	

Event 6 Boys 50 Yard Freestyle Varsity

21.82 NCS

22.88 CON

	Name	Age	School	Prelim Time	Finals Time	
A - Final						
1	Hallett, Andrew		Northgate High School	21.71	21.48	NCS
2	Younger, Owen C	17	Campolindo High School	22.03	21.76	NCS

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

A - Final ... (Event 6 Boys 50 Yard Freestyle Varsity)

	Name	Age	School	Prelim Time	Finals Time	
3	Mills, Jay H	17	Acalanes Swim Team-CA	22.00	21.88	CON
4	Richards, Tommy H	16	Campolindo High School	22.50	22.09	CON
5	Coons, Will N	18	Miramonte High School Swimming-HS	22.39	22.15	CON
6	Cole, Justin J	15	Miramonte High School Swimming-HS	22.92	22.52	CON
7	Rego, Nate	17	Campolindo High School	22.97	22.66	CON
8	McNulty, Conner		Northgate High School	22.97	22.73	CON
9	Roesch, Grant H	16	Campolindo High School	22.93	22.84	CON
10	Benisek, Zack W	16	Acalanes Swim Team-CA	23.12	23.22	

B - Final

11	Flora, Kyle		Northgate High School	23.73	23.26	
12	Nelson, Brett J	15	Las Lomas Knights-ZZ	23.61	23.51	
13	Monroy, Mateo T	16	Las Lomas Knights-ZZ	23.56	23.68	
14	Melfi, Beck G	17	Acalanes Swim Team-CA	23.81	23.93	
15	Bellanca, Ian N	14	Las Lomas Knights-ZZ	24.08	23.95	
16	Manuel, Michael		Northgate High School	23.90	23.99	
17	Ramirez, Hans A	14	Acalanes Swim Team-CA	24.52	24.20	
18	Guellert, Tyler L	15	Las Lomas Knights-ZZ	25.33	25.26	
---	Ehrenberger, Nathan M	17	Campolindo High School	24.80	X24.67	
---	Stephenson, Liam T	17	Acalanes Swim Team-CA	24.79	X24.77	

Event 6 Boys 50 Yard Freestyle Varsity

21.82 NCS

22.88 CON

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Hallett, Andrew		Northgate High School	22.11	21.71	qNCS
2	Mills, Jay H	17	Acalanes Swim Team-CA	22.51	22.00	qCON
3	Younger, Owen C	17	Campolindo High School	22.73	22.03	qCON
4	Coons, Will N	18	Miramonte High School Swimming-HS	22.45	22.39	qCON
5	Richards, Tommy H	16	Campolindo High School	23.12	22.50	qCON
6	Cole, Justin J	15	Miramonte High School Swimming-HS	23.42	22.92	q
7	Roesch, Grant H	16	Campolindo High School	23.66	22.93	q
*8	McNulty, Conner		Northgate High School	22.80	22.97	q
*8	Rego, Nate	17	Campolindo High School	23.66	22.97	q
*8	Boggan, Caleb J	17	Campolindo High School	23.01	22.97	q
11	Benisek, Zack W	16	Acalanes Swim Team-CA	24.31	23.12	q
12	Monroy, Mateo T	16	Las Lomas Knights-ZZ	24.32	23.56	q
13	Nelson, Brett J	15	Las Lomas Knights-ZZ	23.56	23.61	q
14	Flora, Kyle		Northgate High School	24.02	23.73	q
15	Melfi, Beck G	17	Acalanes Swim Team-CA	24.71	23.81	q
16	Manuel, Michael		Northgate High School	24.19	23.90	q
17	Bellanca, Ian N	14	Las Lomas Knights-ZZ	24.53	24.08	q
18	Popov Spektor, William		Northgate High School	24.53	24.15	q
19	Bunzel-Hardie, Jack T	18	Campolindo High School	24.87	24.22	q
20	Quinnild, Thomas H	17	Miramonte High School Swimming-HS	24.84	24.44	q
21	Ramirez, Hans A	14	Acalanes Swim Team-CA	25.20	24.52	
22	Stephenson, Liam T	17	Acalanes Swim Team-CA	25.66	24.79	
*23	Velek, Evan J	15	Campolindo High School	25.36	24.80	
*23	Ehrenberger, Nathan M	17	Campolindo High School	25.83	24.80	
25	Markey, Hunter E	17	Campolindo High School	26.49	25.04	

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Preliminaries ... (Event 6 Boys 50 Yard Freestyle Varsity)

	Name	Age	School	Seed Time	Prelim Time
26	Moreland, Kyle		Northgate High School	25.47	25.05
27	Huynh, Elden		Northgate High School	NT	25.12
28	Rosenstein, Ethan		Northgate High School	25.85	25.32
29	Guellert, Tyler L	15	Las Lomas Knights-ZZ	26.77	25.33
30	Strittmatter, Miguel K	15	Acalanes Swim Team-CA	26.13	25.36
31	Watson, Luke A	17	Acalanes Swim Team-CA	25.63	25.43
32	Cajski, Nick V	15	Las Lomas Knights-ZZ	26.86	26.62
33	Smith, Benjamin		Northgate High School	27.22	27.19
---	Quinnild, Samuel R	17	Miramonte High School Swimming-HS	24.31	NS
---	Hanson, Cale T	14	Acalanes Swim Team-CA	28.91	NS
---	Dossa, Nico R	16	Las Lomas Knights-ZZ	27.73	NS
---	Algert, Charlie T	16	Miramonte High School Swimming-HS	23.50	NS
---	Ting, Adam J	18	Miramonte High School Swimming-HS	23.85	NS

Event 7 Girls 100 Yard Butterfly Varsity

58.33 NCS

1:01.99 CON

	Name	Age	School	Prelim Time	Finals Time
A - Final					
1	Fok, Jasmine V	15	Campolindo High School	57.25	55.18 NCS
	26.01 29.17				
2	Hanley, Channing F	18	Campolindo High School	59.40	57.02 NCS
	27.17 29.85				
3	McDonald, Maren J	15	Miramonte High School Swimming-HS	1:00.84	58.10 NCS
	26.78 31.32				
4	Kermoian, Kelly L	17	Las Lomas Knights-ZZ	59.27	58.64 CON
	27.75 30.89				
5	Blackwell, Maddie M	14	Campolindo High School	1:01.27	59.53 CON
	28.01 31.52				
6	Osborn, Lydia K	16	Campolindo High School	1:00.60	1:00.29 CON
	28.50 31.79				
7	Meyers, Paige E	16	Miramonte High School Swimming-HS	1:01.29	1:00.54 CON
	28.27 32.27				
8	Kaelle, Reagan C	15	Miramonte High School Swimming-HS	1:00.29	1:00.72 CON
	28.38 32.34				
9	Curran, Sofie		Northgate High School	1:03.70	1:03.25
	29.59 33.66				
10	Croy, Jaley		Northgate High School	1:03.56	1:04.22
	29.71 34.51				
B - Final					
11	Battersby, Caroline R	17	Miramonte High School Swimming-HS	1:04.83	1:04.30
	30.47 33.83				
12	Lewis, Megan K	16	Las Lomas Knights-ZZ	1:05.25	1:04.90
	30.31 34.59				
13	Miller, Emma J	17	Acalanes Swim Team-CA	1:07.66	1:05.44
	30.12 35.32				
14	Daughters, Franny A	16	Acalanes Swim Team-CA	1:09.27	1:07.09
	30.38 36.71				
15	Rief, Leyna		Northgate High School	1:09.41	1:07.68
	32.02 35.66				
16	Rose, Emma		Northgate High School	1:09.15	1:09.38
	32.81 36.57				

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

B - Final ... (Event 7 Girls 100 Yard Butterfly Varsity)

Name	Age	School	Prelim Time	Finals Time
--- Reiner, Adelie G	15	Miramonte High School Swimming-HS	1:05.63	X1:05.54
30.78 34.76				
--- Reiner, Lily K	18	Miramonte High School Swimming-HS	1:07.07	X1:06.43
30.79 35.64				

Event 7 Girls 100 Yard Butterfly Varsity

58.33 NCS

1:01.99 CON

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Fok, Jasmine V	15	Campolindo High School	57.68	57.25	qNCS
27.06 30.19					
2 Kermoian, Kelly L	17	Las Lomas Knights-ZZ	59.27	59.27	qCON
27.71 31.56					
3 Hanley, Channing F	18	Campolindo High School	58.44	59.40	qCON
28.42 30.98					
4 Kaelle, Reagan C	15	Miramonte High School Swimming-HS	1:03.55	1:00.29	qCON
28.71 31.58					
5 Osborn, Lydia K	16	Campolindo High School	1:04.07	1:00.60	qCON
28.38 32.22					
6 McDonald, Maren J	15	Miramonte High School Swimming-HS	1:02.15	1:00.84	qCON
28.56 32.28					
7 Lurie, Sophie	18	Miramonte High School Swimming-HS	1:03.71	1:00.91	qCON
28.91 32.00					
8 Blackwell, Maddie M	14	Campolindo High School	1:02.80	1:01.27	qCON
28.72 32.55					
9 Meyers, Paige E	16	Miramonte High School Swimming-HS	1:03.10	1:01.29	qCON
28.61 32.68					
10 Croy, Jaley		Northgate High School	1:04.43	1:03.56	q
29.46 34.10					
11 Curran, Sofie		Northgate High School	1:03.74	1:03.70	q
29.80 33.90					
12 Zinman, Natalie M	16	Campolindo High School	1:09.97	1:04.25	q
29.46 34.79					
13 Battersby, Caroline R	17	Miramonte High School Swimming-HS	1:08.12	1:04.83	q
29.99 34.84					
14 Lewis, Megan K	16	Las Lomas Knights-ZZ	1:08.29	1:05.25	q
30.14 35.11					
15 Reiner, Adelie G	15	Miramonte High School Swimming-HS	1:06.68	1:05.63	q
30.84 34.79					
16 Reiner, Lily K	18	Miramonte High School Swimming-HS	1:09.66	1:07.07	q
30.65 36.42					
17 Miller, Emma J	17	Acalanes Swim Team-CA	1:11.12	1:07.66	q
32.22 35.44					
18 Judson, Catherine L	15	Acalanes Swim Team-CA	1:14.32	1:08.34	q
30.89 37.45					
19 Rose, Emma		Northgate High School	1:10.96	1:09.15	q
32.03 37.12					
20 Daughters, Franny A	16	Acalanes Swim Team-CA	1:11.89	1:09.27	q
31.50 37.77					
21 Rief, Leyna		Northgate High School	1:11.15	1:09.41	
30.65 38.76					

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Event 8 Boys 100 Yard Butterfly Varsity

51.69 NCS

55.55 CON

	Name	Age	School	Prelim Time	Finals Time	
A - Final						
1	Le-Nguyen, Zach M	17	Campolindo High School	51.56	49.78	NCS
	23.41 26.37					
2	Mohrland, Jacob		Northgate High School	50.59	50.37	NCS
	23.61 26.76					
3	Follmer, Mac C	17	Campolindo High School	52.63	51.08	NCS
	24.07 27.01					
4	Fong, A.J.		Northgate High School	53.19	52.76	CON
	24.86 27.90					
5	Bruen, Chris M	18	Miramonte High School Swimming-HS	53.35	53.27	CON
	24.66 28.61					
6	Venable, Harley R	16	Campolindo High School	53.68	53.28	CON
	24.99 28.29					
7	Hoffman, Zachary I	15	Miramonte High School Swimming-HS	53.53	53.32	CON
	25.41 27.91					
8	Thomas, Larwence		Northgate High School	54.17	53.80	CON
	25.17 28.63					
9	Crouch, Brody H	17	Campolindo High School	56.67	54.88	CON
	25.59 29.29					
10	Potter, Ashton T	17	Las Lomas Knights-ZZ	56.46	56.51	
	26.85 29.66					
B - Final						
11	Kaelle, Ryan S	15	Miramonte High School Swimming-HS	57.82	56.46	
	26.47 29.99					
12	Wisk, Ryan A	14	Miramonte High School Swimming-HS	57.29	57.31	
	27.12 30.19					
13	Jackman, Cyrus		Northgate High School	58.14	57.55	
	27.34 30.21					
14	Melfi, Beck G	17	Acalanes Swim Team-CA	59.72	1:01.21	
	27.63 33.58					
15	Harrington, Sean L	16	Acalanes Swim Team-CA	1:05.20	1:04.00	
	29.53 34.47					
16	Bellanca, Ian N	14	Las Lomas Knights-ZZ	1:02.39	1:04.11	
	28.68 35.43					
---	Barnas, Jason		Northgate High School	59.05	X57.44	
	26.92 30.52					
---	Rago, Luca J	17	Campolindo High School	59.05	X58.00	
	26.80 31.20					
---	Santiago, Skyler		Northgate High School	58.16	X58.59	
	26.69 31.90					
---	Berloui, Arthemis A	15	Acalanes Swim Team-CA	1:04.33	DQ	
	29.26 34.88					

Event 8 Boys 100 Yard Butterfly Varsity

51.69 NCS

55.55 CON

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Mohrland, Jacob		Northgate High School	52.00	50.59	qNCS
	23.82 26.77					

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Preliminaries ... (Event 8 Boys 100 Yard Butterfly Varsity)

	Name	Age	School	Seed Time	Prelim Time	
2	Le-Nguyen, Zach M 24.52 27.04	17	Campolindo High School	51.50	51.56	qNCS
3	Follmer, Mac C 25.26 27.37	17	Campolindo High School	53.05	52.63	qCON
4	Fong, A.J. 24.70 28.49		Northgate High School	51.78	53.19	qCON
5	Bruen, Chris M 24.79 28.56	18	Miramonte High School Swimming-HS	56.09	53.35	qCON
6	Hoffman, Zachary I 25.34 28.19	15	Miramonte High School Swimming-HS	54.20	53.53	qCON
7	Venable, Harley R 25.12 28.56	16	Campolindo High School	55.44	53.68	qCON
8	Thomas, Larwence 25.23 28.94		Northgate High School	53.44	54.17	qCON
9	Potter, Ashton T 26.40 30.06	17	Las Lomas Knights-ZZ	59.43	56.46	q
10	Crouch, Brody H 26.55 30.12	17	Campolindo High School	56.50	56.67	q
11	Wisk, Ryan A 26.74 30.55	14	Miramonte High School Swimming-HS	59.46	57.29	q
12	Kaelle, Ryan S 27.11 30.71	15	Miramonte High School Swimming-HS	1:00.05	57.82	q
13	Jackman, Cyrus 27.14 31.00		Northgate High School	57.00	58.14	q
14	Santiago, Skyler 26.85 31.31		Northgate High School	59.54	58.16	q
*15	Barnas, Jason 27.37 31.68		Northgate High School	1:06.50	59.05	q
*15	Rago, Luca J 27.39 31.66	17	Campolindo High School	59.47	59.05	q
17	Melfi, Beck G 27.00 32.72	17	Acalanes Swim Team-CA	1:04.09	59.72	q
18	Park, James 29.02 32.66		Northgate High School	1:03.15	1:01.68	q
19	Bellanca, Ian N 27.84 34.55	14	Las Lomas Knights-ZZ	1:03.16	1:02.39	q
20	Berloui, Arthemis A 29.35 34.98	15	Acalanes Swim Team-CA	1:05.88	1:04.33	q
21	Bottene, Gio A 29.51 35.60	16	Miramonte High School Swimming-HS	1:04.37	1:05.11	
22	Harrington, Sean L 30.39 34.81	16	Acalanes Swim Team-CA	1:13.26	1:05.20	
---	Davidson, Donovan C	17	Miramonte High School Swimming-HS	57.70	NS	
---	Colpo, Thomas W	15	Campolindo High School	58.70	NS	

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021**ACA/Campo/LL/Mira/NG****Results****Event 9 Girls 100 Yard Freestyle Varsity****53.44 NCS****55.99 CON**

	Name	Age	School	Prelim Time	Finals Time	
A - Final						
1	van Meines, Amber E	17	Campolindo High School	54.73	51.83	NCS
	25.14 26.69					
2	Lund, Alyssa		Northgate High School	52.75	52.13	NCS
	25.05 27.08					
3	McAninch, Meghan K	16	Miramonte High School Swimming-HS	52.62	52.61	NCS
	25.32 27.29					
4	Le-Nguyen, Audrey Q	15	Campolindo High School	54.28	52.89	NCS
	25.53 27.36					
5	Stryker, Tali A	14	Miramonte High School Swimming-HS	53.80	53.49	CON
	25.79 27.70					
6	Weatcher, Lila	16	Acalanes Swim Team-CA	54.14	54.03	CON
	25.86 28.17					
7	MacKay, Sophi R	15	Acalanes Swim Team-CA	54.82	54.66	CON
	26.26 28.40					
8	Chivers, Paige M	16	Campolindo High School	55.30	54.69	CON
	26.42 28.27					
9	Cleveland, Audrey F	17	Miramonte High School Swimming-HS	56.60	57.15	
	27.23 29.92					
10	Roggensack, Clara L	15	Campolindo High School	56.84	57.30	
	27.63 29.67					
B - Final						
11	Sterling, Sydney		Northgate High School	56.96	56.06	
	26.73 29.33					
12	Cherry, Petra F	15	Miramonte High School Swimming-HS	57.04	56.84	
	27.35 29.49					
13	Kohlmeyer, Jasmine		Northgate High School	57.49	57.66	
	27.40 30.26					
14	Harris, Molly I	17	Las Lomas Knights-ZZ	56.90	57.73	
	27.24 30.49					
15	Schirmer, Caroline J	18	Acalanes Swim Team-CA	58.87	57.97	
	27.35 30.62					
16	Cosentino, Josie M	17	Las Lomas Knights-ZZ	57.72	58.01	
	27.94 30.07					
17	Claus, Kate V	16	Las Lomas Knights-ZZ	58.04	58.28	
	27.76 30.52					
18	Kenney, Payton A	16	Las Lomas Knights-ZZ	57.82	58.68	
	28.08 30.60					
19	Williams, Daylor C	15	Acalanes Swim Team-CA	1:02.21	1:00.32	
	28.71 31.61					
---	Dulski, Ella M	17	Miramonte High School Swimming-HS	57.27	X56.65	
	26.73 29.92					

Event 9 Girls 100 Yard Freestyle Varsity**53.44 NCS****55.99 CON**

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	McAninch, Meghan K	16	Miramonte High School Swimming-HS	56.80	52.62	qNCS
	25.49 27.13					

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Preliminaries ... (Event 9 Girls 100 Yard Freestyle Varsity)

	Name	Age	School	Seed Time	Prelim Time	
2	Lund, Alyssa		Northgate High School	51.85	52.75	qNCS
	25.58 27.17					
3	Stryker, Tali A	14	Miramonte High School Swimming-HS	54.70	53.80	qCON
	25.83 27.97					
4	Weatcher, Lila	16	Acalanes Swim Team-CA	56.00	54.14	qCON
	25.85 28.29					
5	Le-Nguyen, Audrey Q	15	Campolindo High School	55.68	54.28	qCON
	26.03 28.25					
6	van Meines, Amber E	17	Campolindo High School	55.63	54.73	qCON
	26.33 28.40					
7	MacKay, Sophi R	15	Acalanes Swim Team-CA	56.87	54.82	qCON
	26.16 28.66					
8	Chivers, Paige M	16	Campolindo High School	58.57	55.30	qCON
	26.48 28.82					
9	McNulty, Ainsley		Northgate High School	58.70	56.30	q
	26.60 29.70					
10	Cleveland, Audrey F	17	Miramonte High School Swimming-HS	58.27	56.60	q
	26.93 29.67					
11	Roggensack, Clara L	15	Campolindo High School	1:00.21	56.84	q
	27.34 29.50					
12	Harris, Molly I	17	Las Lomas Knights-ZZ	58.96	56.90	q
	27.06 29.84					
13	Bustamante, Emma C	16	Campolindo High School	58.86	56.95	q
	27.23 29.72					
14	Sterling, Sydney		Northgate High School	59.90	56.96	q
	26.96 30.00					
15	Cherry, Petra F	15	Miramonte High School Swimming-HS	1:00.94	57.04	q
	27.51 29.53					
16	Dulski, Ella M	17	Miramonte High School Swimming-HS	58.48	57.27	q
	27.28 29.99					
17	Kohlmeyer, Jasmine		Northgate High School	56.97	57.49	q
	27.36 30.13					
18	Smith, Ally C	16	Miramonte High School Swimming-HS	59.85	57.52	q
	27.86 29.66					
19	Cosentino, Josie M	17	Las Lomas Knights-ZZ	58.00	57.72	q
	27.61 30.11					
20	Kenney, Payton A	16	Las Lomas Knights-ZZ	1:01.81	57.82	q
	27.91 29.91					
21	Hassett, Mary D	15	Miramonte High School Swimming-HS	1:00.13	57.85	
	27.91 29.94					
22	Claus, Kate V	16	Las Lomas Knights-ZZ	56.58	58.04	
	27.02 31.02					
23	Painter, Anna C	16	Miramonte High School Swimming-HS	1:00.32	58.16	
	27.89 30.27					
24	Resnick, Ashley A	16	Campolindo High School	1:00.39	58.21	
	27.71 30.50					
25	Eukel, Olivia I	17	Miramonte High School Swimming-HS	1:00.60	58.59	
	27.94 30.65					
26	Healy, Lauren G	16	Campolindo High School	1:00.22	58.67	
	28.20 30.47					

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Preliminaries ... (Event 9 Girls 100 Yard Freestyle Varsity)

	Name	Age	School	Seed Time	Prelim Time
27	Schirmer, Caroline J 27.80 31.07	18	Acalanes Swim Team-CA	1:00.31	58.87
28	Roux, Kiera D 27.94 31.04	17	Campolindo High School	1:01.24	58.98
29	Hassett, Rosalie K 28.56 30.60	14	Miramonte High School Swimming-HS	1:00.74	59.16
30	Lee, Abbie M 28.25 30.92	17	Campolindo High School	1:00.05	59.17
31	McGrath, Elizabeth A 28.16 31.19	17	Campolindo High School	1:02.65	59.35
32	Croy, Jaley 28.70 31.31		Northgate High School	1:00.50	1:00.01
33	Berkman, Lucy H 29.71 30.74	15	Miramonte High School Swimming-HS	1:01.74	1:00.45
34	Mitchell, Elizabeth 29.01 31.97		Northgate High School	1:04.00	1:00.98
35	Rohrlick, Madison 28.69 32.34		Northgate High School	1:01.82	1:01.03
36	Meriam, Emma 29.61 31.53		Northgate High School	1:03.85	1:01.14
*37	Hansel, Maddy 29.33 31.94		Northgate High School	1:03.33	1:01.27
*37	Gravano, Claudia C 29.81 31.46	17	Miramonte High School Swimming-HS	1:03.22	1:01.27
39	Gubser, Annika M 29.38 31.93	17	Miramonte High School Swimming-HS	1:03.66	1:01.31
40	Byrne, Devon K 29.84 31.68	17	Miramonte High School Swimming-HS	1:06.61	1:01.52
41	Fox, Abigail 29.54 32.22		Northgate High School	NT	1:01.76
42	Anagnost, Eloise (Pronoun B 30.12 31.70	16	Miramonte High School Swimming-HS	1:03.61	1:01.82
43	Rief, Leyna 29.25 32.62		Northgate High School	1:01.40	1:01.87
44	Rohr, Emma A 30.18 31.92	16	Miramonte High School Swimming-HS	1:04.00	1:02.10
45	Williams, Daylor C 29.59 32.62	15	Acalanes Swim Team-CA	1:04.41	1:02.21
46	Mosley, Sterling E 29.39 32.95	17	Acalanes Swim Team-CA	1:05.99	1:02.34
47	Judson, Catherine L 30.55 32.26	15	Acalanes Swim Team-CA	1:05.70	1:02.81
48	Thompson, Tenley 29.92 33.06	18	Miramonte High School Swimming-HS	1:06.65	1:02.98
49	Croy, Josie 30.09 33.00		Northgate High School	1:08.01	1:03.09
50	Heffelfinger, Wendy 31.35 32.04	15	Acalanes Swim Team-CA	1:03.26	1:03.39
51	Campos, Tina E 30.01 33.91	16	Las Lomas Knights-ZZ	1:03.24	1:03.92
---	Rusk, Mia N	17	Miramonte High School Swimming-HS	1:01.77	NS

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Event 10 Boys 100 Yard Freestyle Varsity

47.85 NCS

49.99 CON

	Name	Age	School	Prelim Time	Finals Time	
A - Final						
1	Zamanian, Brock D	17	Campolindo High School	47.16	47.02	NCS
	22.87 24.15					
2	Mohrland, Jacob		Northgate High School	46.84	47.44	NCS
	22.76 24.68					
3	Hallett, Andrew		Northgate High School	47.51	47.71	NCS
	22.94 24.77					
4	Loney, Tyler	17	Campolindo High School	48.68	48.03	CON
	23.09 24.94					
5	Richards, Tommy H	16	Campolindo High School	48.84	48.15	CON
	23.39 24.76					
6	Wendler, Mason		Northgate High School	48.69	48.31	CON
	23.36 24.95					
7	Mills, Jay H	17	Acalanes Swim Team-CA	48.67	48.34	CON
	23.10 25.24					
8	Yavuzer-Judd, Theoden	16	Campolindo High School	48.08	48.46	CON
	22.85 25.61					
9	McMillan, Scott		Northgate High School	49.27	48.77	CON
	23.17 25.60					
10	Sherwood, Dax M	17	Miramonte High School Swimming-HS	48.77	49.17	CON
	23.54 25.63					
B - Final						
11	Kennedy, Andrew F	15	Las Lomas Knights-ZZ	49.43	49.11	CON
	23.92 25.19					
12	Etnyre, Parker R	15	Acalanes Swim Team-CA	50.61	49.97	CON
	24.23 25.74					
13	Monroy, Mateo T	16	Las Lomas Knights-ZZ	51.56	51.33	
	24.96 26.37					
14	Benisek, Zack W	16	Acalanes Swim Team-CA	52.65	51.79	
	25.74 26.05					
15	Hudson, Dallas C	14	Las Lomas Knights-ZZ	53.67	53.76	
	26.09 27.67					
16	Ramirez, Hans A	14	Acalanes Swim Team-CA	54.08	54.22	
	26.39 27.83					
17	Mann, Easton D	16	Las Lomas Knights-ZZ	53.74	54.66	
	25.78 28.88					
---	Lenk, Chase T	16	Miramonte High School Swimming-HS	52.86	X52.46	
	25.50 26.96					
---	Lenk, Tyler C	16	Miramonte High School Swimming-HS	52.87	X53.52	
	25.80 27.72					
---	Coons, Will N	18	Miramonte High School Swimming-HS	51.63	NS	

Event 10 Boys 100 Yard Freestyle Varsity

47.85 NCS

49.99 CON

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Mohrland, Jacob		Northgate High School	47.50	46.84	qNCS
	22.72 24.12					

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Preliminaries ... (Event 10 Boys 100 Yard Freestyle Varsity)

	Name	Age	School	Seed Time	Prelim Time	
2	Zamanian, Brock D 22.72 24.44	17	Campolindo High School	49.70	47.16	qNCS
3	Hallett, Andrew 23.14 24.37		Northgate High School	48.01	47.51	qNCS
4	Yavuzer-Judd, Theoden 23.09 24.99	16	Campolindo High School	50.33	48.08	qCON
5	Mills, Jay H 23.17 25.50	17	Acalanes Swim Team-CA	52.61	48.67	qCON
6	Loney, Tyler 23.66 25.02	17	Campolindo High School	52.20	48.68	qCON
7	Wendler, Mason 23.58 25.11		Northgate High School	48.47	48.69	qCON
8	Sherwood, Dax M 23.53 25.24	17	Miramonte High School Swimming-HS	50.69	48.77	qCON
9	Richards, Tommy H 23.77 25.07	16	Campolindo High School	50.67	48.84	qCON
10	Venable, Harley R 23.74 25.52	16	Campolindo High School	51.69	49.26	qCON
11	McMillan, Scott 23.34 25.93		Northgate High School	50.00	49.27	qCON
12	Kennedy, Andrew F 23.92 25.51	15	Las Lomas Knights-ZZ	52.70	49.43	qCON
13	McNulty, Conner 23.83 26.46		Northgate High School	50.00	50.29	q
14	Roesch, Grant H 24.01 26.38	16	Campolindo High School	51.90	50.39	q
15	Etnyre, Parker R 24.78 25.83	15	Acalanes Swim Team-CA	54.07	50.61	q
16	Boggan, Caleb J 23.91 26.73	17	Campolindo High School	52.40	50.64	q
17	Quinnild, Samuel R 24.80 26.71	17	Miramonte High School Swimming-HS	53.30	51.51	q
18	Monroy, Mateo T 24.61 26.95	16	Las Lomas Knights-ZZ	52.22	51.56	q
19	Coons, Will N 23.86 27.77	18	Miramonte High School Swimming-HS	52.51	51.63	q
20	Thomas, Larwence 24.62 27.03		Northgate High School	53.78	51.65	q
21	Parker, Colin 24.84 27.49		Northgate High School	53.59	52.33	
22	Benisek, Zack W 26.05 26.60	16	Acalanes Swim Team-CA	56.53	52.65	
23	Quinnild, Thomas H 25.39 27.41	17	Miramonte High School Swimming-HS	54.66	52.80	
24	Rago, Luca J 25.38 27.44	17	Campolindo High School	54.35	52.82	
25	Lenk, Chase T 25.69 27.17	16	Miramonte High School Swimming-HS	55.71	52.86	
26	Lenk, Tyler C 25.30 27.57	16	Miramonte High School Swimming-HS	55.91	52.87	

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Preliminaries ... (Event 10 Boys 100 Yard Freestyle Varsity)

	Name	Age	School	Seed Time	Prelim Time
27	Fleming, Caleb L 25.93 27.14	16	Campolindo High School	53.45	53.07
28	Popov Spektor, William 25.79 27.69		Northgate High School	55.14	53.48
29	Hudson, Dallas C 25.70 27.97	14	Las Lomas Knights-ZZ	54.36	53.67
30	Mann, Easton D 25.93 27.81	16	Las Lomas Knights-ZZ	54.28	53.74
31	Walker, Ethan H 25.96 27.80	17	Acalanes Swim Team-CA	58.35	53.76
32	Edmister, Ryan T 25.33 28.51	17	Miramonte High School Swimming-HS	55.23	53.84
33	Galabow, Jacob R 25.62 28.25	16	Las Lomas Knights-ZZ	56.63	53.87
34	Barnas, Jason 26.03 28.01		Northgate High School	58.49	54.04
35	Ramirez, Hans A 26.12 27.96	14	Acalanes Swim Team-CA	58.40	54.08
36	Jackman, Cyrus 26.13 28.55		Northgate High School	52.80	54.68
37	Lewis, Luke W 26.39 28.54	15	Miramonte High School Swimming-HS	55.96	54.93
38	Markey, Hunter E 26.42 29.78	17	Campolindo High School	56.00	56.20
39	Rosenstein, Ethan 26.57 29.91		Northgate High School	57.38	56.48
40	Guellert, Tyler L 27.39 30.28	15	Las Lomas Knights-ZZ	1:00.35	57.67
41	Bottene, Gio A 28.52 29.42	16	Miramonte High School Swimming-HS	58.56	57.94
42	Davis, Jon F 28.93 35.51	18	Acalanes Swim Team-CA	1:05.00	1:04.44
---	Colpo, Thomas W	15	Campolindo High School	54.33	NS
---	Ting, Adam J	18	Miramonte High School Swimming-HS	52.99	NS
---	Kaelle, Ryan S	15	Miramonte High School Swimming-HS	57.55	NS

Event 11 Girls 500 Yard Freestyle Varsity

5:20.95 NCS

5:34.99 CON

	Name	Age	School	Prelim Time	Finals Time
A - Final					
1	Struempf, Lily 27.51 29.48 30.66 29.60	29.98	30.51 30.40 31.08 30.76	5:08.91 30.73	5:00.71 NCS
2	Hawkins, Maggie E 28.01 31.06 31.35 29.94	31.64	32.10 32.02 31.73 31.78	5:10.71 31.29	5:10.92 NCS
3	Snyder, Amelia L 29.46 31.37 31.47 29.84	31.61	31.74 31.67 31.65 31.44	5:09.50 31.43	5:11.68 NCS
4	Fok, Lexi L 28.06 31.03 31.51 31.09	31.42	31.98 31.79 31.83 32.12	5:21.69 31.79	5:12.62 NCS

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

A - Final ... (Event 11 Girls 500 Yard Freestyle Varsity)

	Name	Age	School	Prelim Time	Finals Time	
5	Kermoian, Kelly L	17	Las Lomas Knights-ZZ	5:13.74	5:14.27	NCS
	29.20 31.37 31.47	31.76	31.66 32.10 31.85	31.91		
	31.78 31.17					
6	Osborn, Lydia K	16	Campolindo High School	5:34.76	5:20.73	NCS
	30.16 32.25 32.74	32.87	32.65 32.56 32.76	32.37		
	31.87 30.50					
7	Heffelfinger, Heidi	17	Acalanes Swim Team-CA	5:31.04	5:31.89	CON
	29.83 32.40 32.95	33.53	33.99 34.39 34.24	34.22		
	33.91 32.43					
8	Cortessis, Ashley K	17	Las Lomas Knights-ZZ	5:37.33	5:37.45	
	29.98 32.47 33.96	34.72	34.68 34.59 34.34	34.82		
	34.67 33.22					
9	Stice, Izzie M	16	Miramonte High School Swimming-HS	5:39.82	5:43.09	
	30.98 33.86 34.87	35.19	35.23 35.04 34.67	34.88		
	34.52 33.85					
10	Joyce, Delaney L	14	Campolindo High School	5:41.04	5:45.77	
	30.90 34.52 35.30	35.39	35.50 35.26 35.53	34.99		
	34.70 33.68					

B - Final

11	Reiner, Adelie G	15	Miramonte High School Swimming-HS	5:45.51	5:44.15	
	32.28 34.52 35.60	35.22	35.10 34.78 35.24	34.61		
	33.95 32.85					
12	Berkman, Lucy H	15	Miramonte High School Swimming-HS		5:46.86	
	32.14 34.64 35.47	35.51	35.77 34.93 35.58	35.22		
	34.51 33.09					
13	Clark, Grace E	16	Miramonte High School Swimming-HS	5:52.48	5:52.52	
	31.88 34.54 35.26	35.20	35.39 35.83 36.07	36.11		
	36.34 35.90					
14	Kessler, Sophie L	17	Miramonte High School Swimming-HS	6:10.41	x6:02.13	
	32.39 34.95 36.26	36.63	36.57 36.89 37.49	37.61		
	37.57 35.77					

Event 11 Girls 500 Yard Freestyle Varsity

5:20.95 NCS

5:34.99 CON

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Struempf, Lily		Northgate High School	5:02.79	5:08.91	qNCS
	28.19 30.66 31.08	31.32	31.26 31.45 31.66	32.04		
	31.09 30.16					
2	Snyder, Amelia L	16	Las Lomas Knights-ZZ	5:29.79	5:09.50	qNCS
	28.94 30.62 31.05	30.96	31.32 31.58 31.72	31.39		
	31.59 30.33					
3	Hawkins, Maggie E	16	Campolindo High School	5:13.05	5:10.71	qNCS
	27.73 30.71 32.20	32.10	32.03 32.32 31.60	31.20		
	30.97 29.85					
4	Kermoian, Kelly L	17	Las Lomas Knights-ZZ	5:19.36	5:13.74	qNCS
	28.61 30.62 30.81	30.85	31.00 32.14 32.31	32.41		
	32.53 32.46					
5	Fok, Lexi L	17	Campolindo High School	5:26.72	5:21.69	qCON
	28.88 31.52 32.35	32.82	32.91 33.22 33.38	33.16		
	32.44 31.01					

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Preliminaries ... (Event 11 Girls 500 Yard Freestyle Varsity)

Name	Age	School	Seed Time	Prelim Time	
6 Heffelfinger, Heidi	17	Acalanes Swim Team-CA	5:50.90	5:31.04	qCON
29.41 32.39 33.82	34.37	34.05 33.44 33.56	33.60		
33.95 32.45					
7 Cox, Audrey A	15	Acalanes Swim Team-CA	6:00.26	5:33.35	qCON
31.07 32.91 33.22	33.60	33.92 33.78 33.95	33.38		
34.78 32.74					
8 Osborn, Lydia K	16	Campolindo High School	5:30.07	5:34.76	qCON
30.42 32.97 33.86	33.94	34.18 33.88 34.01	34.14		
34.18 33.18					
9 Cortessis, Ashley K	17	Las Lomas Knights-ZZ	5:46.54	5:37.33	q
30.07 32.06 33.76	34.75	34.50 34.73 35.03	35.06		
34.16 33.21					
10 Stice, Izzie M	16	Miramonte High School Swimming-HS	5:52.63	5:39.82	q
30.91 33.25 34.38	34.81	34.94 35.02 34.55	34.63		
34.43 32.90					
11 Joyce, Delaney L	14	Campolindo High School	5:48.80	5:41.04	q
30.62 34.05 33.77	34.94	35.28 35.09 35.05	34.49		
34.50 33.25					
12 Reiner, Adelle G	15	Miramonte High School Swimming-HS	5:50.22	5:45.51	q
31.83 34.49 34.86	35.41	35.29 34.83 35.22	35.06		
34.79 33.73					
13 Clark, Grace E	16	Miramonte High School Swimming-HS	6:03.00	5:52.48	q
32.78 34.42 35.58	35.48	34.94 35.82 36.09	36.26		
35.85 35.26					
14 Kessler, Sophie L	17	Miramonte High School Swimming-HS	6:20.42	6:10.41	q
33.30 36.22 37.02	37.48	38.01 38.25 38.14	37.90		
37.82 36.27					

Event 12 Boys 500 Yard Freestyle Varsity

4:40.13 NCS

5:05.99 CON

Name	Age	School	Prelim Time	Finals Time	
A - Final					
1 Kim, Isaac N	17	Campolindo High School	4:42.67	4:37.83	NCS
25.28 27.77 28.39	28.50	28.45 28.28 28.72	28.35		
28.39 25.70					
2 Barck, Henrik N	16	Campolindo High School	4:52.30	4:47.77	CON
25.84 28.28 29.09	29.47	29.85 29.49 29.43	29.36		
29.01 27.95					
3 Solorzano, Tulio A	16	Las Lomas Knights-ZZ	4:52.99	4:54.34	CON
26.44 28.99 29.39	29.69	29.98 30.07 29.94	30.24		
30.28 29.32					
4 Hoffman, Zachary I	15	Miramonte High School Swimming-HS	4:54.95	4:55.68	CON
27.14 29.53 30.12	30.61	30.77 30.68 30.53	30.29		
29.14 26.87					
5 Crouch, Brody H	17	Campolindo High School	5:05.96	4:56.51	CON
27.38 29.36 29.84	30.16	30.29 30.45 30.71	30.51		
29.78 28.03					
6 Gunn, Logan M	15	Miramonte High School Swimming-HS	5:13.96	5:03.62	CON
27.25 30.17 30.79	30.83	31.27 31.32 30.59	30.69		
30.86 29.85					

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

A - Final ... (Event 12 Boys 500 Yard Freestyle Varsity)

	Name			Age	School			Prelim Time	Finals Time
7	Parker, Colin				Northgate High School			5:28.64	5:06.31
	27.06	30.47	31.66	31.59	31.77	31.71	31.78	31.75	
	30.44	28.08							
8	Chu, Michael P			14	Campolindo High School			5:09.78	5:08.56
	27.24	30.09	30.87	31.21	31.66	31.65	31.91	32.04	
	31.52	30.37							

Event 12 Boys 500 Yard Freestyle Varsity

4:40.13 NCS

5:05.99 CON

	Name			Age	School			Seed Time	Prelim Time
Preliminaries									
1	Kim, Isaac N			17	Campolindo High School			4:47.50	4:42.67 qCON
	26.19	28.06	28.60	29.01	28.69	29.23	29.08	28.94	
	27.77	27.10							
2	Barck, Henrik N			16	Campolindo High School			4:48.60	4:52.30 qCON
	26.85	28.78	29.85	30.00	29.83	29.89	30.21	29.66	
	28.77	28.46							
3	Solorzano, Tulio A			16	Las Lomas Knights-ZZ			5:02.48	4:52.99 qCON
	26.57	28.84	29.21	29.62	29.80	29.82	30.17	30.11	
	29.87	28.98							
4	Hoffman, Zachary I			15	Miramonte High School Swimming-HS			5:00.45	4:54.95 qCON
	26.99	28.96	30.14	30.11	30.67	31.04	31.03	29.91	
	28.60	27.50							
5	Crouch, Brody H			17	Campolindo High School			5:01.90	5:05.96 qCON
	27.29	29.12	29.85	30.50	31.22	31.32	31.35	31.87	
	31.88	31.56							
6	Chu, Michael P			14	Campolindo High School			5:11.66	5:09.78 q
	27.62	30.04	30.46	31.04	31.43	31.80	32.08	32.10	
	32.10	31.11							
7	Gunn, Logan M			15	Miramonte High School Swimming-HS			5:13.06	5:13.96 q
	28.27	31.37	32.24	32.04	31.86	32.30	31.72	31.87	
	31.50	30.79							
8	Parker, Colin				Northgate High School			5:26.26	5:28.64 q
	28.52	31.87	32.71	33.84	34.21	34.43	34.19	34.25	
	33.88	30.74							

Event 13 Girls 100 Yard Backstroke Varsity

59.81 NCS

1:02.99 CON

	Name			Age	School			Prelim Time	Finals Time
A - Final									
1	Statler, Nina E			17	Las Lomas Knights-ZZ			55.68	54.78 NCS
	26.38	28.40							
2	Barck, Emilia I			14	Campolindo High School			57.94	55.83 NCS
	27.10	28.73							
3	Le-Nguyen, Audrey Q			15	Campolindo High School			1:00.35	58.49 NCS
	28.39	30.10							
4	Chan, Cady				Northgate High School			1:00.42	1:00.42 CON
	29.16	31.26							
5	Carlson, Gemma P			16	Las Lomas Knights-ZZ			1:01.51	1:01.02 CON
	29.27	31.75							

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

A - Final ... (Event 13 Girls 100 Yard Backstroke Varsity)

	Name	Age	School	Prelim Time	Finals Time	
6	Hemming, Lindsay R 29.59 31.60	17	Miramonte High School Swimming-HS	1:02.86	1:01.19	CON
7	Murphy, Mackenzie F 29.57 32.00	18	Miramonte High School Swimming-HS	1:01.48	1:01.57	CON
8	Stambaugh, Regan A 30.64 31.32	17	Campolindo High School	1:02.77	1:01.96	CON
9	Jacques, Allison 31.14 32.26		Northgate High School	1:03.93	1:03.40	
10	Grenning, Clara M 31.72 33.24	14	Miramonte High School Swimming-HS	1:05.18	1:04.96	

B - Final

11	Bove, Natalie H 31.43 32.17	14	Campolindo High School	1:05.29	1:03.60	
12	Daughters, Franny A 31.21 33.89	16	Acalanes Swim Team-CA	1:08.10	1:05.10	
13	Petty, Zoe M 31.72 33.56	15	Miramonte High School Swimming-HS	1:05.30	1:05.28	
14	Walburg, Sydney K 33.55 33.95	15	Las Lomas Knights-ZZ	1:07.02	1:07.50	
15	Conner, Ellie A 33.94 36.00	15	Las Lomas Knights-ZZ	1:11.11	1:09.94	
16	Leto, Sophia 33.88 36.89		Northgate High School	1:11.37	1:10.77	
---	Battersby, Caroline R 33.16 34.92	17	Miramonte High School Swimming-HS	1:07.99	X1:08.08	
---	Reiner, Lily K 33.94 36.53	18	Miramonte High School Swimming-HS	1:10.55	X1:10.47	
---	Rose, Emma 36.29 36.67		Northgate High School	1:13.59	X1:12.96	
---	Rohrlick, Madison		Northgate High School	1:10.66	NS	

Event 13 Girls 100 Yard Backstroke Varsity

59.81 NCS

1:02.99 CON

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Statler, Nina E 26.92 28.76	17	Las Lomas Knights-ZZ	56.97	55.68	qNCS
2	Barck, Emilia I 28.48 29.46	14	Campolindo High School	58.88	57.94	qNCS
3	Le-Nguyen, Audrey Q 29.56 30.79	15	Campolindo High School	59.87	1:00.35	qCON
4	Chan, Cady 29.33 31.09		Northgate High School	1:01.53	1:00.42	qCON
5	Murphy, Mackenzie F 29.67 31.81	18	Miramonte High School Swimming-HS	NT	1:01.48	qCON
6	Carlson, Gemma P 29.32 32.19	16	Las Lomas Knights-ZZ	1:05.36	1:01.51	qCON
7	Stambaugh, Regan A 30.87 31.90	17	Campolindo High School	1:05.00	1:02.77	qCON
8	Hemming, Lindsay R 30.55 32.31	17	Miramonte High School Swimming-HS	1:04.27	1:02.86	qCON

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021**ACA/Campo/LL/Mira/NG****Results****Preliminaries ... (Event 13 Girls 100 Yard Backstroke Varsity)**

	Name	Age	School	Seed Time	Prelim Time	
9	Jacques, Allison 31.31 32.62		Northgate High School	1:04.42	1:03.93	q
10	Grenning, Clara M 31.78 33.40	14	Miramonte High School Swimming-HS	1:07.24	1:05.18	q
11	Bove, Natalie H 31.33 33.96	14	Campolindo High School	1:07.71	1:05.29	q
12	Petty, Zoe M 31.80 33.50	15	Miramonte High School Swimming-HS	1:06.12	1:05.30	q
13	Walburg, Sydney K 32.52 34.50	15	Las Lomas Knights-ZZ	1:08.20	1:07.02	q
14	Battersby, Caroline R 32.62 35.37	17	Miramonte High School Swimming-HS	1:11.75	1:07.99	q
15	Daughters, Franny A 32.56 35.54	16	Acalanes Swim Team-CA	1:10.67	1:08.10	q
16	Reiner, Lily K 34.07 36.48	18	Miramonte High School Swimming-HS	1:13.34	1:10.55	q
17	Rohrlick, Madison 33.57 37.09		Northgate High School	1:13.46	1:10.66	q
18	Conner, Ellie A 34.35 36.76	15	Las Lomas Knights-ZZ	1:13.54	1:11.11	q
19	Leto, Sophia 34.08 37.29		Northgate High School	NT	1:11.37	q
20	Rose, Emma 36.38 37.21		Northgate High School	1:16.52	1:13.59	q

Event 14 Boys 100 Yard Backstroke Varsity**53.30 NCS****57.99 CON**

	Name	Age	School	Prelim Time	Finals Time	
A - Final						
1	Le-Nguyen, Zach M 24.06 25.60	17	Campolindo High School	51.45	49.66	NCS
2	Younger, Owen C 25.89 28.14	17	Campolindo High School	53.78	54.03	CON
3	Sherwood, Dax M 26.22 27.93	17	Miramonte High School Swimming-HS	54.66	54.15	CON
4	Loney, Tyler 27.00 27.67	17	Campolindo High School	55.92	54.67	CON
5	McMillan, Scott 27.07 28.90		Northgate High School	56.30	55.97	CON
6	Petty, Matteo J 27.47 29.32	15	Miramonte High School Swimming-HS	57.43	56.79	CON
7	Rego, Nate 27.32 29.93	17	Campolindo High School	56.63	57.25	CON
8	Manuel, Michael 27.79 30.19		Northgate High School	57.96	57.98	CON
9	Flora, Kyle 28.68 29.36		Northgate High School	59.04	58.04	
10	Lenk, Tyler C 28.94 30.14	16	Miramonte High School Swimming-HS	1:00.14	59.08	

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

B - Final ... (Event 14 Boys 100 Yard Backstroke Varsity)

	Name	Age	School	Prelim Time	Finals Time
B - Final					
11	Nelson, Brett J	15	Las Lomas Knights-ZZ	1:00.57	1:00.22
	28.70 31.52				
12	Del Rosario, Ethan A	18	Acalanes Swim Team-CA	1:01.34	1:00.81
	29.90 30.91				
13	Watson, Luke A	17	Acalanes Swim Team-CA	1:02.35	1:01.73
	29.72 32.01				
14	Lenk, Chase T	16	Miramonte High School Swimming-HS	1:01.84	1:01.96
	30.99 30.97				
15	Mann, Easton D	16	Las Lomas Knights-ZZ	1:02.53	1:03.04
	30.85 32.19				
16	Walker, Ethan H	17	Acalanes Swim Team-CA	1:01.91	1:03.35
	31.10 32.25				
17	Stephenson, Liam T	17	Acalanes Swim Team-CA	1:06.68	1:06.49
	32.01 34.48				
---	Gong, Mateo T	17	Campolindo High School	1:01.71	X1:00.84
	28.93 31.91				
---	Chang, Jeromy K	17	Miramonte High School Swimming-HS	1:01.95	X1:01.41
	30.10 31.31				
---	Huynh, Elden		Northgate High School	1:03.21	DQ
	30.23 32.28				

Event 14 Boys 100 Yard Backstroke Varsity

53.30 NCS

57.99 CON

	Name	Age	School	Seed Time	Prelim Time
Preliminaries					
1	Le-Nguyen, Zach M	17	Campolindo High School	50.02	51.45 qNCS
	25.18 26.27				
2	Younger, Owen C	17	Campolindo High School	59.51	53.78 qCON
	26.38 27.40				
3	Sherwood, Dax M	17	Miramonte High School Swimming-HS	56.26	54.66 qCON
	26.71 27.95				
4	Loney, Tyler	17	Campolindo High School	58.66	55.92 qCON
	27.89 28.03				
5	McMillan, Scott		Northgate High School	56.00	56.30 qCON
	27.28 29.02				
6	Rego, Nate	17	Campolindo High School	59.85	56.63 qCON
	27.30 29.33				
7	Petty, Matteo J	15	Miramonte High School Swimming-HS	59.28	57.43 qCON
	27.48 29.95				
8	Manuel, Michael		Northgate High School	1:01.72	57.96 qCON
	27.78 30.18				
9	Flora, Kyle		Northgate High School	58.81	59.04 q
	29.04 30.00				
10	Lenk, Tyler C	16	Miramonte High School Swimming-HS	1:03.75	1:00.14 q
	29.89 30.25				
11	Nelson, Brett J	15	Las Lomas Knights-ZZ	1:03.62	1:00.57 q
	28.13 32.44				
12	Del Rosario, Ethan A	18	Acalanes Swim Team-CA	1:04.41	1:01.34 q
	30.21 31.13				

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021**ACA/Campo/LL/Mira/NG****Results****Preliminaries ... (Event 14 Boys 100 Yard Backstroke Varsity)**

	Name	Age	School	Seed Time	Prelim Time	
13	Gong, Mateo T 29.59 32.12	17	Campolindo High School	1:02.78	1:01.71	q
14	Lenk, Chase T 30.47 31.37	16	Miramonte High School Swimming-HS	1:06.30	1:01.84	q
15	Walker, Ethan H 29.52 32.39	17	Acalanes Swim Team-CA	1:05.90	1:01.91	q
16	Chang, Jeromy K 30.42 31.53	17	Miramonte High School Swimming-HS	1:02.66	1:01.95	q
17	Watson, Luke A 29.54 32.81	17	Acalanes Swim Team-CA	1:03.94	1:02.35	q
18	Mann, Easton D 30.62 31.91	16	Las Lomas Knights-ZZ	1:04.02	1:02.53	q
19	Huynh, Elden 30.43 32.78		Northgate High School	NT	1:03.21	q
20	Dawson, Andrew 30.86 33.77		Northgate High School	1:05.28	1:04.63	q
21	Stephenson, Liam T 31.99 34.69	17	Acalanes Swim Team-CA	1:08.62	1:06.68	
22	Smith, Benjamin 33.50 35.70		Northgate High School	1:14.33	1:09.20	
23	Davis, Jon F 36.37 41.16	18	Acalanes Swim Team-CA	1:24.03	1:17.53	
---	Hanson, Cale T	14	Acalanes Swim Team-CA	1:15.97	NS	
---	Algert, Charlie T	16	Miramonte High School Swimming-HS	57.20	NS	
---	Berloui, Arthemis A	15	Acalanes Swim Team-CA	1:13.26	NS	

Event 15 Girls 100 Yard Breaststroke Varsity**1:05.69 NCS****1:10.89 CON**

	Name	Age	School	Prelim Time	Finals Time	
A - Final						
1	Hanley, Channing F 30.24 33.19	18	Campolindo High School	1:06.53	1:03.43	NCS
2	Buckley, Maggie J 31.17 34.21	18	Campolindo High School	1:08.06	1:05.38	NCS
3	McDonald, Maren J 31.42 35.04	15	Miramonte High School Swimming-HS	1:10.50	1:06.46	CON
4	Suppiger, Shelby E 31.09 35.47	17	Acalanes Swim Team-CA	1:08.84	1:06.56	CON
5	Mooney, Kristina A 31.62 35.73	17	Las Lomas Knights-ZZ	1:07.73	1:07.35	CON
6	Rowell, Claire J 32.18 36.01	17	Acalanes Swim Team-CA	1:08.56	1:08.19	CON
7	Gronert, Zoe 32.04 36.21		Northgate High School	1:08.28	1:08.25	CON
8	Lucas, Lindsey E 33.15 37.73	16	Miramonte High School Swimming-HS	1:09.77	1:10.88	CON
9	Dulski, Ella M 33.35 37.84	17	Miramonte High School Swimming-HS	1:10.96	1:11.19	
10	Weise, Ava 32.28 39.63		Northgate High School	1:11.77	1:11.91	

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

B - Final ... (Event 15 Girls 100 Yard Breaststroke Varsity)

	Name	Age	School	Prelim Time	Finals Time
B - Final					
11	Kohlmeyer, Jasmine		Northgate High School	1:12.25	1:11.37
	33.53 37.84				
12	Miller, Emma J	17	Acalanes Swim Team-CA	1:15.25	1:11.64
	33.43 38.21				
13	Smethurst, Margot		Northgate High School	1:13.14	1:11.90
	33.29 38.61				
14	Park, Madeline	16	Miramonte High School Swimming-HS	1:11.99	1:12.55
	33.47 39.08				
15	McCarthy, Sarah R	16	Acalanes Swim Team-CA	1:12.97	1:12.94
	33.77 39.17				
16	Dendinger, Anna R	16	Campolindo High School	1:16.89	1:15.94
	36.41 39.53				
17	Resnick, Ashley A	16	Campolindo High School	1:19.15	1:16.32
	35.68 40.64				
18	Cheung, Kallie	16	Las Lomas Knights-ZZ	1:20.23	1:22.69
	38.35 44.34				
---	Williams, Daylor C	15	Acalanes Swim Team-CA	1:17.92	X1:14.70
	35.51 39.19				

Event 15 Girls 100 Yard Breaststroke Varsity

1:05.69 NCS

1:10.89 CON

	Name	Age	School	Seed Time	Prelim Time
Preliminaries					
1	Hanley, Channing F	18	Campolindo High School	1:07.61	1:06.53 qCON
	31.83 34.70				
2	Mooney, Kristina A	17	Las Lomas Knights-ZZ	1:08.09	1:07.73 qCON
	32.05 35.68				
3	Lurie, Sophie	18	Miramonte High School Swimming-HS	1:13.60	1:07.96 qCON
	32.25 35.71				
4	Buckley, Maggie J	18	Campolindo High School	1:09.98	1:08.06 qCON
	33.30 34.76				
5	Gronert, Zoe		Northgate High School	1:07.97	1:08.28 qCON
	31.91 36.37				
6	Rowell, Claire J	17	Acalanes Swim Team-CA	1:12.72	1:08.56 qCON
	32.02 36.54				
7	Suppiger, Shelby E	17	Acalanes Swim Team-CA	1:12.40	1:08.84 qCON
	32.16 36.68				
8	Lucas, Lindsey E	16	Miramonte High School Swimming-HS	1:12.24	1:09.77 qCON
	32.35 37.42				
9	McDonald, Maren J	15	Miramonte High School Swimming-HS	1:11.46	1:10.50 qCON
	33.73 36.77				
10	Dulski, Ella M	17	Miramonte High School Swimming-HS	1:13.40	1:10.96 q
	33.32 37.64				
11	Weise, Ava		Northgate High School	1:13.32	1:11.77 q
	32.51 39.26				
12	Park, Madeline	16	Miramonte High School Swimming-HS	1:14.57	1:11.99 q
	33.49 38.50				
13	Kohlmeyer, Jasmine		Northgate High School	1:10.84	1:12.25 q
	33.95 38.30				

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Preliminaries ... (Event 15 Girls 100 Yard Breaststroke Varsity)

	Name	Age	School	Seed Time	Prelim Time	
14	Sasser, Portia E 33.70 38.79	17	Las Lomas Knights-ZZ	1:15.91	1:12.49	q
15	McCarthy, Sarah R 33.75 39.22	16	Acalanes Swim Team-CA	1:18.38	1:12.97	q
16	Smethurst, Margot 33.96 39.18		Northgate High School	1:16.69	1:13.14	q
17	Weise, Sophia 34.15 39.99		Northgate High School	1:17.68	1:14.14	q
18	Miller, Emma J 35.78 39.47	17	Acalanes Swim Team-CA	1:17.09	1:15.25	q
19	Dendinger, Anna R 36.54 40.35	16	Campolindo High School	1:19.58	1:16.89	q
20	Williams, Daylor C 36.60 41.32	15	Acalanes Swim Team-CA	1:19.37	1:17.92	q
21	Resnick, Ashley A 37.02 42.13	16	Campolindo High School	1:22.46	1:19.15	
22	Cheung, Kallie 36.97 43.26	16	Las Lomas Knights-ZZ	1:15.28	1:20.23	
23	Heffelfinger, Wendy 38.57 42.86	15	Acalanes Swim Team-CA	1:23.54	1:21.43	
24	Campos, Tina E 39.98 45.15	16	Las Lomas Knights-ZZ	1:24.61	1:25.13	
---	Rasmussen, Reagan 34.27 40.62		Northgate High School	1:15.60	DQ	

Event 16 Boys 100 Yard Breaststroke Varsity

59.21 NCS

1:03.99 CON

	Name	Age	School	Prelim Time	Finals Time	
A - Final						
1	Levy, Nate A 27.80 31.15	15	Campolindo High School	1:00.67	58.95	NCS
2	Yavuzer-Judd, Theoden 28.04 31.53	16	Campolindo High School	1:02.04	59.57	CON
3	Cole, Justin J 28.58 33.39	15	Miramonte High School Swimming-HS	1:02.54	1:01.97	CON
4	Lewis, Luke W 29.91 33.13	15	Miramonte High School Swimming-HS	1:04.68	1:03.04	CON
5	Lalli, Reid G 30.92 35.04	15	Campolindo High School	1:05.49	1:05.96	
6	Devlin, Christopher M 31.18 34.95	17	Miramonte High School Swimming-HS	1:07.15	1:06.13	
7	Hudson, Dallas C 30.98 35.54	14	Las Lomas Knights-ZZ	1:06.95	1:06.52	
8	Velek, Evan J 31.64 35.30	15	Campolindo High School	1:08.01	1:06.94	
9	Lewis, Owen M 31.11 35.90	17	Miramonte High School Swimming-HS	1:07.11	1:07.01	
10	Lewis, Daniel 31.70 35.39		Northgate High School	1:07.44	1:07.09	

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

B - Final ... (Event 16 Boys 100 Yard Breaststroke Varsity)

	Name	Age	School	Prelim Time	Finals Time
B - Final					
11	Martin, Tommy		Northgate High School	1:08.17	1:04.66
	30.98 33.68				
12	Park, James		Northgate High School	1:08.92	1:06.78
	32.14 34.64				
13	Gunn, Logan M	15	Miramonte High School Swimming-HS	1:07.67	x1:06.94
	31.55 35.39				
14	Galabow, Jacob R	16	Las Lomas Knights-ZZ	1:08.98	1:08.36
	31.72 36.64				
15	Santiago, Skyler		Northgate High School	1:08.68	1:08.76
	31.54 37.22				
16	Dreyer, Will I	15	Acalanes Swim Team-CA	1:11.05	1:10.05
	32.99 37.06				
17	Harrington, Sean L	16	Acalanes Swim Team-CA	1:12.33	1:11.39
	33.42 37.97				
18	Strittmatter, Miguel K	15	Acalanes Swim Team-CA	1:13.41	1:14.07
	34.92 39.15				
---	Cajski, Nick V	15	Las Lomas Knights-ZZ	1:12.29	NS
---	Del Rosario, Ethan A	18	Acalanes Swim Team-CA	1:17.61	XNS

Event 16 Boys 100 Yard Breaststroke Varsity

59.21 NCS

1:03.99 CON

	Name	Age	School	Seed Time	Prelim Time
Preliminaries					
1	Levy, Nate A	15	Campolindo High School	1:02.45	1:00.67 qCON
	28.97 31.70				
2	Yavuzer-Judd, Theoden	16	Campolindo High School	1:02.88	1:02.04 qCON
	29.09 32.95				
3	Cole, Justin J	15	Miramonte High School Swimming-HS	1:05.60	1:02.54 qCON
	29.09 33.45				
4	Lewis, Luke W	15	Miramonte High School Swimming-HS	1:06.60	1:04.68 q
	30.53 34.15				
5	Lalli, Reid G	15	Campolindo High School	1:08.97	1:05.49 q
	30.71 34.78				
6	Hudson, Dallas C	14	Las Lomas Knights-ZZ	1:08.25	1:06.95 q
	31.50 35.45				
7	Lewis, Owen M	17	Miramonte High School Swimming-HS	1:09.59	1:07.11 q
	31.38 35.73				
8	Devlin, Christopher M	17	Miramonte High School Swimming-HS	1:10.89	1:07.15 q
	31.72 35.43				
9	Lewis, Daniel		Northgate High School	1:07.06	1:07.44 q
	32.04 35.40				
10	Gunn, Logan M	15	Miramonte High School Swimming-HS	1:07.86	1:07.67 q
	32.57 35.10				
11	Velek, Evan J	15	Campolindo High School	1:11.27	1:08.01 q
	31.80 36.21				
12	Martin, Tommy		Northgate High School	1:09.69	1:08.17 q
	32.52 35.65				
13	Santiago, Skyler		Northgate High School	1:13.62	1:08.68 q
	31.60 37.08				

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Preliminaries ... (Event 16 Boys 100 Yard Breaststroke Varsity)

	Name	Age	School	Seed Time	Prelim Time	
14	Park, James		Northgate High School	1:16.62	1:08.92	q
	33.13 35.79					
15	Galabow, Jacob R	16	Las Lomas Knights-ZZ	1:11.06	1:08.98	q
	32.52 36.46					
16	Ehrenberger, Nathan M	17	Campolindo High School	1:15.02	1:10.04	q
	32.01 38.03					
17	Dreyer, Will I	15	Acalanes Swim Team-CA	1:20.72	1:11.05	q
	32.44 38.61					
18	Cajski, Nick V	15	Las Lomas Knights-ZZ	1:11.65	1:12.29	q
	34.55 37.74					
19	Harrington, Sean L	16	Acalanes Swim Team-CA	1:19.02	1:12.33	q
	34.19 38.14					
20	Bunzel-Hardie, Jack T	18	Campolindo High School	1:11.80	1:12.88	q
	33.92 38.96					
21	Strittmatter, Miguel K	15	Acalanes Swim Team-CA	1:16.59	1:13.41	
	34.16 39.25					
---	Del Rosario, Ethan A	18	Acalanes Swim Team-CA	1:15.97	DQ	
	37.27 40.34					
---	Dossa, Nico R	16	Las Lomas Knights-ZZ	1:23.16	NS	

Event 17 Girls 200 Yard Medley Relay Varsity

1:52.64 NCS

2:03.59 CON

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Campolindo High School	A		1:45.41 NCS
1) Barck, Emilia I 14	2) Hanley, Channing F 18	3) Fok, Jasmine V 15	4) Blackwell, Maddie M 14
26.15 29.64 24.64	24.98		
2 Las Lomas Knights-ZZ	A		1:49.06 NCS
1) Statler, Nina E 17	2) Mooney, Kristina A 17	3) Kermoian, Kelly L 17	4) Snyder, Amelia L 16
25.79 31.78 26.48	25.01		
3 Miramonte High School Swimmir	A		1:53.74 CON
1) Hemming, Lindsay R 17	2) Park, Madeline 16	3) Kaelle, Reagan C 15	4) Cherry, Petra F 15
28.28 33.31 26.41	25.74		
4 Northgate High School	A		1:54.33 CON
1) Chan, Cady	2) Weise, Ava	3) Croy, Jaley	4) Sterling, Sydney
28.60 32.28 28.35	25.10		
5 Acalanes Swim Team-CA	A		1:59.07 CON
1) Schirmer, Caroline J 18	2) Miller, Emma J 17	3) Daughters, Franny A 16	4) Heffelfinger, Heidi 17
31.95 32.48 28.48	26.16		

Event 17 Girls 200 Yard Medley Relay Varsity

1:52.64 NCS

2:03.59 CON

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Campolindo High School	B	NT	2:00.19 qCON
1) Stambaugh, Regan A 17	2) Dendinger, Anna R 16	3) Osborn, Lydia K 16	4) Lee, Abbie M 17
29.55 34.92 29.30	26.42		
2 Miramonte High School Swimmir	B	1:53.00	2:01.96 qCON
1) Rohr, Emma A 16	3) Reiner, Lily K 18	4) Eukel, Olivia I 17	
32.40 33.02 30.24	26.30		

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Preliminaries ... (Event 17 Girls 200 Yard Medley Relay Varsity)

Team	Relay	Seed Time	Prelim Time
3 Northgate High School	B	2:04.00	2:05.76 q
1) Leto, Sophia	2) Smethurst, Margot	3) Rose, Emma	4) Weise, Sophia
34.21 33.53 31.28 26.74			
--- Las Lomas Knights-ZZ	B	NT	NS

Event 18 Boys 200 Yard Medley Relay Varsity

1:38.79 NCS

1:52.99 CON

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Campolindo High School	A		1:35.28 NCS
1) Le-Nguyen, Zach M 17	2) Levy, Nate A 15	3) Follmer, Mac C 17	4) Younger, Owen C 17
23.13 26.80 23.20 22.15			
2 Northgate High School	A		1:42.81 CON
1) McMillan, Scott	2) Lewis, Daniel	3) Thomas, Larwence	4) McNulty, Conner
25.80 30.71 24.26 22.04			
3 Miramonte High School Swimmir	A		1:42.95 CON
1) Petty, Matteo J 15	2) Lewis, Luke W 15	3) Wisk, Ryan A 14	4) Hoffman, Zachary I 15
25.92 28.82 25.41 22.80			
4 Acalanes Swim Team-CA	A		1:53.99
1) Watson, Luke A 17	2) Del Rosario, Ethan A 18	3) Melfi, Beck G 17	4) Ramirez, Hans A 14
28.80 34.21 26.81 24.17			
--- Las Lomas Knights-ZZ	A		NS

Event 18 Boys 200 Yard Medley Relay Varsity

1:38.79 NCS

1:52.99 CON

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Campolindo High School	B	NT	1:47.52 qCON
1) Loney, Tyler 17	2) Ehrenberger, Nathan M 17	3) Crouch, Brody H 17	4) Rago, Luca J 17
27.06 32.01 25.00 23.45			
2 Miramonte High School Swimmir	B	1:44.00	1:48.50 qCON
1) Chang, Jeromy K 17	2) Cole, Justin J 15	3) Bottene, Gio A 16	4) Quinnild, Thomas H 17
29.15 28.23 27.24 23.88			
3 Northgate High School	B	NT	1:50.23 qCON
1) Dawson, Andrew	2) Santiago, Skyler	3) Barnas, Jason	4) Park, James
29.09 31.73 24.68 24.73			
--- Las Lomas Knights-ZZ	B	NT	NS

Event 19 Girls 200 Yard Freestyle Relay Varsity

1:40.70 NCS

1:51.99 CON

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Northgate High School	A		1:36.55 NCS
1) Andresen, Maile	2) McNulty, Ainsley	3) Struempf, Lily	4) Lund, Alyssa
23.94 24.64 23.98 23.99			
2 Miramonte High School Swimmir	A		1:37.63 NCS
1) McAninch, Meghan K 16	2) McDonald, Maren J 15	3) Stryker, Tali A 14	4) Murphy, Mackenzie F 18
24.41 24.52 23.94 24.76			

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021**ACA/Campo/LL/Mira/NG****Results****A - Final ... (Event 19 Girls 200 Yard Freestyle Relay Varsity)**

Team	Relay	Prelim Time	Finals Time
3 Acalanes Swim Team-CA	A		1:39.45 NCS
1) Rowell, Claire J 17	2) MacKay, Sophi R 15	3) Suppiger, Shelby E 17	4) Weatcher, Lila 16
25.54 25.36 24.12	24.43		
4 Campolindo High School	A		1:42.12 CON
1) Chivers, Paige M 16	2) Roggensack, Clara L 15	3) Healy, Lauren G 16	4) Lee, Abbie M 17
25.13 25.59 25.77	25.63		
5 Las Lomas Knights-ZZ	A		1:44.95 CON
1) Walburg, Sydney K 15	2) Kenney, Payton A 16	3) Claus, Kate V 16	4) Cortessis, Ashley K 17
26.31 26.61 25.85	26.18		

Event 19 Girls 200 Yard Freestyle Relay Varsity**1:40.70 NCS****1:51.99 CON**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Campolindo High School	B	NT	1:44.41 qCON
	2) McGrath, Elizabeth A 17	3) Roux, Kiera D 17	
25.20 27.24 25.86	26.11		
2 Miramonte High School Swimmir	B	NT	1:48.15 qCON
26.07 27.79 27.88	26.41		
3 Northgate High School	B	NT	1:48.60 qCON
1) Fox, Abigail	2) Rohrllick, Madison	3) Welsh, Sydney	4) Mitchell, Elizabeth
27.57 27.93 26.45	26.65		
--- Las Lomas Knights-ZZ	B	NT	NS

Event 20 Boys 200 Yard Freestyle Relay Varsity**1:30.61 NCS****1:38.99 CON**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Campolindo High School	A		1:27.92 NCS
1) Zamanian, Brock D 17	2) Roesch, Grant H 16	3) Richards, Tommy H 16	4) Rego, Nate 17
21.62 22.53 22.10	21.67		
2 Miramonte High School Swimmir	A		1:28.70 NCS
1) Coons, Will N 18	2) Sherwood, Dax M 17	3) Cole, Justin J 15	4) Bruen, Chris M 18
22.02 22.19 22.29	22.20		
3 Acalanes Swim Team-CA	A		1:32.22 CON
1) Mills, Jay H 17	2) Stephenson, Liam T 17	3) Etnyre, Parker R 15	4) Benisek, Zack W 16
22.03 24.72 22.98	22.49		
4 Las Lomas Knights-ZZ	A		1:33.20 CON
1) Kennedy, Andrew F 15	2) Bellanca, Ian N 14	3) Galabow, Jacob R 16	4) Nelson, Brett J 15
22.28 23.72 24.16	23.04		
5 Northgate High School	A		1:34.88 CON
1) Popov Spektor, William	2) Parker, Colin	3) Flora, Kyle	4) Jackman, Cyrus
24.07 23.50 23.33	23.98		

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Event 20 Boys 200 Yard Freestyle Relay Varsity

1:30.61 NCS

1:38.99 CON

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Miramonte High School Swimmir	B	NT	1:34.96 qCON
1) Quinnild, Samuel R 17	2) Wisk, Ryan A 14	3) Lenk, Tyler C 16	4) Gunn, Logan M 15
23.68 23.92 23.29	24.07		
2 Campolindo High School	B	NT	1:34.97 qCON
1) Fleming, Caleb L 16	2) Bunzel-Hardie, Jack T 18	3) Gong, Mateo T 17	4) Boggan, Caleb J 17
22.91 24.39 24.24	23.43		
--- Northgate High School	B	NT	DQ
1) Moreland, Kyle	2) Rosenstein, Ethan	3) Martin, Tommy	4) Park, James
24.94 25.61 24.87	24.34		
--- Las Lomas Knights-ZZ	B	NT	NS

Event 21 Girls 400 Yard Freestyle Relay Varsity

3:42.77 NCS

4:09.99 CON

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Campolindo High School	A		3:34.28 NCS
1) Hawkins, Maggie E 16	2) Fok, Lexi L 17	3) van Meines, Amber E 17	4) Buckley, Maggie J 18
26.98 55.33 24.62	51.65 26.09 54.12	25.56 53.18	
2 Miramonte High School Swimmir	A		3:47.72 CON
1) Meyers, Paige E 16	2) Lucas, Lindsey E 16	3) Dulski, Ella M 17	4) Cleveland, Audrey F 17
27.56 57.38 26.29	56.48 27.11 57.62	26.45 56.24	
3 Las Lomas Knights-ZZ	A		3:48.28 CON
1) Carlson, Gemma P 16	2) Cosentino, Josie M 17	3) Lewis, Megan K 16	4) Harris, Molly I 17
4 Northgate High School	A		3:49.39 CON
1) Kohlmeyer, Jasmine	2) Jacques, Allison	3) Rief, Leyna	4) Gronert, Zoe
27.10 57.07 27.57	57.40 27.59 58.23	26.79 56.69	
--- Acalanes Swim Team-CA	A		DQ
1) Williams, Daylor C 15	2) Heffelfinger, Wendy 15		
30.53 1:03.40 28.37	1:00.49 26.88 1:00.31	27.20 59.15	

Event 21 Girls 400 Yard Freestyle Relay Varsity

3:42.77 NCS

4:09.99 CON

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Campolindo High School	B	NT	3:54.46 qCON
1) Bustamante, Emma C 16	2) Joyce, Delaney L 14	3) Bove, Natalie H 14	4) Resnick, Ashley A 16
28.71 1:00.48 28.94	1:00.78 26.86 57.02	26.92 56.18	
2 Miramonte High School Swimmir	B	NT	3:55.33 qCON
1) Stice, Izzie M 16	2) Kessler, Sophie L 17	3) Anagnost, Eloise (Pronoun B 16	
29.62 1:00.20 30.36	1:03.17 26.31 55.64	26.52 56.32	
3 Northgate High School	B	NT	4:08.71 qCON
1) Hansel, Maddy	2) Meriam, Emma	3) Rasmussen, Reagan	4) Croy, Josie
29.60 1:01.78 27.58	1:00.42 29.43 1:03.45	29.73 1:03.06	
--- Las Lomas Knights-ZZ	B	NT	NS

2021 DAL Valley Varsity Championships - 3/26/2021 to 3/27/2021

ACA/Campo/LL/Mira/NG

Results

Event 22 Boys 400 Yard Freestyle Relay Varsity

3:16.97 NCS

3:43.99 CON

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Northgate High School	A		3:09.56 NCS
1) Fong, A.J.	2) Hallett, Andrew	3) Wendler, Mason	4) Moreland, Kyle
22.83 47.50 22.27	46.87 22.99 48.64	22.07 46.55	
2 Campolindo High School	A		3:11.96 NCS
1) Kim, Isaac N 17	2) Barck, Henrik N 16	3) Yavuzer-Judd, Theoden 16	4) Venable, Harley R 16
22.37 46.91 22.94	48.03 22.78 47.69	23.45 49.33	
3 Las Lomas Knights-ZZ	A		3:25.69 CON
1) Solorzano, Tulio A 16	2) Hudson, Dallas C 14	3) Monroy, Mateo T 16	4) Potter, Ashton T 17
24.54 50.55 25.30	54.01 24.15 50.82	23.89 50.31	
4 Miramonte High School Swimmir	A		3:34.35 CON
1) Lenk, Chase T 16	2) Lenk, Tyler C 16	3) Edmister, Ryan T 17	4) Lewis, Owen M 17
25.72 52.55 26.46	54.96 24.74 53.78	25.70 53.06	
5 Acalanes Swim Team-CA	A		3:46.57
1) Walker, Ethan H 17	2) Strittmatter, Miguel K 15	3) Berloui, Arthemis A 15	
27.92 58.18 27.47	57.50 25.94 57.30	24.74 53.59	

Event 22 Boys 400 Yard Freestyle Relay Varsity

3:16.97 NCS

3:43.99 CON

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Miramonte High School Swimmir	B	NT	3:33.98 qCON
1) Kaelle, Ryan S 15	2) Devlin, Christopher M 17		4) Petty, Matteo J 15
25.49 54.20 17.93	56.00 25.32 52.11	24.51 51.67	
2 Campolindo High School	B	NT	3:35.70 qCON
1) Chu, Michael P 14	2) Lalli, Reid G 15	3) Markey, Hunter E 17	4) Velek, Evan J 15
25.22 52.07 25.95	53.40 26.29 56.64	25.32 53.59	
3 Northgate High School	B	NT	3:45.11 q
1) Smith, Benjamin	2) Manuel, Michael	3) Huynh, Elden	4) Santiago, Skyler
28.55 1:01.72 23.89	52.14 25.24 54.78	26.02 56.47	
--- Las Lomas Knights-ZZ	B	NT	NS