



CAL Invitational Swim Meet
Hosted by California Aquatics
January 15-16, 2022

This meet has been pre-approved by USA and Pacific Swimming. Times from this meet may be used to enter future USA-Swimming Meets.

Approval Number: AP 18-1

In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Enter Online: <http://ome.swimconnection.com/pc/CAL20220115>

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming approved event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: Leo Lin

Head Starter: Christopher Lam

Administrative Referee: Marie Lin

Meet Director: Chase Kreidler

Meet Marshal: Matt Martinez

LOCATION: Spieker Aquatics Complex, 2301 Bancroft Way, Berkeley, CA 94720

COURSE: OUTDOOR 25 YARD pool with up to 14 lanes available for competition. An additional [2] lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 9'0" at the turn end.

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. Finals will begin 1 hour after the conclusion of the prelims, but not before 1:00 PM.

Covid Protocol:

- All Athletes must sign the University of California, Berkeley "Cal Invite Waiver Form" and send the signed copy to Chase Kreitler at chasekreitler@berkeley.edu by Wednesday, January 12th. Coaches, please encourage your athletes to complete and return the completed waiver form.
- There will be no access to indoor locker room and toilets. Changing tents and Porta Pottys will be provided and available to athletes, coaches, officials and spectators.
- Athletes, coaches, officials and spectators should practice social distancing and are strongly encouraged to wear a mask in crowded areas.
- Coaches and Officials Hospitality will be provided outdoors this year.
- Anyone entering the office (indoor) will be required to wear a mask and **show proof of vaccination**. An administration desk will be provided outdoors to manage Administrative issues related to the meet.

RULES:

- This meet is open to both USA-Swimming registered swimmers and non-USA-S registered swimmers.
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- **All events will swim fast to slow.**
- Swimmers may compete in a maximum of three (3) events per day.
- The meet will be capped at a maximum of 500 swimmers, or when the estimated timeline exceeds 5 hours.
- All the 500 Freestyle and 400 IM heats will be swum as timed finals events during the preliminary sessions. Both events will be limited to the first 40 swimmers, and may be swum as combined gender. All other individual events are Trials and Finals (Championship and Consolation Finals)
- All Relay Events are Timed Finals and will swim during the FINALS session.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

NOTE: Deck Pass is an acceptable form of proof of USA Swimming Membership.

UNACCOMPANIED SWIMMERS: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA Swimming Member-Coach as being proficient in performing a racing start; if not, swimmer must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the UC Berkeley Campus
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.

- Propane heaters are not permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY:

- This is a senior meet intended for swimmers 13 & Over
- Entries with "NO TIME" will not be ACCEPTED
- Swimmers must meet the entry Time Standard listed in the event table in at least 1 event.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.

CHECK-IN: This meet will be pre-seeded. 400 IM and 500 Free swimmers will be required to check in. Check in for these 2 events will close at 10 AM each day.

SCRATCHES: Swimmers will not be penalized for no shows during Preliminaries and/or Finals

FINALS (POSITIVE CHECK-IN): Swimmers may check-in or declare their intent to swim finals for that day at the beginning competition for that day. Swimmers must check-in or declare their intent to compete in consolation finals or finals within 30 minutes of the posting of results. In the case where a swimmer declares their intent to swim they must declare their final intention within 30 minutes after the posting of results for their last individual preliminary event. Swimmers not returning to declare their intention will not be seeded into the event.

ENTRY FEES: \$10.00 Participation Fee Per Swimmer; \$8.00 per individual event; \$10.00 per relay entry.

ONLINE ENTRIES: Entries will be accepted via online entry only. To enter online go to <http://ome.swimconnection.com/pc/CAL20220115> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. Online entries will be accepted through midnight MONDAY January 10, 2022. **Relay entries will be taken on deck until 10:00AM each day.**

Schedule of Events

Saturday, January 15th

<u>Event #</u>	<u>Women's Times</u>	<u>Event</u>	<u>Event #</u>	<u>Men's Times</u>
1	No Standard	200 Free Relay*	2	No Standard
3	2:24.79	200 I.M.	4	2:12.29
5	27.69	50 Freestyle	6	24.79
7	2:22.99	200 Butterfly	8	2:11.39
9	1:05.39	100 Backstroke	10	59.79
11	2:42.79	200 Breaststroke	12	2:28.09
13	5:43.99	500 Freestyle*	14	5:21.19
15	No Standard	400 Medley Relay*	16	No Standard

Sunday, January 16th

<u>Event #</u>	<u>Women's Times</u>	<u>Event</u>	<u>Event #</u>	<u>Men's Times</u>
17	No Standard	200 Medley Relay*	18	No Standard
19	59.99	100 Freestyle	20	54.19
21	2:21.19	200 Backstroke	22	2:09.89
23	1:05.29	100 Butterfly	24	58.99
25	1:15.69	100 Breaststroke	26	1:07.89
27	2:09.29	200 Freestyle	28	1:58.59
29	5:07.29	400 I.M.*	30	4:43.99
31	No Standard	400 Free Relay*	32	No Standard

*Indicates Timed Final Event. All 400 IM/ 500 Free heats will be swum fast to slow in Preliminaries session. **All Relay Events will swim in the Finals Session.**

Note – Swimmers must have met the listed minimum time standard in at least one (1) individual event entered.