

**BISHOP STINGRAYS SWIM TEAM
BISHOP INVITATIONAL
PACIFIC SWIMMING SHORT COURSE AGE GROUP OPEN
Saturday, June 10 – Sunday, June 11, 2023**



Enter online at: <https://ome.swimconnection.com/PC/BST20230610>

SANCTION: Held under USA/Pacific Swimming Sanction No. **23-066**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, of information and/or imagery related to their participation at this meet, which may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VIDEO: Photography and video recording from behind or beside the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones, tablets, and Google Glass, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee. Flash photography from any location is prohibited during the start of a race.

OFFICIALS: **Meet Referee:** Jim Morefield
Head Starter: Kendra Follett
Meet Marshal: Rachel Cokeley

Administrative Official: Veronica Harmon
Chief Judge: Valerie Rudd
Meet Director: Erin Noesser (760) 920-0381
lutrick.e@gmail.com

LOCATION: Bishop City Park Pool, 688 North Main St., Bishop, CA. Altitude 4150 ft.

From South of Bishop: US Highway 395 north to Bishop, at third traffic light turn right into Bishop City Park.

From North of Bishop: US Highway 395 south to Bishop, at fourth traffic light turn left into Bishop City Park.

COURSE: Outdoor heated 25 yard pool, eight Kiefer competition lanes with electronic timing system. Up to seven lanes will be used for competition, and the eighth lane will be used for warm-up and warm-down only, with Marshal on duty. The minimum water depth in the competition course, as measured in accordance with Article 103.2.3, is 11'-0" at the start end and 3'-6" at the turn end. All events with out-of-water starts will start at a depth of 11'-0". The competition course has not been certified in accordance with Article 104.2.2C(4).

TIME: Saturday & Sunday Session: Meet begins each day on Saturday and Sunday at 8:30 am for 10 and under athletes with warm-up from 7:30 – 8:15 am. The afternoon 11 and over sessions will **not start before 12:00 pm** with warm-up **not before 11:00 am**.

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk of Course.
 - The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
 - All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
 - All events are timed finals and will be seeded from fastest to slowest.
 - Athletes may compete in up to 5 individual events per day, plus one relay. (Note that there will be minimal rest time between some events.)
 - All athletes ages 12 and under should complete competition within four (4) hours per session.
 - Entries will be accepted until the session estimated timeline exceeds the “Four Hour Rule” for ages 12 & under.
 - If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
 - **DISTANCE:** All athletes in the 500 yard freestyle must provide their own lap counters.
 - **All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.**
 - **Lifeguards will be available to participants.**

- RELAYS:**
- Relays will be deck entered at the Clerk of Course, where entry cards will be available.
 - Relay entries are due by 9:00 am for the morning session, and by 30 minutes after the start of the afternoon session.
 - Entry Fees of \$9 per relay are due with the entries or by Sunday at 8:30 am.
 - Clubs may enter as many relays as they wish. Relay athletes must be entered in the meet (no relay-only athletes), and must not be Unattached.
 - Order of athletes must be clearly marked on the relay card and shall not be changed after the lead athlete is called to the blocks.
 - Within the stated ages, all relays are "open gender" - any gender combination of athletes may participate.

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete’s legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete’s USA Swimming Club Member-Coach.

RACING START CERTIFICATION: Each athlete must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start the race in the water without the use of a backstroke ledge. It is the responsibility of the athlete or the athlete’s legal guardian to ensure compliance with this requirement.

RESTRICTIONS: the following prohibitions apply to all areas of the meet venue including the pool deck, locker rooms, spectator seating, standing areas, and all areas used by athletes during the meet and during warm-up periods.

- No smoking, "vaping," or use of tobacco products.
- No sale or use of alcoholic beverages, or recognition of alcoholic sponsors.
- No glass containers.
- No propane heaters, except for snack bar/meet operations.
- All shelters must be properly secured.
- No use of cell phones in the locker rooms or behind or beside the starting blocks.
- No animals except working service animals are permitted.
- Deck changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- There will be closed areas of the deck – cooperation of athletes, families and coaches will be appreciated.

- ELIGIBILITY:**
- Athletes must be current athlete members of USA Swimming and enter their name and registration number exactly as they are shown in their USA Swimming registration. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
 - Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
 - Athletes 19 years of age and over may compete in the meet for time only, no awards.
 - The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY TIMES: Entries must be submitted using the athlete's best short-course yards time for each event (converted times allowed). All entry times must be in yards. Entries with **"NO TIME" (NT) will be accepted**. Relay entry times may be coach-estimated.

ENTRY FEES: \$4.50 per event plus a \$9.00 per athlete participation fee, and \$9.00 per relay team. **NO REFUNDS** will be given except in the case of mandatory scratch-down. Entries will be rejected if not accompanied by the required fees.

ENTRY DEADLINES: entries will be accepted by mail or online until the applicable deadline listed below, **or when a session becomes full and is closed early per the rules section above, whichever is first**. NO DECK ENTRIES OR ENTRY CHANGES WILL BE ALLOWED. Check <https://ome.swimconnection.com/PC/BST20230610> for session open or closed status.

SWIMCONNECTION ENTRIES: enter at <https://ome.swimconnection.com/PC/BST20230610> to receive an immediate entry confirmation. Online entry requires payment by credit card using their secure site. The "billing information" email should be brought to the meet as proof of entry. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will not be accepted after **WEDNESDAY, MAY 31, 2023 at 11:59 PM**.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly. Entries must be postmarked by midnight, **SATURDAY, MAY 27, 2023** or hand delivered by **WEDNESDAY, MAY 31, 2023, and may be rejected if a session is already full before the postmark date or the time of hand-delivery**. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: BST

Mail entries to: Bishop Swim Team
P.O. Box 1
Bishop, CA 93515

Hand deliver entries to: Bishop City Park Pool (5:00 PM – 6:30 PM)
Attention: Brittany Rossi
688 North Main Street
Bishop, CA 93514

CHECK-IN: NONE

- **Saturday and Sunday AM and PM Sessions are Pre-seeded** and athletes will **NOT** be required to check in.-

SCRATCHES & NO-SHOWS:

- **Scratch Deadlines:** Any athlete who plans to scratch events is requested to scratch with the Clerk of Course (or via email to bishopstingrays@gmail.com) as soon as possible. The scratch deadline for each Saturday and Sunday session will be at the beginning of warm-ups for that session. Email scratches from athletes will be confirmed with their coach.
- **No-shows:** Any athlete not reporting for or competing in a single individual event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: High Point Awards: Individual high point, runner up high point, and third place high point will be awarded to boys and girls for 6&Under, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, and 18 ages. Individual Events: Ribbons for 1st – 8th place will be awarded to 6& Under, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, and 18 ages. Athletes 19 years of age and older will not receive awards. **Note: High Point awards will be presented Sunday after each session. Individual awards and High Point awards not claimed must be picked up at the end of the meet. Each club is asked to designate a club representative to claim awards. NO AWARDS WILL BE MAILED.**

ADMISSION: Free.

SNACK BAR: A snack bar will be available throughout the competition on Saturday and Sunday serving breakfast, lunch, snow cones, and other nutritious items and beverages.

HOSPITALITY: Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to coaches, working deck officials, timers and volunteers.

TIMERS: Clubs will be assigned lanes based on the number of club athletes entered (host club will not be expected to time).

MINIMUM OFFICIALS: All available USA Swimming certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. Participating clubs are **requested** to provide at least the following number of certified and carded officials for each session:

Club athletes entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

EVENT SUMMARY

	8 & Under	9-10	11-12	13 & Over
Saturday	100 IM 50 Free 25 Fly 100 Back 50 Breast 25 Back 200 Free Relay 100 Free Relay	100 IM 100 Free 50 Fly 100 Back 50 Breast 200 Free Relay 100 Free Relay	100 IM 100 Free 500 Free 100 Back 50 Fly 50 Breast 200 Medley Relay	200 IM 100 Free 500 Free 200 Back 200 Fly 100 Breast 200 Medley Relay
Sunday	50 Fly 25 Breast 25 Free 50 Back 100 Breast 100 Free	100 Fly 50 Back 200 Free 100 Breast 50 Free	100 Fly 50 Back 200 Free 100 Breast 50 Free	100 Fly 100 Back 200 Free 200 Breast 50 Free

SCHEDULE OF EVENTS

Saturday, June 10, 2023 – AM Session			
Girls Event #	Age Group	Event	Boys Event #
1	9 – 10	100 IM	2
3	8 & Under	100 IM	4
5	9 - 10	100 Freestyle	6
7	8 & Under	50 Freestyle	8
9	9 – 10	50 Butterfly	10
11	8 & Under	25 Butterfly	12
13	10 & Under	100 Backstroke	14
15	8 & Under	50 Breaststroke	16
17	9 – 10	50 Breaststroke	18
19	8 & Under	25 Backstroke	20
21	10 & Under open gender	200 Free Relay	21
22	10 & Under open gender	100 Free Relay	22

Sunday, June 11, 2023 – AM Session			
Girls Event #	Age Group	Event	Boys Event #
47	9 – 10	100 Butterfly	48
49	8 & Under	50 Butterfly	50
51	9 – 10	50 Backstroke	52
53	8 & Under	25 Breaststroke	54
55	9 – 10	200 Freestyle	56
57	8 & Under	25 Freestyle	58
59	10 & Under	100 Breaststroke	60
61	8 & Under	50 Backstroke	62
63	9 – 10	50 Freestyle	64
65	8 & Under	100 Freestyle	66

Saturday, June 10, 2023 – PM Session			
23	13 & Over	200 IM	24
25	11 - 12	100 IM	26
27	13 & Over	100 Freestyle	28
29	11 - 12	100 Freestyle	30
31	11 & Over	500 Freestyle	32
33	13 & Over	200 Backstroke	34
35	11 - 12	100 Backstroke	36
37	13 & Over	200 Butterfly	38
39	11 - 12	50 Butterfly	40
41	13 & Over	100 Breaststroke	42
43	11 - 12	50 Breaststroke	44
45	11 & Over open gender	200 Medley Relay	45

Sunday, June 11, 2021 – PM Session			
67	13 & Over	100 Butterfly	68
69	11 -12	100 Butterfly	70
71	13 & Over	100 Backstroke	72
73	11 -12	50 Backstroke	74
75	13 & Over	200 Freestyle	76
77	11 -12	200 Freestyle	78
79	13 & Over	200 Breaststroke	80
81	11 -12	100 Breaststroke	82
83	13 & Over	50 Freestyle	84
85	11 -12	50 Freestyle	86

BISHOP INVITATIONAL			
Bishop Swim Team			
June 10 th – 11 th , 2023			
Consolidated Entry Card			
NAME:		LAST	FIRST INITIAL
CLUB ABBR.	IF UNATTACHED TEAM NAME	LSC (mandatory) (PC, SN, etc.)	
CLUB NAME:			
AGE	DATE OF BIRTH	AGE GROUP	
USA-S REG #			
GENDER (circle one):		MALE	FEMALE
EVENT #	DISTANCE/STROKE	ENTRY TIME (yds)	
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# OF ENTRIES	_____ X \$4.50 =	\$_____	
PARTICIPATION FEE: +		\$ 9.00	
TOTAL AMOUNT PAID:		\$_____	
(payable to BISHOP SWIM TEAM)			
COACH:			
ATHLETE'S			
ADDRESS: _____			
EMAIL: _____			
PHONE #: _____			
TEAM EMAIL: _____			

BISHOP INVITATIONAL			
Bishop Swim Team			
June 10 th – 11 th , 2023			
Consolidated Entry Card			
NAME:		LAST	FIRST INITIAL
CLUB ABBR.	IF UNATTACHED TEAM NAME	LSC (mandatory) (PC, SN, etc.)	
CLUB NAME:			
AGE	DATE OF BIRTH	AGE GROUP	
USA-S REG #			
GENDER (circle one):		MALE	FEMALE
EVENT #	DISTANCE/STROKE	ENTRY TIME (yds)	
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# OF ENTRIES	_____ X \$4.50 =	\$_____	
PARTICIPATION FEE: +		\$ 9.00	
TOTAL AMOUNT PAID:		\$_____	
(payable to BISHOP SWIM TEAM)			
COACH:			
ATHLETE'S			
ADDRESS: _____			
EMAIL: _____			
PHONE #: _____			
TEAM EMAIL: _____			