

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Girls 50 Yard Freestyle**

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Arroyo, Jasmine	17	Maria Carrillo	25.30	25.15	20
2	Menconi, Jordyn		Cardinal Newman	26.57	25.58	17
3	Gagnon, Anya		Analy	26.92	26.49	16
4	Puckett, Morgan		Cardinal Newman	26.60	26.55	15
5	Williams, Rose	18	Santa Rosa	28.30	27.35	14
6	Lockwood, Farrow		Ukiah	27.43	27.56	13
7	Tatham, Leeloo		Maria Carrillo	27.81	27.64	12
8	Cunningham, Lydia		Cardinal Newman	27.84	27.81	11
B - Final						
9	Johnson, Maddy	15	Analy	28.32	28.34	9
10	Craig, Teagan		Cardinal Newman	28.56	28.47	7
11	Lundy, Emmalynn		Maria Carrillo	28.98	28.66	6
12	Eso, Allie		Maria Carrillo	28.92	28.67	5
13	Jacobs, Sophia	17	Windsor High School	30.30	30.66	4
14	Gordon, Charley		Healdsburg High School	30.84	31.47	3
15	Ramos, Jewel	18	Santa Rosa	30.66	31.51	2
16	Smith, Isabel		Healdsburg High School	30.70	31.86	1

Girls 50 Yard Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Arroyo, Jasmine	17	Maria Carrillo	25.91	25.30 q
2	Menconi, Jordyn		Cardinal Newman	26.40	26.57 q
3	Puckett, Morgan		Cardinal Newman	26.90	26.60 q
4	Gagnon, Anya		Analy	26.33	26.92 q
5	Lockwood, Farrow		Ukiah	27.92	27.43 q
6	Tatham, Leeloo		Maria Carrillo	27.19	27.81 q
7	Cunningham, Lydia		Cardinal Newman	29.50	27.84 q
8	Williams, Rose	18	Santa Rosa	28.24	28.30 q
9	Johnson, Maddy	15	Analy	29.81	28.32 q
10	Craig, Teagan		Cardinal Newman	28.10	28.56 q
11	Eso, Allie		Maria Carrillo	30.06	28.92 q
12	Lundy, Emmalynn		Maria Carrillo	28.80	28.98 q
13	Snyder, Lyla		Montgomery High School	29.67	29.52 q
14	Jacobs, Sophia	17	Windsor High School	30.62	30.30 q
15	Ramos, Jewel	18	Santa Rosa	32.61	30.66 q
16	Smith, Isabel		Healdsburg High School	30.56	30.70 q
17	Gordon, Charley		Healdsburg High School	30.64	30.84
18	Mezzanatto, Payton	15	Windsor High School	31.59	31.27
19	Erickson, Emma		Analy	31.26	31.57
20	Mckay, Ani		Ukiah	32.48	31.94
21	Tonelli, Gabriela	17	Santa Rosa	33.35	32.85
22	Peterson, Caidyn		Montgomery High School	33.04	32.98
23	Molteni, Ariana		Montgomery High School	32.47	33.01
24	Bales, Madison		Montgomery High School	34.94	34.66
25	Lewis, Ava		Rancho Cotate	38.23	35.52
26	Beach, Bella	17	Windsor High School	35.26	35.96
27	Kornegay, Delaney		Ukiah	37.02	37.00
28	Merrida Grant, Teagan		Rancho Cotate	43.51	37.07

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Preliminaries ... (Girls 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
29	Goodwin, Emma	14	Windsor High School	38.79	37.47
30	Bradley, Leigha		Rancho Cotate	37.96	37.76
31	RicoTapia, Amy	15	Santa Rosa	37.34	37.91
32	Giammona, Aubrey		Rancho Cotate	41.81	37.95
33	Cahn, Kristina		Analy	39.09	38.52
34	Peirano, Jayden		Piner	41.81	41.53
35	Wetzel, Abby		Healdsburg High School	43.11	42.02
36	Bustamante Rodriguez, Lillian		Piner	46.24	42.36
37	Solorio, Miriam		Piner	45.09	43.47

Girls 100 Yard Freestyle

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Farquhar, Natalie		Cardinal Newman	51.89	50.94	20
	24.31	50.94 (26.63)				
2	Lewis, Alexis	18	Santa Rosa	55.19	54.09	17
	25.97	54.09 (28.12)				
3	Arroyo, Jasmine	17	Maria Carrillo	56.54	55.56	16
	26.01	55.56 (29.55)				
4	Menconi, Jordyn		Cardinal Newman	57.57	55.69	15
	26.45	55.69 (29.24)				
5	Gagnon, Anya		Analy	59.21	59.58	14
	28.52	59.58 (31.06)				
6	Whetstone, Taylor		Rancho Cotate	59.23	1:00.17	13
	29.26	1:00.17 (30.91)				
7	Tatham, Leeloo		Maria Carrillo	1:01.83	1:00.28	12
	28.75	1:00.28 (31.53)				
8	Craig, Teagan		Cardinal Newman	1:02.66	1:01.92	11
	29.80	1:01.92 (32.12)				
B - Final						
9	Gurtovoy, Hannah	17	Santa Rosa	1:03.92	1:03.63	9
	30.00	1:03.63 (33.63)				
10	Rueter, Hadley		Healdsburg High School	1:04.75	1:04.31	7
	31.38	1:04.31 (32.93)				
11	Lundy, Emmalynn		Maria Carrillo	1:05.04	1:05.42	6
	30.58	1:05.42 (34.84)				
12	Gong, Penny	17	Maria Carrillo	1:07.59	1:06.50	5
	31.71	1:06.50 (34.79)				
13	Beck, Olivia	15	Santa Rosa	1:06.77	1:06.52	4
	31.35	1:06.52 (35.17)				
14	Jacobs, Sophia	17	Windsor High School	1:08.03	1:08.24	3
	32.00	1:08.24 (36.24)				
15	Alcocer, Alexis		Analy	1:10.49	1:09.84	2
	31.95	1:09.84 (37.89)				
16	Owen, Taylor		Ukiah	1:11.45	1:10.22	1
	31.74	1:10.22 (38.48)				

Girls 100 Yard Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Farquhar, Natalie		Cardinal Newman	54.40	51.89 q
	24.71	51.89 (27.18)			

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Preliminaries ... (Girls 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
2	Lewis, Alexis	18	Santa Rosa	56.63	55.19	q
	26.51	55.19 (28.68)				
3	Arroyo, Jasmine	17	Maria Carrillo	1:00.50	56.54	q
	26.43	56.54 (30.11)				
4	Menconi, Jordyn		Cardinal Newman	56.80	57.57	q
	27.58	57.57 (29.99)				
5	Gagnon, Anya		Analy	56.55	59.21	q
	28.43	59.21 (30.78)				
6	Whetstone, Taylor		Rancho Cotate	59.89	59.23	q
	28.80	59.23 (30.43)				
7	Tatham, Leeloo		Maria Carrillo	1:01.88	1:01.83	q
	29.29	1:01.83 (32.54)				
8	Craig, Teagan		Cardinal Newman	1:01.90	1:02.66	q
	29.96	1:02.66 (32.70)				
9	Gurtovoy, Hannah	17	Santa Rosa	1:04.67	1:03.92	q
	30.32	1:03.92 (33.60)				
10	Rueter, Hadley		Healdsburg High School	1:06.52	1:04.75	q
	31.45	1:04.75 (33.30)				
11	Lundy, Emmalynn		Maria Carrillo	1:05.50	1:05.04	q
	30.23	1:05.04 (34.81)				
12	Beck, Olivia	15	Santa Rosa	1:05.32	1:06.77	q
	31.12	1:06.77 (35.65)				
13	Gong, Penny	17	Maria Carrillo	1:07.00	1:07.59	q
	31.70	1:07.59 (35.89)				
14	Jacobs, Sophia	17	Windsor High School	1:09.57	1:08.03	q
	31.93	1:08.03 (36.10)				
15	Alcocer, Alexis		Analy	1:11.94	1:10.49	q
	32.67	1:10.49 (37.82)				
16	Owen, Taylor		Ukiah	1:14.40	1:11.45	q
	32.10	1:11.45 (39.35)				
17	Mckay, Ani		Ukiah	1:14.66	1:13.18	
	35.40	1:13.18 (37.78)				
18	Holland, Jordan		Healdsburg High School	1:16.38	1:13.96	
	35.78	1:13.96 (38.18)				
19	Molteni, Ariana		Montgomery High School	1:15.95	1:14.02	
	34.13	1:14.02 (39.89)				
20	Morgan, Brynn		Rancho Cotate	1:21.47	1:14.61	
	35.57	1:14.61 (39.04)				
21	Salmone, Julia		Ukiah	1:33.31	1:14.67	
	34.73	1:14.67 (39.94)				
22	Thill, Allison		Healdsburg High School	1:23.04	1:15.52	
	36.99	1:15.52 (38.53)				
23	Peterson, Caidyn		Montgomery High School	1:16.69	1:15.58	
	35.25	1:15.58 (40.33)				
24	Tonelli, Gabriela	17	Santa Rosa	1:18.67	1:15.59	
	34.91	1:15.59 (40.68)				
25	Domenichelli, Gianna		Healdsburg High School	1:19.50	1:16.86	
	35.96	1:16.86 (40.90)				
26	Cornwall, Mae		Analy	1:18.09	1:18.27	
	37.74	1:18.27 (40.53)				
27	Fifer, Elena		Montgomery High School	1:22.38	1:19.10	
	37.99	1:19.10 (41.11)				

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Preliminaries ... (Girls 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
28	Parker, Chloe	14	Windsor High School	1:21.25	1:20.04
	37.82	1:20.04 (42.22)			
29	Detrick, Delaney		Montgomery High School	1:23.45	1:21.03
	38.52	1:21.03 (42.51)			
30	Lopez Gomez, Josabet		Rancho Cotate	1:25.36	1:21.30
	37.51	1:21.30 (43.79)			
31	Kornegay, Delaney		Ukiah	1:23.74	1:23.77
	40.12	1:23.77 (43.65)			
32	Bradley, Leigha		Rancho Cotate	1:28.58	1:26.15
	40.28	1:26.15 (45.87)			
33	Parker, Sydney		Windsor High School	1:30.57	1:29.75
	40.70	1:29.75 (49.05)			
34	Furmankiewicz, Zoe	15	Windsor High School	1:33.36	1:32.09
	43.52	1:32.09 (48.57)			
35	Peirano, Jayden		Piner	1:43.85	1:35.63
	45.25	1:35.63 (50.38)			
36	Murphy, Emma		Piner	1:42.56	1:36.79
	44.84	1:36.79 (51.95)			
---	Solorio, Miriam		Piner	1:50.26	DQ
	45.09	DQ (53.17)			
---	Palmgren, Riina		Cardinal Newman	1:10.20	NS
---	Goboy, Estefany		Piner	1:36.71	NS
---	Cahn, Kristina		Analy	1:35.11	NS

Girls 200 Yard Freestyle

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Mensch, Nora	17	Santa Rosa	2:11.90	2:12.68	20
	30.53	1:03.93 (33.40)	1:38.22 (34.29)	2:12.68 (34.46)		
2	Worthington, Ella	14	Analy	2:23.69	2:16.89	17
	30.80	1:05.63 (34.83)	1:42.53 (36.90)	2:16.89 (34.36)		
3	Krilich, Alli	15	Maria Carrillo	2:18.39	2:17.14	16
	30.58	1:05.32 (34.74)	1:41.58 (36.26)	2:17.14 (35.56)		
4	Helfrick, Theresa		Healdsburg High School	2:25.54	2:21.77	15
	32.30	1:08.05 (35.75)	1:45.52 (37.47)	2:21.77 (36.25)		
5	Palmgren, Riina		Cardinal Newman	2:20.27	2:22.83	14
	32.60	1:08.91 (36.31)	1:45.77 (36.86)	2:22.83 (37.06)		
6	Whitaker, Natalie		Montgomery High School	2:23.78	2:30.83	13
	33.54	1:11.16 (37.62)	1:51.09 (39.93)	2:30.83 (39.74)		
7	Archer, Sydney		Rancho Cotate	2:30.84	2:34.28	12
	32.85	1:11.01 (38.16)	1:53.17 (42.16)	2:34.28 (41.11)		
8	Ericsson, Norah	17	Windsor High School	2:35.09	2:35.60	11
	35.66	1:14.84 (39.18)	1:56.71 (41.87)	2:35.60 (38.89)		
B - Final						
9	Holland, Jordan		Healdsburg High School	2:43.41	2:40.32	9
	37.49	1:18.66 (41.17)	2:00.06 (41.40)	2:40.32 (40.26)		
10	McKnight, Keira	14	Analy	2:45.60	2:41.21	7
	36.06	1:17.16 (41.10)	2:00.32 (43.16)	2:41.21 (40.89)		
11	Cotton, Kelsey	16	Maria Carrillo	2:47.52	2:42.41	6
	35.74	1:17.11 (41.37)	2:42.41 (1:25.30)			
12	Bernard, Julia		Healdsburg High School	2:42.76	2:42.55	5
	37.91	1:19.31 (41.40)	2:02.15 (42.84)	2:42.55 (40.40)		
13	Alcocer, Alexis		Analy	2:46.74	2:43.44	4
	36.50	1:18.56 (42.06)	2:02.89 (44.33)	2:43.44 (40.55)		

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****B - Final ... (Girls 200 Yard Freestyle)**

	Name	Age	Team	Prelim Time	Finals Time	Points
14	Garvin, Izzy		Analy	2:46.67	2:46.53	3
	36.34	1:19.14 (42.80)	2:03.28 (44.14)	2:46.53 (43.25)		
15	Coffman, Amber		Rancho Cotate	2:44.71	2:50.23	2
	38.96	1:21.57 (42.61)	2:06.13 (44.56)	2:50.23 (44.10)		
16	Thill, Allison		Healdsburg High School	2:49.29	2:51.60	1
	40.25	1:23.23 (42.98)	2:08.84 (45.61)	2:51.60 (42.76)		

Girls 200 Yard Freestyle

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Mensch, Nora	17	Santa Rosa	2:12.09	2:11.90	q
	30.49	1:03.90 (33.41)	1:37.96 (34.06)	2:11.90 (33.94)		
2	Krilich, Alli	15	Maria Carrillo	2:18.44	2:18.39	q
	29.67	1:03.95 (34.28)	1:40.30 (36.35)	2:18.39 (38.09)		
3	Palmgren, Riina		Cardinal Newman	2:20.90	2:20.27	q
	33.01	1:08.93 (35.92)	1:45.49 (36.56)	2:20.27 (34.78)		
4	Worthington, Ella	14	Analy	2:24.83	2:23.69	q
	31.21	1:07.24 (36.03)	1:46.08 (38.84)	2:23.69 (37.61)		
5	Whitaker, Natalie		Montgomery High School	2:24.00	2:23.78	q
	31.67	1:07.13 (35.46)	1:45.13 (38.00)	2:23.78 (38.65)		
6	Helfrick, Theresa		Healdsburg High School	2:28.92	2:25.54	q
	33.78	1:10.38 (36.60)	1:48.79 (38.41)	2:25.54 (36.75)		
7	Archer, Sydney		Rancho Cotate	2:38.16	2:30.84	q
	33.53	1:11.53 (38.00)	1:51.61 (40.08)	2:30.84 (39.23)		
8	Ericsson, Norah	17	Windsor High School	2:34.70	2:35.09	q
	35.51	1:14.53 (39.02)	1:55.91 (41.38)	2:35.09 (39.18)		
9	Bernard, Julia		Healdsburg High School	2:45.00	2:42.76	q
	38.29	1:19.89 (41.60)	2:02.88 (42.99)	2:42.76 (39.88)		
10	Holland, Jordan		Healdsburg High School	2:45.62	2:43.41	q
	38.50	1:20.38 (41.88)	2:03.28 (42.90)	2:43.41 (40.13)		
11	Coffman, Amber		Rancho Cotate	2:49.89	2:44.71	q
	38.00	1:20.81 (42.81)	2:03.53 (42.72)	2:44.71 (41.18)		
12	McKnight, Keira	14	Analy	2:41.95	2:45.60	q
	36.91	1:19.58 (42.67)	2:03.69 (44.11)	2:45.60 (41.91)		
13	Garvin, Izzy		Analy	2:46.00	2:46.67	q
	38.28	1:20.82 (42.54)	2:04.13 (43.31)	2:46.67 (42.54)		
14	Alcocer, Alexis		Analy	2:47.28	2:46.74	q
	34.30	1:15.59 (41.29)	2:01.32 (45.73)	2:46.74 (45.42)		
15	Cotton, Kelsey	16	Maria Carrillo	2:44.11	2:47.52	q
	35.90	1:19.53 (43.63)	2:05.06 (45.53)	2:47.52 (42.46)		
16	Thill, Allison		Healdsburg High School	2:52.28	2:49.29	q
	38.14	1:20.84 (42.70)	2:05.68 (44.84)	2:49.29 (43.61)		
17	Castagna, Alex		Ukiah	2:58.22	2:51.83	
	38.58	1:21.55 (42.97)	2:07.53 (45.98)	2:51.83 (44.30)		
18	Vasquez-Contreras, Alejandra	17	Santa Rosa	2:52.36	2:54.62	
	37.72	1:22.28 (44.56)	2:09.22 (46.94)	2:54.62 (45.40)		
19	Fifer, Elena		Montgomery High School	3:03.05	2:54.91	
	38.73	1:23.59 (44.86)	2:10.55 (46.96)	2:54.91 (44.36)		
20	Parker, Chloe	14	Windsor High School	3:04.63	3:02.28	
	40.49	1:26.70 (46.21)	2:15.00 (48.30)	3:02.28 (47.28)		
21	Mortier, Ruby		Ukiah	3:04.84	3:03.37	
	40.75	1:27.65 (46.90)	2:15.96 (48.31)	3:03.37 (47.41)		

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Preliminaries ... (Girls 200 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
22	Hester, Kaelyn		Ukiah	3:18.00	3:08.42
	42.85	1:30.77 (47.92)	2:20.55 (49.78)	3:08.42 (47.87)	
23	Healy, Macaela	14	Windsor High School	3:12.72	3:10.41
	41.56	1:30.43 (48.87)	2:21.44 (51.01)	3:10.41 (48.97)	
24	Ridgley, Anna		Rancho Cotate	3:15.21	3:10.80
	40.30	1:30.01 (49.71)	2:23.89 (53.88)	3:10.80 (46.91)	
25	Hecker, Victoria		Montgomery High School	3:13.42	3:11.95
	43.71	1:32.66 (48.95)	2:23.83 (51.17)	3:11.95 (48.12)	
26	Singkeo, Kamille		Montgomery High School	3:15.00	3:13.83
	43.04	1:31.47 (48.43)	2:23.57 (52.10)	3:13.83 (50.26)	
27	Castelain, Lillia	15	Santa Rosa	3:16.44	3:18.16
	40.41	1:29.87 (49.46)	2:25.55 (55.68)	3:18.16 (52.61)	
28	Rohde, Kennedy	16	Santa Rosa	3:25.99	3:21.23
	1:33.12		2:27.98 ()	3:21.23 (53.25)	
29	Choe, Alana		Piner	3:29.36	3:21.79
	44.66	1:36.54 (51.88)	2:31.86 (55.32)	3:21.79 (49.93)	
30	Dobos, Leah	17	Windsor High School	3:06.80	3:29.03
	42.00	2:18.59 (1:36.59)	3:07.87 (49.28)	3:29.03 (21.16)	

Girls 500 Yard Freestyle

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Morelle, Lutece		Maria Carrillo	5:34.22	5:28.70	20
	28.67	1:00.29 (31.62)	1:33.09 (32.80)	2:06.49 (33.40)		
	2:40.18 (33.69)	3:14.06 (33.88)	3:48.09 (34.03)	4:22.19 (34.10)		
	4:55.94 (33.75)	5:28.70 (32.76)				
2	Klosevitz, Addison		Montgomery High School	5:53.00	5:45.61	17
	30.48	1:03.72 (33.24)	1:38.06 (34.34)	2:14.33 (36.27)		
	2:49.43 (35.10)	3:24.56 (35.13)	3:59.66 (35.10)	4:35.60 (35.94)		
	5:11.53 (35.93)	5:45.61 (34.08)				
3	Thumhart, Grace		Cardinal Newman	6:06.78	5:56.46	16
	32.07	1:07.33 (35.26)	1:43.44 (36.11)	2:19.80 (36.36)		
	2:55.94 (36.14)	3:32.22 (36.28)	4:08.47 (36.25)	4:44.91 (36.44)		
	5:21.13 (36.22)	5:56.46 (35.33)				
4	Williams, Rose	18	Santa Rosa	6:19.05	6:08.21	15
	32.72	1:08.35 (35.63)	1:46.83 (38.48)	2:24.44 (37.61)		
	3:02.45 (38.01)	3:40.08 (37.63)	4:17.99 (37.91)	4:55.99 (38.00)		
	5:32.48 (36.49)	6:08.21 (35.73)				
5	Krilich, Alli	15	Maria Carrillo	6:21.62	6:15.45	14
	32.47	1:08.22 (35.75)	1:45.05 (36.83)	2:22.68 (37.63)		
	3:01.29 (38.61)	3:40.16 (38.87)	4:18.65 (38.49)	4:58.43 (39.78)		
	5:37.23 (38.80)	6:15.45 (38.22)				
6	Helfrick, Theresa		Healdsburg High School	6:35.55	6:33.84	13
	33.99	1:11.10 (37.11)	1:50.74 (39.64)	2:30.72 (39.98)		
	3:11.31 (40.59)	3:51.90 (40.59)	4:33.92 (42.02)	5:15.39 (41.47)		
	5:56.59 (41.20)	6:33.84 (37.25)				
7	Whitaker, Natalie		Montgomery High School	6:29.94	6:35.82	12
	34.05	1:12.03 (37.98)	1:52.15 (40.12)	2:32.99 (40.84)		
	3:14.05 (41.06)	3:55.08 (41.03)	4:36.49 (41.41)	5:17.17 (40.68)		
	5:56.29 (39.12)	6:35.82 (39.53)				
8	Lockwood, Farrow		Ukiah	6:38.07	6:37.70	11
	36.28	1:15.83 (39.55)	1:56.11 (40.28)	2:37.18 (41.07)		
	3:18.05 (40.87)	3:59.08 (41.03)	4:40.29 (41.21)	5:21.25 (40.96)		
	6:01.68 (40.43)	6:37.70 (36.02)				

2023 NBL Championships - 4/28/2023 to 4/29/2023

Results

B - Final ... (Girls 500 Yard Freestyle)

	Name	Age	Team	Prelim Time	Finals Time	Points
B - Final						
9	Mathiesen, Isabella	17	Maria Carrillo	6:48.52	6:37.84	9
	34.11	1:13.47 (39.36)	1:54.03 (40.56)	2:34.65 (40.62)		
	3:15.73 (41.08)	3:56.77 (41.04)	4:37.93 (41.16)	5:19.58 (41.65)		
	6:00.90 (41.32)	6:37.84 (36.94)				
10	Boardman, Isabel	16	Windsor High School	7:05.50	7:01.56	7
	35.33	1:15.78 (40.45)	1:57.52 (41.74)	2:40.52 (43.00)		
	3:23.93 (43.41)	4:08.04 (44.11)	4:53.33 (45.29)	5:37.59 (44.26)		
	6:21.03 (43.44)	7:01.56 (40.53)				
11	Godley, Madison	17	Santa Rosa	7:07.65	7:10.60	6
	36.24	1:17.56 (41.32)	2:01.42 (43.86)	2:45.58 (44.16)		
	3:30.08 (44.50)	4:14.76 (44.68)	4:59.60 (44.84)	5:45.29 (45.69)		
	6:30.68 (45.39)	7:10.60 (39.92)				
12	Waterman, Cosette	18	Santa Rosa	7:12.71	7:10.92	5
	36.37	1:19.26 (42.89)	2:03.13 (43.87)	2:47.63 (44.50)		
	3:32.09 (44.46)	4:16.60 (44.51)	5:01.48 (44.88)	5:45.32 (43.84)		
	6:29.20 (43.88)	7:10.92 (41.72)				
13	Blain, Olive		Montgomery High School	7:26.67	7:27.80	4
	36.27	1:19.52 (43.25)	2:04.35 (44.83)	2:51.13 (46.78)		
	3:38.08 (46.95)	4:25.45 (47.37)	5:12.48 (47.03)	5:59.25 (46.77)		
	6:44.41 (45.16)	7:27.80 (43.39)				
14	Coffman, Amber		Rancho Cotate	7:27.94	7:28.70	3
	39.18	1:23.27 (44.09)	2:08.46 (45.19)	2:53.57 (45.11)		
	3:40.32 (46.75)	4:26.42 (46.10)	5:12.18 (45.76)	5:58.81 (46.63)		
	6:45.28 (46.47)	7:28.70 (43.42)				
15	Salmone, Julia		Ukiah	7:42.68	7:32.90	2
	36.94	1:20.81 (43.87)	2:07.02 (46.21)	2:54.03 (47.01)		
	3:40.21 (46.18)	4:27.91 (47.70)	5:13.75 (45.84)	6:01.89 (48.14)		
	6:49.07 (47.18)	7:32.90 (43.83)				
16	Parmeter, Adeline		Healdsburg High School	7:31.98	7:32.92	1
	37.50	1:19.41 (41.91)	2:02.89 (43.48)	2:49.27 (46.38)		
	3:36.75 (47.48)	4:24.32 (47.57)	5:12.46 (48.14)	6:00.66 (48.20)		
	6:48.07 (47.41)	7:32.92 (44.85)				

Girls 500 Yard Freestyle

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Morelle, Lutece		Maria Carrillo	5:57.06	5:34.22	q
	29.53	1:01.91 (32.38)	1:35.02 (33.11)	2:08.93 (33.91)		
	2:43.23 (34.30)	3:17.87 (34.64)	3:52.30 (34.43)	4:26.86 (34.56)		
	5:00.82 (33.96)	5:34.22 (33.40)				
2	Klosevitz, Addison		Montgomery High School	5:54.23	5:53.00	q
	30.13	1:03.51 (33.38)	1:38.55 (35.04)	2:14.34 (35.79)		
	2:49.83 (35.49)	3:27.05 (37.22)	4:04.47 (37.42)	4:40.99 (36.52)		
	5:17.36 (36.37)	5:53.00 (35.64)				
3	Thumhart, Grace		Cardinal Newman	6:10.80	6:06.78	q
	34.11	1:11.20 (37.09)	1:48.03 (36.83)	2:25.27 (37.24)		
	3:02.59 (37.32)	3:39.62 (37.03)	4:16.80 (37.18)	4:53.88 (37.08)		
	5:30.88 (37.00)	6:06.78 (35.90)				
4	Williams, Rose	18	Santa Rosa	6:22.05	6:19.05	q
	33.20	1:10.18 (36.98)	1:48.34 (38.16)	2:27.20 (38.86)		
	3:06.47 (39.27)	3:46.37 (39.90)	4:25.39 (39.02)	5:05.09 (39.70)		
	5:43.59 (38.50)	6:19.05 (35.46)				

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Preliminaries ... (Girls 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
5	Krilich, Alli	15	Maria Carrillo	6:12.45	6:21.62	q
	32.53	1:09.10 (36.57)	1:47.29 (38.19)	2:25.25 (37.96)		
	3:04.56 (39.31)	3:44.42 (39.86)	4:24.36 (39.94)	5:04.25 (39.89)		
	5:43.81 (39.56)	6:21.62 (37.81)				
6	Whitaker, Natalie		Montgomery High School	6:37.61	6:29.94	q
	33.20	1:11.15 (37.95)	1:51.24 (40.09)	2:31.68 (40.44)		
	3:11.86 (40.18)	3:52.36 (40.50)	4:32.72 (40.36)	5:13.56 (40.84)		
	5:51.93 (38.37)	6:29.94 (38.01)				
7	Helfrick, Theresa		Healdsburg High School	6:34.45	6:35.55	q
	35.20	1:13.02 (37.82)	1:52.96 (39.94)	2:33.23 (40.27)		
	3:13.53 (40.30)	3:54.12 (40.59)	4:34.99 (40.87)	5:16.42 (41.43)		
	5:57.84 (41.42)	6:35.55 (37.71)				
8	Lockwood, Farrow		Ukiah	6:42.00	6:38.07	q
	36.53	1:16.18 (39.65)	1:55.86 (39.68)	2:36.55 (40.69)		
	3:17.65 (41.10)	3:58.69 (41.04)	4:40.70 (42.01)	6:01.86 (1:21.16)		
	6:38.07 (36.21)					
9	Mathiesen, Isabella	17	Maria Carrillo	6:45.00	6:48.52	q
	34.04	1:13.61 (39.57)	1:54.34 (40.73)	2:35.23 (40.89)		
	3:16.53 (41.30)	3:59.04 (42.51)	4:41.93 (42.89)	5:25.25 (43.32)		
	6:08.24 (42.99)	6:48.52 (40.28)				
10	Boardman, Isabel	16	Windsor High School	7:08.61	7:05.50	q
	34.44	1:13.81 (39.37)	1:54.44 (40.63)	2:37.12 (42.68)		
	3:21.62 (44.50)	4:06.57 (44.95)	4:52.23 (45.66)	5:38.08 (45.85)		
	7:05.50 (1:27.42)					
11	Godley, Madison	17	Santa Rosa	7:09.24	7:07.65	q
	35.98	1:16.77 (40.79)	1:59.60 (42.83)	2:42.26 (42.66)		
	3:25.72 (43.46)	4:09.92 (44.20)	4:55.57 (45.65)	5:40.54 (44.97)		
	6:25.76 (45.22)	7:07.65 (41.89)				
12	Waterman, Cosette	18	Santa Rosa	7:11.74	7:12.71	q
	37.06	1:20.41 (43.35)	2:05.19 (44.78)	2:50.20 (45.01)		
	3:34.21 (44.01)	4:18.41 (44.20)	5:02.58 (44.17)	5:47.13 (44.55)		
	6:31.37 (44.24)	7:12.71 (41.34)				
13	Blain, Olive		Montgomery High School	7:38.17	7:26.67	q
	36.02	1:18.02 (42.00)	2:03.52 (45.50)	2:50.72 (47.20)		
	3:38.33 (47.61)	5:12.66 (1:34.33)		6:44.05 ()		
	7:26.67 (42.62)					
14	Coffman, Amber		Rancho Cotate	7:27.52	7:27.94	q
	39.23	1:23.00 (43.77)	2:08.33 (45.33)	2:54.67 (46.34)		
	3:39.67 (45.00)	4:25.00 (45.33)	5:11.71 (46.71)	5:57.17 (45.46)		
	6:43.30 (46.13)	7:27.94 (44.64)				
15	Parmeter, Adeline		Healdsburg High School	7:27.34	7:31.98	q
	39.50	2:10.66 (1:31.16)		2:57.23 ()		
	3:43.66 (46.43)	4:28.98 (45.32)	5:14.84 (45.86)	6:02.34 (47.50)		
	6:47.00 (44.66)	7:31.98 (44.98)				
16	Salmone, Julia		Ukiah	7:54.00	7:42.68	q
	37.02	1:21.57 (44.55)	2:07.60 (46.03)	2:53.29 (45.69)		
	3:41.19 (47.90)	4:29.57 (48.38)	5:18.39 (48.82)	6:08.97 (50.58)		
	6:59.14 (50.17)	7:42.68 (43.54)				
17	Johnston, Alea		Ukiah	7:48.46	7:50.56	
			2:14.93 ()	3:02.46 (47.53)		
	3:51.04 (48.58)	4:39.94 (48.90)	5:28.53 (48.59)	6:17.54 (49.01)		
	7:50.56 (1:33.02)					

2023 NBL Championships - 4/28/2023 to 4/29/2023

Results

Preliminaries ... (Girls 500 Yard Freestyle)

	Name	Age	Team	Seed Time	Prelim Time
18	Larcom, Emma		Montgomery High School	8:53.66	8:07.45
	40.64	1:27.41 (46.77)	2:17.46 (50.05)	3:08.01 (50.55)	
	3:59.32 (51.31)	4:50.91 (51.59)	5:43.08 (52.17)	6:34.12 (51.04)	
	7:22.83 (48.71)	8:07.45 (44.62)			
19	Glaeser, Ilaria	15	Santa Rosa	8:35.25	8:24.88
	43.13	1:32.64 (49.51)	2:25.28 (52.64)	3:18.53 (53.25)	
	4:12.42 (53.89)	5:06.12 (53.70)	5:59.00 (52.88)	6:51.81 (52.81)	
	7:40.47 (48.66)	8:24.88 (44.41)			
20	Vail, Gabi	18	Windsor High School	8:50.08	8:42.38
	45.62	1:35.49 (49.87)	2:28.63 (53.14)	3:23.31 (54.68)	
	5:11.79 (1:48.48)	6:06.89 (55.10)	7:01.73 (54.84)	7:53.31 (51.58)	
	8:42.38 (49.07)				
21	Ridgley, Anna		Rancho Cotate	8:48.12	9:00.64
	42.37	1:33.55 (51.18)		3:23.04 ()	
	5:18.94 (1:55.90)	6:17.99 (59.05)	7:14.20 (56.21)	8:09.55 (55.35)	
	9:00.64 (51.09)				
22	Dobos, Leah	17	Windsor High School	8:38.81	9:03.47
	40.98	1:26.95 (45.97)	2:18.64 (51.69)		
			7:09.63 ()		
	8:09.23 ()	9:03.47 (54.24)			

Girls 100 Yard Backstroke

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Farquhar, Natalie		Cardinal Newman	56.92	57.04	20
	28.26	57.04 (28.78)				
2	Lee, Kennedy		Maria Carrillo	59.54	58.19	17
	28.41	58.19 (29.78)				
3	Greaves, Layla		Healdsburg High School	1:01.86	1:01.32	16
	30.09	1:01.32 (31.23)				
4	Morelle, Chloe	14	Maria Carrillo	1:03.51	1:02.72	15
	30.89	1:02.72 (31.83)				
5	Mensch, Nora	17	Santa Rosa	1:05.48	1:05.12	14
	31.42	1:05.12 (33.70)				
6	Eso, Allie		Maria Carrillo	1:10.92	1:07.93	13
	33.07	1:07.93 (34.86)				
7	Black, Mackenzie	18	Analy	1:09.62	1:09.73	12
	34.56	1:09.73 (35.17)				
8	Worthington, Ella	14	Analy	1:13.61	1:13.77	11
	35.26	1:13.77 (38.51)				
B - Final						
9	Johnson, Maddy	15	Analy	1:14.85	1:12.50	9
	35.76	1:12.50 (36.74)				
10	Hansel, Hayden		Cardinal Newman	1:19.10	1:16.16	7
	36.57	1:16.16 (39.59)				
11	Boardman, Isabel	16	Windsor High School	1:20.67	1:18.21	6
12	Archer, Sydney		Rancho Cotate	1:18.12	1:18.68	5
	37.47	1:18.68 (41.21)				
13	Smith, Isabel		Healdsburg High School	1:25.18	1:23.78	4
	40.95	1:23.78 (42.83)				
14	Cotton, Kelsey	16	Maria Carrillo	1:27.50	1:23.88	3
15	Godley, Madison	17	Santa Rosa	1:22.64	1:23.98	2
	40.61	1:23.98 (43.37)				

2023 NBL Championships - 4/28/2023 to 4/29/2023

Results

B - Final ... (Girls 100 Yard Backstroke)

	Name	Age	Team	Prelim Time	Finals Time	Points
16	Dickey, Keely		Cardinal Newman	1:27.19	1:25.49	1
	41.95	1:25.49 (43.54)				

Girls 100 Yard Backstroke

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Farquhar, Natalie		Cardinal Newman	59.40	56.92	q
	27.74	56.92 (29.18)				
2	Lee, Kennedy		Maria Carrillo	58.80	59.54	q
	28.78	59.54 (30.76)				
3	Greaves, Layla		Healdsburg High School	1:03.68	1:01.86	q
	30.16	1:01.86 (31.70)				
4	Morelle, Chloe	14	Maria Carrillo	1:09.44	1:03.51	q
	31.30	1:03.51 (32.21)				
5	Mensch, Nora	17	Santa Rosa	1:05.48	1:05.48	q
	31.58	1:05.48 (33.90)				
6	Black, Mackenzie	18	Analy	1:04.34	1:09.62	q
	34.15	1:09.62 (35.47)				
7	Eso, Allie		Maria Carrillo	1:13.05	1:10.92	q
	34.56	1:10.92 (36.36)				
8	Worthington, Ella	14	Analy	1:15.29	1:13.61	q
	35.08	1:13.61 (38.53)				
9	Johnson, Maddy	15	Analy	1:10.68	1:14.85	q
	35.78	1:14.85 (39.07)				
10	Archer, Sydney		Rancho Cotate	1:21.82	1:18.12	q
	37.79	1:18.12 (40.33)				
11	Hansel, Hayden		Cardinal Newman	1:17.45	1:19.10	q
	37.97	1:19.10 (41.13)				
12	Boardman, Isabel	16	Windsor High School	1:26.05	1:20.67	q
	39.85	1:20.67 (40.82)				
13	Godley, Madison	17	Santa Rosa	1:20.72	1:22.64	q
	39.78	1:22.64 (42.86)				
14	Smith, Isabel		Healdsburg High School	1:24.67	1:25.18	q
	40.66	1:25.18 (44.52)				
15	Dickey, Keely		Cardinal Newman	1:31.40	1:27.19	q
	42.09	1:27.19 (45.10)				
16	Cotton, Kelsey	16	Maria Carrillo	1:25.92	1:27.50	q
	41.97	1:27.50 (45.53)				
17	Morgan, Brynn		Rancho Cotate	1:33.79	1:27.60	
	41.06	1:27.60 (46.54)				
18	Bales, Madison		Montgomery High School	1:28.84	1:28.50	
	41.80	1:28.50 (46.70)				
19	Bernard, Julia		Healdsburg High School	1:27.47	1:30.16	
	44.80	1:30.16 (45.36)				
20	Parmeter, Adeline		Healdsburg High School	1:37.53	1:31.35	
21	Mortier, Ruby		Ukiah	1:32.63	1:31.95	
	42.65	1:31.95 (49.30)				
22	Larcom, Emma		Montgomery High School	1:44.45	1:36.09	
	44.46	1:36.09 (51.63)				
23	Hester, Kaelyn		Ukiah	1:38.00	1:36.23	
	46.06	1:36.23 (50.17)				
24	Cornwall, Mae		Analy	1:35.54	1:37.33	

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Preliminaries ... (Girls 100 Yard Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
25	Rohde, Kennedy	16	Santa Rosa	1:38.79	1:37.79
	47.43	1:37.79 (50.36)			
26	Vasquez-Contreras, Alejandra	17	Santa Rosa	1:34.57	1:38.64
	47.85	1:38.64 (50.79)			
27	Olhiser, Madison		Montgomery High School	1:43.73	1:40.17
28	Koehn, Lila		Ukiah	1:45.79	1:42.21
	48.33	1:42.21 (53.88)			
29	Parker, Sydney		Windsor High School	2:00.25	1:51.88
	53.48	1:51.88 (58.40)			
30	Bustamante Rodriguez, Lillian		Piner	1:59.29	1:52.47
31	Figueroa, Monika	16	Windsor High School	2:01.18	1:52.48
	54.15	1:52.48 (58.33)			
32	Lopez Gomez, Josabet		Rancho Cotate	1:54.24	1:53.40
---	Singkeo, Kamille		Montgomery High School	1:37.43	DQ
	47.85	DQ (49.64)			
---	Goboy, Estefany		Piner	1:51.49	NS

Girls 100 Yard Breaststroke

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	West, Madi	18	Analy	1:07.26	1:05.12	20
	30.34	1:05.12 (34.78)				
2	Kiehl, Hannah	15	Maria Carrillo	1:13.02	1:09.17	17
	32.54	1:09.17 (36.63)				
3	Lewis, Alexis	18	Santa Rosa	1:12.29	1:11.08	16
	33.28	1:11.08 (37.80)				
4	Morelle, Lutece		Maria Carrillo	1:12.52	1:13.04	15
	33.82	1:13.04 (39.22)				
5	Cunningham, Lydia		Cardinal Newman	1:16.70	1:14.63	14
	35.12	1:14.63 (39.51)				
6	Smits, Abby		Cardinal Newman	1:21.23	1:19.15	13
	36.00	1:19.15 (43.15)				
7	Xu, Navya		Ukiah	1:20.65	1:21.23	12
	37.38	1:21.23 (43.85)				
8	Gurtovoy, Hannah	17	Santa Rosa	1:21.73	1:21.66	11
	36.52	1:21.66 (45.14)				
B - Final						
9	Lando, Emma		Cardinal Newman	1:25.71	1:22.98	9
	39.32	1:22.98 (43.66)				
10	Rueter, Hadley		Healdsburg High School	1:24.73	1:25.45	7
	39.95	1:25.45 (45.50)				
11	Castellanos, Brooke		Rancho Cotate	1:24.28	1:26.32	6
	39.21	1:26.32 (47.11)				
12	Mathiesen, Isabella	17	Maria Carrillo	1:26.45	1:26.80	5
	42.14	1:26.80 (44.66)				
13	Zhou, Tanya		Ukiah	1:28.01	1:28.05	4
	42.18	1:28.05 (45.87)				
14	Dickey, Keely		Cardinal Newman	1:31.40	1:32.29	3
	45.42	1:32.29 (46.87)				
15	Gordon, Charley		Healdsburg High School	1:32.45	1:33.92	2
	42.82	1:33.92 (51.10)				
16	Blain, Olive		Montgomery High School	1:33.66	1:34.71	1
	43.40	1:34.71 (51.31)				

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Girls 100 Yard Breaststroke**

Name		Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	West, Madi	18	Analy	1:09.68	1:07.26	q
	31.07		1:07.26 (36.19)			
2	Lewis, Alexis	18	Santa Rosa	1:13.56	1:12.29	q
	33.85		1:12.29 (38.44)			
3	Morelle, Lutece		Maria Carrillo	1:14.47	1:12.52	q
	34.13		1:12.52 (38.39)			
4	Kiehl, Hannah	15	Maria Carrillo	1:13.81	1:13.02	q
	34.08		1:13.02 (38.94)			
5	Cunningham, Lydia		Cardinal Newman	1:15.90	1:16.70	q
	36.13		1:16.70 (40.57)			
6	Xu, Navya		Ukiah	1:23.00	1:20.65	q
	36.49		1:20.65 (44.16)			
7	Smits, Abby		Cardinal Newman	1:21.30	1:21.23	q
	36.60		1:21.23 (44.63)			
8	Gurtovoy, Hannah	17	Santa Rosa	1:21.27	1:21.73	q
	37.60		1:21.73 (44.13)			
9	Castellanos, Brooke		Rancho Cotate	1:27.43	1:24.28	q
	38.88		1:24.28 (45.40)			
10	Rueter, Hadley		Healdsburg High School	1:25.34	1:24.73	q
	40.10		1:24.73 (44.63)			
11	Lando, Emma		Cardinal Newman	1:26.40	1:25.71	q
	41.02		1:25.71 (44.69)			
12	Mathiesen, Isabella	17	Maria Carrillo	1:28.05	1:26.45	q
	41.49		1:26.45 (44.96)			
13	Zhou, Tanya		Ukiah	1:31.82	1:28.01	q
	42.38		1:28.01 (45.63)			
14	Dickey, Keely		Cardinal Newman	1:29.10	1:31.40	q
	44.09		1:31.40 (47.31)			
15	Gordon, Charley		Healdsburg High School	1:36.30	1:32.45	q
	42.80		1:32.45 (49.65)			
16	Blain, Olive		Montgomery High School	1:38.94	1:33.66	q
	18.01		1:33.66 (1:15.65)			
17	Castagna, Alex		Ukiah	1:36.00	1:33.79	
	44.27		1:33.79 (49.52)			
18	Mezzanatto, Payton	15	Windsor High School	1:36.83	1:35.31	
	42.07		1:35.31 (53.24)			
19	Robertson, Jojo	15	Windsor High School	1:45.96	1:36.18	
	45.54		1:36.18 (50.64)			
20	Humble, Rylee		Analy	1:35.64	1:37.23	
	45.89		1:37.23 (51.34)			
21	Detrick, Delaney		Montgomery High School	1:35.42	1:37.71	
	45.96		1:37.71 (51.75)			
22	Zandvliet, Minnow		Montgomery High School	1:45.85	1:45.21	
	48.87		1:45.21 (56.34)			
23	Hecker, Victoria		Montgomery High School	1:45.99	1:50.61	
	50.56		1:50.61 (1:00.05)			
24	Murphy, Emma		Piner	1:51.20	1:54.80	
	54.80		1:54.80 (1:00.00)			
25	Hewitt, Addison		Rancho Cotate	1:57.92	1:56.80	
	54.58		1:56.80 (1:02.22)			

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Preliminaries ... (Girls 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
26	Choe, Alana		Piner	2:02.16	1:58.06
	56.70	1:58.06 (1:01.36)			
27	Vail, Gabi	18	Windsor High School	2:00.05	1:59.23
	57.87	1:59.23 (1:01.36)			
28	Vaughn Foster, Margaret		Piner	2:03.93	2:00.53
	57.59	2:00.53 (1:02.94)			
29	Healy, Macaela	14	Windsor High School	1:55.70	2:01.75
	59.35	2:01.75 (1:02.40)			
---	Grace, Emma	16	Santa Rosa	1:33.84	DQ
	45.22	DQ (50.68)			
---	D'Olier, Haley	14	Santa Rosa	2:09.00	DQ
	1:08.59	DQ (1:12.81)			

Girls 100 Yard Butterfly

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Lee, Kennedy		Maria Carrillo	58.59	57.40	20
	26.21	57.40 (31.19)				
2	West, Madi	18	Analy	1:00.87	58.13	17
	26.63	58.13 (31.50)				
3	Greaves, Layla		Healdsburg High School	59.56	59.05	16
	27.36	59.05 (31.69)				
4	Puckett, Morgan		Cardinal Newman	1:04.57	1:03.13	15
	28.90	1:03.13 (34.23)				
5	Black, Mackenzie	18	Analy	1:08.01	1:08.96	14
	31.16	1:08.96 (37.80)				
6	Ramos, Jewel	18	Santa Rosa	1:13.69	1:13.56	13
	34.01	1:13.56 (39.55)				
7	Beck, Olivia	15	Santa Rosa	1:18.93	1:18.82	12
	34.40	1:18.82 (44.42)				
8	Hansel, Hayden		Cardinal Newman	1:23.14	1:23.55	11
	36.38	1:23.55 (47.17)				
B - Final						
9	Cook, Zoey		Montgomery High School	1:24.39	1:24.02	9
	37.43	1:24.02 (46.59)				
10	Ericsson, Norah	17	Windsor High School	1:27.29	1:26.09	7
	40.98	1:26.09 (45.11)				
11	Landau-Camarillo, Miriam		Montgomery High School	1:24.78	1:27.70	6
	39.99	1:27.70 (47.71)				
12	McKnight, Keira	14	Analy	1:31.84	1:27.74	5
	40.54	1:27.74 (47.20)				
13	BernalCastillo, Elizabeth	15	Santa Rosa	1:32.72	1:30.75	4
	40.92	1:30.75 (49.83)				
14	Bautista Velasco, Dasha		Montgomery High School	1:41.71	1:43.56	3
	46.52	1:43.56 (57.04)				
15	Johnston, Aleea		Ukiah	1:47.69	1:44.67	2
	46.40	1:44.67 (58.27)				
16	RicoTapia, Amy	15	Santa Rosa	1:56.77	1:57.42	1
	51.57	1:57.42 (1:05.85)				

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Girls 100 Yard Butterfly**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Lee, Kennedy		Maria Carrillo	59.48	58.59	q
	26.87	58.59 (31.72)				
2	Greaves, Layla		Healdsburg High School	1:01.54	59.56	q
	27.80	59.56 (31.76)				
3	West, Madi	18	Analy	58.67	1:00.87	q
	27.77	1:00.87 (33.10)				
4	Puckett, Morgan		Cardinal Newman	1:02.90	1:04.57	q
	30.20	1:04.57 (34.37)				
5	Black, Mackenzie	18	Analy	1:10.70	1:08.01	q
	30.57	1:08.01 (37.44)				
6	Ramos, Jewel	18	Santa Rosa	1:13.61	1:13.69	q
	34.24	1:13.69 (39.45)				
7	Beck, Olivia	15	Santa Rosa	1:25.99	1:18.93	q
	34.20	1:18.93 (44.73)				
8	Hansel, Hayden		Cardinal Newman	1:18.26	1:23.14	q
	35.26	1:23.14 (47.88)				
9	Cook, Zoey		Montgomery High School	1:22.32	1:24.39	q
	37.90	1:24.39 (46.49)				
10	Landau-Camarillo, Miriam		Montgomery High School	1:22.36	1:24.78	q
	37.81	1:24.78 (46.97)				
11	Ericsson, Norah	17	Windsor High School	1:26.89	1:27.29	q
	40.47	1:27.29 (46.82)				
12	McKnight, Keira	14	Analy	1:29.18	1:31.84	q
	41.34	1:31.84 (50.50)				
13	BernalCastillo, Elizabeth	15	Santa Rosa	1:29.12	1:32.72	q
	43.28	1:32.72 (49.44)				
14	Bautista Velasco, Dasha		Montgomery High School	1:36.99	1:41.71	q
	45.06	1:41.71 (56.65)				
15	Johnston, Alea		Ukiah	1:37.00	1:47.69	q
	48.12	1:47.69 (59.57)				
16	RicoTapia, Amy	15	Santa Rosa	2:45.99	1:56.77	q
	51.18	1:56.77 (1:05.59)				
17	Koehn, Lila		Ukiah	1:56.00	2:02.94	
	54.43	2:02.94 (1:08.51)				

Girls 200 Yard IM

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Kiehl, Hannah	15	Maria Carrillo	2:22.38	2:19.04	20
	30.51	1:07.46 (36.95)	1:45.43 (37.97)	2:19.04 (33.61)		
2	Morelle, Chloe	14	Maria Carrillo	2:24.86	2:21.10	17
	30.41	1:04.99 (34.58)	1:47.96 (42.97)	2:21.10 (33.14)		
3	Klosevitz, Addison		Montgomery High School	2:27.96	2:22.45	16
	30.40	1:07.60 (37.20)	1:48.98 (41.38)	2:22.45 (33.47)		
4	Smits, Abby		Cardinal Newman	2:33.06	2:34.11	15
	31.78	1:10.13 (38.35)	1:55.13 (45.00)	2:34.11 (38.98)		
5	Whetstone, Taylor		Rancho Cotate	2:37.96	2:39.61	14
	35.01	1:15.41 (40.40)	2:05.82 (50.41)	2:39.61 (33.79)		
6	Cook, Zoey		Montgomery High School	2:47.32	2:50.63	13
	37.08	1:19.96 (42.88)	2:10.99 (51.03)	2:50.63 (39.64)		

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****A - Final ... (Girls 200 Yard IM)**

	Name	Age	Team	Prelim Time	Finals Time	Points
7	Gong, Penny	17	Maria Carrillo	2:53.51	2:53.15	12
	36.19	1:20.68 (44.49)	2:13.37 (52.69)	2:53.15 (39.78)		
8	Xu, Navya		Ukiah	2:51.77	2:53.28	11
	36.29	1:22.33 (46.04)	2:11.84 (49.51)	2:53.28 (41.44)		

B - Final

9	Landau-Camarillo, Miriam		Montgomery High School	2:54.05	2:50.74	9
	37.45	1:22.32 (44.87)	2:11.83 (49.51)	2:50.74 (38.91)		
10	Owen, Taylor		Ukiah	2:59.35	2:59.81	7
	38.98	1:27.49 (48.51)	2:19.30 (51.81)	2:59.81 (40.51)		
11	Zhou, Tanya		Ukiah	3:00.06	3:00.84	6
		1:27.50 ()	2:16.39 (48.89)	3:00.84 (44.45)		
12	Waterman, Cosette	18	Santa Rosa	2:57.27	3:04.43	5
	37.72	1:24.93 (47.21)	2:20.15 (55.22)	3:04.43 (44.28)		
13	BernalCastillo, Elizabeth	15	Santa Rosa	3:11.90	3:11.69	4
	40.69	1:32.84 (52.15)	2:27.80 (54.96)	3:11.69 (43.89)		
14	Grace, Emma	16	Santa Rosa	3:08.47	3:11.82	3
	41.19	1:28.87 (47.68)	2:23.98 (55.11)	3:11.82 (47.84)		
15	Robertson, Jojo	15	Windsor High School	3:12.01	3:16.91	2
	44.01	1:33.88 (49.87)	2:32.07 (58.19)	3:16.91 (44.84)		
16	Domenichelli, Gianna		Healdsburg High School	3:16.13	3:18.48	1
	40.73	1:27.69 (46.96)	2:31.38 (1:03.69)	3:18.48 (47.10)		

Girls 200 Yard IM

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Kiehl, Hannah	15	Maria Carrillo	2:23.30	2:22.38	q
	30.93	1:07.44 (36.51)	1:47.12 (39.68)	2:22.38 (35.26)		
2	Morelle, Chloe	14	Maria Carrillo	2:27.49	2:24.86	q
	31.27	1:06.75 (35.48)	1:50.64 (43.89)	2:24.86 (34.22)		
3	Klosevitz, Addison		Montgomery High School	2:26.09	2:27.96	q
	30.61	1:08.97 (38.36)	1:52.41 (43.44)	2:27.96 (35.55)		
4	Smits, Abby		Cardinal Newman	2:33.70	2:33.06	q
	32.29	1:09.40 (37.11)	1:54.37 (44.97)	2:33.06 (38.69)		
5	Whetstone, Taylor		Rancho Cotate	2:38.36	2:37.96	q
	34.75	1:15.51 (40.76)	2:03.69 (48.18)	2:37.96 (34.27)		
6	Cook, Zoey		Montgomery High School	2:50.27	2:47.32	q
	36.51	1:17.80 (41.29)	2:08.56 (50.76)	2:47.32 (38.76)		
7	Xu, Navya		Ukiah	2:56.65	2:51.77	q
	35.53	1:20.08 (44.55)	2:09.09 (49.01)	2:51.77 (42.68)		
8	Gong, Penny	17	Maria Carrillo	2:54.19	2:53.51	q
	36.31	1:20.83 (44.52)	2:12.50 (51.67)	2:53.51 (41.01)		
9	Landau-Camarillo, Miriam		Montgomery High School	2:52.93	2:54.05	q
	37.43		2:13.05 ()	2:54.05 (41.00)		
10	Waterman, Cosette	18	Santa Rosa	2:54.29	2:57.27	q
	36.32	1:23.04 (46.72)	2:14.55 (51.51)	2:57.27 (42.72)		
11	Owen, Taylor		Ukiah	2:56.89	2:59.35	q
	38.00	1:24.74 (46.74)	2:17.15 (52.41)	2:59.35 (42.20)		
12	Zhou, Tanya		Ukiah	3:06.00	3:00.06	q
	40.77	2:15.04 (1:34.27)	3:00.06 (45.02)			
13	Grace, Emma	16	Santa Rosa	3:33.99	3:08.47	q
	40.29	1:27.71 (47.42)	2:22.63 (54.92)	3:08.47 (45.84)		
14	BernalCastillo, Elizabeth	15	Santa Rosa	3:09.64	3:11.90	q
	40.24	1:32.94 (52.70)	2:27.34 (54.40)	3:11.90 (44.56)		

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Preliminaries ... (Girls 200 Yard IM)**

	Name	Age	Team	Seed Time	Prelim Time	
15	Robertson, Jojo	15	Windsor High School	3:17.82	3:12.01	q
	42.51	1:32.15 (49.64)	2:27.18 (55.03)	3:12.01 (44.83)		
16	Domenichelli, Gianna		Healdsburg High School	3:21.10	3:16.13	q
	40.46	1:26.89 (46.43)	2:30.48 (1:03.59)	3:16.13 (45.65)		
17	Olhiser, Madison		Montgomery High School	3:39.51	3:37.92	
	48.43	1:41.21 (52.78)	2:47.84 (1:06.63)	3:37.92 (50.08)		
18	Vaughn Foster, Margaret		Piner	3:47.25	3:49.34	
	53.59	1:54.32 (1:00.73)	3:00.95 (1:06.63)	3:49.34 (48.39)		
19	Galli, Brielle	16	Windsor High School	3:22.42	3:50.10	
	53.71	1:58.26 (1:04.55)	2:58.69 (1:00.43)	3:50.10 (51.41)		
---	Thumhart, Grace		Cardinal Newman	2:37.30	DQ	
	36.87	1:18.38 (41.51)	2:06.08 (47.70)	DQ (35.62)		
---	D'Olier, Haley	14	Santa Rosa	3:45.99	DQ	
	54.15	2:04.13 (1:09.98)	3:13.14 (1:09.01)	DQ (54.34)		

Girls 200 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time	Points
1	Cardinal Newman	A	1:48.70	1:44.16	40
	1) Menconi, Jordyn	2) Craig, Teagan	3) Puckett, Morgan	4) Farquhar, Natalie	
	25.88	54.50 (28.62)	1:20.98 (26.48)	1:44.16 (23.18)	
2	Maria Carrillo	A	1:52.40	1:44.23	34
	1) Arroyo, Jasmine 17	2) Tatham, Leeloo	3) Lundy, Emmalynn	4) Lee, Kennedy	
	25.86	52.18 (26.32)	1:20.10 (27.92)	1:44.23 (24.13)	
3	Analy	A	1:51.42	1:45.21	32
	1) Worthington, Ella 14	2) Black, Mackenzie 18	3) Gagnon, Anya	4) West, Madi 18	
	27.77	55.13 (27.36)	1:20.75 (25.62)	1:45.21 (24.46)	
4	Santa Rosa	A	1:50.39	1:48.72	30
	1) Lewis, Alexis 18	2) Gurtovoy, Hannah 17	3) Mensch, Nora 17	4) Williams, Rose 18	
	25.53	53.93 (28.40)	1:21.81 (27.88)	1:48.72 (26.91)	
5	Healdsburg High School	A	2:06.00	2:04.63	28
	1) Holland, Jordan	2) Parmeter, Adeline	3) Gordon, Charley	4) Helfrick, Theresa	
	32.19	1:04.63 (32.44)	1:34.88 (30.25)	2:04.63 (29.75)	
6	Ukiah	A	2:07.00	2:05.07	26
	1) Castagna, Alex	2) Xu, Navya	3) Owen, Taylor	4) Lockwood, Farrow	
	34.66	1:04.82 (30.16)	1:36.81 (31.99)	2:05.07 (28.26)	
7	Rancho Cotate	A	2:22.15	2:16.08	24
	1) Morgan, Brynn	2) Lopez Gomez, Josabet	3) Ridgley, Anna	4) Castellanos, Brooke	
	33.89	1:10.76 (36.87)	1:44.61 (33.85)	2:16.08 (31.47)	
8	Windsor High School	A	2:17.44	2:16.51	22
	1) Mezzanatto, Payton 15	2) Galli, Brielle 16	3) Robertson, Jojo 15	4) Beach, Bella 17	
	32.63	1:08.82 (36.19)	1:41.42 (32.60)	2:16.51 (35.09)	
9	Piner	A	2:57.74	2:43.84	18
	1) Goboy, Estefany	2) Bustamante Rodriguez, Lillian	3) Solorio, Miriam	4) Vaughn Foster, Margaret	
	39.96	1:23.41 (43.45)	2:04.60 (41.19)	2:43.84 (39.24)	
---	Montgomery High School	A	2:10.45	DQ	
	1) Blain, Olive	2) Peterson, Caidyn	3) Detrick, Delaney	4) Bales, Madison	
	32.68	1:05.52 (32.84)	1:22.70 (17.18)	DQ (55.54)	

Girls 400 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time	Points
1	Maria Carrillo	A	4:17.60	3:57.78	40
	1) Morelle, Chloe 14	2) Morelle, Lutece	3) Tatham, Leeloo	4) Kiehl, Hannah 15	
	28.73	1:00.00 (1:00.00)	1:27.99 (27.99)	1:58.96 (58.96)	
	2:27.34 (28.38)	2:59.51 (1:00.55)	3:27.35 (27.84)	3:57.78 (58.27)	

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****(Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
2 Santa Rosa	A	4:09.02	3:59.12	34
1) Williams, Rose 18	2) Beck, Olivia 15	3) Mensch, Nora 17	4) Lewis, Alexis 18	
29.49	1:01.39 (1:01.39)	1:30.90 (29.51)	2:04.17 (1:02.78)	
2:32.91 (28.74)	3:04.33 (1:00.16)	3:30.29 (25.96)	3:59.12 (54.79)	
3 Cardinal Newman	A	4:14.50	4:12.45	32
1) Cunningham, Lydia	2) Craig, Teagan	3) Hansel, Hayden	4) Smits, Abby	
29.45	1:01.30 (1:01.30)	1:31.40 (30.10)	2:03.46 (1:02.16)	
2:34.54 (31.08)	3:09.66 (1:06.20)	3:38.90 (29.24)	4:12.45 (1:02.79)	
4 Montgomery High School	A	4:26.91	4:22.18	30
1) Cook, Zoey	2) Landau-Camarillo, Miriam	3) Klosevitz, Addison	4) Whitaker, Natalie	
31.61	1:07.28 (1:07.28)	1:39.22 (31.94)	2:14.60 (1:07.32)	
2:43.34 (28.74)	3:14.08 (59.48)	3:45.78 (31.70)	4:22.18 (1:08.10)	
5 Healdsburg High School	A	3:51.27	4:22.85	28
1) Helfrick, Theresa	2) Smith, Isabel	3) Rueter, Hadley	4) Greaves, Layla	
31.35	1:05.20 (1:05.20)	1:41.41 (36.21)	2:18.41 (1:13.21)	
2:53.07 (34.66)	3:27.53 (1:09.12)	3:53.98 (26.45)	4:22.85 (55.32)	
6 Analy	A	4:11.91	4:37.99	26
1) Alcocer, Alexis	2) Worthington, Ella 14	3) McKnight, Keira 14	4) Erickson, Emma	
32.69	1:10.95 (1:10.95)	1:40.15 (29.20)	2:13.92 (1:02.97)	
2:49.96 (36.04)	3:29.88 (1:15.96)	4:01.93 (32.05)	4:37.99 (1:08.11)	
7 Windsor High School	A	4:58.21	4:40.64	24
1) Boardman, Isabel 16	2) Robertson, Jojo 15	3) Ericsson, Norah 17	4) Jacobs, Sophia 17	
32.45	1:07.82 (1:07.82)	1:42.70 (34.88)	2:21.31 (1:13.49)	
2:55.59 (34.28)	3:31.16 (1:09.85)	4:03.36 (32.20)	4:40.64 (1:09.48)	
8 Rancho Cotate	A	4:45.95	4:45.09	22
1) Castellanos, Brooke	2) Coffman, Amber	3) Archer, Sydney	4) Whetstone, Taylor	
36.96	1:19.14 (1:19.14)	1:55.08 (35.94)	2:34.61 (1:15.47)	
3:06.28 (31.67)	3:42.73 (1:08.12)	4:12.07 (29.34)	4:45.09 (1:02.36)	
9 Ukiah	A	5:37.26	5:16.36	18
1) Johnston, Aleea	2) Kornegay, Delaney	3) McKay, Ani	4) Salmone, Julia	
39.29	1:21.60 (1:21.60)	2:01.07 (39.47)	2:47.08 (1:25.48)	
3:20.98 (33.90)	3:58.47 (1:11.39)	4:34.80 (36.33)	5:16.36 (1:17.89)	
10 Piner	A	6:26.82	6:09.08	14
1) Choe, Alana	2) Vaughn Foster, Margaret	3) Bustamante Rodriguez, Lillian	4) Murphy, Emma	
41.31	1:28.03 (1:28.03)	2:12.89 (44.86)	3:01.06 (1:33.03)	
3:48.94 (47.88)	4:37.26 (1:36.20)	5:20.23 (42.97)	6:09.08 (1:31.82)	

Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Maria Carrillo	A	1:55.52	1:51.87	40
1) Morelle, Chloe 14	2) Morelle, Lutece	3) Lee, Kennedy	4) Arroyo, Jasmine 17	
29.56	1:01.91 (32.35)	1:27.01 (25.10)	1:51.87 (24.86)	
2 Cardinal Newman	A	1:58.50	1:53.11	34
1) Farquhar, Natalie	2) Puckett, Morgan	3) Cunningham, Lydia	4) Menconi, Jordyn	
26.28	1:00.11 (33.83)	1:27.69 (27.58)	1:53.11 (25.42)	
3 Analy	A	1:51.47	1:58.16	32
1) Gagnon, Anya	2) West, Madi 18	3) Black, Mackenzie 18	4) Johnson, Maddy 15	
31.10	1:01.00 (29.90)	1:30.20 (29.20)	1:58.16 (27.96)	
4 Healdsburg High School	A	2:16.00	2:13.64	30
1) Smith, Isabel	2) Rueter, Hadley	3) Greaves, Layla	4) Gordon, Charley	
37.15	1:15.74 (38.59)	1:42.48 (26.74)	2:13.64 (31.16)	
5 Santa Rosa	A	2:06.78	2:15.21	28
1) Godley, Madison 17	2) Gurtovoy, Hannah 17	3) Ramos, Jewel 18	4) Beck, Olivia 15	
40.96	1:12.71 (31.75)	1:46.93 (34.22)	2:15.21 (28.28)	

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****(Girls 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
6 Ukiah	A	2:21.15	2:22.10	26
1) Salmone, Julia	2) Xu, Navya	3) Lockwood, Farrow	4) Owen, Taylor	
43.95	1:18.21 (34.26)	1:50.92 (32.71)	2:22.10 (31.18)	
7 Rancho Cotate	A	2:20.85	2:23.00	24
1) Archer, Sydney	2) Castellanos, Brooke	3) Whetstone, Taylor	4) Coffman, Amber	
36.97	1:15.30 (38.33)	1:48.04 (32.74)	2:23.00 (34.96)	
8 Montgomery High School	A	2:12.75	2:24.47	22
1) Cook, Zoey	2) Landau-Camarillo, Miriam	3) Blain, Olive	4) Whitaker, Natalie	
37.34	1:19.55 (42.21)	2:00.46 (40.91)	2:24.47 (24.01)	
9 Windsor High School	A	2:21.44	2:30.66	18
1) Boardman, Isabel 16	2) Mezzanatto, Payton 15	3) Ericsson, Norah 17	4) Jacobs, Sophia 17	
36.74	1:20.90 (44.16)	1:59.98 (39.08)	2:30.66 (30.68)	
10 Piner	A	3:16.91	3:12.37	14
1) Goboy, Estefany	2) Murphy, Emma	3) Choe, Alana	4) Solorio, Miriam	
47.28	1:41.35 (54.07)	2:32.25 (50.90)	3:12.37 (40.12)	

Boys 50 Yard Freestyle

Name	Age	Team	Prelim Time	Finals Time	Points
A - Final					
1 Brophy, Finn	15	Maria Carrillo	21.42	21.68	20
2 Hardin, Otis		Healdsburg High School	22.55	22.60	17
3 Kluse, Konrad		Healdsburg High School	23.84	23.40	16
4 Merrick, Robert	16	Santa Rosa	23.50	23.58	15
5 Sullivan, Jacob		Cardinal Newman	23.85	23.90	14
6 McCarthy, Mathias		Cardinal Newman	24.04	24.32	13
7 Ireland, Tristan		Ukiah	24.97	24.48	12
8 King Pile, Sebastian	17	Santa Rosa	25.07	25.59	11
B - Final					
9 Salcido, Alessandro		Analy	25.29	26.00	9
10 West, Liam		Windsor High School	26.01	26.35	7
11 Derr, Kyle		Montgomery High School	26.41	26.44	6
12 McNulty, Alessio	17	Santa Rosa	26.60	26.46	5
13 Gardner, Ryder		Analy	26.10	26.48	4
14 Ramirez, Alexander		Maria Carrillo	25.40	26.54	3
15 Peterson, Grady		Montgomery High School	26.70	26.94	2
16 Holmes, Adam		Cardinal Newman	26.72	27.06	1

Boys 50 Yard Freestyle

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Brophy, Finn	15	Maria Carrillo	22.36	21.42	q
2 Hardin, Otis		Healdsburg High School	22.85	22.55	q
3 Merrick, Robert	16	Santa Rosa	24.14	23.50	q
4 Kluse, Konrad		Healdsburg High School	24.44	23.84	q
5 Sullivan, Jacob		Cardinal Newman	24.10	23.85	q
6 McCarthy, Mathias		Cardinal Newman	24.80	24.04	q
7 Ireland, Tristan		Ukiah	25.00	24.97	q
8 King Pile, Sebastian	17	Santa Rosa	25.99	25.07	q
9 Salcido, Alessandro		Analy	26.53	25.29	q
10 Ramirez, Alexander		Maria Carrillo	27.88	25.40	q
11 West, Liam		Windsor High School	26.26	26.01	q
12 Gardner, Ryder		Analy	27.03	26.10	q
13 Derr, Kyle		Montgomery High School	26.67	26.41	q

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Preliminaries ... (Boys 50 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
14	McNulty, Alessio	17	Santa Rosa	26.65	26.60	q
15	Peterson, Grady		Montgomery High School	27.18	26.70	q
16	Holmes, Adam		Cardinal Newman	27.10	26.72	q
17	Fietz, Caius		Maria Carrillo	27.00	26.93	
18	Lucia, Jaidan		Healdsburg High School	27.53	27.26	
19	Beranek, Ian		Cardinal Newman	28.70	27.55	
20	Pheffer, Avi	15	Windsor High School	29.09	27.78	
21	Nielsen, Matthew		Healdsburg High School	27.03	27.81	
22	Boersma, Andrey		Maria Carrillo	28.97	28.18	
23	Hansen, Drew	17	Windsor High School	29.56	28.86	
24	Bee, Weston	19	Santa Rosa	30.04	29.08	
25	Rincon, Jayden		Piner	29.87	30.47	
26	Carreno, Rodrigo		Rancho Cotate	35.92	34.03	
27	Rakoski, David	16	Windsor High School	40.18	39.57	

Boys 100 Yard Freestyle

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Brophy, Finn	15	Maria Carrillo	46.94	47.28	20
	22.55	47.28 (24.73)				
2	Hardin, Otis		Healdsburg High School	49.73	49.35	17
	23.59	49.35 (25.76)				
3	Valerga, Eric	15	Maria Carrillo	51.60	50.62	16
	24.02	50.62 (26.60)				
4	Sullivan, Jacob		Cardinal Newman	52.18	51.53	15
	24.83	51.53 (26.70)				
5	Kluse, Konrad		Healdsburg High School	53.47	52.90	14
	24.97	52.90 (27.93)				
6	McCarthy, Mathias		Cardinal Newman	53.86	53.83	13
	25.64	53.83 (28.19)				
7	Ireland, Tristan		Ukiah	55.52	54.26	12
	26.33	54.26 (27.93)				
8	Spencer, Bennett		Ukiah	54.98	54.82	11
	26.32	54.82 (28.50)				
B - Final						
9	King Pile, Sebastian	17	Santa Rosa	56.84	56.70	9
	27.68	56.70 (29.02)				
10	Kimbro, Ty	16	Analy	56.47	58.21	7
	27.75	58.21 (30.46)				
11	West, Liam		Windsor High School	59.57	58.36	6
	27.80	58.36 (30.56)				
12	Mathiesen, Alexander	15	Maria Carrillo	59.87	58.96	5
	28.71	58.96 (30.25)				
13	McNulty, Alessio	17	Santa Rosa	58.42	1:00.14	4
	29.16	1:00.14 (30.98)				
14	Fietz, Caius		Maria Carrillo	1:00.85	1:00.76	3
	28.75	1:00.76 (32.01)				
15	Holmes, Adam		Cardinal Newman	59.78	1:00.81	2
	29.58	1:00.81 (31.23)				
16	Derr, Kyle		Montgomery High School	59.32	1:00.97	1

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Boys 100 Yard Freestyle**

Name		Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Brophy, Finn	15	Maria Carrillo	49.61	46.94	q
	22.25	46.94 (24.69)				
2	Hardin, Otis		Healdsburg High School	50.76	49.73	q
	23.62	49.73 (26.11)				
3	Valerga, Eric	15	Maria Carrillo	52.71	51.60	q
	24.72	51.60 (26.88)				
4	Sullivan, Jacob		Cardinal Newman	54.11	52.18	q
	24.87	52.18 (27.31)				
5	Kluse, Konrad		Healdsburg High School	55.91	53.47	q
	25.79	53.47 (27.68)				
6	McCarthy, Mathias		Cardinal Newman	55.04	53.86	q
	25.52	53.86 (28.34)				
7	Spencer, Bennett		Ukiah	55.00	54.98	q
	26.64	54.98 (28.34)				
8	Ireland, Tristan		Ukiah	56.00	55.52	q
	26.58	55.52 (28.94)				
9	Kimbrow, Ty	16	Analy	54.93	56.47	q
	27.44	56.47 (29.03)				
10	King Pile, Sebastian	17	Santa Rosa	58.34	56.84	q
	27.77	56.84 (29.07)				
11	McNulty, Alessio	17	Santa Rosa	1:01.03	58.42	q
	28.12	58.42 (30.30)				
12	Derr, Kyle		Montgomery High School	1:00.99	59.32	q
	27.99	59.32 (31.33)				
13	West, Liam		Windsor High School	59.51	59.57	q
	28.65	59.57 (30.92)				
14	Holmes, Adam		Cardinal Newman	1:02.20	59.78	q
	29.27	59.78 (30.51)				
15	Mathiesen, Alexander	15	Maria Carrillo	1:01.52	59.87	q
	28.70	59.87 (31.17)				
16	Fietz, Caius		Maria Carrillo	1:01.00	1:00.85	q
	29.27	1:00.85 (31.58)				
17	Johannsen, Sebastian		Healdsburg High School	1:01.79	1:01.16	
	29.38	1:01.16 (31.78)				
18	Guttormsen, Kameron		Cardinal Newman	1:03.30	1:01.98	
	30.14	1:01.98 (31.84)				
19	Leibert, Rennick	17	Santa Rosa	1:02.89	1:03.17	
	30.07	1:03.17 (33.10)				
20	Ouchinda-Pratt, Tas		Healdsburg High School	1:07.62	1:04.69	
	31.82	1:04.69 (32.87)				
21	Petersen, Andreas	15	Santa Rosa	1:09.18	1:05.45	
	30.83	1:05.45 (34.62)				
22	Zapp, Jackson		Analy	1:10.54	1:08.09	
	30.36	1:08.09 (37.73)				
23	Rincon, Jayden		Piner	1:13.67	1:12.03	
	33.40	1:12.03 (38.63)				
24	Stocker, Carter	17	Windsor High School	1:20.63	1:18.22	
	38.49	1:18.22 (39.73)				
25	Carreno, Rodrigo		Rancho Cotate	1:23.12	1:18.79	
	38.38	1:18.79 (40.41)				

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Preliminaries ... (Boys 100 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
26	Nies, Dorian	15	Windsor High School	1:16.78	1:21.22
	39.44	1:21.22 (41.78)			
27	Reiley, Dane	17	Windsor High School	1:29.72	1:24.25
	39.45	1:24.25 (44.80)			
28	Leo Soyly Chee, Chase		Montgomery High School	1:19.68	1:33.02

Boys 200 Yard Freestyle

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Holt, Kai		Maria Carrillo	1:51.99	1:48.10	20
	24.70	51.55 (26.85)	1:19.74 (28.19)	1:48.10 (28.36)		
2	Valerga, Eric	15	Maria Carrillo	1:54.84	1:51.24	17
	24.69	51.81 (27.12)	1:21.16 (29.35)	1:51.24 (30.08)		
3	Malgren, Wiley	15	Maria Carrillo	2:00.55	2:01.01	16
	27.50	58.53 (31.03)	1:30.29 (31.76)	2:01.01 (30.72)		
4	Tantarelli, Luciano	14	Analy	2:09.77	2:08.28	15
	29.18	1:01.50 (32.32)	1:35.59 (34.09)	2:08.28 (32.69)		
5	Kluse, Leo		Healdsburg High School	2:10.48	2:11.84	14
	29.76	1:03.25 (33.49)	1:38.69 (35.44)	2:11.84 (33.15)		
6	Wood, Lucas		Rancho Cotate	2:22.51	2:18.18	13
	28.79	1:03.16 (34.37)	1:41.77 (38.61)	2:18.18 (36.41)		
7	Held, Ryan		Windsor High School	2:19.06	2:20.64	12
	31.89	1:06.55 (34.66)	1:44.47 (37.92)	2:20.64 (36.17)		
---	Trebe, Josh		Cardinal Newman	2:11.00	DQ	
	30.11	1:03.71 (33.60)	1:39.56 (35.85)	DQ (35.06)		

B - Final

9	Lemus, Yeshua		Healdsburg High School	2:22.85	2:22.15	9
	32.26	1:07.93 (35.67)	1:45.45 (37.52)	2:22.15 (36.70)		
10	de Saussure, Benjamin		Maria Carrillo	2:28.34	2:28.06	7
	31.61	1:09.28 (37.67)	1:49.78 (40.50)	2:28.06 (38.28)		
11	Johnston, Ethan		Ukiah	2:32.98	2:28.78	6
	32.96	1:10.20 (37.24)	2:28.78 (1:18.58)			
12	Ericsson, Isaac		Windsor High School	2:29.28	2:29.91	5
	34.78	1:12.34 (37.56)	1:52.52 (40.18)	2:29.91 (37.39)		
13	Figuerola, Miguel		Healdsburg High School	2:28.38	2:30.97	4
	32.70	1:10.54 (37.84)	1:51.27 (40.73)	2:30.97 (39.70)		
14	Stark, Julian		Healdsburg High School	2:35.40	2:39.83	3
	36.08	1:16.93 (40.85)	1:59.75 (42.82)	2:39.83 (40.08)		
15	Traverso, Hugo		Cardinal Newman	2:43.25	2:42.46	2
	37.83	1:19.06 (41.23)	2:02.81 (43.75)	2:42.46 (39.65)		
---	Wurtzel, Jonah	15	Santa Rosa	2:46.11	NS	

Boys 200 Yard Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Holt, Kai		Maria Carrillo	1:54.82	1:51.99 q
	25.53	53.66 (28.13)	1:22.78 (29.12)	1:51.99 (29.21)	
2	Valerga, Eric	15	Maria Carrillo	1:57.99	1:54.84 q
	26.04	55.20 (29.16)	1:25.21 (30.01)	1:54.84 (29.63)	
3	Malgren, Wiley	15	Maria Carrillo	2:04.53	2:00.55 q
	27.74	58.67 (30.93)	1:30.04 (31.37)	2:00.55 (30.51)	
4	Lefebvre, Griffin		Ukiah	2:15.00	2:09.05 q
	29.02	1:01.14 (32.12)	1:35.65 (34.51)	2:09.05 (33.40)	

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Preliminaries ... (Boys 200 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
5	Tantarelli, Luciano	14	Analy	2:13.16	2:09.77	q
	29.80	1:03.54 (33.74)	1:37.50 (33.96)	2:09.77 (32.27)		
6	Kluse, Leo		Healdsburg High School	2:11.43	2:10.48	q
	29.30	1:02.84 (33.54)	1:37.78 (34.94)	2:10.48 (32.70)		
7	Trebe, Josh		Cardinal Newman	2:17.20	2:11.00	q
	29.95	1:02.86 (32.91)	1:37.18 (34.32)	2:11.00 (33.82)		
8	Held, Ryan		Windsor High School	2:15.78	2:19.06	q
	1:05.90	1:43.68 (37.78)	2:19.06 (35.38)	2:19.06 ()		
9	Wood, Lucas		Rancho Cotate	2:12.22	2:22.51	q
	30.63	1:05.08 (34.45)	1:43.76 (38.68)	2:22.51 (38.75)		
10	Lemus, Yeshua		Healdsburg High School	2:29.19	2:22.85	q
	32.90	1:08.91 (36.01)	1:46.15 (37.24)	2:22.85 (36.70)		
11	de Saussure, Benjamin		Maria Carrillo	2:32.99	2:28.34	q
	31.51	1:07.70 (36.19)	1:48.46 (40.76)	2:28.34 (39.88)		
12	Figueroa, Miguel		Healdsburg High School	2:32.07	2:28.38	q
	32.84	1:10.82 (37.98)	1:49.73 (38.91)	2:28.38 (38.65)		
13	Ericsson, Isaac		Windsor High School	2:36.55	2:29.28	q
	35.16	1:12.41 (37.25)	1:52.20 (39.79)	2:29.28 (37.08)		
14	Johnston, Ethan		Ukiah	2:40.00	2:32.98	q
	36.20	1:14.83 (38.63)	1:55.21 (40.38)	2:32.98 (37.77)		
15	Stark, Julian		Healdsburg High School	2:44.14	2:35.40	q
	32.97	1:12.29 (39.32)	1:54.71 (42.42)	2:35.40 (40.69)		
16	Traverso, Hugo		Cardinal Newman	2:45.00	2:43.25	q
	37.41	1:19.69 (42.28)	2:03.20 (43.51)	2:43.25 (40.05)		
17	Wurtzel, Jonah	15	Santa Rosa	2:54.53	2:46.11	
	37.75	1:19.92 (42.17)	2:03.27 (43.35)	2:46.11 (42.84)		
18	Setzer, Samuel		Windsor High School	2:51.43	2:53.02	
	38.96	1:24.13 (45.17)	2:10.73 (46.60)	2:53.02 (42.29)		
19	Siador, Izaiah	17	Santa Rosa	3:45.99	3:21.77	
	41.62	1:32.56 (50.94)	2:29.92 (57.36)	3:21.77 (51.85)		
20	Sanchez, Edwin	15	Santa Rosa	3:33.95	3:29.13	
	42.37	1:34.01 (51.64)	2:30.74 (56.73)	3:29.13 (58.39)		

Boys 500 Yard Freestyle

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Holt, Kai		Maria Carrillo	5:00.22	4:50.81	20
	26.23	54.59 (28.36)	1:24.27 (29.68)	1:54.74 (30.47)		
	2:24.41 (29.67)	2:54.22 (29.81)	3:24.43 (30.21)	3:54.16 (29.73)		
	4:23.13 (28.97)	4:50.81 (27.68)				
2	Holt, Phoenix		Maria Carrillo	5:06.77	4:56.78	17
	26.53	55.29 (28.76)	1:25.26 (29.97)	1:55.40 (30.14)		
	2:25.66 (30.26)	2:55.90 (30.24)	3:26.08 (30.18)	3:56.64 (30.56)		
	4:27.16 (30.52)	4:56.78 (29.62)				
3	Black, Travis	14	Analy	5:09.28	5:00.91	16
	25.58	54.14 (28.56)	1:24.33 (30.19)	1:54.93 (30.60)		
	2:25.32 (30.39)	2:56.03 (30.71)	3:26.87 (30.84)	3:58.27 (31.40)		
	4:30.11 (31.84)	5:00.91 (30.80)				
4	Danner, Austin		Ukiah	5:21.53	5:19.92	15
	27.33	58.68 (31.35)	1:31.27 (32.59)	2:03.45 (32.18)		
	2:35.97 (32.52)	3:09.12 (33.15)	3:42.19 (33.07)	4:14.89 (32.70)		
	4:48.16 (33.27)	5:19.92 (31.76)				

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****A - Final ... (Boys 500 Yard Freestyle)**

	Name	Age	Team	Prelim Time	Finals Time	Points
5	Miller, Zachary	14	Maria Carrillo	5:56.74	5:56.02	14
	31.21	1:06.84 (35.63)	1:42.97 (36.13)	2:18.96 (35.99)		
	2:55.36 (36.40)	3:31.70 (36.34)	4:08.40 (36.70)	4:44.57 (36.17)		
	5:21.03 (36.46)	5:56.02 (34.99)				
6	Tantarelli, Luciano	14	Analy	5:58.57	5:56.53	13
	30.31	1:04.45 (34.14)	1:40.64 (36.19)	2:17.07 (36.43)		
	2:54.11 (37.04)	3:31.27 (37.16)	4:09.33 (38.06)	4:45.82 (36.49)		
	5:22.48 (36.66)	5:56.53 (34.05)				
7	Smith, Rodric		Cardinal Newman	6:32.48	6:29.67	12
	31.74	1:08.87 (37.13)	1:49.36 (40.49)	2:30.53 (41.17)		
	3:11.48 (40.95)	3:52.51 (41.03)	4:33.52 (41.01)	5:13.86 (40.34)		
	5:53.75 (39.89)	6:29.67 (35.92)				
8	Held, Ryan		Windsor High School	6:36.93	6:42.94	11
	32.84	1:10.90 (38.06)	1:51.13 (40.23)	2:33.25 (42.12)		
	3:15.55 (42.30)	3:58.09 (42.54)	4:41.23 (43.14)	5:23.49 (42.26)		
	6:05.78 (42.29)	6:42.94 (37.16)				

B - Final

9	Lemus, Yeshua		Healdsburg High School	7:08.64	6:49.43	9
	35.36	1:14.07 (38.71)	1:54.80 (40.73)	2:36.65 (41.85)		
	3:19.33 (42.68)	4:02.10 (42.77)	4:45.22 (43.12)	5:27.94 (42.72)		
	6:10.66 (42.72)	6:49.43 (38.77)				
10	Johnston, Ethan		Ukiah	7:02.11	6:58.51	7
	36.51	1:18.31 (41.80)	2:02.39 (44.08)	2:45.08 (42.69)		
	3:26.81 (41.73)	4:53.59 (1:26.78)	5:38.17 (44.58)	6:58.51 (1:20.34)		
11	Figueroa, Miguel		Healdsburg High School	6:59.76	6:59.95	6
	32.28	1:11.24 (38.96)	1:53.14 (41.90)	2:36.00 (42.86)		
	3:19.82 (43.82)	4:04.54 (44.72)	4:48.73 (44.19)	5:34.08 (45.35)		
	6:19.55 (45.47)	6:59.95 (40.40)				
12	Wurtzel, Jonah	15	Santa Rosa	7:23.86	7:04.92	5
	37.24	1:19.41 (42.17)	2:02.07 (42.66)	2:45.70 (43.63)		
	3:28.56 (42.86)	4:12.96 (44.40)	4:58.06 (45.10)	5:41.96 (43.90)		
	6:25.58 (43.62)	7:04.92 (39.34)				
13	Setzer, Samuel		Windsor High School	7:33.27	7:12.51	4
	36.27	1:19.73 (43.46)	2:03.45 (43.72)	2:47.23 (43.78)		
	3:31.49 (44.26)	4:15.58 (44.09)	5:01.33 (45.75)	5:46.02 (44.69)		
	6:30.99 (44.97)	7:12.51 (41.52)				
14	Nielsen, Matthew		Healdsburg High School	6:41.58	7:17.87	3
	32.05	1:11.59 (39.54)	1:55.12 (43.53)	2:40.97 (45.85)		
	3:28.10 (47.13)	4:14.44 (46.34)	5:02.90 (48.46)	5:50.57 (47.67)		
	6:37.23 (46.66)	7:17.87 (40.64)				
15	Traverso, Hugo		Cardinal Newman	7:18.82	7:30.13	2
	40.36	1:23.58 (43.22)	2:09.06 (45.48)	2:55.09 (46.03)		
			5:15.47 ()	6:01.73 (46.26)		
	6:48.24 (46.51)	7:30.13 (41.89)				
16	Carbajal, Matthew		Healdsburg High School	8:07.74	7:57.67	1
	33.15	1:14.90 (41.75)	2:01.03 (46.13)	2:50.29 (49.26)		
	3:42.78 (52.49)	4:34.34 (51.56)	5:26.36 (52.02)	6:19.90 (53.54)		
	7:10.72 (50.82)	7:57.67 (46.95)				

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Boys 500 Yard Freestyle**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Holt, Kai		Maria Carrillo	5:04.00	5:00.22	q
	26.72	56.51 (29.79)	1:27.37 (30.86)	1:58.26 (30.89)		
	2:29.22 (30.96)	2:59.62 (30.40)	3:30.57 (30.95)	4:01.02 (30.45)		
	4:31.23 (30.21)	5:00.22 (28.99)				
2	Holt, Phoenix		Maria Carrillo	5:05.00	5:06.77	q
	26.85	56.89 (30.04)	1:28.51 (31.62)	2:00.74 (32.23)		
	2:32.61 (31.87)	3:03.96 (31.35)	3:35.10 (31.14)	4:06.33 (31.23)		
	4:36.61 (30.28)	5:06.77 (30.16)				
3	Black, Travis	14	Analy	5:09.66	5:09.28	q
	25.89	55.63 (29.74)	1:26.91 (31.28)	1:58.64 (31.73)		
	2:30.49 (31.85)	3:02.55 (32.06)	3:34.79 (32.24)	4:06.62 (31.83)		
	4:38.42 (31.80)	5:09.28 (30.86)				
4	Danner, Austin		Ukiah	5:47.00	5:21.53	q
	26.18	57.60 (31.42)	1:30.00 (32.40)	2:01.93 (31.93)		
	2:33.67 (31.74)	3:07.45 (33.78)	3:40.92 (33.47)	4:15.10 (34.18)		
	4:48.27 (33.17)	5:21.53 (33.26)				
5	Miller, Zachary	14	Maria Carrillo	5:58.48	5:56.74	q
	31.39	1:07.10 (35.71)	1:43.19 (36.09)	2:19.72 (36.53)		
	2:55.90 (36.18)	3:32.48 (36.58)	4:08.72 (36.24)	4:45.41 (36.69)		
	5:21.37 (35.96)	5:56.74 (35.37)				
6	Tantarelli, Luciano	14	Analy	6:29.70	5:58.57	q
	30.90	1:06.83 (35.93)	1:43.22 (36.39)	2:20.35 (37.13)		
	2:57.43 (37.08)	3:35.19 (37.76)	4:12.54 (37.35)	4:49.81 (37.27)		
	5:25.77 (35.96)	5:58.57 (32.80)				
7	Smith, Rodric		Cardinal Newman	7:25.60	6:32.48	q
	33.93	1:11.35 (37.42)	1:50.54 (39.19)	2:32.09 (41.55)		
	3:13.84 (41.75)	3:55.82 (41.98)	4:36.71 (40.89)	5:17.27 (40.56)		
	5:57.39 (40.12)	6:32.48 (35.09)				
8	Held, Ryan		Windsor High School	6:35.95	6:36.93	q
	32.33	1:09.49 (37.16)	1:49.52 (40.03)	2:30.35 (40.83)		
	3:11.41 (41.06)	3:53.89 (42.48)	4:36.35 (42.46)	5:19.02 (42.67)		
	6:01.17 (42.15)	6:36.93 (35.76)				
9	Nielsen, Matthew		Healdsburg High School	7:12.82	6:41.58	q
	33.81	1:13.67 (39.86)	1:59.21 (45.54)	2:46.25 (47.04)		
	3:33.64 (47.39)	4:21.47 (47.83)	5:08.93 (47.46)	5:55.56 (46.63)		
	6:41.58 (46.02)	6:41.58 ()				
10	Figuerroa, Miguel		Healdsburg High School	7:30.00	6:59.76	q
	34.63	1:14.26 (39.63)	1:56.20 (41.94)	2:39.20 (43.00)		
	3:22.64 (43.44)	4:07.02 (44.38)	4:51.24 (44.22)	5:35.70 (44.46)		
	6:21.10 (45.40)	6:59.76 (38.66)				
11	Johnston, Ethan		Ukiah	7:21.00	7:02.11	q
	37.94	1:19.44 (41.50)	2:02.84 (43.40)	2:46.99 (44.15)		
	3:29.67 (42.68)	4:12.72 (43.05)	4:56.19 (43.47)	5:39.98 (43.79)		
	6:23.43 (43.45)	7:02.11 (38.68)				
12	Lemus, Yeshua		Healdsburg High School	7:18.52	7:08.64	q
	37.63	1:18.08 (40.45)	2:00.60 (42.52)			
	3:30.39 ()		5:47.53 ()	6:31.22 (43.69)		
	7:08.64 (37.42)					
13	Traverso, Hugo		Cardinal Newman	7:25.60	7:18.82	q
	39.40	1:23.00 (43.60)	2:08.08 (45.08)	2:53.02 (44.94)		
	3:39.51 (46.49)	4:24.72 (45.21)	5:10.03 (45.31)	5:54.84 (44.81)		
	6:38.42 (43.58)	7:18.82 (40.40)				

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Preliminaries ... (Boys 500 Yard Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
14	Wurtzel, Jonah	15	Santa Rosa	7:44.43	7:23.86	q
	39.38	1:22.80 (43.42)	2:08.34 (45.54)	2:54.15 (45.81)		
	3:40.06 (45.91)	4:24.54 (44.48)	5:11.49 (46.95)	5:57.48 (45.99)		
	6:42.76 (45.28)	7:23.86 (41.10)				
15	Setzer, Samuel		Windsor High School	7:47.04	7:33.27	q
	38.87	1:23.37 (44.50)	2:08.79 (45.42)	2:54.92 (46.13)		
	3:42.04 (47.12)	4:30.08 (48.04)	5:17.56 (47.48)	6:03.51 (45.95)		
	6:49.17 (45.66)	7:33.27 (44.10)				
16	Carbajal, Matthew		Healdsburg High School	7:38.62	8:07.74	q
	34.00	1:14.70 (40.70)	2:02.27 (47.57)	2:53.49 (51.22)		
	3:45.13 (51.64)	4:38.75 (53.62)	5:33.14 (54.39)	6:27.74 (54.60)		
	8:07.74 (1:40.00)					
17	Sanchez, Edwin	15	Santa Rosa	9:56.37	9:51.20	
	41.24	1:34.25 (53.01)	2:33.80 (59.55)	3:36.41 (1:02.61)		
	4:40.12 (1:03.71)	5:43.73 (1:03.61)	6:47.67 (1:03.94)	7:50.63 (1:02.96)		
	8:55.52 (1:04.89)	9:51.20 (55.68)				

Boys 100 Yard Backstroke

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Black, Travis	14	Analy	58.74	56.26	20
	27.16	56.26 (29.10)				
2	Hansel, Brody		Cardinal Newman	1:04.79	1:03.97	17
	30.64	1:03.97 (33.33)				
3	Kiehl, Nathan	15	Maria Carrillo	1:06.70	1:05.72	16
	32.28	1:05.72 (33.44)				
4	LeFebvre, Forrest		Ukiah	1:06.78	1:05.90	15
	31.12	1:05.90 (34.78)				
5	Trebe, Josh		Cardinal Newman	1:08.08	1:08.91	14
	33.87	1:08.91 (35.04)				
6	Ramirez, Alexander		Maria Carrillo	1:10.63	1:10.67	13
	34.38	1:10.67 (36.29)				
7	Hailey, Evan		Windsor High School	1:10.94	1:12.19	12
	34.78	1:12.19 (37.41)				
8	Parmeter, James		Healdsburg High School	1:12.00	1:12.50	11
	35.68	1:12.50 (36.82)				
B - Final						
9	Gibson, Robin	18	Santa Rosa	1:13.11	1:11.22	9
	33.73	1:11.22 (37.49)				
10	Swallow, Ian	16	Santa Rosa	1:14.49	1:13.40	7
	34.73	1:13.40 (38.67)				
11	Ridder, Miles		Healdsburg High School	1:16.13	1:15.57	6
12	Brown, James		Maria Carrillo	1:15.97	1:16.42	5
	37.91	1:16.42 (38.51)				
13	Riley-Turner, Nico	15	Windsor High School	1:19.38	1:19.01	4
	38.61	1:19.01 (40.40)				
14	Martin, Erik		Montgomery High School	1:19.80	1:20.46	3
	37.99	1:20.46 (42.47)				
15	Petersen, Andreas	15	Santa Rosa	1:25.04	1:22.51	2
	38.57	1:22.51 (43.94)				
16	Stocker, Carter	17	Windsor High School	1:35.10	1:38.09	1
	45.79	1:38.09 (52.30)				

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Boys 100 Yard Backstroke**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Black, Travis	14	Analy	59.58	58.74	q
	28.34	58.74 (30.40)				
2	Hansel, Brody		Cardinal Newman	1:05.30	1:04.79	q
	31.62	1:04.79 (33.17)				
3	Kiehl, Nathan	15	Maria Carrillo	1:09.00	1:06.70	q
	32.72	1:06.70 (33.98)				
4	LeFebvre, Forrest		Ukiah	1:07.00	1:06.78	q
	31.25	1:06.78 (35.53)				
5	Trebe, Josh		Cardinal Newman	1:11.30	1:08.08	q
	32.93	1:08.08 (35.15)				
6	Ramirez, Alexander		Maria Carrillo	1:12.80	1:10.63	q
	33.68	1:10.63 (36.95)				
7	Hailey, Evan		Windsor High School	1:12.72	1:10.94	q
	33.79	1:10.94 (37.15)				
8	Parmeter, James		Healdsburg High School	1:11.29	1:12.00	q
	35.20	1:12.00 (36.80)				
9	Gibson, Robin	18	Santa Rosa	1:10.60	1:13.11	q
	34.65	1:13.11 (38.46)				
10	Swallow, Ian	16	Santa Rosa	1:11.74	1:14.49	q
	35.59	1:14.49 (38.90)				
11	Brown, James		Maria Carrillo	1:14.75	1:15.97	q
	37.50	1:15.97 (38.47)				
12	Ridder, Miles		Healdsburg High School	1:18.19	1:16.13	q
	35.98	1:16.13 (40.15)				
13	Riley-Turner, Nico	15	Windsor High School	1:19.60	1:19.38	q
	38.15	1:19.38 (41.23)				
14	Martin, Erik		Montgomery High School	1:23.17	1:19.80	q
	36.30	1:19.80 (43.50)				
15	Petersen, Andreas	15	Santa Rosa	1:25.81	1:25.04	q
	41.22	1:25.04 (43.82)				
16	Stocker, Carter	17	Windsor High School	1:45.94	1:35.10	q
	46.16	1:35.10 (48.94)				
17	Medrano, Damian		Healdsburg High School	1:39.00	1:44.77	
	49.94	1:44.77 (54.83)				
---	Gomez, Eliot		Healdsburg High School	1:16.34	DQ	
	36.35	DQ (37.20)				
---	Lefebvre, Griffin		Ukiah	1:09.81	NS	

Boys 100 Yard Breaststroke

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Kwan, Nicholas		Maria Carrillo	1:05.12	1:03.65	20
	29.28	1:03.65 (34.37)				
2	Holt, Phoenix		Maria Carrillo	1:06.22	1:05.12	17
	30.58	1:05.12 (34.54)				
3	Hansel, Brody		Cardinal Newman	1:12.49	1:10.55	16
	33.12	1:10.55 (37.43)				
4	Johannsen, Julian		Healdsburg High School	1:10.65	1:11.78	15
	33.20	1:11.78 (38.58)				
5	Salcido, Alessandro		Analy	1:10.52	1:12.00	14
	33.38	1:12.00 (38.62)				

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****A - Final ... (Boys 100 Yard Breaststroke)**

	Name	Age	Team	Prelim Time	Finals Time	Points
6	Stark, Julian		Healdsburg High School	1:16.29	1:14.94	13
	34.14	1:14.94 (40.80)				
7	Esguerra, Gregory	18	Maria Carrillo	1:15.38	1:16.35	12
	35.52	1:16.35 (40.83)				
8	Leibert, Rennick	17	Santa Rosa	1:19.57	1:21.07	11
	37.66	1:21.07 (43.41)				

B - Final

9	Miller, Zachary	14	Maria Carrillo	1:20.77	1:20.34	9
	38.02	1:20.34 (42.32)				
10	Beranek, Ian		Cardinal Newman	1:21.53	1:21.27	7
	38.31	1:21.27 (42.96)				
11	Ericsson, Isaac		Windsor High School	1:23.95	1:23.01	6
	39.41	1:23.01 (43.60)				
12	Lucia, Jaidan		Healdsburg High School	1:23.95	1:24.16	5
	38.58	1:24.16 (45.58)				
13	Donoho, Cooper	15	Windsor High School	1:22.87	1:24.46	4
	41.05	1:24.46 (43.41)				
14	Bee, Weston	19	Santa Rosa	1:25.03	1:25.15	3
	39.98	1:25.15 (45.17)				
15	Peterson, Grady		Montgomery High School	1:25.13	1:27.75	2
	41.54	1:27.75 (46.21)				
16	Hostutler, Ezra	14	Santa Rosa	1:26.97	1:29.40	1
	42.11	1:29.40 (47.29)				

Boys 100 Yard Breaststroke

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Kwan, Nicholas		Maria Carrillo	1:06.90	1:05.12	q
	29.95	1:05.12 (35.17)				
2	Holt, Phoenix		Maria Carrillo	1:04.98	1:06.22	q
	30.82	1:06.22 (35.40)				
3	Salcido, Alessandro		Analy	1:15.04	1:10.52	q
	32.36	1:10.52 (38.16)				
4	Johannsen, Julian		Healdsburg High School	1:13.36	1:10.65	q
	32.40	1:10.65 (38.25)				
5	Hansel, Brody		Cardinal Newman	1:11.80	1:12.49	q
	34.21	1:12.49 (38.28)				
6	Esguerra, Gregory	18	Maria Carrillo	1:17.49	1:15.38	q
	34.70	1:15.38 (40.68)				
7	Stark, Julian		Healdsburg High School	1:19.14	1:16.29	q
	35.50	1:16.29 (40.79)				
8	Leibert, Rennick	17	Santa Rosa	1:23.21	1:19.57	q
	37.42	1:19.57 (42.15)				
9	Miller, Zachary	14	Maria Carrillo	1:20.54	1:20.77	q
	37.95	1:20.77 (42.82)				
10	Beranek, Ian		Cardinal Newman	1:26.30	1:21.53	q
	39.03	1:21.53 (42.50)				
11	Donoho, Cooper	15	Windsor High School	1:28.96	1:22.87	q
	39.56	1:22.87 (43.31)				
*12	Lucia, Jaidan		Healdsburg High School	1:32.20	1:23.95	q
	39.61	1:23.95 (44.34)				
*12	Ericsson, Isaac		Windsor High School	1:25.07	1:23.95	q
	40.16	1:23.95 (43.79)				

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Preliminaries ... (Boys 100 Yard Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time	
14	Bee, Weston	19	Santa Rosa	1:23.53	1:25.03	q
	40.19	1:25.03 (44.84)				
15	Peterson, Grady		Montgomery High School	1:26.94	1:25.13	q
	39.71	1:25.13 (45.42)				
16	Hostutler, Ezra	14	Santa Rosa	1:27.77	1:26.97	q
	40.90	1:26.97 (46.07)				
17	Pheffer, Avi	15	Windsor High School	1:28.90	1:27.42	
	40.94	1:27.42 (46.48)				
18	Smith, Rodric		Cardinal Newman	1:28.40	1:27.85	
	41.28	1:27.85 (46.57)				
19	Carbajal, Matthew		Healdsburg High School	1:40.65	1:31.73	
	42.17	1:31.73 (49.56)				
20	Siador, Izaiah	17	Santa Rosa	1:42.18	1:39.35	
	46.62	1:39.35 (52.73)				
---	Leo Soylu Chee, Chase		Montgomery High School	1:37.16	NS	

Boys 100 Yard Butterfly

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Kimbrow, Ty	16	Analy	55.56	55.97	20
	26.10	55.97 (29.87)				
2	Forsyth, Hayden		Maria Carrillo	57.53	56.51	17
	26.05	56.51 (30.46)				
3	Larson, Nicholas		Ukiah	59.44	57.64	16
	26.32	57.64 (31.32)				
4	Malgren, Wiley	15	Maria Carrillo	1:02.12	1:00.42	15
	28.45	1:00.42 (31.97)				
5	Merrick, Robert	16	Santa Rosa	58.98	1:00.89	14
	28.22	1:00.89 (32.67)				
6	Wood, Lucas		Rancho Cotate	1:05.89	1:05.20	13
	29.42	1:05.20 (35.78)				
7	Forsyth, Remy	14	Maria Carrillo	1:09.65	1:06.12	12
	29.81	1:06.12 (36.31)				
8	Mooney, Jace		Maria Carrillo	1:08.47	1:10.57	11
	32.00	1:10.57 (38.57)				
B - Final						
9	Hailey, Evan		Windsor High School	1:09.66	1:09.42	9
	31.20	1:09.42 (38.22)				
10	Kluse, Leo		Healdsburg High School	1:12.07	1:13.95	7
	33.08	1:13.95 (40.87)				
11	Ridder, Miles		Healdsburg High School	1:17.23	1:18.06	6
	33.10	1:18.06 (44.96)				
12	Guttormsen, Kameron		Cardinal Newman	1:19.48	1:19.05	5
	32.50	1:19.05 (46.55)				
13	Gomez, Eliot		Healdsburg High School	1:22.33	1:20.59	4
	37.58	1:20.59 (43.01)				
14	Medrano, Damian		Healdsburg High School	1:22.65	1:24.43	3
	35.79	1:24.43 (48.64)				

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****Boys 100 Yard Butterfly**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Kimbrow, Ty	16	Analy	56.20	55.56	q
	26.16	55.56 (29.40)				
2	Forsyth, Hayden		Maria Carrillo	59.88	57.53	q
	26.11	57.53 (31.42)				
3	Merrick, Robert	16	Santa Rosa	59.84	58.98	q
	27.68	58.98 (31.30)				
4	Larson, Nicholas		Ukiah	57.00	59.44	q
	26.55	59.44 (32.89)				
5	Malgren, Wiley	15	Maria Carrillo	1:03.00	1:02.12	q
	28.99	1:02.12 (33.13)				
6	Wood, Lucas		Rancho Cotate	1:07.80	1:05.89	q
	30.05	1:05.89 (35.84)				
7	Mooney, Jace		Maria Carrillo	1:10.46	1:08.47	q
	31.28	1:08.47 (37.19)				
8	Forsyth, Remy	14	Maria Carrillo	1:08.58	1:09.65	q
	30.93	1:09.65 (38.72)				
9	Hailey, Evan		Windsor High School	1:11.21	1:09.66	q
	31.79	1:09.66 (37.87)				
10	Kluse, Leo		Healdsburg High School	1:17.44	1:12.07	q
	31.74	1:12.07 (40.33)				
11	Ridder, Miles		Healdsburg High School	1:16.78	1:17.23	q
	32.35	1:17.23 (44.88)				
12	Guttormsen, Kameron		Cardinal Newman	1:16.30	1:19.48	q
	32.84	1:19.48 (46.64)				
13	Gomez, Eliot		Healdsburg High School	1:20.00	1:22.33	q
	37.71	1:22.33 (44.62)				
14	Medrano, Damian		Healdsburg High School	1:24.00	1:22.65	q
	33.51	1:22.65 (49.14)				

Boys 200 Yard IM

	Name	Age	Team	Prelim Time	Finals Time	Points
A - Final						
1	Forsyth, Hayden		Maria Carrillo	2:17.78	2:12.29	20
	26.84	59.76 (32.92)	1:41.31 (41.55)	2:12.29 (30.98)		
2	Kwan, Nicholas		Maria Carrillo	2:16.90	2:12.56	17
	29.03	1:03.87 (34.84)	1:42.20 (38.33)	2:12.56 (30.36)		
3	Kiehl, Nathan	15	Maria Carrillo	2:19.09	2:20.94	16
	29.42	1:05.59 (36.17)	1:48.88 (43.29)	2:20.94 (32.06)		
4	LeFebvre, Forrest		Ukiah	2:26.30	2:26.07	15
	28.61	1:06.47 (37.86)	1:52.15 (45.68)	2:26.07 (33.92)		
5	Johannsen, Julian		Healdsburg High School	2:28.95	2:30.27	14
	30.51	1:09.06 (38.55)	1:52.21 (43.15)	2:30.27 (38.06)		
6	Forsyth, Remy	14	Maria Carrillo	2:34.12	2:32.96	13
	30.66	1:10.37 (39.71)	1:57.01 (46.64)	2:32.96 (35.95)		
7	Gibson, Robin	18	Santa Rosa	2:37.19	2:39.68	12
	34.33	1:12.89 (38.56)	2:02.02 (49.13)	2:39.68 (37.66)		
8	Parmeter, James		Healdsburg High School	2:41.63	2:47.22	11
	36.80	1:19.59 (42.79)	2:11.33 (51.74)	2:47.22 (35.89)		
B - Final						
9	Johannsen, Sebastian		Healdsburg High School	2:45.58	2:39.67	9
	31.71	1:14.14 (42.43)	2:03.04 (48.90)	2:39.67 (36.63)		

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****B - Final ... (Boys 200 Yard IM)**

	Name	Age	Team	Prelim Time	Finals Time	Points
10	Swallow, Ian	16	Santa Rosa	2:51.44	2:49.10	7
	34.66	1:14.81 (40.15)	2:08.61 (53.80)	2:49.10 (40.49)		
11	Donoho, Cooper	15	Windsor High School	2:51.26	2:50.32	6
	36.02	1:23.96 (47.94)	2:11.91 (47.95)	2:50.32 (38.41)		
12	Hostutler, Ezra	14	Santa Rosa	2:49.91	2:51.33	5
	40.06	1:23.10 (43.04)	2:11.01 (47.91)	2:51.33 (40.32)		
13	Ouchinda-Pratt, Tas		Healdsburg High School	2:56.53	2:57.60	4
	36.38	1:21.53 (45.15)	2:15.82 (54.29)	2:57.60 (41.78)		
14	Riley-Turner, Nico	15	Windsor High School	2:57.51	2:59.47	3
	36.91	1:18.99 (42.08)	2:17.51 (58.52)	2:59.47 (41.96)		

Boys 200 Yard IM

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Kwan, Nicholas		Maria Carrillo	2:18.00	2:16.90	q
	28.70	1:05.38 (36.68)	1:44.30 (38.92)	2:16.90 (32.60)		
2	Forsyth, Hayden		Maria Carrillo	2:14.96	2:17.78	q
	27.09	1:01.34 (34.25)	1:45.24 (43.90)	2:17.78 (32.54)		
3	Kiehl, Nathan	15	Maria Carrillo	2:24.09	2:19.09	q
	29.33	1:06.51 (37.18)	1:48.98 (42.47)	2:19.09 (30.11)		
4	LeFebvre, Forrest		Ukiah	2:25.00	2:26.30	q
	28.65	1:06.11 (37.46)	1:51.12 (45.01)	2:26.30 (35.18)		
5	Johannsen, Julian		Healdsburg High School	2:28.88	2:28.95	q
	29.37	1:07.94 (38.57)	1:52.48 (44.54)	2:28.95 (36.47)		
6	Forsyth, Remy	14	Maria Carrillo	2:36.12	2:34.12	q
	30.03	1:10.07 (40.04)	1:57.12 (47.05)	2:34.12 (37.00)		
7	Gibson, Robin	18	Santa Rosa	2:39.22	2:37.19	q
	32.95	1:12.64 (39.69)	2:00.45 (47.81)	2:37.19 (36.74)		
8	Parmeter, James		Healdsburg High School	2:44.09	2:41.63	q
	35.10	1:17.01 (41.91)	2:06.47 (49.46)	2:41.63 (35.16)		
9	Johannsen, Sebastian		Healdsburg High School	2:42.02	2:45.58	q
	31.99	1:19.82 (47.83)	2:09.66 (49.84)	2:45.58 (35.92)		
10	Hostutler, Ezra	14	Santa Rosa	2:50.66	2:49.91	q
	40.44	1:23.24 (42.80)	2:10.31 (47.07)	2:49.91 (39.60)		
11	Donoho, Cooper	15	Windsor High School	3:03.61	2:51.26	q
	37.71	1:22.33 (44.62)	2:12.58 (50.25)	2:51.26 (38.68)		
12	Swallow, Ian	16	Santa Rosa	2:48.90	2:51.44	q
	34.35	1:16.26 (41.91)	2:08.85 (52.59)	2:51.44 (42.59)		
13	Ouchinda-Pratt, Tas		Healdsburg High School	2:50.00	2:56.53	q
	36.11	1:20.33 (44.22)	2:15.20 (54.87)	2:56.53 (41.33)		
14	Riley-Turner, Nico	15	Windsor High School	2:55.30	2:57.51	q
	35.47	1:16.80 (41.33)	2:14.02 (57.22)	2:57.51 (43.49)		

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	Name	Age	Team	Finals Score	Points	
1	Martin, Erik		Montgomery High School	NP	229.65	20

Boys 200 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time	Points
1	Maria Carrillo	A	1:37.46	1:31.53	40
	1) Brophy, Finn 15	2) Holt, Phoenix	3) Valerga, Eric 15	4) Holt, Kai	
	22.10	45.26 (23.16)	1:08.36 (23.10)	1:31.53 (23.17)	

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****(Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
2 Ukiah	A	1:38.83	1:36.01	34
1) Ireland, Tristan	2) Spencer, Bennett	3) Danner, Austin	4) Larson, Nicholas	
24.77	49.02 (24.25) 1:12.56 (23.54)	1:36.01 (23.45)		
3 Cardinal Newman	A	1:46.70	1:41.08	32
1) Hansel, Brody	2) Holmes, Adam	3) McCarthy, Mathias	4) Sullivan, Jacob	
25.29	52.02 (26.73) 1:16.43 (24.41)	1:41.08 (24.65)		
4 Santa Rosa	A	1:51.05	1:41.22	30
1) Merrick, Robert 16	2) Leibert, Rennick 17	3) McNulty, Alessio 17	4) King Pile, Sebastian 17	
24.01	50.16 (26.15) 1:16.47 (26.31)	1:41.22 (24.75)		
5 Analay	A	1:45.36	1:47.55	28
1) Zapp, Jackson	2) Tantarelli, Luciano 14	3) Salcido, Alessandro	4) Kimbro, Ty 16	
28.06	55.73 (27.67) 1:21.15 (25.42)	1:47.55 (26.40)		
6 Healdsburg High School	A	1:53.00	1:47.98	26
1) Gomez, Eliot	2) Lucia, Jaidan	3) Nielsen, Matthew	4) Kluse, Leo	
26.72	54.09 (27.37) 1:22.47 (28.38)	1:47.98 (25.51)		
7 Windsor High School	A	2:02.87	1:57.36	24
1) Pheffer, Avi 15	2) Riley-Turner, Nico 15	3) Hansen, Drew 17	4) Donoho, Cooper 15	
29.15	1:01.38 (32.23) 1:29.80 (28.42)	1:57.36 (27.56)		
8 Montgomery High School	A	2:03.44	2:03.17	22
1) Martin, Erik	2) Leo Soylu Chee, Chase	3) Peterson, Grady	4) Derr, Kyle	
30.13	1:08.61 (38.48) 1:36.25 (27.64)	2:03.17 (26.92)		

Boys 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Maria Carrillo	A	3:34.50	3:20.17	40
1) Brophy, Finn 15	2) Holt, Phoenix	3) Forsyth, Hayden	4) Holt, Kai	
22.28	46.46 (46.46) 1:10.67 (24.21)	1:37.22 (50.76)		
2:01.83 (24.61)	2:29.90 (52.68) 2:54.11 (24.21)	3:20.17 (50.27)		
2 Ukiah	A	3:50.27	3:35.29	34
1) Ireland, Tristan	2) Spencer, Bennett	3) Danner, Austin	4) Larson, Nicholas	
25.95	54.52 (54.52) 1:20.63 (26.11)	1:49.50 (54.98)		
2:14.24 (24.74)	2:41.99 (52.49) 3:06.95 (24.96)	3:35.29 (53.30)		
3 Healdsburg High School	A	4:41.00	3:38.83	32
1) Kluse, Konrad	2) Kluse, Leo	3) Johannsen, Julian	4) Hardin, Otis	
25.52	53.31 (53.31) 1:20.87 (27.56)	1:51.03 (57.72)		
2:18.97 (27.94)	2:49.73 (58.70) 3:13.17 (23.44)	3:38.83 (49.10)		
4 Cardinal Newman	A	3:57.40	3:46.10	30
1) Hansel, Brody	2) Trebe, Josh	3) McCarthy, Mathias	4) Sullivan, Jacob	
26.66	56.95 (56.95) 1:25.40 (28.45)	1:57.12 (1:00.17)		
2:24.00 (26.88)	2:52.45 (55.33) 3:17.75 (25.30)	3:46.10 (53.65)		
5 Santa Rosa	A	4:04.72	3:53.32	28
1) Merrick, Robert 16	2) McNulty, Alessio 17	3) Leibert, Rennick 17	4) King Pile, Sebastian 17	
25.27	52.71 (52.71) 1:20.45 (27.74)	1:52.37 (59.66)		
2:22.75 (30.38)	2:57.75 (1:05.38) 3:23.98 (26.23)	3:53.32 (55.57)		
6 Windsor High School	A	4:17.09	4:09.78	26
1) Held, Ryan	2) Ericsson, Isaac	3) Hailey, Evan	4) West, Liam	
30.86	1:04.26 (1:04.26) 1:37.28 (33.02)	2:10.88 (1:06.62)		
2:39.57 (28.69)	3:11.37 (1:00.49) 3:38.57 (27.20)	4:09.78 (58.41)		

Boys 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Maria Carrillo	A	1:35.12	1:48.16	40
1) Kiehl, Nathan 15	2) Kwan, Nicholas	3) Forsyth, Hayden	4) Valerga, Eric 15	
30.70	59.72 (29.02) 1:24.89 (25.17)	1:48.16 (23.27)		

2023 NBL Championships - 4/28/2023 to 4/29/2023**Results****(Boys 200 Yard Medley Relay)**

	Team	Relay	Seed Time	Finals Time	Points
2	Analy	A	1:52.82	1:51.12	34
	1) Black, Travis 14	2) Salcido, Alessandro	3) Kimbro, Ty 16	4) Gardner, Ryder	
	27.39	1:00.28 (32.89)	1:25.49 (25.21)	1:51.12 (25.63)	
3	Ukiah	A	1:53.64	1:51.43	32
	1) LeFebvre, Forrest	2) Danner, Austin	3) Larson, Nicholas	4) Spencer, Bennett	
	30.65	1:00.65 (30.00)	1:26.50 (25.85)	1:51.43 (24.93)	
4	Healdsburg High School	A	1:57.00	1:56.09	30
	1) Parmeter, James	2) Stark, Julian	3) Hardin, Otis	4) Kluse, Konrad	
	33.54	1:07.78 (34.24)	1:32.45 (24.67)	1:56.09 (23.64)	
5	Cardinal Newman	A	2:14.18	2:06.51	28
	1) Trebe, Josh	2) Guttormsen, Kameron	3) Beranek, Ian	4) Holmes, Adam	
	32.51	1:09.02 (36.51)	1:40.46 (31.44)	2:06.51 (26.05)	
6	Windsor High School	A	2:10.19	2:12.46	26
	1) Hailey, Evan	2) Ericsson, Isaac	3) West, Liam	4) Held, Ryan	
	32.14	1:11.39 (39.25)	1:42.53 (31.14)	2:12.46 (29.93)	
7	Santa Rosa	A	2:02.11	2:13.02	24
	1) Gibson, Robin 18	2) Bee, Weston 19	3) Swallow, Ian 16	4) Petersen, Andreas 15	
	33.09	1:12.56 (39.47)	1:44.64 (32.08)	2:13.02 (28.38)	
8	Montgomery High School	A	2:15.58	2:23.52	22
	1) Martin, Erik	2) Leo Soylyu Chee, Chase	3) Derr, Kyle	4) Peterson, Grady	
	35.06	1:15.09 (40.03)	1:45.66 (30.57)	2:23.52 (37.86)	

Scores - Women**Women - Team Rankings - Through Event 24**

1. Maria Carrillo	415	2. Cardinal Newman	340
3. Santa Rosa	269	4. Analy	250
5. Healdsburg High School	187	6. Montgomery High School	155
7. Ukiah	139	8. Rancho Cotate	125
9. Windsor High School	104	10. Piner	46

Scores - Men**Men - Team Rankings - Through Event 24**

1. Maria Carrillo	511	2. Healdsburg High School	309
3. Cardinal Newman	223	4. Ukiah	209
5. Santa Rosa	202	6. Analy	180
7. Windsor High School	166	8. Montgomery High School	78
9. Rancho Cotate	26		