

SANCTION: Held under USA/Pacific Swimming Sanction No. **23-125**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet at <HTTP://results.teamunify.com/ggst/index/html>

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL: **Meet Referee:** Csaba Andrejka
Meet Marshal: Cynthia VanLaar, Stacy Cintas, Paulo Bassilio
Meet Director: Cassandra Pimentel & Andriy Gorbunov, GGSTmeetdirector@gmail.com
Head Starter: Trevor Gillis
Admin Official: Debbie Fujii

LOCATION: Morgan Hill Aquatic Center, 16200 Condit Rd, Morgan Hill, CA 95037

DIRECTIONS: From Southbound Highway 101: take Dunne Avenue exit, go left and cross over 101, go right at the first street (traffic light), Condit Road. Pool is on left, about ¼ mile. From Northbound Highway 101: take Tennant Avenue exit, go right and make immediate left onto Condit Road. Pool is on right.

PARKING: Park in the main paved lot of the facility, the EAST side of Conduit Road, and the main large lot on the south side of the facility (side with the solar panels). Do not park at the House of Thunder Harley Davidson Dealership or Patio World. Those lots are for their patrons only and vehicles will be towed at your expense. Please secure vehicles and contents as the Gilroy Gators Swim Team, City of Morgan Hill, the Morgan Hill Aquatics Center, or Pacific Swimming will take ANY responsibility to damage or theft to any vehicles or personal belongings.

COURSE: Outdoor 25 yard pool with up to 16 lanes available for competition. An additional 4 lanes will be available for warmup/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the shallow end and 13'0" at the deep end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under Athletes only will be held from 8:00 to 8:45 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- Athletes entering the 400 IM must have achieved a USA-S Motivational “B” time, or coach verified “B” time for their age group and gender.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in 4 events per day.
- All Athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated timeline, per the “Four-Hour Rule,” based on the Athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.
- First Aid office is directly behind check-in. Staff on duty is trained on AED Devices and basic first aid. There are 3 AED devices located by the locker rooms as well as the main office.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete’s legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete’s USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete’s legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- No staking of tents on grass areas due to irrigation system. Please use weights.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming’s online member registration before being allowed to swim in the meet.

- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be accepted. Exception: 400 IM requires qualified B time, or coach verified B time
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such Athletes must have met standards for the 17-18 age group.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

ENTRY PRIORITY: Priority Registration will be given to Zone 1 South clubs until September 30, 2023.

ENTRY FEES: \$4.50 per event plus a \$10.00 participation fee per Athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <http://ome.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Entries will be accepted through Wednesday, October 11.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete's best time. Entries must be postmarked by midnight, Monday, October 9 or hand delivered by 6:30 p.m. Wednesday, October 11. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Gilroy Gators Swim Team

Mail entries to: Cassandra Plmentel, 6654 Eagle Ridge Court, Gilroy, CA 95020

Hand deliver entries to: Cassandra Plmentel, 6654 Eagle Ridge Court, Gilroy, CA 95020

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for remaining events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded in the event.

SCRATCHES: Any Athletes not reporting for or competing in an individual timed final event that they have checked in for/entered shall not be penalized.

AWARDS: Individual awards will be awarded in the A and B Division. Ribbons for the first through eighth place will be given to the following age groups: 8 & Under, 9-10, 11-12. No awards will be given for athletes 13 years of age and older. No awards will be given for Open events. A Medals shall be given to new A times. Awards will not be mailed.

ADMISSION: Free.

SNACK BAR & HOSPITALITY: A Food Truck will be available throughout the competition. Coaches and working Officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Access ways, passage ways, doorways must remain clear of chairs, seats, bulky items and bags per compliance with Fire Marshall's orders.

EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
25 FL	100 IM	200 IM	200 IM	50 BR	50 BR	400 IM*	200 BR
25 BR	100 BR	100 FL	100 FL	50 BK	100 BK	100 BR	100 BK
25 BK	50 BK	50 BK	200 BK	50 FL	50 FL	200 BK	200 FL
100 FR	100 FR	200 BR	100 BR	50 FR	200 FR	200 FL	200 FR
		100 FR	100 FR		50 FR	200 FR	50 FR
			400 IM*			50 FR	

EVENTS

Saturday, October 21		
EVENT #	EVENT	EVENT #
1	13-18 200 I.M.	2
3	11-12 200 I.M.	4
5	9-10 100 I.M.	6
7	8 & UN 25 FL	8
9	13-18 100 Fly	10
11	11-12 100 Fly	12
13	9-10 100 Breast	14
15	8-UN 25 Breast	16
17	13-18 200 Back	18
19	11-12 50 Back	20
21	9-10 50 Back	22
23	8-UN 25 Back	24
25	13-18 100 Breast	26
27	11-12 200 Breast	28
29	8-UN 100 Free	30
31	9-10 100 Free	32
33	13-18 100 Free	34
35	11-12 100 Free	36
37	13-18 400 IM*	38

Sunday, October 22		
EVENT #	EVENT	EVENT #
39	11-12 400 IM*	40
41	13-18 200 Breast	42
43	8-UN 50 Breast	44
45	11-12 100 Breast	46
47	9-10 50 Breast	48
49	8-UN 50 Back	50
51	13-18 100 Back	52
53	11-12 200 Back	54
55	9-10 100 Back	56
57	13-18 200 Fly	58
59	11-12 200 Fly	60
61	9-10 50 Fly	62
63	8-UN 50 Fly	64
65	13-18 200 Free	66
67	11-12 200 Free	68
69	9-10 200 Free	70
71	13-18 50 Free	72
73	11-12 50 Free	74
75	9-10 50 Free	76
77	8-UN 50 Free	78

*Athletes entering the 400 IM must have achieved a USA-S Motivational "B" time
or coach verified "B" time for their age group and gender.

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by GGST Short Course October 21 and 22, 2023 Consolidated Entry Form															
Name: Last First Middle															
Club Abbr.			UNATT TEAM ABBR				Club Name								
Age			Date of Birth				Sex M F			LSC – (PC, SN)					
USA-#															
Event #	Distance / Stroke						Entry Time				Circle one				
							: .				SCY / LCM				
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# of entries _____ x \$4.50 = \$ _____ Participation Fee \$ 10.00 Total \$ _____															
Coach															
Athlete's Address															
Home Phone								Cell Phone							
Email															